Healthy Aging Essentials

With a growing aging population, many Baby Boomers are becoming highly motivated to maintain their most important and valuable possession, their good health.

As we age, our body experiences great change. Many of these changes can affect our quality of life and impact on various aspects of our health including cognitive health, memory function, energy, mobility and general well-being. While the aging process is inevitable, there is much we can do to remain healthy and vital as we get older.

Support and maintain health and vitality with MediHerb’s collection of Healthy Aging Essentials.

Vitanox®

- Vitanox is the herbal antioxidant for patients who wish to positively support the natural processes of aging.
- A well-balanced formulation providing strong antioxidant protection through the synergistic combination of Green tea, Sunflower, Grape Seed extract and Rosemary.
- The chemical composition of these herbs makes them safe, beneficial antioxidants to help neutralize free radicals that can cause cell damage.
- Vitanox may also support healthy circulation, connective tissue, vascular integrity and promote cellular health.

Ginkgo Forte

- Ginkgo Forte has a broad range of clinical applications particularly beneficial for the aging patient including support for memory, cognition, healthy mental function, circulation, cardiovascular health, eye health and to promote anxiety and mental clarity.
- Research shows a high quality Ginkgo extract must contain the important active constituents ginkgolides and bilobalide. It must also contain the marker constituents, ginkgo flavonoids, which are used to identify the herb.
- Each MediHerb tablet contains a potent dose of standardized Ginkgo extract phytoequivalent to the extract used in positive clinical trials, 14.4 mg of ginkgo flavonoids and 3.6 mg of ginkgolides and bilobalide.
- MediHerb performs routine testing to ensure our product contains genuine quality Ginkgo extract and each and every batch.

Echinacea Premium

- Daily immune insurance to both support and protect the immune system.
- The synergistic blend of Echinacea angustifolia (675 mg) and Echinacea purpurea (675 mg) can enhance immune system function, support a healthy immune response, promote healthy white blood cells and help maintain optimal health.
- The extensive research has shown that polyacetylenes are the most important constituents for supporting the immune system. Each MediHerb tablet contains a minimum of 4 mg of polyacetylenes.
- A patent is pending on the unique formulation developed through our research.

Hawthorn

- Think of Hawthorn as the heart’s best friend. Hawthorn flower extract supports the healthy functioning of the heart muscle.
- MediHerb Hawthorn supports cardiovascular health, helps maintain normal blood pressure within a normal range, promotes healthy blood flow through the heart and provides antioxidant protection.
- Clinical trials in Europe suggest that effective Hawthorn flower extract should contain substantial levels of the important plant constituents flavonoids and caffeic polymers, as well as digmonolides and (POLs). Each MediHerb Hawthorn tablet is standardized to contain 4 mg of vitamin E (2.3% tocopherol) (collected from red rice) and 7 mg of caffeic polymers (POLs) for optimal strength and quality.

Bone Complex

- A unique bone support formulation combining herbs well supported by traditional use and clinical research (Spearmint, Red Clover, Black Cohosh and Kudzu).
- These herbs contain important constituents called flavonoids, which research has shown to be beneficial in maintaining strong and healthy bones.
- Bone Complex is especially beneficial for the aging patient to help support healthy bone tissue, particularly in menopause women (in conjunction with weight bearing exercise and a healthy diet containing food sources of calcium and vitamin D).
- May also assist in supporting and maintaining healthy bone density and biochemically influence normal bone remodeling.

Gotu Kola Complex

- A synergistic tissue support formula containing Gotu-Kola with concentrated extracts of Grape Seed and Ginkgo leaf.
- These patent ingredients work effectively to promote, maintain and support connective tissue and the body’s natural tissue repair processes.
- Use it to ensure good circulation, promote healthy blood vessels and also promote the body’s normal tissue drainage process.
- The Grape Seed and Ginkgo also provide powerful antioxidant properties and may help protect against free radicals.

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Rhodiola & Ginseng Complex

- The herbs Rhodiola and Korean Ginseng are potent natural stress reducers and can help support and maintain the body as it ages.
- These herbs combined help to enhance mental clarity, promote vitality and stamina, and support the body’s natural defenses against emotional and environmental stressors.
- Contains Rhodiola rosea, the only Rhodiola species containing the important constituents rosavines (4-5 mg) and salidroside (1-5 mg), together in the naturally occurring ratio of 3:1.
- MediHerb uses the main root of the Korean Ginseng plant, the only part of the plant proven to contain the correct ratio of ginsenosides, Rg5, and Rb1 (4 mg per tablet).

Bilberry 6000mg

- Contains concentrated Bilberry fruit extract which provides numerous health benefits for the aging patient including supporting vascular integrity, connective tissue, normal blood levels and healthy circulation.
- Also supports a healthy response to environmental stressors, maintains healthy eyes, enhances urinary tract function and provides potent antioxidant protection.
- Each tablet is standardized to contain 15 mg of anthocyanidins, the important plant constituents responsible for the blue color of the ripe bilberry fruit.
- MediHerb uses sophisticated testing methods to ensure our product contains authentic bilberry with high amounts of anthocyanidins.

Garlic 5000mg

- Garlic offers clinically proven benefits for cardiovascular and immune system health, making it an important part of a healthy aging regime.
- MediHerb Garlic 5000mg tablets release 2.5 mg of Garlic’s active constituent allin per tablet (confirmed by independent laboratory testing).
- We ensure each Garlic tablet contains allin (the precursor to alliin) and alliinase (the enzyme required to convert allin to allicin).
- Our Garlic tablets are enterically coated to protect the delicate enzyme alliinase. This ensures that it is delivered to the small intestine intact where the conversion from allin to the active constituent allin takes place.

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