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# Product Selection Guide by Body Systems and Functions

Products are listed in order of significance with respect to the target body systems and functions. Often products are used in combinations. For more specific recommendations, contact your local Standard Process representative or distributor.

## Adrenal
See Endocrine

## Antioxidant Activity
- OPC Synergy®
- Cellular Vitality
- Cruciferous Complete™
- SP Green Food®
- Cataplex® A
- Cataplex® C
- Collagen C™
- Cataplex® A-C
- Cataplex® E
- Sesame Seed Oil

## Blood Sugar Metabolism
- 10-Day Blood Sugar Support Kits
- Cataplex® GTF
- Cataplex® B
- Cataplex® B-GF
- A-F Betasol®
- Gastro-Fiber®
- Whole Food Fiber
- Paraplex®
- Inositol
- Zinc Liver Chelate™
- Fenn-Gre®

## Bone Building/Bone Health
See Musculoskeletal Function

## Brain Support
- Olprima™ EPA/DHA
- Olprima™ DHA
- OPC Synergy®
- Neuroplex®
- Calamari Omega-3 Liquid
- Tuna Omega-3 Oil
- Tuna Omega-3 Chewable
- Cod Liver Oil
- Garlic
- Chlorophyll Complex™
- Ferrofood®
- Folic Acid B12
- Cataplex® B
- OPC Synergy®
- Cyruita®

## Cardiovascular Function
### General Support
- Calamari Omega-3 Liquid
- Tuna Omega-3 Oil
- Tuna Omega-3 Chewable
- Cod Liver Oil
- Garlic
- Chlorophyll Complex™
- Ferrofood®
- Folic Acid B12
- Cataplex® B
- OPC Synergy®
- Cyruita®
- Magneplus®

## Cholesterol-Metabolism Support
- Cyruita®
- Soybean Lecithin
- A-F Betasol®
- Gastro-Fiber®
- Whole Food Fiber
- Livaplex®
- Purification Product Kits
- Cholaplex®
- Garlic

## Cardiovascular Support
### General Support
- Calamari Omega-3 Liquid
- Tuna Omega-3 Oil
- Tuna Omega-3 Chewable
- Cod Liver Oil
- Garlic
- Chlorophyll Complex™
- Ferrofood®
- Folic Acid B12
- Cataplex® B
- OPC Synergy®
- Cyruita®
- Magneplus®

## Homocysteine Management
- Betacol®
- Folic Acid B12
- Cataplex® B
- Cataplex® B-GF

## Vascular Support
- Vasculin®
- Cyruita®
- Cyruita® Plus
- Circuplex®
- Ginkgo Synergy®

## Chewable Supplements
Listed in alphabetical order
- Cataplex®
- Congaplex®
- Cyro-Yeast®
- Lactic Acid Yeast™
- Tuna Omega-3 Chewable
- Zymex® Wafers

## Liver
- Hepatrophin PMG®
- Livaplex®
- Betacol®
- A-F Betafood®
- Spanish Black Radish
- Garlic
- SP Green Food®
- Cruciferous Complete™
- Sesame Seed Oil

## Daily Fundamentals
(Convenience Packs)
- Individual a.m./p.m. health maintenance packs

## Detoxification
### Whole Body
- Purification Product Kits
- SP Detox Balance™ Kits

### Blood
- Spleen PMG®
- Chlorophyll Complex™
- Antronex®

### Colon
- Whole Food Fiber
- Gastro-Fiber®
- Zymex® Capsules
- Zymex® II
- Spanish Black Radish
- Fen-Chol®
- Okra Pepsin E3

### Kidney
- Arginex®
- Renafodin®
- Albaplex®

## Calcium Supplements
See Minerals

## Calcium Utilization
See Musculoskeletal Function

## Carbohydrate Metabolism
See Blood Sugar Metabolism
See Digestion: Middle Gastrointestinal (GI)—Functional Support

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<tr>
<td>Middle GI—Tissue Support</td>
<td>Parotid PMG®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Multizyme®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Zinc Liver Chelate™&lt;sup&gt;GF&lt;/sup&gt;</td>
</tr>
<tr>
<td>Lower GI—Functional Support</td>
<td>Liver/Gallbladder (Biliary System)</td>
<td>Multizyme®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Zinc Liver Chelate™&lt;sup&gt;GF&lt;/sup&gt;</td>
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<tr>
<td>Lower GI—Tissue Support</td>
<td>Dermatrophin PMG®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Multizyme®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Zinc Liver Chelate™&lt;sup&gt;GF&lt;/sup&gt;</td>
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<tr>
<td>Endocrine</td>
<td>General Support</td>
<td>General Female Endocrine Support</td>
<td>Daily Fundamentals</td>
</tr>
<tr>
<td>Essential Fatty Acid Complex</td>
<td>Super-EFF&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Linum B6&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Cataplex®&lt;sup&gt;F&lt;/sup&gt; Perlas&lt;sup&gt;GF&lt;/sup&gt;</td>
</tr>
<tr>
<td>DHA/EPA Omega-3</td>
<td>Olprima™ EPA/DHA&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Olprima™ DHA&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>OLprima™ EPA&lt;sup&gt;GF&lt;/sup&gt;</td>
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<tr>
<td>Gamma-Linolenic Acid Omega-6</td>
<td>Olprima™ DHA&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Black Currant Seed Oil&lt;sup&gt;GF&lt;/sup&gt;</td>
<td></td>
</tr>
<tr>
<td>Eye Health</td>
<td>Iplex®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Oculotrophin PMG®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Cruciferous Complete™&lt;sup&gt;GF&lt;/sup&gt;</td>
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<tr>
<td>Fat Metabolism</td>
<td>A-F Betafood®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Cholacol®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Livaplex®&lt;sup&gt;GF&lt;/sup&gt;</td>
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<tr>
<td>Female Hormonal Health</td>
<td>For-Til B12®&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Symplex®&lt;sup&gt;F&lt;/sup&gt;&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Ovex®&lt;sup&gt;GF&lt;/sup&gt;</td>
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<tr>
<td>Foundational Support</td>
<td>Children</td>
<td>Catalyn&lt;sup&gt;GF&lt;/sup&gt;</td>
<td>Catalyn&lt;sup&gt;GF&lt;/sup&gt; Chewable</td>
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<tr>
<td></td>
<td>Adult</td>
<td>General Health Daily Fundamentals</td>
<td>Tuna Omega-3 Liquid&lt;sup&gt;GF&lt;/sup&gt;</td>
</tr>
</tbody>
</table>

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*
Geriatric

General Health Daily Fundamentals
Catalyn®
Catalyn® GF GF
Senaplex®
Cyrofood®
Cyro-Yeast®
Calamari Omega-3 Liquid GF
Tuna Omega-3 Oil GF
Cod Liver Oil GF

Fundamentals

Core products that address basic health issues
Listed in alphabetical order
Adrenal Desiccated GF
Adrenal Health Daily Fundamentals
A-F Betafood® GF
Black Currant Seed Oil GF
Bone Health Daily Fundamentals
Calcium Lactate GF V
Catalyn®
Catalyn® GF GF
Cataplex® A-C-P GF
Cataplex® B GF
Cataplex® E GF
Cholacol® GF
Cod Liver Oil GF
Congaplex®
Cruciferous Complete™ GF
Drenamin® GF
Enzycore GF V
General Female Endocrine
D Daily Fundamentals
General Health Daily Fundamentals
Glucosamine Synergy®
Hypothalamus PMG® GF
Immmplex® GF
Ligaplex® I GF
Livaplex®
Min-Chex® GF
Paraplex®
ProSynbiotic GF
Symplex® F GF
Symplex® M GF
Trace Minerals-B12™
Tuna Omega-3 Oil GF
Whole Food Fiber GF V
Zypant® GF

Gallbladder Support

A-F Betafood® GF
Betaofood® GF V
Cholacol® GF
Choline GF V

Gluten-Free

Note: Chlorophyll Complex Ornament® and USF Ornament® do not affect the digestive tract so are exempt from testing. Listed in alphabetical order
A-C Carbamide® GF
Adrenal Desiccated GF
A-F Betafood®
Antronex® GF
Arginine® GF
B3-Niacinamide GF
Betacol® GF
Betaphood®
Betaine Hydrochloride GF
Bios® GF
Black Currant Seed Oil GF
Calamari Omega-3 Liquid GF
Cal-Amy® GF V
Calcium Lactate GF V
Calcium Lactate Powder GF V
Cal-Ma Plus® GF
Calsol® GF V
Cardio-Plus® GF
Cardiotrophin PMG® GF
Catalyn® GF GF
Cataplex B-GF GF
Cataplex® B12 GF
Cataplex® D GF
Cataplex® E GF
Cataplex® F Perles GF
Cataplex® E GF
Cellular Vitality GF V
Chezyn® GF
Chlorophyll Complex™ GF
Cholacol® GF
Choline GF V
Cod Liver Oil GF
Collinsonia Root GF
Copper Liver Chelate™ GF
Cruciferous Complete™ GF
Cyru® GF
Cyru® Plus GF
Dermatrophin PMG® GF
Disodium Phosphate GF
Drenamin® GF
Drenatrophin PMG® GF
Echinacea-C™ GF V
E-Manganese™ GF
E-Z Mg™ GF
Fen-Chor® GF
Fen-Gre® GF
Garlic GF
Gastro-Fiber® GF V
Ginkgo Synergy® GF V
Hemp Oil Complex™ GF
Hepatrophin PMG® GF
Hypothalamus PMG® GF
Hypothalaxm® GF
Immmplex® GF
Inositol GF V
Inositol Powder GF V
Iodomere® GF
Lact-Enz® GF
Ligaplex® I GF
Linum B12 GF
Livaplex® GF
Magnesium Lactate GF
Mammary PMG® GF
Magnesium B6™ GF
Min-Trim® GF V
Multizyme® GF
Myroniph PMG® GF
Neurotophin PMG® GF
Nutrimere® GF
Oculotrophin PMG® GF
Okra Pepsin E3 GF C GF
OPC Synergy® GF
Orchic PMG® GF
Organically Bound Minerals GF V V GF
Ostrophan PMG® GF
Ovatrophin PMG® GF
Ovex® GF
Ovex® P GF
Palmettoplex® GF
Parotid PMG® GF
Phosfood® Liquid GF V
Pituitrophin PMG® GF
Pneumotrophin PMG® GF
Prebiotic Inulin GF V
Prolamine Iodine GF V
Prostate PMG® GF
ProSynbiotic GF
Purification Product Kits GF
Regeneplex® GF
Renatrophin PMG® GF
Ribonucleic Acid (RNA) GF V
Sesame Seed Oil GF
Soybean Lecithin GF
SP Cleanse® GF V
SP Complete® GF V
SP Complete® Chocolate GF V
SP Complete® Dairy Free GF V
SP Complete® Vanilla GF V
SP Detox Balance™ GF V
SP Green Food® GF V
Spanish Black Radish GF V
Spleen Desiccated GF
Spleen PMG® GF
St. John’s Wort-IMT™ GF
StandardBar®
Berry StandardBar® GF V
Cocoa Cherry StandardBar® GF V
Cocoa Crisp StandardBar® GF V
Pearl Butter StandardBar® GF V
Soy Almond Crunch
StandardBar® GF V
Symplex® F GF
Symplex® M GF
Thymer® GF
Thymus PMG® GF
Thyroplhin PMG® GF
Tuna Omega-3 Chewable
Tuna Omega-3 Oil
Urotrophin PMG®
Veg-E Complete Pro™ Chocolate
Veg-E Complete Pro™ Vanilla
Wheat Germ Oil
Wheat Germ Oil Fortified™
Whey Pro Complete
Whole Food Fiber
Zinc Liver Chelate™
Zymex® Capsules
Zinc Test™
Zinc Liver Chelate™
Wheat Germ Oil Fortified™
Veg-E Complete Pro™
Utrophin PMG®

**Whole Food Fiber**

**Whey Pro Complete**

**Cal-Amo®**

**Echinacea-C™**

**Cataplex® C**

**Thymex®**

**Zypan®**

**Zymex® II**

**Zinc Test™**

**Zinc Liver Chelate™**

**Wheat Germ Oil Fortified™**

**Veg-E Complete Pro™ Chocolate**

**Utrophin PMG®**

**Renatrophin PMG®**

**Prostate PMG®**

**Pneumotrophin PMG®**

**Prostate PMG®**

**Renatrophin PMG®**

**Iron**

See Minerals

**Joint Health and Lubrication Support**

See Minerals

**Liver Function**

Livaplex®

Spanish Black Radish®

Betacol®

Hepatrophil PMG®

A-F Betaphil®

Betalphob®

Antronex®

Choline GF

SP Cleanse®

Cruciferous Complete™

SP Green Food®

**Lymphatic Function**

Spleen Desiccated

Spleen PMG®

Thymex®

Thymus PMG®

Spleen PMG®

A-C Carbohydrate®

**Long-Term Support**

Immunoplex®

Epimune Complex

Spleen PMG®

Thymus PMG®

ProSymbiotic

Chezyn®

Sesame Seed Oil

**Gland-Specific Support**

Listed in alphabetical order

Bio-Dent®

Cardiophrin PMG®

Dermatrophin PMG®

Drenatrophin PMG®

Hepatrophil PMG®

Hypothalamus PMG®

Mammmary PMG®

Myrotrphin PMG®

Neurotrophin PMG®

Ocuteptide PMG®

Orchic PMG®

Ostrophin PMG®

Ovatrophin PMG®

Pancreatrophin PMG®

Paraplex®

Parotid PMG®

Pituitrophin PMG®

Pneumotrophin PMG®

Prostate PMG®

Renatrophin PMG®

**Minerals**

**General**

Trace Minerals-B12™

Organically Bound Minerals

**Calcium**

Calcium Lactate

Calcium Lactate Powder

Calcifood®

Calcifood® Powder

Cal-Ma Plus®

Calsof®

**Copper**

Copper Liver Chelate™

Chezyn®

Trace Minerals-B12™

**Iodine**

Prolamine Iodine

Iodomere®

Organically Bound Minerals

Cataplex® F Tablets

**Iron**

Ferrofood®

Chezyn®

Immunoplex®

**Magnesium**

Magnesium Lactate

E-Z Mg™

**Manganese**

Manganese B12™

E-Manganese™

Trace Minerals-B12™

**Phosphorus**

Phosfood® Liquid

**Potassium (Naturally Occurring)**

Organically Bound Minerals

**Zinc**

Zinc Test™

Zinc Liver Chelate™

Chezyn®

Trace Minerals-B12™

**Musculoskeletal Function**

**Acute Support Short Term**

Cataplex® A-C-P

Ligaplex® I

Calamari Omega-3 Liquid

Tuna Omega-3 Oil

Tuna Omega-3 Chewable

Cod Liver Oil

**Bone Building/Bone Health**

Bone Health Daily Fundamentals

Bio-Dent®

Calcifood®

Calcifood® Powder

Ostrophin PMG®

Cataplex® C

Cruciferous Complete™

Protefood®

Manganese B12™

Bio-Dent®

**Organic Bound Minerals**

Trace Minerals-B12™

**Trace Minerals-B12™**

**Organically Bound Minerals**

**Vegan (lacto-ovo)**

**Gluten Free**

This product contains less than 20 parts per million per the suggested use listed on each product label.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
### Calcium Utilization
- Cal-Ma Plus®
- CalciFood®
- CalciFood® Powder
- Calcium Lactate
- Calcium Lactate Powder
- Cataplex® D
- Cod Liver Oil
- Cataplex® F Tablets

### Joint Health and Lubrication Support
- Glucosamine Synergy®
- Calamari Omega-3 Liquid
- Tuna Omega-3 Oil
- Tuna Omega-3 Chewable
- Cod Liver Oil
- Protefood®
- Betacol®
- Rumaplex®

### Ligament/Tendon Support
- Ligaplex® I
- Ligaplex® II
- Calamari Omega-3 Liquid
- Tuna Omega-3 Oil
- Tuna Omega-3 Chewable
- Cod Liver Oil
- Manganese B12™
- Cardio-Plus®
- Cardio-Plus® GF

### Muscle Support
- Cardio-Plus®
- Cardio-Plus® GF
- Cardiotrophin PMG®
- Myo-Plus®
- Myotrophin PMG®
- Whey Pro Complete

### Nerve Function
- Neuroplex®
- Neurotrophin PMG®
- Super-EFF™
- Choline
- Cataplex® G
- Cataplex® B
- Cataplex® B-GF
- Nicotinamide B6
- St. John’s Wort-IMT™

### Omega-3 and Omega-6
See Essential Fatty Acid Complex

### Organic, USDA Certified
- E-Z Mg™
- Organically Bound Minerals
- Veg-E Complete Pro™ Chocolate
- Veg-E Complete Pro™ Vanilla

### pH Balance
**Systemic**
- **Acidifiers**
  - Cal-Amo®
  - Phosfood® Liquid
- **Alkalizers**
  - Organically Bound Minerals
  - Chlorophyll Complex™
  - Magnesium Lactate

### Powder Supplements
Listed in alphabetical order
- CalciFood® Powder
- Calcium Lactate Powder
- Cyrofood® Powder
- E-Z Mg™
- Inositol Powder
- Prebiotic Inulin
- SP Complete®
- SP Complete® Chocolate
- SP Complete® Dairy Free
- SP Complete® Vanilla
- SP Detox Balance™
- Veg-E Complete Pro™ Chocolate
- Veg-E Complete Pro™ Vanilla
- Whey Pro Complete
- Whole Food Fiber

### Prebiotic
See Digestion: Lower GI—Functional Support/Flora

### Prenatal Support
- Catalyn®
- Catalyn® GF
- Folic Acid B12
- Calcium Lactate
- Calcium Lactate Powder
- Cataplex®
- Calamari Omega-3 Liquid
- Tuna Omega-3 Oil
- Tuna Omega-3 Chewable
- Ferrofood®

### Protein Supplements
Listed in alphabetical order
- Veg-E Complete Pro™ Chocolate
- Veg-E Complete Pro™ Vanilla
- Whey Pro Complete
- SP Complete®
- SP Complete® Chocolate
- SP Complete® Dairy Free
- SP Complete® Vanilla

### Protomorphogen™ Extracts
Listed in alphabetical order
- Biost®
- Cardiotrophin PMG®
- Dermatrophin PMG®
- Drenatrophin PMG®
- Hepatrophin PMG®
- Hypothalamus PMG®
- Mammary PMG®
- Myotrophin PMG®
- Neurotrophin PMG®
- Oculotrophin PMG®
- Orphic PMG®
- Ostrophin PMG®
- Ovatrophin PMG®
- Pancreatrophin PMG®
- Paraplex®
- Parotid PMG®
- Pituitrophin PMG®
- Pneumotrophin PMG®
- Prostate PMG®
- Renatrophin PMG®
- Spleen PMG®
- Symplex® F
- Symplex® M
- Thymus PMG®
- Thythropin PMG®
- Utrophin PMG®

