

Support for Healthy Blood Sugar Metabolism

Each patient's individual needs should be evaluated before making recommendations. Use this chart as a guideline.

Foundation Support for Healthy Sugar Metabolism		
Standard Process	Diaplex®	› 2 capsules per meal, or as directed
	Cellular Vitality Cataplex® B	› 3 capsules per day, or as directed › 2 tablets per meal, or as directed
MediHerb	Gymnema	› 1 tablet 1-2 times daily, or as directed
	Silymarin	› 1 tablet 2-3 times daily, or as directed
Support for Healthy Digestion, Adrenal Function, and Blood Sugar Metabolism		
Standard Process	Zypan®	› 2 tablets with each meal, or as directed
	SP Complete®	› 2 rounded tablespoons or 1 packet per shake (1-3 shakes per day, or as directed)
MediHerb	Adrenal Complex	› 1 tablet 2-3 times daily, or as directed
	Coleus Forte	› 1 tablet 2-3 times daily, or as directed
Standard Process and MediHerb	GI Flora Balance Program: Duration of Program Is 6 Weeks	
	Core Products	
	Gut Flora Complex	› 1 capsule 2 times per day for body weight < 200 lbs. or 1 capsule 3 times per day for body weight > 200 lbs., or as directed
	Prebiotic Inulin	› 1 teaspoon 2 times per day in a shake, or as directed
	Adjunctive Products	
	ProSynbiotic	› 1 capsule 3 times per day at least 2 hours after Gut Flora Complex, or as directed
	Vitanox®	› 1 tablet 2-3 times per day, or as directed
Long-Term Support for Healthy Blood Sugar Metabolism		
Standard Process	Diaplex®	› 2 capsules per meal, or as directed
	Cataplex® GTF	› 1 tablet per meal, or as directed
	Cod Liver Oil	› 3 perles per day, or as directed
MediHerb	Gotu Kola Complex	› 1 tablet 3-4 times daily, or as directed
	Ginkgo Forte	› 1 tablet 1-4 times daily, or as directed
	Vitanox®	› 1 tablet 1-2 times daily, or as directed

A Quality Partnership



More Than 100 Years of Combined Clinical Experience

Standard Process Research-Supported Nutrition

Our skilled scientists focus on whole food phytonutrients and the effects of whole food ingredients on health.

More Than 80 Years of Experience

At Standard Process, we've been producing supplements since 1929, supporting the whole food philosophy of our founder and nutritional pioneer, Dr. Royal Lee.

Distributed Through Health Care Professionals

The individualized recommendations and informed guidance of a health care professional is vital to the optimal use of nutritional and herbal supplements.

MediHerb Professional-Strength Herbal Products for More Than 25 Years

Combining time-honored traditional knowledge with clinical experience and scientific research, MediHerb's quality commitment is unsurpassed in the world today.



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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Support for Healthy Blood Sugar Metabolism



Many of your patients are living the typical American lifestyle and eating large amounts of sugar and carbohydrates, which have a significant impact on blood sugar. Your patients may not realize that these simple carbohydrates, though easily and quickly utilized for energy by the body, often lead to a faster rise in blood sugar and insulin secretion from the pancreas. This reaction can create energy and sleep challenges along with cravings for more sugar. The sugar cravings make it difficult for these patients to stick to a healthy diet, and they often become overweight.

Your recommendations on diet are extremely important to help educate these patients. In addition, Standard Process and MediHerb offer a range of high-quality herbal and nutritional products to support healthy blood sugar metabolism.

A Quality Partnership



Foundation Support for Healthy Blood Sugar Metabolism



These product recommendations would suit patients who have concerns about their diet, sleep habits, and energy levels, as well as those who may also have strong cravings for sugar and processed carbohydrates. A change in diet, exercising regularly, and these core products may help support healthy blood sugar balance and overall wellness.

Using your clinical expertise, you can personalize your patients' programs to meet their individual needs.

Gymnema

- › Kerry Bone's favorite herb for supporting sugar metabolism
- › Traditionally known as the "sugar destroyer," *Gymnema sylvestre* has been noted to suppress the taste of sugar
- › By helping to maintain healthy sugar levels already within a normal range, Gymnema can support weight management when combined with a balanced diet and exercise
- › For optimal strength and clinical results, each tablet contains 100 mg of gymnemic acids

M1320 40 Tablets

M1325 120 Tablets

Silymarin

- › Specifically designed to provide comprehensive liver function support
- › Aids in elimination of naturally occurring toxins and supports normal bile secretion
- › Contains high-quality Milk Thistle fruit extract, standardized for silybin content of 168 mg per tablet
- › MediHerb ensures the final product retains the important plant constituents by applying rigorous testing from herb sourcing through manufacturing

M1420 60 Tablets

Diaplex®

- › Encourages healthy blood sugar levels already within a normal range when combined with a healthy diet
- › Contains chromium, an essential nutrient involved in carbohydrate metabolism
- › Supports the healthy function of the pancreas and gallbladder
- › Contains a combination of key ingredients from Zypan®, Arginex®, A-F Betafood, Betacool®, Pituutrophin PMG®, and Pancreatrophin PMG®

3550 150 Capsules

1200 90 Tablets

1250 360 Tablets

OR
Or if you prefer a broad-based, vegetarian B-vitamin formula:

Cellular Vitality

- › Contains a synergistic blend of B vitamins, including B₁₂, to support the conversion of carbohydrates into energy
- › Contains niacin, one of the important B vitamins in the metabolism of carbohydrates, fats, and protein
- › Contains *Cordyceps sinensis*, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and healthy blood sugar metabolism support

2173 90 Capsules

Support for Healthy Digestion, Adrenal Function, and Blood Sugar Metabolism

Proper digestive function is very important for healthy blood sugar metabolism. The body responds to different foods in different ways, so diet is a key factor in managing the body's healthy blood sugar response system. Patients who struggle with maintenance of healthy blood sugar function also tend to have similar issues with their energy level and sleep. Here are products that you can use to provide additional digestive and adrenal support for those patients.

