STANDARD PROCESS AND MEDIHERB PRESENT

GI Flora Balance Program
A Synergistic Protocol Designed to Cleanse and Balance the GI Tract and Fuel Healthy Gut Flora
The language for our deepest feelings, our instincts, and how we experience emotion often involves our gut.

“Gut reaction,” “butterflies in my tummy,” and “gut wrenching” are our verbal expressions of instinctive knowledge manifesting physically.
So is it surprising that our true health shows through in the challenges we experience with our gastrointestinal tract?
Good Health Starts in the Gut

At Standard Process and MediHerb, we recognize the importance of GI health. Using our cutting-edge scientific resources and more than 100 years of combined clinical experience, we’re proud to introduce this simple and effective program.

This protocol is designed to encourage gut flora balance, and support gut health in the following ways:

- Promotes healthy and balanced intestinal flora
- Cleanses the lower gastrointestinal tract
- Maintains a healthy GI environment
- Supports healthy digestion
- Improves nutrient absorption
- Supports healthy immune function
- Supports healthy skin
- Promotes vitality and stamina
- Improves effectiveness of other protocols
- Supports healthy female hormonal balance

Synergistic Support for Gut Health

The GI Flora Balance Program, tailored from Kerry Bone’s experience managing GI challenges, uniquely combines the cleansing herbal support of Gut Flora Complex with the food-ingredient support from Prebiotic Inulin to balance gut flora and restore gut health.

Gut Flora Complex

- Anise and Oregano essential oils—traditionally ingested to promote health in the intestine, for example through the reduction of flatulence
- Oregano, Phellodendron (containing berberine), and Andrographis—used traditionally to cleanse the lower GI tract, encouraging proper intestinal flora
- Andrographis—supports a healthy immune response and promotes vitality*

Prebiotic Inulin

Inulin from chicory root is a nondigestible, soluble fiber found naturally in many plants.

- Preferential support for Bifidobacteria populations in human studies1
- Promotes healthy elimination and may support bowel frequency and stool softness
- Feeds healthy bacteria and promotes a healthy pH in the lower GI tract
- Supports immune cell function and antibody production in the gut
- Supports absorption of calcium and magnesium*

*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. BB-12® is a registered trademark of Chr. Hansen, Inc.

GI Flora Balance Program: Designed to Cleanse and Balance the GI Tract, Fueling Healthy Gut Flora for an Improved GI Environment

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GI Flora Balance Program

Duration

6 weeks, both products may be taken together

Core Products

Gut Flora Complex

Protocol can be tailored based on the patient’s unique needs and body weight

- 2 bottles needed for protocol
- 1 capsule, 3 times per day for body weight < 200 lbs
- 3 capsules needed for protocol
- 1 capsule, 3 times per day for body weight > 200 lbs

Prebiotic Inulin

- 2 bottles needed for protocol
- 1 teaspoon, 2 times per day with a shake or water, or as directed

Suggested Adjunctive Products

ProSynbiotic

- Take at least two hours after Gut Flora Complex capsules
- 1 capsule, 3 times per day, or as directed

Vitanox®

- 1 tablet, 2 to 3 times per day, or as directed

Adjuvant Products

In some cases, practitioners may want to add other products to support the effect of the GI Flora Balance Program. There are many compatible options, starting with Vitanox, from MediHerb, and ProSynbiotic, from Standard Process.

Vitanox provides mild cleansing support in the lower GI tract to encourage proper intestinal flora.

ProSynbiotic contains four research-supported strains of lactic acid bacteria, including Bifidobacterium (BB-12®), and prebiotic fibers for comprehensive gut support.*

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Supporting gut flora balance has been a major clinical and research focus of mine during 25-plus years of practice. The GI Flora Balance Program is a ‘cutting-edge’ approach to a challenging health issue that provides reliable and truly effective patient outcomes.

Associate Professor Kerry Bone
MediHerb Co-Founder and Director of Research and Development