### Detox & Purification Kits
- Purification Product Kits
- SP Detox Balance™ Program Kits

### Respiratory Function
**General**
- Allerplex®
- Emphaplex®
- Pneumotrophin PMG®

### Seasonal and Environmental Support
- Allerplex®
- Antronex®
- Cal-Amo®
- Drenamin®
- Fen-Gre®

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**Whole Food Nutrient Solutions | standardprocess.com | 800-558-8740**
**Skin and Hair Health**
- Regeneplex®
- Dermatrophin PMG®
- Linum B6
- Cataplex® F Perles
- Calamari Omega-3 Liquid
- Tuna Omega-3 Oil
- Tuna Omega-3 Chewable
- Cod Liver Oil
- Wheat Germ Oil
- Chlorophyll Complex™
- LISF Ointment®
- Chlorophyll Complex Ointment™

**Sports Health**
- Ligaplex® I
- Ligaplex® II
- Cardio-Plus®
- Cardio-Plus® GF
- Cataplex® E2
- Cataplex® B
- Cataplex® B-GF
- Glucosamine Synergy®
- Wheat Germ Oil
- SP Complete®
- SP Complete® Chocolate
- SP Complete® Dairy Free
- SP Complete® Vanilla
- Whey Pro Complete

**StandardBars**
- Listed in alphabetical order
  - 40-30-30 Type
    - Berry StandardBar®
    - Soy Almond Crunch
    - StandardBar®
  - High Protein
    - Cocoa Cherry StandardBar®
    - Cocoa Crisp StandardBar®
    - Peanut Butter StandardBar®

**Thyroid**
- See Endocrine

**Vegan**
- E-Z Mg™
- SP Detox Balance™

**Vegetarian** Lacto-Ovo
- Listed in alphabetical order
  - Cellular capsules—plant source
    - Betafood®
    - Cal-Amo®
    - Calcium Lactate
    - Calcium Lactate Powder
    - Calsol®
    - Cataplex® D
    - Cayenne Pepper®
    - Cellular Vitality™
    - Choline
    - Echinacea-C™
    - Enzyme™
    - Epimune Complex®
    - E-Z Mg™
    - Gastro-Fiber™
    - Ginkgo Synergy™
    - Inositol
    - Inositol Powder
    - Lactic Acid Yeast™
    - Min-Tran®
    - Organically Bound Minerals
    - Phosfood® Liquid
    - Prebiotic Inulin
    - Prolamine Iodine
    - Purification Product Kits
    - Ribonucleic Acid (RNA)
    - SP Cleanse™
    - SP Complete®
    - SP Complete® Dairy Free
    - SP Detox Balance™
    - SP Green Food®
    - Spanish Black Radish

**Water Balance**
- A-C Carbamide®
- Arginex®
- Renafood®
- B6-Niacinamide

**Weight-Management Adjuncts**
- Purification Product Kits
- Whey Pro Complete

**Whole Desiccates**
- Listed in alphabetical order
  - Adrenal Desiccated
  - Spleen Desiccated

**Listed in alphabetical order**
- Adrenal Desiccated
- Spleen Desiccated

- A-C Carbamide®
- Arginex®
- Renafood®
- B6-Niacinamide

**Vegan** (lacto-ovo)
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Why Whole Food Nutrition

Buckwheat on the Standard Process certified organic farm
Why Whole Food Nutrient Solutions Matter

As you know too well, many of today’s patients eat what is considered the average American diet containing large amounts of refined and processed foods, some of which have limited nutritional value. Patients aren’t eating enough fresh foods that are naturally high in nutrients like vitamins, minerals, and phytonutrients that help the body thrive and maintain health. Most of these patients can benefit from supplementing their diets in order to bridge this nutritional gap.

Your patients come to see you for many reasons, such as stress, fatigue, digestion issues, and hormone health, just to name a few. They may not realize it, but many of their complaints may have a nutritional component. That’s where you and Standard Process come in.

Clinical nutrition and the relationship between food and a healthy body are more important than ever. Knowing how nutrients are digested, absorbed, transported, metabolized, stored, and eliminated by the body helps you communicate nutrition’s significant role in many health challenges. This knowledge also helps you to explain how the complexity of whole food and other ingredients in our supplements can support your patients.*

“The best sources of vitamins and minerals are found in whole foods.”
—Dr. Royal Lee, founder of Standard Process

*Buckwheat field on the Standard Process certified organic farm

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The Standard Process Difference

There are a lot of supplement companies in the marketplace. What makes Standard Process supplements made with whole foods and other ingredients so unique? Here are just a few reasons.

**Whole Foods and the Whole Food Philosophy**

Since 1929, Standard Process has been the visionary leader in whole food nutrient solutions. We are dedicated to creating quality supplements based on the whole food philosophy introduced by Standard Process founder, Dr. Royal Lee. Dr. Lee’s goal was to provide nutrients as they are found in nature, where he believed their natural potency and efficacy would be realized. Our goal is to carry on his mission, creating holistic formulas by incorporating whole food ingredients along with targeted vitamins and minerals.

**Starting With Whole Foods**

Following this philosophy, we start with whole foods—foods you might find in the grocery store, like peas, radishes, and beets. Then, like any good cook, we prepare these ingredients in a way that safeguards their nutritional value. The resulting whole food ingredient is then added to a complex formula that may include whole food concentrates; animal tissue extracts and concentrates; botanicals; whole food isolates; and synthetic ingredients as required to meet our high formula standards.

**Why are whole food nutrient complexes important?**

The nutrient complexes found in whole foods are valuable and essential to good health. Standard Process founder Dr. Royal Lee referred to these complexes as “the life element,” and they can be produced only through biological processes. That is why we start with the highest-quality whole food ingredients when making our supplements.

These ingredients contain complex structures that combine a variety of elements that work together to support healthy balance in the body. We add additional targeted ingredients to formulas as needed to support specific systems in the body.*
Our Focus Is on Quality, Not Quantity

When we take supplements, we often think that more is better. This common misperception can lead to megadosing, or taking vitamins that contain amounts of certain nutrients that exponentially exceed daily recommendations.

Quality is far more important than quantity when evaluating and choosing nutritional supplements. Supplements that contain only synthetic vitamins have just a fraction of the beneficial compounds that are found in foods. Those supplements may only focus on certain challenges in the body. Supplements that include whole food ingredients are more complex, as they contain a mix of constituents that can be used to address a wider range of the body’s needs.*

High-Quality Ingredients

As in any recipe, the quality of ingredients affects the quality of the final product. Manufacturers who grow their own ingredients have control over them, which is why Standard Process owns a 623-acre certified organic farm. The farm, located just a mile down the road from company headquarters in Palymra, Wisconsin, harvests 6.7 million pounds of vegetables every year. More than 80 percent of the raw plant ingredients used in our products are grown on our farm.

We promptly process our farm-harvested crops to minimize the loss of phytonutrients and deliver those nutrient complexes so integral to Dr. Lee’s vision.

For items we can’t grow, Standard Process has an extensive, rigorous system of supplier auditing and validation. This allows us to provide patients with a product that has been controlled, vetted, tested, and verified from beginning to end.

Some types of processing can destroy enzymes and phytonutrients. Our manufacturing process is designed to minimize the loss of vital nutrients from each ingredient.
<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Natural Sources</th>
<th>Physiological Support</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Calcium</strong></td>
<td>Tofu, sardines, sesame seeds, dairy (yogurt, milk), greens (collards, turnip</td>
<td>Blood; skeletal, cardiovascular, musculoskeletal, and nervous systems</td>
</tr>
<tr>
<td></td>
<td>greens, mustard, beet greens, spinach, kale, cheese, bone meal, cabbages, bok</td>
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<tr>
<td></td>
<td>choy</td>
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<tr>
<td><strong>Choline</strong></td>
<td>Eggs, seafood (shrimp, scallops, tuna, cod, salmon), poultry, beef, lentils,</td>
<td>Cell membranes, nervous and hepatic systems</td>
</tr>
<tr>
<td></td>
<td>greens (collards, Swiss chard), broccoli, Brussels sprouts, peas, cauliflowers,</td>
<td></td>
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<tr>
<td></td>
<td>mushrooms (shiitake, crimini)</td>
<td></td>
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<tr>
<td><strong>Chromium</strong></td>
<td>Broccoli, barley, oats, green beans, tomatoes, romaine lettuce, black pepper,</td>
<td>Endocrine system</td>
</tr>
<tr>
<td></td>
<td>garlic, potatoes (Also, there are trace amounts of chromium in many other foods,</td>
<td></td>
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<tr>
<td></td>
<td>including vegetables, fruits, grains, legumes, seafood, meats, and dairy.)</td>
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<tr>
<td><strong>Coenzyme Q&lt;sub&gt;10&lt;/sub&gt; (CoQ&lt;sub&gt;10&lt;/sub&gt;)</strong></td>
<td>Liver, beef, fish (trout, herring), chicken, sesame seeds, pistachio nuts,</td>
<td>Metabolic and immune systems</td>
</tr>
<tr>
<td></td>
<td>spinach, broccoli, cauliflowers, rice bran, strawberries, eggs</td>
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<tr>
<td><strong>Copper</strong></td>
<td>Liver, mollusks, lobster, seeds (sesame, sunflower), nuts (cashews, walnuts,</td>
<td>Immune, musculoskeletal, metabolic, and vascular systems</td>
</tr>
<tr>
<td></td>
<td>pine, hazelnuts), beans (soybeans, chickpeas, lima beans, kidney beans),</td>
<td></td>
</tr>
<tr>
<td></td>
<td>mushrooms (shiitake), tempeh, lentils, buckwheat, radishes</td>
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<tr>
<td><strong>Essential Fatty Acids</strong></td>
<td>Flaxseeds, chia seeds, walnuts, fatty fish (sardines, sal</td>
<td>Brain; visual; endocrine, cardiovascular, nervous, and integumentary systems</td>
</tr>
<tr>
<td>Vitamin F</td>
<td>mon, tuna, shrimp, halibut, scallops, cod), beef, wheat germ, black</td>
<td></td>
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<tr>
<td></td>
<td>currant seed oil, evening primrose oil, cauliflowers, Brussels sprouts</td>
<td></td>
</tr>
<tr>
<td><strong>Folate/ Folic Acid</strong></td>
<td>Beans (pinto beans, chickpeas, navy beans, black beans, kidney beans), lentils,</td>
<td>Energy production; blood; nervous, cardiovascular, and reproductive systems</td>
</tr>
<tr>
<td>Vitamin B&lt;sub&gt;9&lt;/sub&gt;</td>
<td>asparagus, spinach, greens (beet greens, collards, turnip greens), broccoli,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>beets, romaine lettuce, citrus fruits, Brussels sprouts, liver, nutritional/</td>
<td></td>
</tr>
<tr>
<td></td>
<td>baker's yeast</td>
<td></td>
</tr>
<tr>
<td><strong>Inositol</strong></td>
<td>Cantaloupes, citrus fruits (oranges, grapefruits, limes), beans (Great Northern,</td>
<td>Cell membranes</td>
</tr>
<tr>
<td>Vitamin B&lt;sub&gt;6&lt;/sub&gt;, Phytic Acid</td>
<td>kidney, lima, navy, green, pole, wax), peas, whole grains (wheat), artichokes,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>nuts, and seeds</td>
<td></td>
</tr>
<tr>
<td><strong>Iodine</strong></td>
<td>Sea vegetables, seafood (scallops, cod, shrimp, sardines, salmon, tuna), dairy</td>
<td>Endocrine, nervous, metabolic, and reproductive systems</td>
</tr>
<tr>
<td></td>
<td>(yogurt, milk), eggs, turkey, navy beans, potatoes</td>
<td></td>
</tr>
<tr>
<td><strong>Iron</strong></td>
<td>Beef, lamb, pork, mollusks, spinach, greens (Swiss chard, beet greens, collards,</td>
<td>Blood; metabolic, nervous, immune, and reproductive systems</td>
</tr>
<tr>
<td></td>
<td>mustard, turnip greens, seeds (sesame, pumpkin), beans (chickpeas, lima beans,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>navy beans, green beans, black beans, kidney beans), lentils, artichokes, beets</td>
<td></td>
</tr>
<tr>
<td>Functions</td>
<td>Supplements Containing Named Nutrient**</td>
<td></td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
<td>----------------------------------------</td>
<td></td>
</tr>
<tr>
<td>Calcium is essential for strong bone structure, teeth, and muscle tissue; nerve function and muscle cell contraction; and balanced blood pH. Calcium aids in blood clotting function, supports contraction and dilation of vascular tissues, and facilitates cell signaling.</td>
<td>Calcifood* Calcifood* Powder Calcium Lactate Powder Cyrofood* Powder SP Complete* SP Complete* Chocolate SP Complete* Dairy Free SP Complete* Vanilla</td>
<td></td>
</tr>
<tr>
<td>Choline is a key component of two phospholipids that serve as building blocks of the cell membrane; a precursor to acetylcholine, a neurotransmitter that supports nervous system function of the brain, heart, muscles, and intestines; an important factor in methylation; and essential in activities such as building DNA, exchanging signals in the brain, homocysteine metabolism, and liver detoxification</td>
<td>Cardio-Plus* Cardio-Plus* GF Choline Myo-Plus* Cataplex* GTF Diaplex* Immuplex*</td>
<td></td>
</tr>
<tr>
<td>Chromium supports healthy blood glucose by enhancing insulin function.</td>
<td></td>
<td>Cellular Vitality</td>
</tr>
<tr>
<td>CoQ10 is a cofactor in the electron transport chain for energy production and acts as an antioxidant. Due to this vital role in energy production, CoQ10 has an effect on all systems within the body.</td>
<td></td>
<td>Trace Minerals-B12™</td>
</tr>
<tr>
<td>Copper is an essential cofactor in oxidation/reduction enzymes such as superoxide dismutase, an antioxidant enzyme; critical for the incorporation of iron into red blood cells; involved in the catabolism of carbohydrates for energy production cells; and required for synthesis of collagen, the main structural protein in blood vessels, connective tissue, and bone.</td>
<td>Chezyn* Copper Liver Chelate* Immuplex* Neuroplex*</td>
<td></td>
</tr>
<tr>
<td>Essential fatty acids are precursors for synthesis of certain hormones, such as eicosanoids; necessary for brain and visual development and function; involved in healthy neuronal transmissions; building blocks of cell membranes; a source of energy; and essential for skin integrity and structural function. Essential fatty acids have anti-inflammatory and antioxidant effects and support normal heart rate and coronary blood flow.</td>
<td>Black Currant Seed Oil Calamari Omega-3 Liquid Cod Liver Oil Sesame Seed Oil Soybean Lecithin</td>
<td>Tuna Omega-3 Chewable Tuna Omega-3 Oil Wheat Germ Oil</td>
</tr>
<tr>
<td>Folate and folic acid transfer single carbon units, which are critical in the metabolism of nucleic acids and amino acids. Folate and folic acid are essential for brain development and function as well as fetal development and reproductive health. They support overall growth and development; blood cell formation and platelet function; and homocysteine metabolism, an indicator of cardiovascular health.</td>
<td>Cellular Vitality Folic Acid B12 Immuplex*</td>
<td></td>
</tr>
<tr>
<td>Inositol has not been demonstrated to be an essential nutrient; however, inositol is a component of cell membrane phospholipids and may play an important role in cell physiology.</td>
<td>Cyruta* Inositol Inositol Powder</td>
<td>St. John’s Wort-IMT™ Phosfood® Liquid</td>
</tr>
<tr>
<td>Iodine is essential for the thyroid gland and its associated hormones. Due to iodine’s essential role in thyroid metabolism, iodine is critical for function of the brain, nervous system, normal growth and development, metabolism, and reproductive function.</td>
<td>A-F Betafood® Cataplex® F Tablets Iodomere® Min-Chex® Min- Tran®</td>
<td>Organically Bound Minerals Prolamine Iodine St. John’s Wort-IMT™ Trace Minerals-B12™</td>
</tr>
<tr>
<td>Iron is vital in oxygen transport and energy metabolism via hemoglobin production; assists in formation and function of numerous enzymes; is part of the cellular antioxidant system, protecting cells from excess free radicals; and is involved in enzyme systems that produce and repair DNA, supporting growth, reproduction, healing, and immune system function.</td>
<td>Chezyn* Ferrofood® Immuplex* Livaplex® Neuroplex*</td>
<td></td>
</tr>
<tr>
<td>Nutrient</td>
<td>Natural Sources</td>
<td>Physiological Support</td>
</tr>
<tr>
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<td>-----------------------</td>
</tr>
<tr>
<td><strong>Magnesium</strong></td>
<td>Spinach, artichokes, greens (Swiss chard, beet greens, turnip greens), seeds (sesame, pumpkin, sunflower), quinoa, beans (black beans, navy beans, pinto beans, lima beans, kidney beans, green beans, soybeans), nuts (cashews, almonds, walnuts, Brazil nuts, pine nuts), broccoli, buckwheat, tomatoes</td>
<td>Musculoskeletal, metabolic, nervous, endocrine, and cardiovascular systems</td>
</tr>
<tr>
<td><strong>Manganese</strong></td>
<td>Beef (liver), grains (oats, brown rice, rye, barley), beans (chickpeas, soybeans, lima beans, navy beans), chickpeas, lentils, green peas, wheat germ, spinach, pineapples, seeds (pumpkins, sunflower), tempeh, tofu, quinoa, nuts (almonds, walnuts, cashews, pecans, hazelnuts)</td>
<td>Musculoskeletal, integumentary, metabolic, and nervous systems</td>
</tr>
<tr>
<td><strong>Phosphorus</strong></td>
<td>Seafood (scallops, sardines, cod, tuna, salmon, shrimp), seeds (pumpkin, sesame, sunflower), lentils, poultry (meat, liver), dairy (yogurt, milk), nuts (cashews, almonds), flaxseeds, beans (chickpeas, navy beans, pinto beans, kidney beans, black beans, lima beans), quinoa, beef (meat, liver)</td>
<td>Cell membranes; musculoskeletal, integumentary, metabolic, nervous, and renal systems</td>
</tr>
<tr>
<td><strong>Potassium</strong></td>
<td>Greens (beet greens, Swiss chard), beans (lima, pinto, black, kidney), lentils, sweet potatoes, potatoes, spinach, avocados, bok choy, Brussels sprouts, beets, tomatoes, cantaloupes, oranges, prunes, papayas, peaches, bananas, kale</td>
<td>Electrolytes; blood; cardiovascular, nervous, musculoskeletal, renal, and metabolic systems</td>
</tr>
<tr>
<td><strong>Selenium</strong></td>
<td>Brazil nuts, seafood (tuna, shrimp, sardines, salmon, cod, lobster), poultry (meat, organ), barley, pork, beef (meat, organ), lamb, mushrooms ( crimini, shiitake), wheat germ</td>
<td>Endocrine, immune, and metabolic systems</td>
</tr>
<tr>
<td><strong>Vitamin A</strong></td>
<td>Retinol source (animal): liver, shrimp, eggs, cow’s milk, cheese, yogurt, salmon, sardines, chicken, turkey Beta carotene (plant): sweet potatoes, carrots, spinach, kale, greens (mustard, collards, turnip greens), winter squash, romaine lettuce, bok choy, cantaloupes, bell peppers</td>
<td>Visual; endocrine, immune, integumentary, and reproductive systems</td>
</tr>
<tr>
<td><strong>Vitamin B₁</strong></td>
<td>Sunflower seeds, beans (navy, black, pinto, lima), lentils, whole grains (oats, wheat, barley), peas, mushrooms, sweet potatoes, flaxseeds, tuna, nutritional yeast, wheat germ</td>
<td>Energy production; nervous, cardiovascular, and immune systems</td>
</tr>
<tr>
<td>Thiamine</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Vitamin B₂</strong></td>
<td>Spinach, beet greens, tempeh, dairy (yogurt, milk), crimini mushrooms, eggs, asparagus, almonds, green peas, turkey (meat, liver), beef (meat, liver)</td>
<td>Energy production; blood; immune, cardiovascular, nervous systems</td>
</tr>
<tr>
<td>Riboflavin</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Vitamin B₃</strong></td>
<td>Seafood (tuna, salmon, sardines, shrimp), poultry (meat, liver), lamb, beef (meat, liver), nutritional yeast, peanuts, whole grains (brown rice, barley, corn), sweet potatoes, mushrooms (crimini), asparagus</td>
<td>Energy production; cardiovascular, hepatic, integumentary, and nervous systems</td>
</tr>
<tr>
<td>Niacin or Niacinamide</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Functions

**Magnesium** is an essential cofactor in more than 300 cellular reactions, such as those involved in nucleic acid, protein, carbohydrate, and lipid synthesis; necessary for bone and tooth structure and integrity; supports healthy nerve and muscle function; and essential for energy production, healthy cortisol levels, glucose function, insulin function, and cellular messaging. Glutathione, an important cellular antioxidant, requires magnesium for synthesis.

