Support for Healthy Blood Sugar Metabolism

Each patient’s individual needs should be evaluated before making recommendations. Use this chart as a guide.

## Foundation Support for Healthy Blood Sugar Metabolism

**Standard Process**
- Diaplex®
  - 2 capsules per meal, or as directed
- Cataplex® B
  - 3 capsules per day, or as directed
- Gynovex®
  - 1 capsule per day, or as directed

**MediHerb**
- Gymnema
  - 1 tablet 1-2 times daily, or as directed

## Support for Healthy Digestion, Adrenal Function, and Blood Sugar Metabolism

**Standard Process**
- Zyten®
  - 2 tablets with meals, or as directed

**MediHerb**
- Adrenal Complex
  - 1 capsule 2-3 times daily, or as directed
- Colours®
  - 1 tablet 2-3 times daily, or as directed

**GI Flora Balance Program: Duration of Program is 6 Weeks**

**Standard Process and MediHerb**
- Gut Flora Complex
  - 1 capsule twice daily for body weight < 200 lbs. or 1 capsule 3 times daily for body weight > 200 lbs., or as directed
- Prebiotic Inulin
  - 1 teaspoon 2-3 times daily in a shake, or as directed

**Probiotics**

**Vitanox®**

**Adjunctive Products**
- ProSynbiotic
  - 1 capsule 3 times per day at least 2 hours after Gut Flora Complex, or as directed
- Vitanox®
  - 1 tablet 1-2 times daily, or as directed

## Long-Term Support for Healthy Blood Sugar Metabolism

**Standard Process**
- Cod Liver Oil
  - 3 perles per day, or as directed

**Gut-Aide Complex**

**Gokari®**

**MediHerb**
- Gotu Kola Complex
  - 1 tablet 3-4 times daily, or as directed
- Ginkgo Forte
  - 1 tablet 1-4 times daily, or as directed
- Vitanox®
  - 1 tablet 1-2 times daily, or as directed

Support for Healthy Blood Sugar Metabolism

More Than 100 Years of Combined Clinical Experience

Our skilled scientists focus on whole food phytonutrients and the effects of whole food ingredients on health.

More Than 80 Years of Experience

At Standard Process, we’ve been producing supplements since 1929, supporting the whole food philosophy of our founder and nutritional pioneer, Dr. Royal Lee.

Distributed Through Health Care Professionals

The individualized recommendations and informed guidance of a health care professional is vital to the optimal use of nutritional and herbal supplements.

MediHerb Professional-Strength Herbal Products for More Than 25 Years

Combining time-honored traditional knowledge with clinical experience and scientific research, MediHerb’s quality commitment is unsurpassed in the world today.

Many of your patients are living the typical American lifestyle and eating large amounts of sugar and carbohydrates, which have a significant impact on blood sugar. Your patients may not realize that these simple carbohydrates, though easily and quickly utilized for energy by the body, often lead to a faster rise in blood sugar and insulin secretion from the pancreas. This reaction can create energy and sleep challenges along with cravings for more sugar. The sugar cravings make it difficult for these patients to stick to a healthy diet, and their blood glucose becomes uncontrolled.

Your recommendations on diet are extremely important to help educate these patients. In addition, Standard Process and MediHerb offer a range of high-quality herbal and nutritional products to support healthy blood sugar metabolism.

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### Probiotics

### Vitanox®

### Adjunctive Products

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Healthy Blood Sugar Metabolism: Long-Term Support

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

For optimal strength and clinical testing from herb sourcing through overall wellness.

Healthy Blood Sugar Metabolism

Cataplex® B
- Supports product and proven system health
- Supports system health in astringent formulation
- Supports healthy circulatory system
- Supports health in astringent formulation
- Supports blood sugar balance
- Contains blood sugar benadryl

Cataplex®
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- Supports system health in astringent formulation
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