Adrenal Complex

- › Specifically designed to help the body combat stress and adapt to daily challenges
- › Restores adrenal function to reduce the effects of stress on the body
- › Supports adrenal gland health and energy production to help combat fatigue
- › A powerful combination of two highly effective adrenal tonics, Licorice and Rehmannia
- › For optimal strength and clinical results, each tablet is standardized to contain 25 mg of glycyrrhizin

M1050 40 Tablets

M1055 120 Tablets

Coleus Forte

- › Aids moderate weight loss when combined with balanced diet and exercise
- › Helps the body maintain healthy weight and promotes healthy digestion
- › Helps maintain normal blood pressure already within a normal range
- › Contains Coleus extract, phytoequivalent to the one used in clinical trials, and 18.7 mg per tablet of the important active ingredient, forskolin

M1202 60 Tablets

Zypan®

- › Combines pancreatin, pepsin, and betaine hydrochloride to facilitate healthy digestion
- › Supports the gastrointestinal tract
- › Provides enzymatic support for protein digestion
- › Fatty acids are included to coat the pancreatin, helping it to be digested in the correct area of the digestive tract

8475 90 Tablets

8500 330 Tablets

SP Complete®

- › Offers essential whole food nutrition in a convenient powder
- › Provides protein, which is made up of amino acids
- › Supports intestinal, muscular, and immune system health
- › Supports healthy liver function and the body's normal toxin-elimination function
- › Supports the maintenance of a healthy weight when combined with a healthy lifestyle

2820 28 Ounces

2835 1-Ounce Packets (10/Box)

The Standard Process/MediHerb GI Flora Balance Program

Developed from Kerry Bone's own unique clinical protocol, the GI Flora Balance program is designed to encourage gut flora balance and supports gut health by:

- › Cleansing the lower gastrointestinal (GI) tract
- › Promoting healthy and balanced intestinal flora
- › Supporting healthy digestion
- › Promoting nutrient absorption



The program includes the following key products:

Gut Flora Complex	M1318	40 Capsules
Prebiotic Inulin	6920	9 Ounces
ProSynbiotic	7080	90 Capsules
Vitanox®	M1462	40 Tablets
	M1468	120 Tablets

Healthy Blood Sugar Metabolism: Long-Term Support



Patients who have been eating poorly for years and are concerned with maintaining a healthy blood sugar metabolism are good candidates for long-term support. These patients may already have metabolic syndrome.

Altering their diet, getting regular exercise and using recommended nutritional supplements and herbal support is a lifelong commitment. It's vital that these patients stay on a path to a healthier lifestyle that supports well-functioning blood sugar metabolism.

Gotu Kola Complex

- › Assists normal circulation and helps maintain the elasticity of veins and arteries
- › Designed to support connective tissue and the body's natural repair processes
- › Contains a potent combination of high-quality extracts of Gotu Kola, Grape Seed, and *Ginkgo biloba*
- › Each of these herbs contains guaranteed levels of important components for optimal strength and quality, which translates to efficacy and optimal results for your patients

M1313 40 Tablets

Ginkgo Forte

- › Research shows Ginkgo extract can support healthy circulation, cardiovascular health, cognitive function, and vitality
- › MediHerb's Ginkgo Forte is phytoequivalent to the extract used in European clinical trials, containing 24% ginkgo flavonglycosides and 6% ginkgolides
- › Supports and encourages healthy blood while providing antioxidant activity

M1300 60 Tablets

Vitanox®

- › Often referred to as an antioxidant activity powerhouse
- › Combines high-quality extracts of Rosemary, Green Tea, Turmeric, and Grape Seed, which contain many important compounds including catechins, curcuminoids, and procyanidins for optimal strength and quality
- › Supports healthy circulation and vascular integrity
- › Supports and maintains cellular health

M1462 40 Tablets

M1468 120 Tablets

Diaplex®

- › Supports healthy sugar metabolism to help maintain blood sugar levels already within a normal range
- › Encourages healthy blood sugar levels already within a normal range when combined with a healthy diet
- › Contains chromium, an essential nutrient involved in carbohydrate metabolism
- › Contains a combination of key ingredients from Zypan, Arginex, A-F Betafood, Betacool, Pituutrophin PMG, and Pancreatrophin PMG

3550 150 Capsules

Cataplex® GTF

- › Supports carbohydrate digestion
- › Contains chromium, L-cysteine hydrochloride, and pancreatic Cytosol™ extract along with synergistic ingredients
- › Contains chromium, an essential part of the glucose tolerance factor, which is involved in carbohydrate metabolism

4675 90 Tablets

Cod Liver Oil

- › Provides vitamins A and D while supporting the body's healthy immune system response function
- › May support mood challenges and liver function
- › Supports the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- › In convenient perles with a natural lemon flavor, tested for purity by a third party

2685 180 Perles

Help educate your patients by suggesting they:

- › Follow a nutritious meal plan that includes healthy fats and a diet low in simple carbs, sugar, and starches.
- › Eat frequent healthy meals throughout the day that include protein and fiber. Protein can sometimes help moderate the rise in blood sugar. Fiber, particularly soluble fiber, can slow the absorption of sugar.
- › Count the daily number of refined carbs consumed by using one of the many online diet-tracking tools.
- › Follow your suggested exercise regimen.
- › Take the recommended nutritional and herbal supplements that will support them on their path to a healthy new lifestyle.

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