**Manganese** supports normal bone and collagen formation; promotes the formation and activation of certain enzymes, such as mitochondrial antioxidant enzyme manganese superoxide dismutase (MnSOD); involved in carbohydrate, amino acid, and cholesterol metabolism; and essential for numerous metabolic and nervous system functions in the brain.

**Phosphorus** is an essential component of cellular membrane structure and nucleic acids; vital for bone, collagen, and tooth integrity, formation, and structure; and involved in metabolism of carbohydrates, proteins, and lipids. Phosphorus supports energy production, cell growth and repair, cardiovascular function, and nerve and muscle activity; regulates healthy pH; and facilitates excretion of wastes through the kidneys.

**Potassium** is a vital electrolyte involved in osmotic balance and creation of membrane potential, which fuels muscle contraction, heart function, and nerve impulse transmissions; essential for healthy blood pressure, kidney function, and healthy blood clotting; helps maintain a normal pH; and supports enzymes involved in carbohydrate metabolism.

**Selenium** is a vital cofactor for antioxidant enzymes, such as glutathione peroxidase and thioredoxin reductases; essential for thyroid function; aids in DNA and protein synthesis; and supports a healthy immune system response.

**Vitamin A** is essential for the visual system, including adaptation to light and night vision. Vitamin A also supports a healthy immune system; is required for growth and natural repair of many body tissues; and maintains integrity of blood cells and epithelial tissue lining the gut, lungs, and reproductive tract.

**Vitamin B₂** is a required cofactor for carbohydrate metabolism and is necessary for biosynthesis of neurotransmitters that support mental alertness and cognitive ability. Vitamin B₂ supports myocardial energy, has roles in oxidant stress protection, and supports the immune system.

**A required factor in coenzymes that activate and support metabolic processes throughout the body, vitamin B₂ is vital in the electron-transport chain for production of energy, normal cell function, and growth. Vitamin B₂ interacts as a cofactor with other B vitamins, such as in the activation of vitamin B₆ and creation of niacin; supports a healthy immune system; participates in activities of many critical enzymes; and supports the cardiovascular system and red blood cell production.

**Niacin** is converted to the cofactor nicotinamide adenine dinucleotide (NAD), an important part of oxidation-reduction reactions within the body. NAD is involved in catabolism of carbohydrates, fats, amino acids, and alcohol as well as biosynthetic reactions. Niacin promotes a healthy heart and skin integrity, promotes hydrochloric acid production and cellular respiration, and enhances metabolism and circulation.

### Supplements

<table>
<thead>
<tr>
<th>Calcium Lactate Powder</th>
<th>Disodium Phosphate</th>
</tr>
</thead>
<tbody>
<tr>
<td>E-Z Mg™</td>
<td>Ligaplex® I</td>
</tr>
<tr>
<td>Magnesium Lactate</td>
<td>Ligaplex® II</td>
</tr>
<tr>
<td>SP Detox Balance™</td>
<td>Manganese B₁₂™</td>
</tr>
</tbody>
</table>

**See Primary Ingredient Cross Reference for additional products**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*
<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Natural Sources</th>
<th>Physiological Support</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin $B_5$ (Pantothenic Acid)</td>
<td>Mushrooms (shiitake and crimini), avocados, sweet potatoes, lentils, dried peas, poultry (meat, liver), beef (liver), yogurt, broccoli, rye, sunflower seeds</td>
<td>Energy production; endocrine and hepatic systems</td>
</tr>
<tr>
<td>Vitamin $B_6$ (Pyridoxine)</td>
<td>Poultry, beef, fish (cod, salmon, halibut, tuna), sweet potatoes, potatoes, sunflower seeds, spinach, bananas, nutritional yeast, winter squash, broccoli</td>
<td>Energy production; blood; nervous, hepatic, and immune systems</td>
</tr>
<tr>
<td>Vitamin $B_7$ (Biotin)</td>
<td>Almonds, sweet potatoes, eggs, onions, oats, tomatoes, peanuts, carrots, walnuts, salmon</td>
<td>Hepatic, endocrine, integumentary, and immune systems</td>
</tr>
<tr>
<td>Vitamin $B_{12}$ (Cobalamin)</td>
<td>Seafood (salmon, halibut, sardines, shrimp, tuna, cod, scallops, mollusks), lamb (meat, liver), beef (meat, liver), dairy (yogurt, milk, cheese), eggs, poultry (meat, liver, heart)</td>
<td>Energy and DNA production; blood; cardiovascular, nervous, and musculoskeletal systems</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>Papayas, bell peppers, broccoli, Brussels sprouts, strawberries, pineapples, oranges, kiwi fruits, cantaloupes, cauliflowers, tomatoes</td>
<td>Immune, integumentary, nervous, endocrine, cardiovascular, and skeletal systems</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>Fatty fish (salmon, halibut, sardines, tuna, mackerel), cow’s milk (fortified), alternative milks (fortified), eggs, mushrooms, cod liver oil, liver</td>
<td>Skeletal, immune, endocrine, cardiovascular, and integumentary systems</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>Sunflower seeds, almonds, spinach, greens (Swiss chard, turnip greens, collards, beet greens, mustard, kale), avocados, peanuts, asparagus, wheat germ, peppers (chili, bell), olives, red palm oil</td>
<td>Immune, cardiovascular, integumentary, and nervous systems</td>
</tr>
<tr>
<td>Vitamin K (Naphthoquinones)</td>
<td>Kale, spinach, greens (mustard, collards, beet greens, Swiss chard, turnip greens), parsley, broccoli, Brussels sprouts, cabbages, pumpkins, okra, pine nuts, blueberries</td>
<td>Blood, skeletal system</td>
</tr>
<tr>
<td>Zinc</td>
<td>Seafood (mollusks, crab, shrimp, oysters), beef (meat, liver), lamb (meat, liver), seeds (sesame, pumpkin), lentils, chickpeas, nuts (cashews, almonds, peanuts), poultry (meat, organ), quinoa, wheat germ</td>
<td>Cell membranes; metabolic, cardiovascular, immune, integumentary, endocrine, musculoskeletal, and nervous systems</td>
</tr>
</tbody>
</table>
### Functions

| Vitamin C | Papayas, bell peppers, broccoli, Brussels sprouts, cantaloupes, cauliflowers, tomatoes |
| Vitamin B₁₂ | Cobalamin |
| Biotin | Vitamin B₇ |
| Pyridoxine | Vitamin B₅ |

**Nutrient Natural Sources**

- Seafood (mollusks, crab, shrimp, oysters), beef (meat, liver), dairy (yogurt, milk, cheese), eggs, poultry (meat, liver), scallops, mollusks), lamb (meat, liver), beef (meat, liver), peanuts, carrots, walnuts, salmon, nutritional yeast, winter squash, broccoli, potatoes, potatoes, sunflower seeds, spinach, bananas, poultry, beef, fish (cod, salmon, halibut, tuna), sweet potatoes, lentils, chickpeas, nuts (cashews, almonds, peanuts), mushrooms (shiitake and crimini), avocados, sweet peppers (chili, bell), olives, red palm oil, kale, spinach, greens (mustard, collards, beet greens, chard, turnip greens, collards, beet greens, mustard, radish), eggplant, zucchini, squash, tomatoes.

**Listed in order of highest nutrient value**

### Supplements

**Containing Named Nutrient**

- **Vitamin K** is essential for normal blood clotting function and is involved in cell membranes; promotes healthy blood clotting; and plays a role in metabolism of tryptophan.

- **Vitamin C** is an antioxidant, a cofactor in the synthesis of neurotransmitters and hormones; essential for myelin formation, heme production, sulfur metabolism, and phase one liver detoxification; supports a healthy immune system; and plays a role in metabolism of tryptophan.

- **Vitamin B₁₂** is a cofactor required for metabolism of amino acids, carbohydrates, and lipids as well as glycogen utilization; synthesis of neurotransmitters and hormones; essential for myelin formation, heme production, sulfur metabolism, and phase one liver detoxification; supports a healthy immune system; and plays a role in metabolism of tryptophan.

- **Vitamin B₇** is essential for lipogenesis and gluconeogenesis, metabolism of amino acids, and oxidation of fatty acids; helps regulate gene expression; and supports immune system processes, insulin function, and epithelial tissue. Biotin can be synthesized in the gut by intestinal bacteria.

- **Vitamin B₅** is an essential component of coenzyme A (CoA), which is required for metabolism of proteins, fats, and carbohydrates; necessary for synthesis and storage of fatty acids; and required for synthesis of cholesterol and hormones.

- **Vitamin D** is essential in bone health and regulation of bone mineral density and calcium balance as well as for the immune system and the maturation of white blood cells. Vitamin D supports insulin secretion and action; the cardiovascular system and healthy blood pressure; overall health of the endocrine system; and cellular growth and differentiation of the epithelium.

- **Vitamin E** is a fat-soluble antioxidant that exists in eight different forms, each considered to have distinct effects in the body. Vitamin E is immune enhancing; supports proper nerve and muscle function; supports healthy circulation and tissue regeneration; promotes healthy blood clotting; and is essential for the maintenance of healthy skin.

- **Vitamin K** is essential for normal blood clotting function and is involved in bone mineralization, supporting bone mineral density and strength.

### Supplements

- **Cellular Vitality**
- **Cataplex® A-C-P Echinacea-C™**
- **Cataplex® A-C**
- **Cataplex® C**
- **Cataplex® B**
- **Folic Acid B₁₂**
- **For-Til B₁₂™**
- **Manganese B₁₂™**
- **Trace Minerals-B₁₂™**
- **Catalyn™**
- **Cataplex® D**
- **Cod Liver Oil**
- **Cyro-Yeast®**
- **e-Poise®**
- **Senaplex®**
- **Cataplex® E**
- **Cataplex® E₂**
- **E-Manganese™**
- **Immuplex®**
- **Wheat Germ Oil Fortified™**
- **Chezyn™**
- **Epimune Complex**
- **Immuplex®**
- **Neuroplex®**
- **Palmettoplex®**
- **Zinc Liver Chelate™**

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**See Primary Ingredient Cross Reference for additional products**
How Standard Process Defines Quality

How we define quality frames our approach to making supplements, from our whole food philosophy and our careful ingredient sourcing to our formulations and dedication to rigorous testing and safety. “Quality from seed to supplement®” is more than just a tag line to us—it’s a commitment we take to heart during every step of the production process.

A whole food supplement is a complex formula of targeted ingredients that may include:

**Whole food ingredients—complete foods prepared in a way that safeguards their nutritional value**

On our product labels are many ingredients that you recognize as foods. Some of these whole food ingredient sources are regularly grown locally on our certified organic farm, including alfalfa, barley grass, beets, Brussels sprouts, buckwheat, kale, kidney beans, oats, pea vine, and Spanish black radish. This allows us to control the quality of these ingredients from seed to supplement.

**Whole food concentrates—processed parts of a whole food containing two or more constituents of the original whole food**

These concentrates are used when a beneficial concentration of nutrients cannot be obtained using a whole food ingredient. Fish oil is a good example. Derived from whole fish, the nonconcentrated triglyceride oil that makes up our final product allows patients to take advantage of the naturally occurring DHA and EPA omega-3 fatty acids.

**Whole food isolates—single components from a whole food**

Sometimes foods do not contain sufficient quantities of specific nutrients to address certain health challenges. In this case, we use evidence-based food isolates to complement whole food ingredients for optimal nutritional support.

Isolates like glucosamine are used in our products because they are well-researched and have strong evidence for efficacy. Isolates derived from whole food sources are combined with other ingredients to maximize efficacy.
Specialized protein isolates and concentrates—whole food ingredients derived from bovine, ovine, and porcine sources

The use of specialized protein isolates has a long history at Standard Process. The first product based on a Protomorphogen™ brand extract was introduced in 1952 and contained bovine heart PMG™ extract. Why do we start with protein isolates and organs? They are inherently different from skeletal muscle. They have more DNA per gram than skeletal muscle, different protein profiles, and different starting concentrations of vitamins and minerals. All raw specialized protein isolates are exclusively from U.S. Department of Agriculture (USDA)-inspected facilities.

Protomorphogen™ Brand Extracts

Continuing the pioneering work of Dr. Royal Lee, certain Standard Process products contain specific Protomorphogen™ brand extracts. Protomorphogen™ brand extract are specific materials extracted from specialized protein isolates and organs through a complex, multistep process to retain what Dr. Lee termed “cellular determinants.” Current laboratory methods have confirmed that Protomorphogen™ brand extracts contain minerals, nucleotides (the components of nucleic acids like RNA and DNA), and peptides (short chains of amino acids).

Cytosol™ Brand Extracts

Cytosol™ brand extracts are derived from the cytoplasm of selected organs and glands through a process similar to the Protomorphogen™ extraction process. However, these extracts contain cellular factors such as hormone precursors and synergistic cofactors that are the biochemical building blocks essential to cellular metabolism.

Whole Desiccates

Whole desiccates are tissues that have been dried to provide the nutritional content of the organ in a concentrated form.

Botanicals—plants and plant extracts with health-supporting properties

Botanicals provide important constituents that contribute additional support to the body’s systems by complementing the vitamins, minerals, and tissue concentrates found in whole food ingredients.*

Synthetic ingredients—a nutrient produced by chemical means

We know Dr. Lee included synthetics in his original formulas to meet label claims and/or enhance product effects. Historically and still today, this type of ingredient is used selectively. Where synthetics appear, they have been added to protect the complexity and synergistic design of the formula.

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The Standard Process Certified Organic Farm

Our founder, Dr. Lee, emphasized the importance of producing high-quality supplements made with whole food ingredients. We are proud to be one of the few supplement manufacturers that can assure quality ingredients by continuing our tradition of growing many of our raw materials locally and organically.

More than 80 percent of the raw plant ingredients used in our products are grown on our 623-acre farm. We harvest 6.7 million pounds of produce per year on the farm, which is located just a mile down the road from our corporate headquarters. Standard Process has become a respected leader in the regional and national organic farming community.

Formed by glaciers, Wisconsin’s Kettle Moraine region contains nutrient-rich soil for our certified organic farm. It is here that we grow strong, vital plants for use in our supplements, including:

- Alfalfa
- Barley grass
- Beets
- Broccoli
- Brussels sprouts
- Buckwheat
- Celery
- Kale
- Kidney beans
- Oats
- Parsley
- Pea vine
- Red clover flower
- Spanish black radish

Organic Farming Methods

We use organic farming practices that have been part of our culture for 90 years to ensure that the quality of our farmland is maintained for years to come. In accordance with our organic certification, we follow strict guidelines to grow our crops and keep detailed records of our farming practices. Our farmland is monitored annually by the Midwest Organic Services Association (MOSA) to ensure that only approved farming practices are used. At Standard Process, we are involved from the moment a seed is planted through shipping the finished product to your door.

“To attract bees, tree lines along the Standard Process farm are kept intact, and plants are blooming from spring to fall in a native pollinator garden. The habitat is home to more than 500 plants and 35 different varieties that attract insects to the farm.”

—Dr. Royal Lee
Seeds
In an organic system and on our certified organic farm, there is zero tolerance for genetic engineering. On the Standard Process farm, we use certified organic seeds whenever they are available, whether they are purchased or saved from our own farm. If after a diligent search it is determined that organic seed is not available, other untreated seed that has not been genetically engineered is only then considered an option.

Soil
We take soil samples annually to determine mineral and nutrient levels in the soil. We never use any synthetic fertilizers or pesticides in the organic growing process.

Weed Control
Like all farmers who strictly adhere to organic weed-control standards, we spend many of our days managing weeds. There is no simple approach, just a comprehensive one that includes cultivating, mowing, and hand weeding. To minimize weeds, we grow cover crops and institute crop rotation. These practices have additional benefits: Cover crops are a great source of nitrogen and organic matter, and crop rotation helps maintain the health of the soil and the plants.

Irrigation
When irrigation is necessary, water is supplied from a naturally occurring artesian flowage below the farm's surface.

Pollination
Colony collapse disorder has had a catastrophic effect on the honeybee population in the United States and threatens the pollination of our nation's fruits and vegetables. That's why our farm has planted more than 500 plants of 35 different native species in a permanent habitat for honeybees and other pollinators.

Composting
It is a goal of every organic farm to increase fertility and improve soil health. We use the biological process of composting to turn organic production waste from the farm's press room into a rich and extremely fertile humus-like substance that we spread over our fields.

Environmental Buffers
Our farm is surrounded on all sides by environmental buffers to minimize the impact of nonagricultural land and synthetic inputs from conventional farming practices.
Manufacturing: Processes That Preserve Nutrients

Preserving the whole food complex is a top priority when manufacturing our supplements. Our formulas are based on Dr. Lee’s time-proven philosophies. Quality takes time. Our manufacturing process, from raw materials to finished product, takes an average of six weeks. Throughout the process, raw materials are handled in a carefully controlled environment and tested for quality.

Exclusive Certified Organic Manufacturing Processes

Our manufacturing processes are certified as organic by MOSA, ensuring that ingredients remain organic from seed to supplement. Our processes are also certified by NSF International for GMP compliance. Each process is designed to preserve nutrients in raw materials.

Juice Extraction

To capture the nutrients from raw materials such as buckwheat, alfalfa, and pea vine, the juice is pressed from the plants and separated from the pulp. The result is a concentrated product containing both fat- and water-soluble nutrients.

Separation Process

Selected animal tissues used to make our Protomorphogen™ and Cytosol™ extracts are ground to create a liquid slurry. The slurry is subjected to our proprietary multistep separation methods. All raw animal tissues are obtained exclusively from USDA-inspected facilities.

Drying

To safeguard the complexity of our raw materials, we use equipment that allows for accurate temperatures and highly reproducible processes.

- Double drum: dries extracts from both plant and animal tissues
- Forced air: a multistage forced-air belt dryer that works like a sophisticated food dehydrator

Isolated Production Processes

We use isolated production suites for the following processes. These suites enhance cleanliness and reduce the risk of cross-contamination in the manufacturing area.

Mixing

Dried materials are precisely measured and carefully mixed. Because of the variability in natural and organic ingredients, color, texture, and odor may vary from batch to batch. However, the basic formula remains constant, and is tested for quality assurance.
Standard Process is proud to be an industry leader in organic certifications. Not only do we have our own certified organic farm, our manufacturing processes are also certified as organic.

**Binding and Processing Aids**
After mixing, our fluid bed granulator is used to add natural binding ingredients, such as honey and arabic gum, to the product batch for tableting. Other processing aids we use include cellulose and calcium stearate. Cellulose is often used to give body to the powders. When needed, calcium stearate, derived from vegetable sources, is used to help product release from the tablet and capsule machines. We do not use artificial flavoring.

**Tableting, Capsuling, Perling, and Powder Filling**
Our supplements are offered in several forms of delivery. The most common are tablets, capsules, softgels/perles, and powders.

**Tablets**—Tablet presses used by Standard Process allow for high-volume production without sacrificing quality. All of our finished tablets are routinely analyzed for content to ensure that label claims are accurate.

**Capsules**—Capsule machines are continuously monitored to ensure that precise amounts of product are enclosed in gelatin and/or cellulose capsules. Capsules are packaged by weight, not volume. Therefore, the denser the product, the less you will find in the capsule. The gelatin capsules are considered pareve/parve, meaning the capsule has been processed so extensively that it can be considered to have been prepared without meat or other derivatives.

**Softgels/Perles**—Our soft gelatin manufacturing process consists of: gelatin preparation, encapsulation, drying and inspection. Temperature and humidity are carefully monitored during this process.

**Packaging**
Our products are packaged in either amber glass bottles or bisphenol A (BPA)-free bottles made of polyethylene terephthalate (PET) plastic. The color of the bottles helps protect the supplements' nutrients from damaging light, while the sealed bottle helps prevent product oxidation. Seals and neckbands protect against product tampering. The majority of the products are then packaged in eco-friendly cardboard cartons, providing easy storage, protection, and shipping.

**Cleaning**
In between product runs, all of the equipment used in our manufacturing process is taken apart, cleaned, and sanitized. Adenosine triphosphate (ATP) testing is used to validate the effectiveness of the equipment-cleaning process. In addition, the surrounding production suite, including the floors, walls, and vent covers, is cleaned.

**Environmental Monitoring**
In order to monitor the general level of manufacturing hygiene, Standard Process has implemented an environmental monitoring program for the facility. The program is twofold: It highlights the presence of any foodborne pathogen that may be in the facility and determines the source of these pathogens. Routine meetings between production and quality control personnel are held to maintain the highest level of cleanliness throughout all areas of the facility.
Another way Standard Process is a leader in the supplement industry is through its quality control program. In fact, since the good manufacturing practices (GMPs) for dietary supplements were published in 2007, many companies began to look at quality in the way Standard Process has been doing for decades.

Our quality control laboratory recently earned ISO 17025:2005 accreditation for Determination of Metals, Direct Yeast & Mold, Coliforms, and E. coli. Laboratories who receive this accreditation have demonstrated that they are technically competent and able to produce precise and accurate tests and calibration data. In order to be accredited, third party auditing was conducted to ensure adherence to all requirements of the standard.

Our quality control team consists of highly trained microbiologists and chemists who work meticulously to guarantee our customers receive quality products. This department performs testing after critical stages of production to ensure our label claims are met and confirms products are free of bacterial contamination. Shelf-life studies are also conducted on each product to make certain that label claims are met throughout the life of the product.

Quality Assurance

We use high-performance thin-layer chromatography (HPTLC) to identify incoming raw materials and in-process materials and qualify them based on consistency, potency, and purity. HPTLC is used to create a unique banding pattern, or “fingerprint,” by isolating key chemical constituents to aid in identification of these materials.

Quality Audits

We work very closely with our suppliers, using a questionnaire for qualification and an auditing program designed to ensure quality. Planned site visits are conducted 12-14 times per year based on risk analysis. Our purchasing department evaluates on-time delivery, customer service, invoicing, and more.

Testing

Testing of every batch is repeated in various stages throughout the manufacturing process to ensure quality and safety of our products. On average, a batch is tested six times. Every week, our scientists in our full-scale quality control laboratory run as many as 1,100 tests on raw materials, in-process product batches, and finished product. We use analytical methods approved by nationally recognized evaluative bodies, including the Association of Analytical Communities (AOAC) and United States Pharmacopeia (USP).

Gluten

We pay special attention to ensuring that the products we label as “gluten-free” are indeed gluten-free. In conjunction with the research and development team, the quality control department has internally validated a method approved by the Association of Analytical Communities for gluten testing using the RIDASCREEN® Gliadin by R-Biopharm. The testing consists of an enzyme immunoassay to quantify the prolamines that are found in wheat, barley, and rye.

In order for a product to be considered gluten-free by U.S. Food and Drug Administration standards, it needs to contain less than 20 ppm of gluten. Products listed with this GF designation are tested each time they are manufactured to ensure gluten-free compliance.

Laboratory Information Management System (LIMS)

Standard Process’ quality control department has fully validated and implemented the Nexxis iLAB laboratory integrated management system (LIMS) by Labtronics. The system allows for a centralized storage location for all data analysis conducted by the laboratory.
Chemistry
Multiple assays, or tests, are performed to guarantee that our products meet or exceed label claims and to ensure the viability of the product through its “Best Used By” date. We use the following instrumentation in testing raw materials and final product mixes: The chemistry laboratory personnel also conduct wet chemistry tests. The vast testing capability of the chemistry laboratory allows Standard Process to verify the identity, purity, and strength of our products and of the raw materials used in our products.

Microbiology
Every product batch is tested for pathogens to ensure our products are safe to continue to the next stage of production. Testing is conducted in all phases of the manufacturing process, including raw materials, mixing, milling, tableting, capsuling, and packaging. Raw materials, in-process products, and final products are only released to the next stage of production by the quality control unit upon verification that the material or product has passed all testing requirements.

Tableting and Capsuling Process
Many tests are performed after the product is tableted or capsuled, including:

- Monitoring tablets for size, weight, water activity, and hardness (Hardness testing ensures that tablets remain intact throughout the packaging and shipping process.)
- Monitoring capsules for size, weight, and water activity
- Monitoring powders for water activity
- Verification of tablet and capsule weight to guarantee that label claims are met

Each product batch is tested an average of six times.
QUALITY CHECKS
From Raw Ingredient to Final Product

QUALITY ASSURANCE

SUPPLIER AUDITS

- MOST RAW MATERIALS
  
- Raw Material Receiving
  - IDENTIFICATION
  - MICROORGANISM CHECK
  - LABEL CLAIMS
  
- Mixing/Milling
  - MICROORGANISM CHECK
  - LABEL CLAIMS

- Tablet/Capsule/Softgel Preparation
  - GLUTEN CONTENT
  - MICROORGANISM CHECK
  - LABEL CLAIMS

QUALITY CONTROL

- Tabletting/Capsuling/Softgeling
  - PREP LAB
  - MICROORGANISM CHECK

- Packaging
  - SHELFLIFE SAMPLES
  - MICROORGANISM CHECK

- Continuous Monitoring of Label Claims, Shelf Life, and Customer Comments
Research and Development at Standard Process

A New Era of Innovation
Standard Process has embarked on the next era of innovation. As a company, we’ve always been driven to excellence in our efforts to transform lives through whole food nutrition therapy. Now we are elevating our commitment to change lives to the next level by significantly investing in clinical science, patient outcomes, and practitioner education. This is how we will drive innovation for the future.

Our commitment began with the establishment of the new Standard Process Nutrition Innovation Center, which opened in early 2018.

Standard Process Nutrition Innovation Center
It is located at the prestigious North Carolina Research Campus (NCRC) in Kannapolis, North Carolina, which is a 350-acre research center where corporations, universities, and health care organizations forge a public-private partnership that is transforming science at the intersection of human health and nutrition. Our Nutrition Innovation Center will become a leading focal point for innovation in nutritional therapy for health care practitioners, developing new solutions for patient care, and advancing the science of whole food nutrition therapy.

The Standard Process Nutrition Innovation Center is a catalyst for this next era of innovation. Our center will be the leading and only active clinical research center of its kind, being fully dedicated to supporting the present and future needs of health care practitioners and their practices by focusing on clinical outcomes in therapeutic care as well as product-specific benefits and outcomes. No other branded company in our category of business currently has the commitment and dedicated, active facility that this site does for both mid- and long-term support of whole food clinical nutrition. This is a logical next step for Standard Process, which has supported the foundations of health in integrative and functional medicine for nearly 90 years.

The center also recognizes the intricate and essential link between individual health and the environment. To that end, the center will also focus on advancement of organic agriculture. This will include investigating techniques that optimize nutrient density of whole food crops and researching actual benefits that whole food nutrition provides in managing health outcomes.
Technical Operations

How the Dietary Supplement Industry Is Regulated

The dietary supplement industry has often been incorrectly criticized for being “unregulated.” That perception is incorrect. The U.S. Food and Drug Administration (FDA) has always been able to regulate the dietary supplement industry according to food regulations.

Prior to the 1994 Dietary Supplement Health and Education Act (DSHEA), the FDA could conduct regular routine physical inspections of manufacturing facilities, regulate label claims to make sure they are truthful and not misleading, ensure the safety of ingredients used in the products, and disallow new ingredients or remove existing ingredients for safety reasons. The following information shows the regulatory-compliance timeline for the dietary supplement industry.

1994 | DSHEA Act

Prior to 1994, dietary supplements were regulated as foods under the Food, Drug, and Cosmetic Act. After this act was promulgated, it provided a dietary-supplement classification for the first time. It acknowledged the importance of nutrition and the benefits of dietary supplements to promote health and prevent disease, provided guidelines for labeling, and allowed statements of nutritional support. The act also established an Office for Dietary Supplements in the National Institutes of Health. The office’s purpose is to explore the potential role that dietary supplements have to improve health care and to promote the scientific study of the benefits of dietary supplements in maintaining health and preventing chronic disease.

To learn more: visit www.health.gov/dietsupp/ch1.htm

Standard Process scientists work meticulously to ensure product quality and safety.
2002 | Public Health Security and Bioterrorism Preparedness and Response Act
This act consists of five separate sections. The most significant part requires facilities that manufacture, process, pack, or hold food for human consumption in the United States to register the facility with the FDA by December 12, 2003. This act has given the FDA a much-needed tool to identify food facilities operating within the United States and manufacturing food for export to the United States and to monitor food tampering or bioterrorism incidents in the future.

To learn more: visit www.fda.gov/ICECI/ComplianceManuals/CompliancePolicyGuidanceManual/ucm122876.htm

2006 | Adverse Event Reporting System
The Dietary Supplement and Nonprescription Drug Consumer Protection Act, passed in late 2006, mandates the reporting of serious adverse events associated with dietary supplements. The actual law went into effect in December 2007. Dietary supplements have a very safe track record. This reporting system promotes earlier detection in case of an event and earlier identification of tampered or adulterated products. This legislation should give the consumers greater confidence in the safety of dietary supplements.

To learn more: visit www.fda.gov/food/guidanceregulation/guidancedocumentsregulatoryinformation/dietarysupplements/ucm171383.htm

2007 | Good Manufacturing Practices for Dietary Supplements
Good manufacturing practice (GMP) regulations were designed specifically for dietary supplements and went into effect August 24, 2007. To limit any disruption for dietary-supplement production by small businesses, these rules had a three-year phase-in period. Companies with less than 500 employees, like Standard Process, had until June 2009 to comply. Since the DSHEA Act in 1994, the FDA has been charged with establishing GMPs specific for this industry. These regulations establish the GMPs needed to ensure quality throughout the manufacturing, packaging, labeling, and storing of dietary supplements to provide consistent product free of contamination and with accurate labeling. This final rule provides companies with a model to follow when manufacturing supplements and guidance for new companies entering the industry, which should effectively raise the standards throughout the industry. Standard Process is proud to be in compliance with these standards.

To learn more: visit www.fda.gov/Food/GuidanceRegulation/CGMP/default.htm
Lee Engineering
Before Dr. Royal Lee founded Standard Process in 1929, he started Lee Engineering in 1927. In fact, during those early years, Dr. Lee used the proceeds from Lee Engineering to fund Standard Process research and products.

Through Lee Engineering, Dr. Lee sold numerous products, including laboratory lattice systems and household flour mills.

Standard Process sold Lee Engineering in the late 1980s, then bought it back in late 2014. The updated, redesigned Lee Household Flour Mill™ was released in 2016.

Today, Lee Engineering LLC continues the legacy of Dr. Lee, designing and manufacturing laboratory lattice systems, motorized household flour mills, and momentary foot switches.

To learn more: visit www.engineeringbylee.com.

Royal Lee Organics by Standard Process
A brand of Lee Engineering, Royal Lee Organics provides organic foods that are not genetically engineered. We believe these foods are a vital part of Intelligent, Healthful Living™.

Our line of organic health grains includes:

◆ Buckwheat groats and whole buckwheat
◆ Soft white and hard red wheat
◆ Oat groats
◆ Quinoa and other ancient grains

Our health grains are ideal for use with the Lee Household Flour Mill™. Many can also be cooked like rice.

To learn more: visit www.organicsbylee.com.

Standard Process customers are welcome to order these products along with their supplement purchase.
STANDARD PROCESS PRODUCTS
10-Day Blood Sugar Support Kits

Maintaining healthy normal blood sugar metabolism is key for good energy, quality sleep, an even mood, and a healthy appetite. The 10-Day Blood Sugar Support Program gives you a valuable way to start patients on a journey toward wellness. Choose from four different product kits based on the preferred protein choice.*

Included in the kit are:
- One SP Complete (any type)
- One SP Cleanse
- One Diaplex
- One Gymnema (MediHerb®)
- Patient program guide
- Recyclable bag

For suggested use, ingredients, and supplement facts:
- SP Complete
- SP Complete Dairy Free
- SP Cleanse
- SP Complete Chocolate
- SP Complete Vanilla
- Diaplex
- Gymnema
(See MediHerb® catalog or visit standardprocess.com).

10-Day Healthy Inflammation Response Kits

Reducing the effects of inflammation associated with exercise and a healthy lifestyle is a key factor in supporting and improving overall function. The 10-Day Healthy Inflammation Response Program gives you a valuable way to jump-start your patients’ normal inflammatory processes. Choose from four different product kits based on the preferred protein choice.*

Included in the kit are:
- One SP Complete (any type)
- One SP Cleanse
- One Cyruta Plus
- One Black Currant Seed Oil
- One Boswellia Complex (MediHerb®)
- Patient program guide
- Recyclable bag

For suggested use, ingredients, and supplement facts:
- SP Complete
- SP Complete Dairy Free
- SP Cleanse
- SP Complete Chocolate
- SP Complete Vanilla
- Cyruta Plus
- Black Currant Seed Oil
- Boswellia Complex
(See MediHerb® catalog or visit standardprocess.com).

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
A-C Carbamide®<sup>®</sup>

A-C Carbamide supports healthy fluid transfer among tissues.*
- Promotes the healthy formation and excretion of urine
- Promotes healthy fluid levels
- Supports healthy urinary system function
- Promotes healthy cellular fluid levels
- High in antioxidant vitamin C*

**Suggested use: Three capsules per day, or as directed.**

**Special information: Keep bottle tightly closed. This product absorbs moisture.**

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Adrenal Desiccated <strong>Fundamentals Product</strong> <sup>®</sup>

Adrenal Desiccated supports endocrine health. The adrenal glands are important in the body’s natural response to stress and energy metabolism.*
- Provides powerful short-term adrenal support for immediate energy needs
- Supports immune system response function during times of increased demand*

**Suggested use: Two tablets per day, or as directed.**

**Synergistic Product Support**
- Cataplex C
- Drenatrophin PMG

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### Supplement Facts

**Adrenal Desiccated**<br>Introduced in 1959<br>0850 - 90 Tablets

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>3</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>20 mg</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>56%</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>18 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>2,271 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Gelatin, water, ascorbic acid, calcium stearate, and vitamin A palmitate.

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### Supplement Facts

**A-C Carbamide**<br>Introduced in 1946<br>0625 - 90 Capsules | 0635 - 270 Capsules

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>9</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>3 g</td>
</tr>
<tr>
<td>Vitamin B</td>
<td>5%</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>20%</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>2,271 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Gelatin, water, ascorbic acid, calcium stearate, and vitamin A palmitate.
A-F Betafood® Fundamentals Product

A-F Betafood includes an array of whole food and other ingredients to support healthy fat digestion.*
- Supports normal processing of dietary fats for cholesterol metabolism
- Supports healthy bowel functioning
- Supports bile production in the liver and healthy bile flow in the gallbladder
- Helps maintain healthy levels of fat in the liver
- Contains a combination of key ingredients from Cataplex A, Cataplex F, and Betafood*

Suggested use: Two tablets per meal, or as directed.

Warning: Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious health problems.

Synergistic Product Support
- Cholacol
- Choline

A-F Betafood®

Introduced in 1951
8000 - 180 Tablets | 8025 - 360 Tablets

Supplement Facts
Serving Size: 2 Tablets
Servings per Container: 90 or 180

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Carbohydrate</td>
<td>&lt;1 g</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>&lt;1 g</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>450 mcg RAE</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>0.3 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend 550 mg
Organic beef (beef), carrot (beef), organic sweet potatoes, oat flour, organic dried Swiss chard (beet leaf) juice, calcium lactate, rice (bran), magnesium citrate, bovine liver, bovine prostate, nutritional yeast, bovine kidney, organic alfalfa (acid part), organic flavorless oil, bovine entrail extract, bovine liver fat extract, d-alalfa tocopherol (vitamin E sunflower), and sunflower lecithin.

*Percent Daily Values are based on a 2,000 calorie diet.

Gluten-free

Vegetarian (lacto-ovo)

A-F Betafood includes an array of whole food and other ingredients to support healthy fat digestion.*

Albaplex®

Albaplex supports kidney function.*
- Supports the body’s natural immune system response function
- Encourages healthy liver function
- Contains a combination of key ingredients from Betacol, Renatrophin PMG, Arginex, Cataplex A-C, and Thymex*

Suggested use: Two capsules per meal, or as directed.

Warning: Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious health problems.

Synergistic Product Support
- Cataplex A-C-P
- Livaplex
- Renafod
Allerplex

Allerplex, with vitamins A and C, supports the body’s ability to handle seasonal, environmental, and dietary challenges.*

- Supports the body’s natural ability to manage mucus movement
- Supports healthy liver function
- Supports healthy lung and respiratory function
- Contains a combination of key ingredients from Pneumotrophin PMG, Drenatrophin PMG, Cataplex A-C, Betacol, and Antronex®

Suggested use: Three capsules per meal, or as directed.

*Caution: If pregnant or lactating, consult your healthcare professional before using this product.

Synergistic Product Support
- Antronex
- Cataplex A-C-P
- Drenamin

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 3 Capsules</th>
<th>Servings per Container: 50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>% Daily Value</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>160 mcg (RAE)</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>4 mg</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>10 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend | 670 mg |
Spanish moss (Nandina undulata), fenugreek (seed), berberine hydrochloride, soy protein, bovine lung PMS™ extract, carnitine, fat flour, bovine adrenal PMS™ extract, carrat (root), organic sweet potato, bovine liver fat extract (yakriton), organic alfalfa (leaf parts), organic red clover (leaf parts) juice, organic buckwheat (seed), bovine bone, defatted wheat (germ), bovine kidney, veal bone, sunflower lecithin, rice bran, d-alpha tocopheryl (vitamin E sunflower), and carrat oil.

†Daily Value not established.

Antronex®

Antronex contains yakriton, a liver fat extract discovered by Japanese researchers that is used to support the body’s normal detoxification mechanisms.*

- Supports the liver and the body’s natural immune system response function

Suggested use: One tablet per day, or as directed.

Synergistic Product Support
- Allerplex
- Livaplex

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 180 or 330</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>% Daily Value</td>
</tr>
<tr>
<td>Calcium</td>
<td>40 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>16 mg</td>
</tr>
</tbody>
</table>

†Daily Value not established.

Other ingredients: Gelatin, calcium lactate, magnesium chloride, potassium bicarbonate, water, calcium stearate, ascorbic acid, starch, and vitamin A palmitate.

Please consult the actual product label for the most accurate product information.

Whole Food Nutrient Solutions | standardprocess.com | 800-558-8740
Arginex®

Arginex supports the organs that help cleanse the body, primarily the liver and kidneys.*

- Promotes healthy breakdown of protein byproducts in the liver
- Helps to maintain healthy kidney function*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Livaplex
- Renafod

B6-Niacinamide

B6-Niacinamide supplies B vitamins to support the cardiovascular, digestive, endocrine, circulatory, and central nervous systems.*

- Supports a healthy nervous system
- Supports energy metabolism*

Suggested use: One tablet per day, or as directed.

Betacol®

Betacol supports the liver’s handling and processing of fats.*

- Encourages healthy bile production
- Supports healthy liver function
- Helps the body metabolize protein
- Supports homocysteine management
- Supports muscular function*

Suggested use: One capsule per meal, or as directed.

Synergistic Product Support
- Choline
- Livaplex

Supplement Facts

**Arginex®**

Serving Size: 1 Tablet
Servings Per Container: 90 or 180

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin A</td>
<td>2.97 mg RAE</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>3.53 mg</td>
</tr>
</tbody>
</table>

Other Ingredients: Organic dried buckwheat (duale part) juice, organic buckwheat (seed), organic dried pea (lima) juice, oat flour, bovine liver, enzymatically processed Spanish moss (Tillandsia usneoides) and beet (root), organic dried sweet corn (beet root) juice, organic beet (root), and ascorbic acid.<sup>†</sup>

†Daily Value (DV) not established.

B6-Niacinamide

Serving Size: 1 Tablet
Servings Per Container: 90 or 330

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Niacin</td>
<td>10 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>50 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 192 mg
Nutritional yeast<sup>†</sup>, bovine liver<sup>†</sup>, mushroom<sup>†</sup>, and ascorbic acid.<sup>†</sup>

†Daily Value (DV) not established.

Other Ingredients: Pyridoxine hydrochloride, honey, niacinamide, calcium stearate, and arabic gum.

Betacol®

Serving Size: 1 Capsule
Servings Per Container: 90

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Niacin</td>
<td>10 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>2 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 289 mg
Tillandsia usneoides<sup>†</sup>, bovine liver PMG<sup>TM</sup> extract<sup>†</sup>, beet (root), betaine hydrochloride<sup>†</sup>, dehydrated sugar cane juice<sup>†</sup>, calcium lactate, potassium bicarbonate<sup>†</sup>, choline bitartrate<sup>†</sup>, inositol<sup>†</sup>, disodium phosphate<sup>†</sup>, bovine adrenal Cytosol<sup>TM</sup> extract<sup>†</sup>, oat flour<sup>†</sup>, and ascorbic acid.<sup>†</sup>

†Daily Value (DV) not established.

Other Ingredients: Gelatin, water, niacinamide, pyridoxine hydrochloride, and calcium stearate.
Betafood®<sup>®</sup> GF V

Betafood contains beets to support digestion and intestinal function.*
- Provides methyl donors to support the liver’s natural detoxification processes
- Contains naturally occurring betaine for liver and cardiovascular health
- Supports normal processing of dietary fats*

Suggested use: One tablet per meal, or as directed.

Special information: Keep bottle tightly closed. This product absorbs moisture.

Synergistic Product Support
- Cruciferous Complete
- Garlic
- Spanish Black Radish

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90 or 180</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>.....................................</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>312 mg</td>
</tr>
<tr>
<td>Beet (root)†, beet (leaf)†, and oat flour†.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Honey and calcium stearate.

Betaine Hydrochloride<sup>®</sup> GF

Betaine Hydrochloride supports normal gastrointestinal pH.*
- Supports healthy protein digestion
- Promotes healthy gastric pH
- Enhances calcium, iron, and vitamin B<sub>12</sub> absorption*

Suggested use: Two tablets per meal, or as directed.

Special information: Chewing this product is not recommended.

Synergistic Product Support
- A-F Betafood

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Tablets</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>570 mg</td>
</tr>
<tr>
<td>Betaine hydrochloride, ammonium chloride, pepsin (1:10,000), calcium lactate, and magnesium citrate.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Cellulose, calcium stearate, and water.

Bio-Dent®

Bio-Dent provides synergistic ingredients to support cell function and a healthy skeletal system.*
- Addresses the energy needs of muscle tissue
- Aids in the maintenance of healthy muscle, bone, and skin
- Supports the body’s natural processes of growth, development, and repair of teeth
- Supports bone remodeling*

Suggested use: Five tablets per meal, or as directed.

Synergistic Product Support
- Cataplex A-C-P
- Collagen C
- Ostrophin PMG

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 5 Tablets</th>
<th>Servings per Container: 36, 66 or 160</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>6</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>1 g</td>
</tr>
<tr>
<td>Sugars</td>
<td>1 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>100 mg</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>30 mg</td>
</tr>
<tr>
<td>Manganese</td>
<td>7 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>634 mg</td>
</tr>
<tr>
<td>Defatted wheat (germ)†, carrot (root)†, bovine adrenal†, bovine spleen†, ovine spleen†, sweet potato†, licorice (root)†, and rice (bran)†.</td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Bovine bone, honey, cellulose, calcium lactate, veal bone, manganese glycerophosphate, arabic gum, and calcium stearate.
Biost®

Biost contains manganese and veal bone PMG™ extract to support cellular and skeletal health.*

- Contains veal bone PMG™ extract, which provides a unique profile of minerals, nucleotides, and peptides
- Promotes healthy bones and teeth*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Bio-Dent
- Collagen C

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 180 or 360</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Manganese</td>
<td>6 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>10 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 250 mg
Veal bone PMG™ extract†, calcium lactate, and magnesium citrate.

†Daily Value (DV) not established.

Other Ingredients: Manganese lactate, honey, cellulose, and calcium stearate.

Black Currant Seed Oil  **FUNDAMENTALS PRODUCT**

Black Currant Seed Oil contains the essential fatty acid gamma-linolenic acid.*

- Encourages proper eicosanoid synthesis
- Supports the body’s normal tissue repair process
- Supports normal blood flow
- Supports healthy immune system function*

Suggested use: One perle per meal, or as directed.

Synergistic Product Support
- Tuna Omega-3 Oil

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Perle</th>
<th>Servings per Container: 60</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Black Currant (Seed) Oil</td>
<td>320 mg</td>
</tr>
<tr>
<td>Gamma-Linolenic Acid</td>
<td>47 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Gelatin, glycerin, and water.
Calamari Omega-3 Liquid

Calamari Omega-3 Liquid helps bridge the gap in dietary omega-3 intake and supports general health for patients at all stages of life. With a clean, understated citrus taste, it’s perfect for those who cannot or prefer not to swallow pills, especially children and the elderly. It’s also certified sustainable from the independent nonprofit group Friend of the Sea® and rigorously tested to be below regulatory standards for contaminates and toxins.

Calamari Omega-3 Liquid supports healthy inflammatory processes, immune system response,* and also:

- Supports cardiovascular health^
- Assists in triglyceride management for triglyceride levels already within a normal range^
- Supports normal blood pressure already within a normal range
- Supports healthy normal blood coagulation
- Supports cognition
- Promotes emotional balance
- Supports skin, nail, and hair health
- Supportive but not conclusive research has shown that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.^*

*As part of a diet low in saturated fat and cholesterol.

Suggested use: 1 teaspoon (5 mL) per day, or as directed. May be taken with meals.

Special information: Refrigerate after opening.

Synergistic Product Support
- Black Currant Seed Oil

Cal-Amo®

Cal-Amo supports normal cellular pH.*

- Contains compounds that are useful in supporting proper acid/alkaline balance
- Supports respiratory function*

Special information: Keep bottle tightly closed. This product absorbs moisture. Chewing this product is not recommended.

Suggested use: One tablet per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>45</td>
</tr>
<tr>
<td>Total Fat</td>
<td>5 g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>1 g</td>
</tr>
<tr>
<td>Polyunsaturated Fat</td>
<td>2 g</td>
</tr>
<tr>
<td>Monounsaturated Fat</td>
<td>1 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>110 mg</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>400 mg</td>
</tr>
<tr>
<td>EPA</td>
<td>400 mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Calamari oil (squalene, natural flavor, and d-alpha tocopherol (vitamin E)).

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Calcium</td>
<td>30 mg</td>
</tr>
<tr>
<td>Chloride</td>
<td>100 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>6 mg</td>
</tr>
</tbody>
</table>

Other Ingredients: Ammonium chloride, betaine hydrochloride, calcium chloride, calcium lactate, magnesium citrate, and calcium stearate.

Please consult the actual product label for the most accurate product information.
**Calcifood®**

Calcifood supports calcium absorption.*
- Helps the body build strong, healthy bones
- Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.*

**Suggested use:** Two wafers per meal, or as directed.

**Special information:** This product should be chewed then swallowed.

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**Synergistic Product Support**
- Cataplex D
- Collagen C
- Cruciferous Complete
- Ostrophin PMG

---

**Calcifood Facts**

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>16</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>1 g</td>
<td></td>
</tr>
<tr>
<td>Total Sugars</td>
<td>1 g</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Calcium</td>
<td>180 mg</td>
<td>15%</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>50 mg</td>
<td>4%</td>
</tr>
</tbody>
</table>

Proprietary Blend: 830 mg
- Vital bone, detailed wheat (germ), date (husk), canola (seed), and rice bran.

*Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Honey, di calcium phosphate, cellulose, bovine bone, calcium stearate, and arabic gum.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Calcifood® Powder

Calcifood Powder supports calcium absorption.*
- Provides 400 mg more calcium per serving than Calcifood supplement wafers
- Helps the body build strong, healthy bones
- Can be mixed in a supplement shake or added to foods
- Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life*

Suggested use: One level tablespoon mixed in blender drink per day, or as directed.

Synergistic Product Support
- Cataplex D
- Collagen C
- Cruciferous Complete
- Ostrophin PMG

Calcium Lactate FUNDAMENTALS PRODUCT

Calcium Lactate supports absorption of calcium and magnesium.*
- Supports muscle contraction and nerve conduction
- Supports maintenance and function of cell membranes and membrane permeability
- Supports blood coagulation
- Supports proper functioning of enzyme systems
- Supports and helps maintain healthy bone density and remodeling
- Highly soluble form of calcium from a nondairy source
- Contains a 5:1 ratio of calcium and magnesium
- Provides additional support for the immune system response function
- Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life*

Suggested use: Six tablets per day, or as directed.

Synergistic Product Support
- Cataplex D
- Collagen C
- Ostrophin PMG

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.
Calcium Lactate Powder

Calcium Lactate Powder supports absorption of calcium and magnesium.*
- Supports muscle contraction and nerve conduction
- Supports maintenance and function of cell membranes and membrane permeability
- Supports blood coagulation
- Supports proper functioning of enzyme systems
- Supports and helps maintain healthy bone density and remodeling
- Highly soluble form of calcium from a nondairy source
- Contains a 5:1 ratio of calcium and magnesium
- Provides additional support for immune system response function
- Can be mixed in a supplement shake or added to foods
- Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.*

Suggested use: One level tablespoon per day, or as directed.
Mixes best with hot, slightly acidic liquids, such as hot apple juice.

Synergistic Product Support
- Cataplex D
- Collagen C
- Ostrophin PMG

Calc-Ma Plus®

Calc-Ma Plus supports endocrine, cellular, and metabolic functions.*
- Encourages healthy blood calcium levels
- Contains key ingredients from Calcium Lactate along with bovine parathyroid to support healthy parathyroid function, which is required for the proper regulation of calcium metabolism*

Suggested use: Three tablets per day, or as directed.

Synergistic Product Support
- Calcifood
- Cataplex D
- Collagen C
- Ostrophin PMG
Calsol®

Calsol supports soft tissue.*

- A nonanimal source of calcium and phosphorus
- Supports gallbladder function as well as the digestive, musculoskeletal, and central nervous systems*

Suggested use: Five tablets per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 5 Tablets</th>
<th>Servings per Container: 18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories ..................</td>
<td>3</td>
</tr>
<tr>
<td>Total Carbohydrate ..........</td>
<td>1 g ..........&lt;1%*</td>
</tr>
<tr>
<td>Calcium ..................</td>
<td>225 mg ..........20%</td>
</tr>
<tr>
<td>Phosphorus .............</td>
<td>170 mg ..........15%</td>
</tr>
<tr>
<td>Proprietary Blend ..........</td>
<td>195 mg</td>
</tr>
<tr>
<td>Carbamide† and magnesium citrate.</td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Calcium glycerophosphate, calcium lactate, calcium stearate, and calcium acid phosphate.

Cardio-Plus®

Cardio-Plus helps support the cardiovascular system.*

- Supports the healthy functioning of the heart and other muscles
- Supports healthy coronary blood flow
- Provides ingredients with antioxidant activity
- Contains bovine heart PMG™ extract
- Supports increased oxygen demand during exercise
- Good source of antioxidant vitamin C*
- Contains a combination of key ingredients from Cataplex G, Cataplex E, Cardiotrophin PMG, and Cataplex C
- Twin product to Myo-Plus*

Suggested use: Two tablets per meal, or as directed.

Synergistic Product Support

- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Cataplex E
- Vasculin

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Tablets</th>
<th>Servings per Container: 45 or 165</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%Daily Value</td>
</tr>
<tr>
<td>Cholesterol ..........</td>
<td>&lt;5 mg ..........2%</td>
</tr>
<tr>
<td>Vitamin C ..............</td>
<td>15 mg ..........17%</td>
</tr>
<tr>
<td>Vitamin E ..............</td>
<td>1.3 mg ..........9%</td>
</tr>
<tr>
<td>Riboflavin ..........</td>
<td>1.8 mg ..........123%</td>
</tr>
<tr>
<td>Niacin ................</td>
<td>14 mg ..........88%</td>
</tr>
<tr>
<td>Vitamin B6 ..............</td>
<td>0.5 mg ..........29%</td>
</tr>
<tr>
<td>Selenium .............</td>
<td>3 mcg ..........5%</td>
</tr>
<tr>
<td>Proprietary Blend ..........</td>
<td>630 mg</td>
</tr>
</tbody>
</table>

| Bovine heart PMG™ extract, bovine liver, choline bitartrate, calcium lactate, porcine stomach, bovine cardiac extract, Spanish moss (Trianthos uncinatus), defatted wheat germ, para-aminobenzoic acid, nutritional yeast, inositol, bovine spleen, ovine spleen, porcine brain, oat flour, and bovine adrenal Cytosol™ extract. |

| Daily Value not established: |

Other Ingredients: Niacinamide, calcium stearate, arabinogum, d-alpha tocopherol (vitamin E succinate), selenium yeast, starch, glycerine, riboflavin, and pyridoxine hydrochloride.
Cardio-Plus® GF

Cardio-Plus GF helps support the cardiovascular system. *
- Supports the healthy functioning of the heart and other muscles
- Supports healthy coronary blood flow
- Provides ingredients with antioxidant activity
- Contains bovine heart PMG™ extract
- Supports increased oxygen demand during exercise
- Good source of antioxidant vitamin C
- Contains a combination of key ingredients from Cataplex G, Cataplex E2, Cardiotrophin PMG, and Cataplex C

Suggested use: Two tablets per meal, or as directed.

Synergistic Product Support
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Cataplex E
- Vasculin

Cardiotrophin PMG®

Cardiotrophin PMG includes bovine heart PMG™ extract to support heart muscle function. *
- Provides a unique profile of minerals, nucleotides, and peptides
- Supports the heart and cardiovascular system
- Supports normal heart cell growth and differentiation
- Twin product to Myotrophin PMG *

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Cataplex E
- Vasculin

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Catalyn® **Fundamentals Product**

Catalyn, Dr. Royal Lee’s first product, contains vital nutrients from whole food and other sources.*

- Supplies multiple vitamins for complete, complex nutritional supplementation
- Designed to bridge nutritional gaps in the diet
- Encourages healthy cell functioning
- Supports overall well-being*

**Suggested use:** Three tablets per day, or as directed.

**Synergistic Product Support**
- Black Currant Seed Oil and Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Trace Minerals-B12

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**Catalyn® Chewable**

Catalyn Chewable contains vital nutrients from whole food and other sources.*

- Supplies multiple vitamins for complete, complex nutritional supplementation
- Designed to bridge nutritional gaps in the diet
- Encourages healthy cell functioning
- Supports overall well-being
- Great-tasting chewable tablet with natural cherry fruit powder*

**Suggested use:** Three tablets per day, or as directed.

**Synergistic Product Support**
- Black Currant Seed Oil and Calamari Omega-3 Liquid or Tuna Omega-3 Chewable
Catalyn® GF Fundamentals Product

A gluten-free version of the original Catalyn formula, Catalyn GF provides the same nutritional density as the original Catalyn, minus the gluten.*

- Formulated with several whole food ingredients that contain complexes of nutrients, naturally occurring minerals, and phytonutrients
- Encourages healthy cell functioning
- Supports overall well-being*

Suggested use: Three tablets per day, or as directed.

Cataplex® A

Cataplex A is a vitamin A supplement with whole food and other ingredients.*

- Supplies vitamin A as it naturally occurs in plants
- Promotes healthy epithelial cell development
- Provides ingredients with antioxidant activity
- Helps maintain healthy eyes
- Helps maintain healthy mucous membranes*

Suggested use: Two tablets per meal, or as directed.

Synergistic Product Support
- Black Currant Seed Oil and Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Dermatrophin PMG
- Iplex

Supplement Facts

<table>
<thead>
<tr>
<th>Supplement Facts</th>
<th>Serving Size: 3 Tablets</th>
<th>Servings per Container: 120</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Amount per Serving</td>
<td>% Daily Value</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>&lt;1 g</td>
<td>&lt;1%*</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>360 mcg (RE)</td>
<td>40%</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>4 mg</td>
<td>4%</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>7.8 mcg</td>
<td>39%</td>
</tr>
<tr>
<td>Thiamine</td>
<td>0.2 mg</td>
<td>17%</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>0.2 mg</td>
<td>19%</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>1 mg</td>
<td>59%</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>425 mg</td>
<td></td>
</tr>
<tr>
<td>Rice (bran), calcium lactate, carrot (root), organic sweet potato, nutritionally balanced bovine adrenal, bovine liver, magnesium citrate, bovine spleen, bovine kidney, oat flour, organic dried pea (blen) juice, organic dried alfalfa (dried) juice, sunflower lecithin, organic shiitake mushroom powder, and organic reishi mushroom powder.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, arabic gum, ascorbic acid, starch, calcium stearate, cholecalciferol, pyridoxine hydrochloride, vitamin A palmitate, sucrose.

Supplement Facts

<table>
<thead>
<tr>
<th>Supplement Facts</th>
<th>Serving Size: 2 Tablets</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Vitamin A</td>
<td>3,000 IU</td>
<td>60% (as Beta Carotene)</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>568 mg</td>
<td></td>
</tr>
<tr>
<td>Carrot (root), sweet potato, calcium lactate, defatted wheat (germ), bovine kidney, oat flour, nutritional yeast, rice (bran), magnesium citrate, alfalfa flour, vitamin E (sunflower), ascorbic acid, and sunflower lecithin.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Honey, arabic gum, algic acid, pea starch, beta carotene (Blakeslea trispora), and calcium stearate.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Cataplex® A-C

Cataplex A-C helps support immune system function and maintains healthy cells and tissues.*

- Helps maintain healthy mucous membranes
- Supports healthy immune system response function
- Provides ingredients with antioxidant activity
- Supports the hematopoietic system
- Helps maintain healthy epithelial and connective tissue
- Contains a combination of key ingredients from Cataplex A and Cataplex C along with echinacea*

Suggested use: Two tablets per meal, or as directed.

Caution: Contraindicated in known allergy to plants of the daisy family. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

Synergistic Product Support
- Calcium Lactate
- Thymex

---

Supplement Facts

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 2 Tablets</td>
</tr>
<tr>
<td>Servings per Container: 90</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin A</td>
<td>625 mcg RAE</td>
<td>25%</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>80 mg</td>
<td>100%</td>
</tr>
</tbody>
</table>

Proprietary Blend 490 mg
- Calcium lactate, carrot (root), organic sweet potato, bovine adrenal, bovine kidney, organic alfalfa, organic budweed (seed), organic alfalfa sprouts (seed), nutritional yeast, magnesium citrate, organic alfalfa (sprout part), organic dried alfalfa (sprout part) juice, organic dried budweed (seed) juice, organic budweed (seed), bovine bone, organic reishi mushroom powder, organic shiitake mushroom powder, dextritated wheat germ, yeast, brown rice flour, sunflower lecithin, d-alpha tocopherol (vitamin E), sunflower, carrot oil and rice bran.

† Daily Value not established.

Other Ingredients: Honey, ascorbic acid, starch, arabic gum, calcium stearate, and vitamin A palmitate.

Please consult the actual product label for the most accurate product information.
Cataplex® A-C-P Fundamentals Product

Cataplex A-C-P supports cardiovascular health, immune system response function, and the maintenance of cells and tissues.*

- Promotes vascular integrity
- Helps maintain healthy mucus membranes
- Supports healthy immune system response function
- Supports healthy cholesterol levels already within a normal range
- Supports dental health in relation to gums
- Contains a combination of key ingredients from Cataplex A, Cataplex C, and Cyruta*

Suggested use: Three tablets per meal, or as directed.

Warning: Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious health problems.

Caution: Contraindicated in known allergy to plants of the daisy family.

Synergistic Product Support
- Calcium Lactate
- Thymex

Cataplex® B Fundamentals Product

Cataplex B supports physical and nervous system health.*

- Supports a healthy heart
- Stimulatory to the metabolic, cardiovascular, and central/peripheral nervous systems
- Supports energy production in all cells
- Supports healthy cholesterol levels already within a normal range
- Contains B-complex vitamins to support healthy muscle action
- Supports healthy homocysteine levels*

Suggested use: Two tablets per meal, or as directed.

Synergistic Product Support
- Black Currant Seed Oil and Calamari Omega-3 Liquid or Tuna Omega-3 Oil

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Cataplex® B-GF

Cataplex B-GF supports physical and nervous system health.*
- Supports a healthy heart
- Stimulatory to the metabolic, cardiovascular, and central/peripheral nervous systems
- Supports energy production in all cells
- Supports healthy cholesterol levels already within a normal range
- Contains B vitamins to support healthy muscle action
- Supports healthy homocysteine levels*

Suggested use: Two tablets per meal, or as directed.

Synergistic Product Support
- Black Currant Seed Oil and Calamari Omega-3 Liquid or Tuna Omega-3 Oil

Supplement Facts
Serving Size: 2 Tablets
Servings per Container: 180

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>3</td>
</tr>
<tr>
<td>Thiamine</td>
<td>1 mg</td>
</tr>
<tr>
<td>Niacin</td>
<td>20 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>1 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend .................... 590 mg
Bovine liver†, beet (root)†, nutritional yeast†, rice (bran)†, porcine duodenum†, choline bitartrate†, carrot (root)†, sweet potato†, bovine adrenal†, para-aminobenzoate†, sunflower lecithin†, vitamin E (sunflower), ascorbic acid, manganese lactate, phosphoric acid†, inositol†, and riboflavin.

†Daily Value (DV) not established.

Other Ingredients: Honey, niacinamide, calcium stearate, arabic gum, thiamine hydrochloride, and pyridoxine hydrochloride.

Cataplex® B12

Cataplex B12 supports blood health and general well-being.*
- Promotes and supports blood production
- Maintains healthy blood
- Supports folic acid metabolism and homocysteine management
- Supports healthy development of red blood cells
- Essential for normal myelin synthesis and central nervous system function*

Suggested use: One tablet per day, or as directed.

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 90

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Vitamin B12</td>
<td>6 mcg</td>
</tr>
</tbody>
</table>

Proprietary Blend .................... 360 mg
Bovine liver†, carrot (root)†, sweet potato†, calcium lactate, porcine stomach parenchyma†, bovine spleen†, ovine spleen†, bovine adrenal Cytol™ extract†, oat flour†, and ascorbic acid.

†Daily Value (DV) not established.

Other Ingredients: Cellulose, honey, dicalcium phosphate, and cyanocobalamin.
Cataplex® C
Cataplex C supports the immune system, skin and connective tissue, and bone health.*

- Supports and promotes normal immune system response function
- Promotes vascular integrity through support of the body’s natural collagen-synthesis processes
- Supports healthy bone tissue
- Provides ingredients with antioxidant activity
- Supports the adrenal glands
- High in antioxidant vitamin C*

Suggested use: Three tablets per meal, or as directed.

Caution: Contraindicated in known allergy to plants of the daisy family.

Synergistic Product Support
- Calcium Lactate
- Cataplex E
- OPC Synergy

Supplement Facts
Serving Size: 3 Tablets
Servings per Container: 30 or 120

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>4</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>17 mg</td>
</tr>
<tr>
<td>Calcium</td>
<td>30 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend .......................... 595 mg
Veal bone PMG™ extract†, bovine adrenal†, dried buckwheat (leaf) juice†, buckwheat (seed)†, nutritional yeast†, dried alfalfa (whole plant) juice†, alfalfa flour†, mushroom†, magnesium citrate, bovine bone†, defatted wheat (germ)†, calcium acid phosphate, echinacea (root)†, carrot (root)†, veal bone†, sunflower lecithin†, vitamin E (sunflower), and rice (bran)†.

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, honey, acerola (berry), camu camu (berry), manioc (root), calcium stearate, and arabic gum.

Cataplex® D GF V
Cataplex D supports bone health, mineral absorption, the immune system, and cellular processes.*

- Encourages healthy calcium absorption from the intestinal tract into the blood
- Supports healthy immune system response function
- Supports and maintains healthy bone density
- Provides vitamin D, which is needed by almost every cell in the body for development and transcription*

Suggested use: Two tablets per day, or as directed.

Synergistic Product Support
- Calcifood
- Calcium Lactate
- Collagen C
- Cruciferous Complete
- Ostrophin PMG

Supplement Facts
Serving Size: 2 Tablets
Servings per Container: 90 or 180

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin A</td>
<td>300 mcg RDA</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>40 mcg</td>
</tr>
<tr>
<td>Calcium</td>
<td>40 mg</td>
</tr>
</tbody>
</table>

Other Ingredients: Calcium lactate, milk powder, potassium citrate, glycerine, chlorella (fermented), sucrose, starch, calcium stearate, arabic gum, vitamin A palmitate, and ascorbic acid.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
**Cataplex® E  Fundamentals Product**  
Introduced in 1934

Cataplex E supports cells and cell processes as well as healthy thyroid function.*
- Provides ingredients with antioxidant activity
- Supports cell signaling and regulation of gene expression
- Good source of antioxidant selenium*

**Suggested use:** Two tablets per meal, or as directed.

**Synergistic Product Support**
- Cataplex C

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**Cataplex® E2**  
Introduced in 1949

Cataplex E2 supports cellular health and general well-being.*
- Supports normal cardiovascular health
- Provides ingredients with antioxidant activity
- Good source of antioxidant selenium*

**Suggested use:** Two tablets per meal, or as directed.

**Synergistic Product Support**
- Cardio-Plus
- Vasculin

---

**Cataplex® F Perles**  
Introduced in 1958

Cataplex F supports the body’s inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity.*
- Flaxseed is a natural source of omega-3 fatty acids from plants
- Provides lipids for the formation of eicosanoids
- Promotes healthy skin and hair
- Supports metabolism and a healthy nervous system
- Contains no iodine, ideal for the iodine-sensitive patient*

**Suggested use:** One perle per meal, or as directed.

**Synergistic Product Support**
- Calcium Lactate

---

**Supplement Facts**

**Cataplex® E  Fundamentals Product**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>3</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>5 IU</td>
</tr>
<tr>
<td>Selenium</td>
<td>11 mcg</td>
</tr>
</tbody>
</table>

**Proprietary Blend**
- 509 mg Bovine orchic extract†, inositol†, dried pea (vine) juice†, ribonucleic acid†, bovine adrenal†, beet (root), oat flour†, bovine spleen†, ovine spleen†, para-aminobenzoate†, bovine liver†, manganese lactate, and ascorbic acid.
- †Daily Value (DV) not established.

**Other Ingredients:** Honey, selenium yeast, vitamin E (sunflower), tapioca starch, arabic gum, and calcium stearate.

---

**Cataplex® E2**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>3</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>4 IU</td>
</tr>
<tr>
<td>Selenium</td>
<td>9 mcg</td>
</tr>
</tbody>
</table>

**Proprietary Blend**
- 477 mg Bovine orchic extract†, calcium lactate, *Tillandsia seroides*†, bovine spleen†, ovine spleen†, inositol†, bovine adrenal Cytosol™ extract†, oat flour†, and ascorbic acid.
- †Daily Value (DV) not established.

**Other Ingredients:** Honey, arabic gum, selenium yeast, vitamin E (sunflower), and calcium stearate.

---

**Cataplex® F Perles**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>3</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>2 mg</td>
</tr>
</tbody>
</table>

**Proprietary Blend**
- 348 mg Flaxseed oil†, bovine liver fat extract†, flaxseed oil extract†, and bovine orchic extract†.
- †Daily Value (DV) not established.

**Other Ingredients:** Gelatin, glycerin, beeswax, water, and pyridoxine hydrochloride.
Cataplex® F Tablets

Cataplex F supports the body’s inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity.*

- Flaxseed is a natural source of omega-3 fatty acids from plants
- Provides lipids for the formation of eicosanoids
- Promotes healthy skin and hair
- Contains iodine for thyroid support
- Supports the metabolism of fats*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Calcium Lactate

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90 or 360</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%Daily Value</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>0.8 mg</td>
</tr>
<tr>
<td>Iodine</td>
<td>95 mcg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>275 mg †</td>
</tr>
</tbody>
</table>

Calcium lactate, defatted wheat (germ), organic carrot (root), organic sweet potato, bovine prostate, bovine liver, magnesium citrate, bovine orchic extract, oat flour, organic flaxseed oil extract, para-aminobenzoate, bovine liver fat extract, ascorbic acid, sunflower lecithin, and d-alpha tocopheryl (vitamin E sunflower).

Other Ingredients: Honey, glycerine, arabic gum, calcium stearate, prolamine iodine (zein), and pyridoxine hydrochloride.

Cataplex® G

Cataplex G maintains nerve health and provides a calmative effect on the nervous system.*

- Encourages healthy parasympathetic nerve functioning
- Supports healthy liver functioning
- Supports brain and nervous system function
- Supports the body’s metabolism
- Provides coenzymes and cofactors needed for cellular function*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Livaplex

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90 or 360</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%Daily Value</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>7 mg</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>1.0 mg</td>
</tr>
<tr>
<td>Niacin</td>
<td>12 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>0.3 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>275 mg †</td>
</tr>
</tbody>
</table>

Bovine liver, porcine stomach, choline bitartrate, calcium lactate, nutritional yeast, defatted wheat (germ), para-aminobenzoate, and porcine brain.

Other Ingredients: Honey, niacinamide, ascorbic acid, glycerine, riboflavin, arabic gum, calcium stearate, and pyridoxine hydrochloride.

Gluten-free
This product contains less than 20 parts per million per the suggested use listed on each product label. Vegetarian (pills only).

Please consult the actual product label for the most accurate product information. The synergistic products listed are for general reference only. Protocols should be devised by health care professionals according to each patient’s individual needs.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Cataplex® GTF

Cataplex GTF supports carbohydrate digestion.*
- Supports healthy blood sugar levels when already within a normal range
- Encourages healthy blood sugar utilization at the cellular level
- Supports healthy cholesterol levels that are already within a normal range
- Contains chromium, an essential part of the biologically active complex that is involved in carbohydrate metabolism
- Combines chromium, L-cysteine hydrochloride, and pancreatic CytoSOL™ extract along with synergistic ingredients*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Diaplex
- Magnesium Lactate

Cayenne Pepper

Cayenne Pepper supports healthy gastric digestion.*
- Encourages healthy circulation
- Supports healthy blood lipid profiles already within a normal range
- Helps to maintain healthy blood sugar levels already within a normal range
- Provides antioxidant activity*

Suggested use: One capsule per day, or as directed.

Caution: Exceeding recommended dosage may cause stomach irritation. Keep out of reach of children. Avoid contact with injured or open skin. Avoid use during pregnancy and lactation. Contraindicated with pepper, celery, mugwort, and birch pollen allergies.

Synergistic Product Support
- Cyruta
- Garlic
- Ginkgo Synergy
Cellular Vitality

Cellular Vitality supports the body as a whole, with specific emphasis on cellular processes.*

- Contains American ginseng, which acts as a body tonic for the byproducts of everyday stress
- Contains B vitamins, to fuel cells and participate in numerous body processes that contribute to normal function
- Provides nutrients that support antioxidant activity
- Includes the enzyme bromelain from pineapple stems and juice that, when taken between meals, modulates the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- Contains coenzyme Q10, an enzyme that is essential for creation of energy within the mitochondria of cells and that protects cells from free radicals
- Contains Cordyceps sinensis, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and the maintenance of healthy blood sugar levels already within a normal range
- Contains ribonucleic acid (RNA) compounds that can be broken apart as cells to create energy or manufacture protein*

Suggested use: Three capsules per day, or as directed.

Synergistic Product Support
- Magnesium Lactate

Chezyn

Chezyn is a balanced trace mineral complex of zinc, copper, and iron.*

- Encourages healthy cellular energy production
- Supports proper enzyme functioning
- Supports normal blood production
- Supports immune system response function
- Supports cognitive function
- Supports healthy thyroid function
- Supports normal testes function*

Suggested use: One tablet per day, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

†Daily Value (DV) not established.

Other Ingredients: Zinc rice chelate, copper rice chelate, honey, copper rice chelate, arabic gum, and calcium stearate.

Supplement Facts*

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>10</td>
</tr>
<tr>
<td>Total Carbohydrates</td>
<td>1 g</td>
</tr>
<tr>
<td>Thiamine</td>
<td>0.2 mg</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>0.3 mg</td>
</tr>
<tr>
<td>Niacin</td>
<td>3 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>0.3 mg</td>
</tr>
<tr>
<td>Folate (as 30 mcg folic acid)</td>
<td>0.20 mg</td>
</tr>
<tr>
<td>Vitamin B12</td>
<td>0.5 mcg</td>
</tr>
<tr>
<td>Biotin</td>
<td>10 mcg</td>
</tr>
<tr>
<td>Pantothenic Acid</td>
<td>1 mg</td>
</tr>
<tr>
<td>Coenzyme Q10</td>
<td>80 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>1890 mg</td>
</tr>
<tr>
<td>Multi-fruit seed powder [ruby grape seed, blueberry seed, cranberry seed, red raspberry seed, black raspberry seed and pomegranate seed], ribonucleic acid, organic mushroom powder (Cordyceps sinensis), American ginseng (root), and bromelain.</td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Quinoa sprouts, cellulose, calcium stearate, and water.
Chlorophyll Complex™

Chlorophyll Complex supports multiple body systems.*

- Provides ingredients with antioxidant activity
- Supports vascular health
- Supports the body's normal immune system response function
- Provides cardiovascular support
- Maintains skin and hair health*

Suggested use: Two perles per meal, or as directed.

Special information: Chewing this product is not recommended.

Synergistic Product Support
- Cataplex E and OPC Synergy

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Perles</th>
<th>Servings per Container: 30 or 120</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>6</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>335 IU</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>754 mg</td>
</tr>
</tbody>
</table>

Other Ingredients: Gelatin, glycerin, and water.

Chlorophyll Complex Ointment™

Chlorophyll Complex Ointment moisturizes and soothes for healthy-looking skin.*

Suggested use: To be applied locally as an emollient.*

Special information: for external use only

Ingredients: Organic soybean lecithin, fat-soluble extract (from sesame [seed], alfalfa [aerial parts], sunflower [seed], carrot [root], Spanish moss [Tillandsia usneoides], organic buckwheat [aerial parts], and organic pea [vine]), lard, lanolin, beeswax, bovine orchic extract, organic flaxseed oil extract, and organic sesame (seed) oil.

Cholacol®

Cholacol supports healthy fat digestion.*

- Source of bile salts
- Supports gallbladder function
- Helps enzymes break down fats, which can help with discomfort after eating a fatty meal
- Supports healthy elimination*

Suggested use: Two tablets per meal, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Tablets</th>
<th>Servings per Container: 45</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>4</td>
</tr>
<tr>
<td>Iron</td>
<td>0.2 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>700 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Honey and calcium stearate.
Cholaplex®

Cholaplex supports the cardiovascular system.*

- Encourages healthy fat processing by the liver
- Supports a healthy vascular system
- Contains a combination of key ingredients from Orchex, Cataplex G, Cataplex F, Cyruta, and Cholacol*

Suggested use: One capsule per meal, or as directed.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 1 Capsule</td>
</tr>
<tr>
<td>Servings per Container: 150</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories .................</td>
<td>3</td>
</tr>
<tr>
<td>Riboflavin .............</td>
<td>0.3 mg ..........</td>
</tr>
<tr>
<td>Niacin ..................</td>
<td>22 mg ..........</td>
</tr>
<tr>
<td>Vitamin B6 ................</td>
<td>4 mg ..........</td>
</tr>
<tr>
<td>Iodine ..................</td>
<td>130 mg ..........</td>
</tr>
<tr>
<td>Proprietary Blend ..........</td>
<td>474 mg</td>
</tr>
<tr>
<td>Collinsonia (root†), choline bitartrate†, defatted wheat (germ†), bovine liver†, calcium lactate, dried buckwheat (leaf) juice†, buckwheat (seed)†, porcine stomach†, Tillandsia usneoides†, purified bovine bile salts†, bovine orhic Cytosol™ extract†, soy (bean) isolate†, inositol†, sunflower lecithin†, bovine spleen†, ovine spleen†, betaine hydrochloridet, potassium bicarbonate, manganese glycerophosphate, bovine prostate†, para-aminobenzoate†, porcine brain†, carrot (root†), sweet potato†, allantoin†, bovine adrenal Cytosol™ extract†, bovine orhic extract†, oat flour†, and ascorbic acid.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Gelatin, niacinamide, water, pyridoxine hydrochloride, calcium stearate, prolamine iodine (zein), and riboflavin.
Choline

Choline supports healthy fat metabolism.*
- Supports healthy cell membrane structure and function
- Provides support for methylation reactions
- Supports healthy liver and gallbladder function
- Supports a healthy nervous system*

Suggested use: One tablet per meal, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Choline</td>
<td>175 mg ........................</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Choline bitartrate, honey, and calcium stearate.

Circuplex®

Circuplex supports the circulatory and parasympathetic nervous systems.*
- Promotes healthy peripheral circulation
- Promotes vascular integrity
- Contains a combination of key ingredients from Phosfood Liquid, Niacinamide B₆, and Ribonucleic Acid*

Suggested use: One capsule per meal, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
<th>Servings per Container: 150</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Niacin</td>
<td>30 mg ........................</td>
</tr>
<tr>
<td>Vitamin B₆</td>
<td>4.7 mg ......................</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>420 mg</td>
</tr>
</tbody>
</table>

†Daily Value not established.

Other Ingredients: Gelatin, niacinamide, water, pyridoxine hydrochloride, and calcium stearate.
Cod Liver Oil  Fundamentals Product

Cod Liver Oil helps bridge the gap in dietary omega-3 intake and addresses vitamin A and D deficiency. The convenient softgels have a natural lemon flavor and are rigorously tested to be below regulatory standards for contaminants and toxins.

Cod Liver Oil supports general health, healthy inflammatory processes, immune system response,* and also:

• Supports healthy eyes and skin
• Supports epithelial tissue
• Supports bone and tooth health
• Supports musculoskeletal system
• May support mood challenges and liver function
• Supportive but not conclusive research has shown that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.^*^

*As part of a diet low in saturated fat and cholesterol.

Suggested use: Three perles per day, or as directed.

Special information: Store in a cool, dark place.

Collagen C™

Collagen C supports healthy connective tissue.*

• Provides ingredients with antioxidant activity
• Supports and promotes normal immune system response function
• Provides whole food sources of vitamin C
• Good source of antioxidant vitamin C^*

Suggested use: One tablet per meal, or as directed.

Caution: Do not use if you are allergic to plants of the daisy family.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>100 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>200 mg</td>
</tr>
</tbody>
</table>

Other Ingredients: Ascorbic acid, honey, and calcium stearate.
Collinsonia Root

*Collinsonia canadensis* is an herb historically used to support vascular tissue and water balance.*
- Historically used for support of the bladder and kidneys
- Historically used to support digestion*

Suggested use: Two capsules with a full glass of water twice a day between meals, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>3</td>
</tr>
<tr>
<td>Collinsonia (root)</td>
<td>600 mg †</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Gelatin, water, and calcium stearate.

**Congaplex**

Congaplex is used for short-term support of the immune system.*
- Supports healthy immune system response function
- Provides nutrients that support antioxidant activity
- Supports the thymus gland
- Contains ribonucleic acid, which the body uses to build new cells
- Contains a combination of key ingredients from Cataplex A-C, Thymex, Calcium Lactate, and Ribonucleic Acid (RNA)*

Suggested use: Three capsules per meal, or as directed.

**Synergistic Product Support**
- Echinacea C

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin A</td>
<td>270 mcg [RE] 30%</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>6 mg          7%</td>
</tr>
<tr>
<td>Calcium</td>
<td>80 mg         6%</td>
</tr>
<tr>
<td>Magnesium</td>
<td>15 mg         4%</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>630 mg †</td>
</tr>
</tbody>
</table>

†Daily Value not established.

Other Ingredients: Gelatin, calcium lactate, magnesium citrate, water, ascorbic acid, starch, calcium stearate, vitamin A palmitate, and d-alpha tocopherol (vitamin E) succinate.
Congaplex® Chewable

Congaplex Chewable is used for short-term support of the immune system.*

- Supports healthy immune system response function
- Provides nutrients that support antioxidant activity
- Supports the thymus gland
- Contains ribonucleic acid, which the body uses to build new cells
- Contains a combination of key ingredients from Cataplex A-C, Thymex, Calcium Lactate, and Ribonucleic Acid (RNA)
- Great-tasting chewable tablet with natural raspberry fruit powder*

Suggested use: Three tablets per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 3 Tablets</th>
<th>Servings per Container: 30</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Calories</strong></td>
<td>6</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>&lt;5 mg</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>1g</td>
</tr>
<tr>
<td><strong>Vitamin A</strong></td>
<td>140 mcg RAE</td>
</tr>
<tr>
<td><strong>Vitamin C</strong></td>
<td>3 mg</td>
</tr>
<tr>
<td><strong>Magnesium</strong></td>
<td>5 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 155 mg
Bovine thymus Cytoflor™ extract, ribonucleic acid, bovine bone, carrot (root), defatted wheat germ, bovine adrenal, organic sweet potato, veal bone, organic alfalfa (aerial parts) juice, nutritional yeast, oat flour, organic alfalfa (aerial parts), bovine kidney, veal bone PMA™ extract, organic buckwheat (seed), organic dried buckwheat (aerial parts) juice, organic shiitake mushroom powder, organic reishi mushroom powder, rice bran, sunflower lecithin powder, d-alpha tocopherol (vitamin E sunflower), and carrot oil.

*Percent Daily Values are based on a 2,000 calorie diet. 
†Daily Value not established.

Other Ingredients: Honey, copper liver chelate, cellulose, and calcium stearate.

Copper Liver Chelate™

Copper Liver Chelate provides an excellent source of copper for those with documented deficiency.*

- Chelated form is bioavailable
- Used for short-term restoration of copper levels*

Suggested use: One tablet per day, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Calories</strong></td>
<td>2</td>
</tr>
<tr>
<td><strong>Copper</strong></td>
<td>2 mg</td>
</tr>
<tr>
<td><strong>Proprietary Blend</strong></td>
<td>302 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 302 mg
Bovine liver†, beet (root)†, carrot (root)†, and sweet potato†.

*Percent Daily Values are based on a 2,000 calorie diet. 
†Daily Value (DV) not established.

Other Ingredients: Honey, copper liver chelate, cellulose, and calcium stearate.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
**Cruciferous Complete™ Fundamentals Product**

Cruciferous Complete supports cellular health.*
- Supports healthy liver function
- Provides ingredients with antioxidant activity
- Vitamin K supports calcium absorption, blood clotting, and healthy liver function.
- Our research shows some compounds in kale and Brussels sprouts promote the liver’s natural phase one and two detoxification processes in cell and animal models.*

**Suggested use:** One capsule per day, or as directed.

**Synergistic Product Support**
- Garlic, Livaplex, and Spanish Black Radish

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**Cyrofood®**

Cyrofood supports cellular health and general well-being.*
- Encourages healthy cell functioning
- Promotes vitality
- Supports the healthy aging body
- Contains a combination of key ingredients from Catalyn with additional whole foods and trace minerals to help balance the diet and support healthy tissue*

**Suggested use:** Four tablets per meal, or as directed.

---

**Supplement Facts**

**Cruciferous Complete**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>3</td>
</tr>
<tr>
<td>Vitamin K</td>
<td>4 mcg</td>
</tr>
<tr>
<td>Potassium</td>
<td>10 mg</td>
</tr>
</tbody>
</table>

**Proprietary Blend**
- Kale (aerial parts)† and Brussels sprouts (aerial parts)†.

†Daily Value (DV) not established.

Other Ingredients: Gelatin, water, and calcium stearate.

---

**Cyrofood®**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>5</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>10 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>1 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
</tbody>
</table>

**Proprietary Blend**
- Carrot (root)†, sweet potato†, nutritional yeast†, defatted wheat (germ)†, date (fruit) powder†, oat flour†, bovine bone†, bovine adrenal†, rice (bran)†, veal bone†, bovine spleen†, ovine spleen†, bovine kidney†, bovine liver†, mushroom†, dried alfalfa (whole plant) juice†, dried pea (vine) juice†, sunflower lecithin†, ascorbic acid, pyridoxine hydrochloride, vitamin A palmitate, riboflavin, thiamine hydrochloride, and cholecalciferol.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, calcium lactate, magnesium citrate, calcium stearate, arabic gum, glycerin, starch, and sucrose.
Cyrofood® Powder

Cyrofood Powder supports cellular health and overall vitality.*
- Encourages healthy cell functioning
- Promotes vitality
- Supports the healthy aging body
- Fiber derived from whole food ingredients to encourage healthy intestinal function
- Can be mixed in a supplement shake or added to foods*

Suggested use: One level tablespoon mixed in blender drink per day, or as directed.

Cyro-Yeast®

Cyro-Yeast supports cellular health and overall vitality.*
- Encourages healthy cell functioning
- Supports the healthy aging body
- Promotes health in the lower gastrointestinal tract
- Contains a combination of key ingredients from Catalyn and Lactic Acid Yeast*

Suggested use: One wafer per meal, or as directed.

Special information: This product should be chewed then swallowed.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories..............</td>
<td>24</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>4 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1 g</td>
</tr>
<tr>
<td>Protein.............</td>
<td>1.1 g</td>
</tr>
<tr>
<td>Vitamin A............</td>
<td>100 IU</td>
</tr>
<tr>
<td>Calcium...............</td>
<td>200 mg</td>
</tr>
<tr>
<td>Iron..................</td>
<td>1.0 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend .............. 5.45 g
Defatted wheat (germ)†, oat flour†, rice (bran)†, date (fruit) powder†, carrot (root)†, pea (whole plant)†, honey†, sweet potato†, nutritional yeast†, bovine adrenal†, bovine liver†, magnesium citrate, glycerin†, bovine spleen†, ovine spleen†, bovine kidney†, mushroom†, alfalfa (whole plant) powder†, lecithin (sunflower)†, arabic gum†, ascorbic acid, cholecalciferol, pyridoxine hydrochloride, thiamine hydrochloride, and riboflavin.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Bovine bone meal, veal bone, calcium lactate, arabic gum, calcium stearate, starch, sucrose, and vitamin A palmitate.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories..............</td>
<td>5</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>1 g</td>
</tr>
<tr>
<td>Vitamin A............</td>
<td>400 IU</td>
</tr>
<tr>
<td>Vitamin D............</td>
<td>100 IU</td>
</tr>
<tr>
<td>Thiamine...............</td>
<td>0.1 mg</td>
</tr>
<tr>
<td>Riboflavin............</td>
<td>0.1 mg</td>
</tr>
<tr>
<td>Vitamin B6............</td>
<td>0.12 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend .............. 1,070 mg
Corn†, whey (milk)†, malt syrup†, defatted wheat (germ)†, yeast (Saccharomyces cerevisiae)†, bovine liver†, bovine adrenal†, carrot (root)†, sweet potato†, bovine kidney†, bovine spleen†, ovine spleen†, dried alfalfa (whole plant) juice†, rice (bran)†, mushroom†, sunflower lecithin†, and ascorbic acid.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, arabic gum, calcium stearate, cholecalciferol, starch, sucrose, vitamin A palmitate, pyridoxine hydrochloride, thiamine hydrochloride, and riboflavin.
Cyruta®

Cyruta supports healthy cholesterol levels that are already within a normal range.*

- Supports circulatory cholesterol transport
- Supports healthy cellular glucose handling to help maintain blood sugar levels already within a normal range
- Supports healthy peripheral circulation
- Contains several independent factors that help to maintain the integrity of capillary walls*

**Suggested use:** One tablet per meal, or as directed.

---

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>3 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>340 mg</td>
</tr>
<tr>
<td></td>
<td><strong>4%</strong></td>
</tr>
<tr>
<td></td>
<td>Daily Value (DV) not established.</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Honey, ascorbic acid, and calcium stearate.

---

Cyruta® Plus

Cyruta Plus supports capillary integrity and function.*

- Supports circulatory cholesterol transport
- Supports healthy cellular glucose handling to help maintain blood sugar levels already within a normal range
- Supports healthy peripheral circulation
- Contains several independent factors that help to maintain the integrity of capillary walls*

**Suggested use:** One tablet per meal, or as directed.

*Special information: Keep bottle tightly closed. This product absorbs moisture.*

### Synergistic Product Support

- Collagen C

---

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90 or 360</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>3 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>308 mg</td>
</tr>
<tr>
<td></td>
<td><strong>4%</strong></td>
</tr>
<tr>
<td></td>
<td>Daily Value (DV) not established.</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Honey, ascorbic acid, and calcium stearate.
Daily Fundamentals—Adrenal Health

**CONVENIENCE PACKS**

Adrenal Health Daily Fundamentals support healthy adrenal function and emotional balance. Each box includes a 30-day supply of individual packs (taken morning and evening). Each pack contains:

- Cataplex A-C-P (two tablets)—supports cardiovascular health, immune system response function, and cell maintenance
- Drenamin (three tablets)—supports adrenal function and helps maintain emotional balance and energy production
- Paraplex (one tablet)—supports cellular health and healthy pancreas, pituitary, thyroid, and adrenal gland function*

**Suggested use:** Contents of one pack each morning and evening.

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Pack</th>
<th>Servings per Container: 60</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories .................</td>
<td>9</td>
</tr>
<tr>
<td>Vitamin A ..............</td>
<td>830 IU .................. 15%*</td>
</tr>
<tr>
<td>Vitamin C ..............</td>
<td>20 mg ..................... 30%*</td>
</tr>
<tr>
<td>Riboflavin ..............</td>
<td>1 mg ..................... 60%*</td>
</tr>
<tr>
<td>Niacin ..................</td>
<td>12 mg ........................ 60%*</td>
</tr>
<tr>
<td>Vitamin B6 ..............</td>
<td>0.3 mg ........................ 16%*</td>
</tr>
<tr>
<td>Calcium ..................</td>
<td>50 mg ........................ 5%*</td>
</tr>
</tbody>
</table>

**Proprietary Blend ........... 1,250 mg**
- Dried buckwheat (leaf) juice†, buckwheat (seed)†, rice (bran)†, nutritional yeast†, bovine adrenal†, magnesium citrate, dried alfalfa (whole plant) juice†, bovine adrenal PMG extract†, bovine liver†, porcine stomach†, sweet potato†, carrot (root)†, bovine kidney†, choline bitartrate†, oat flour†, bovine pancreas PMG extract†, alfalfa flour†, porcine duodenum†, defatted wheat germ†, bovine bone†, shiitake mushroom†, reishi mushroom†, bovine pituitary PMG extract†, bovine thyroid PMG extract† (processed to substantially remove its thyroxine), para-aminobenzoate†, allantoin†, veal bone†, porcine brain†, lecithin (sunflower)†, echinacea (root)†, vitamin E (sunflower), calcium acid phosphate, and carrot oil†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.†Daily Value not established.

Other Ingredients: Calcium lactate, honey, cellulose, ascorbic acid, niacinamide, calcium stearate, gum arabic, riboflavin, vitamin A palmitate, starch, sucrose, and pyridoxine hydrochloride.
Bone Health Daily Fundamentals provide convenient maintenance support to keep bones strong and healthy. Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life. Each box includes a 30-day supply of individual packs (taken morning and evening). Each pack contains:

- Calcifood (three wafers)—provides calcium
  *Special information: This product should be chewed then swallowed.*
- Cataplex D (one tablet)—supports and maintains healthy bone density
- Cruciferous Complete (one capsule)—helps move calcium into bones
- Ostrophin PMG (two tablets)—supports healthy bone function*

Suggested use: Contents of one pack each morning and evening.

## Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Pack</th>
<th>Servings per Container: 60</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories.................. 20</td>
<td></td>
</tr>
<tr>
<td>Total Carbohydrate .... 1.5 g.................. &lt;1%*</td>
<td></td>
</tr>
<tr>
<td>Dietary Fiber .................. 1.5 g.................. 6%*</td>
<td></td>
</tr>
<tr>
<td>Sugars .................. 1.5 g.................. †</td>
<td></td>
</tr>
<tr>
<td>Vitamin A .................. 500 IU.................. 10%</td>
<td></td>
</tr>
<tr>
<td>Vitamin D .................. 800 IU.................. 133%</td>
<td></td>
</tr>
<tr>
<td>Vitamin K .................. 4 mcg.................. 1%</td>
<td></td>
</tr>
<tr>
<td>Calcium .................. 370 mg.................. 37%</td>
<td></td>
</tr>
<tr>
<td>Phosphorus .................. 75 mg.................. 8%</td>
<td></td>
</tr>
<tr>
<td>Manganese .................. 8 mg.................. 400%</td>
<td></td>
</tr>
<tr>
<td>Potassium .................. 10 mg.................. &lt;1%</td>
<td></td>
</tr>
</tbody>
</table>

Proprietary Blend .............. 2,275 mg
Wheat (germ)†, veal bone PMG™ extract†, kale†, Brussels sprouts†, veal bone†, carrot (root)†, date (fruit)†, rice (bran)†, and sweet potato†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, bovine bone, dicalcium phosphate, cellulose, calcium lactate, milk powder, gelatin, manganese lactate, calcium stearate, potassium citrate, arabic gum, glycerin, water, starch, sucrose, cholecalciferol, vitamin A palmitate, and ascorbic acid.
General Female Endocrine Daily Fundamentals provide a protocol to support a healthy endocrine system and overall well-being. Each box includes a 30-day supply of individual packs (taken morning and evening). Each pack contains:

- Black Currant Seed Oil (one perle)—supports proper eicosanoid synthesis and the body’s normal tissue repair process
- Catalyn (two tablets)—contains vital nutrients, encourages healthy cell functioning, and supports overall well-being
- Hypothalamus PMG (one tablet)—supports healthy hypothalamus tissue and function
- Symplex F (one tablet)—supports healthy function of the ovaries and the adrenal, pituitary, and thyroid glands
- Tuna Omega-3 Oil (two perles)—delivers essential omega-3 fatty acids (including DHA and EPA)*

Suggested use: Contents of one pack each morning and evening.

---

**Convenience Packs**

**Supplement Facts**

**Serving Size:** 1 Pack  
**Servings per Container:** 60

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>17</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>12</td>
</tr>
</tbody>
</table>
| Total Fat          | 2 g  
| Cholesterol        | 12 mg |
| Vitamin A          | 800 IU |
| Vitamin C          | 3 mg  |
| Vitamin D          | 200 IU |
| Vitamin B6         | 0.67 mg |
| Calcium            | 30 mg  |
| Tuna Oil           | 1,330 mg  |
| DHA                | 300 mg  |
| EPA                | 60 mg  |
| Black Currant Seed Oil | 320 mg |
| Gamma-Linolenic Acid | 47 mg |
| Proprietary Blend  | 660 mg  |

Porcine hypothalamus PMG™ extract†, defatted wheat germ†, nutritional yeast†, carrot (root)†, sweet potato†, bovine adrenal†, bovine ovary PMG™ extract†, magnesium citrate, bovine liver†, bovine adrenal PMG™ extract†, bovine pituitary PMG™ extract†, bovine thyroid PMG™ extract (processed to remove its thyroxine)†, bovine kidney†, bovine spleen†, ovine spleen†, dried alfalfa (whole plant) juice†, dried pea (vine) juice†, oat flour†, mushroom†, sunflower lecithin†, and rice bran†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.  †Daily Value not established.

Other Ingredients: Gelatin, glycerin, honey, calcium lactate, cellulose, water, calcium stearate, arabic gum, ascorbic acid, cholecalciferol, pyridoxine hydrochloride, sucrose, starch, vitamin A palmitate, thiamine hydrochloride, riboflavin, and vitamin E (soy).
Daily Fundamentals—General Health

**Fundamentals Product**

**CONVENIENCE PACKS**

General Health Daily Fundamentals provide convenient foundational maintenance support to help patients maintain optimal health. Each box includes a 30-day supply of individual packs (taken morning and evening). Each pack contains:

- Catalyn (three tablets)—contains vital nutrients from whole food and other sources
- Trace Minerals-B12 (one tablet)—trace mineral supplement
- Tuna Omega-3 Oil (two perles)—provides 300 mg DHA and 60 mg EPA omega-3 fatty acids to support heart, brain, eye, and joint health*

**Suggested use:** Contents of one pack each morning and evening.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Special information: Store product in a cool, dark place.

**Supplement Facts**

**Serving Size:** 1 Pack

**Servings per Container:** 60

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories .............</td>
<td>15</td>
</tr>
<tr>
<td>Calories from Fat....</td>
<td>10</td>
</tr>
<tr>
<td>Total Fat ................</td>
<td>1.5 g</td>
</tr>
<tr>
<td>Cholesterol ..................................</td>
<td>7 mg</td>
</tr>
<tr>
<td>Vitamin A ..............</td>
<td>1,200 IU</td>
</tr>
<tr>
<td>Vitamin C .............</td>
<td>4 mg</td>
</tr>
<tr>
<td>Vitamin D ..........</td>
<td>312 IU</td>
</tr>
<tr>
<td>Thiamin .................</td>
<td>0.2 mg</td>
</tr>
<tr>
<td>Riboflavin ............</td>
<td>0.2 mg</td>
</tr>
<tr>
<td>Vitamin B6 ...........</td>
<td>1.0 mg</td>
</tr>
<tr>
<td>Vitamin B12 ..........</td>
<td>5 mcg</td>
</tr>
<tr>
<td>Iron ......................</td>
<td>1.4 mg</td>
</tr>
<tr>
<td>Iodine ................</td>
<td>145 mcg</td>
</tr>
<tr>
<td>Zinc .................</td>
<td>2.7 mg</td>
</tr>
<tr>
<td>Copper ................</td>
<td>0.3 mg</td>
</tr>
<tr>
<td>Manganese ..........</td>
<td>16 mg</td>
</tr>
<tr>
<td>DHA ..................</td>
<td>300 mg</td>
</tr>
<tr>
<td>EPA ..................</td>
<td>60 mg</td>
</tr>
<tr>
<td>Proprietary Blend: ..........................</td>
<td>2,176 mg</td>
</tr>
</tbody>
</table>

Tuna oil†, defatted wheat (germ)†, calcium lactate, carrot (root)†, sweet potato†, nutritional yeast†, bovine adrenalin†, kelp†, magnesium citrate, bovine liver†, para-aminobenzoate†, dried pea (vine) juice†, dried alfalfa (whole plant) juice†, oat flour†, bovine spleen†, ovine spleen†, bovine kidney†, bovine orchic extract†, bovine bone†, dried buckwheat (leaf) juice†, buckwheat (seed)†, mushroom†, sunflower lecithin†, yeast bone†, and rice (bran)†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Gelatin, honey, glycercin, manganese lactate, water, zinc rice chelate, iron rice chelate, calcium stearate, copper rice chelate, arabic gum, dicalcium phosphate, ascorbic acid, carob, prolamine iodine (zein), starch, sucrose, pyridoxine hydrochloride, vitamin A palmitate, cholecalciferol, thiamine hydrochloride, riboflavin, vitamin E (soy), and cyanocobalamin.
Dermatrophin PMG®

Dermatrophin PMG supports healthy skin and connective tissue.*

- Provides a unique profile of minerals, nucleotides, and peptides*

*Suggested use: One tablet per meal, or as directed.

![Dermatrophin PMG](image)

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>10 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>132 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Diaplex®

Diaplex supports healthy sugar handling to help maintain blood sugar levels already within a normal range.*

- Encourages healthy blood sugar levels already within a normal range when combined with a healthy diet
- Contains chromium, an essential nutrient involved in carbohydrate metabolism
- Supports the healthy function of the pancreas
- Supports healthy bowel function
- Encourages healthy gallbladder function

*Contains a combination of key ingredients from Zypan, Arginex, A-F Betafood, Betacol, Pituitrophin PMG, and Pancreatrophin PMG*

*Suggested use: Two capsules per meal, or as directed.

![Diaplex](image)

Warning: Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious health problems.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 75</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%Daily Value</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>360 mcg (RAE)</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>1 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>1 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>9.2 mg</td>
</tr>
<tr>
<td>Iodine</td>
<td>19 mcg</td>
</tr>
<tr>
<td>Chromium</td>
<td>50 mcg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>960 mg</td>
</tr>
</tbody>
</table>

†Daily Value not established.

Other Ingredients: Gelatin, chromium yeast, water, lactate (milk), calcium stearate, citric acid (vegetable source), starch, cellulose, niacinamide, vitamin A palmitate, ascorbic acid, pyridoxine hydrochloride, d-alpha tocopherol (Vitamin E sunflower), and potassium iodide (tablet).

Synergistic Product Support

- Cataplex B and Cellular Vitality
- Cataplex GTF
- Magnesium Lactate

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Disodium Phosphate

Disodium Phosphate is used for short-term support of the bowel.*
- Supports healthy elimination
- Promotes intestinal motility*

Suggested use: Three capsules taken with 8 ounces of water, or as directed.

Caution: not recommended for use in a sodium-restricted diet

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories: ............</td>
<td>1</td>
</tr>
<tr>
<td>Phosphorus: 580 mg</td>
<td>60%</td>
</tr>
<tr>
<td>Sodium: 700 mg</td>
<td>30%</td>
</tr>
</tbody>
</table>

Other Ingredients: Disodium phosphate, gelatin, calcium stearate, and water.

Drenamin® FUNDAMENTALS PRODUCT

Drenamin supports adrenal function and helps maintain emotional balance.*
- Promotes healthy adrenal gland function
- Encourages a healthy response to everyday environmental stresses and supports immune system response function
- Maintains energy production
- Supports a balanced mood
- Good source of antioxidant vitamin C
- Contains a combination of key ingredients from Cataplex C, Cataplex G, and Drenatrophin PMG*

Suggested use: Three tablets per meal, or as directed.

Synergistic Product Support
- Adrenal Desiccated
- Catalyn

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin C: 9 mg</td>
<td>10%</td>
</tr>
<tr>
<td>Riboflavin: 1 mg</td>
<td>85%</td>
</tr>
<tr>
<td>Niacin: 12 mg</td>
<td>85%</td>
</tr>
<tr>
<td>Vitamin B6: 0.3 mg</td>
<td>20%</td>
</tr>
<tr>
<td>Proprietary Blend: 725 mg</td>
<td>1</td>
</tr>
<tr>
<td>Calcium lactate, rice bran, bovine adrenal, porcine stomach, nutritional yeast, bovine adrenal PMG™ extract, choline bitartrate, organic dried alfalfa (taller parts) juice, organic dried buckwheat (taller parts) juice, organic buckwheat (seed), magnesium citrate, oat flour, bovine bone, para-aminobenzoate, organic shitake mushroom powder, organic reishi mushroom powder, porcine brain,veal bone PMG™ extract, organic sweet potato, and sunflower lecithin</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Honey, cellulose, niacinamide, ascorbic acid, calcium stearate, riboflavin, d-alpha tocopherol (vitamin E sunflower), and pyridoxine hydrochloride.

Introduced in 1951
3600 - 90 Capsules

Introduced in 1935
3650 - 90 Tablets | 3700 - 360 Tablets
13040 - Adrenal Health Daily Fundamentals

Please consult the actual product label for the most accurate product information.
Drenatrophin PMG®

Drenatrophin PMG supports adrenal function.*

- Provides a unique profile of minerals, nucleotides, and peptides
- Supports adrenal gland health*

Suggested use: One tablet per meal, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories .................</td>
<td>1</td>
</tr>
<tr>
<td>Calcium ..................</td>
<td>20 mg ........................</td>
</tr>
<tr>
<td>Proprietary Blend ..........</td>
<td>134 mg</td>
</tr>
<tr>
<td>Bovine adrenal PMG™ extract† and magnesium citrate.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Echinacea-C™

Echinacea-C supports the immune system.*

- Supports healthy white blood cells
- Supports a healthy immune system response function
- Combines *Echinacea angustifolia* (root) and *Echinacea purpurea* (root)*

Suggested use: One tablet per meal, or as directed.

Caution: Do not use if you are allergic to plants of the daisy family.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories .................</td>
<td>2</td>
</tr>
<tr>
<td>Vitamin C ................</td>
<td>5.4 mg ........................</td>
</tr>
<tr>
<td>Proprietary Blend ..........</td>
<td>198 mg</td>
</tr>
<tr>
<td><em>Echinacea angustifolia</em> (root)†, <em>Echinacea purpurea</em> (root)†, dried buckwheat (leaf) juice†, and buckwheat (seed)†.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Rose hips, acerola (berry), honey, maltodextrin, and calcium stearate.

E-Manganese™

E-Manganese supports healthy pituitary gland function.*

- Contains manganese, an important cofactor for numerous enzymatic reactions*

Suggested use: One tablet per day, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 50</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories .................</td>
<td>2</td>
</tr>
<tr>
<td>Vitamin E ................</td>
<td>7.7 IU ........................</td>
</tr>
<tr>
<td>Calcium ..................</td>
<td>25 mg ........................</td>
</tr>
<tr>
<td>Manganese .................</td>
<td>8 mg ..........................</td>
</tr>
<tr>
<td>Proprietary Blend ..........</td>
<td>192 mg</td>
</tr>
<tr>
<td>Bovine anterior pituitary†, magnesium citrate, and ascorbic acid.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, honey, manganese glycerophosphate, vitamin E (sunflower), tapioca starch, and calcium stearate.
Emphaplex®

Emphaplex supports the respiratory system.*

- Supports the body’s natural ability to expel respiratory secretions
- Provides ingredients with antioxidant activity
- Supports cellular energy
- Supports central nervous system function
- Contains a combination of key ingredients from Catalyn, Drenamin, Pneumotrophin PMG, Phosfood Liquid, and Protefood
- Good source of antioxidant vitamin C*

**Suggested use:** Two capsules per meal, or as directed.

*Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious health problems.

Caution: If pregnant or lactating, consult your health care professional before using this product.

Enzycore Fundamentals Product

Enzycore is a comprehensive blend of enzymes, glutamine, and other whole food ingredients designed to support healthy digestion and maximize nutrient absorption.*

- Contains microbial enzymes for action within a broad range of pH
- Contains a blend of enzymes that comprehensively break down fats, proteins, and carbohydrates
- Kale and beet powder included to support healthy digestive processes
- Contains L-glutamine, an amino acid used as a building block for other amino acids; also provides energy to cells with high energy needs (like those in the intestines)
- Provides support during both gastric and intestinal phases of digestion*

**Suggested use:** One capsule three times per day with meals, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td></td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>538 mg</td>
</tr>
<tr>
<td>L-glutaminase, kale (aerial parts), beet root, and vegetable enzyme blend (acid Maltease [1 Malt], alpha-galactosidase [45 Gal], amylyase [1,800 Di], bromelain [32,880 FCPU], glucoamylase [3 AAD], invertase [170 SUV], lactase [325 ALU], lipase [230 FPI], peptidase [820 HUT], protease 3.0 [3 SAPU], protease 4.5 [4,900 HUT], protease 6.0 [1,640 HUT];†)</td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Cellulose, maltodextrin, and calcium stearate.
Epimune Complex is a vegetarian product designed to balance immune system response function.*

- Supports specific aspects of immune system activity and contains research-supported ingredients such as EpiCor® and maitake and turkey tail mushrooms
- Supports healthy white blood cells
- Helps support respiratory health year-round, especially during seasonal challenges
- Helps activate and balance healthy immune system response function
- High in antioxidant vitamin C*

Suggested use: Two capsules per day, or as directed.

**Epimune Complex Research Report**

To evaluate the modulating capability of Epimune Complex on the immune system, Standard Process undertook a study to examine individual responses to Epimune Complex. After analyzing the data on adults who took Epimune Complex for 30 days, researchers found:

- Over this short open-label pilot study, researchers also reported a nonsignificant increase in salivary immunoglobulin A (IgA); however, when compared to a longer study published by the maker of EpiCor®, this finding is consistent with that study’s finding of a statistically significant increase in salivary IgA at eight weeks.
- Extreme variability between people and within the same subject over time, suggesting that immune system signals were being supported based on physiological need and not in a strictly stimulatory or depressive manner
- A statistically significant increase in red blood cell zinc, which may safeguard red blood cell membranes from oxidative damage*

For the complete research report, see: standardprocess.com

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**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 45</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories ......................... 4</td>
<td></td>
</tr>
<tr>
<td>Vitamin C ........................ 20 mg ........................ 30%</td>
<td></td>
</tr>
<tr>
<td>Calcium ........................... 30 mg ........................ 2%</td>
<td></td>
</tr>
<tr>
<td>Zinc ............................... 10 mg ........................ 60%</td>
<td></td>
</tr>
</tbody>
</table>

Proprietary Blend .................... 706 mg
Dried yeast fermentate (EpiCor®†), turkey tail mushroom powder†, maitake mushroom powder†, and maitake mushroom extract (MaitakeGold 404®†).

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Calcium lactate, cellulose†, zinc rice chelate, acerola (berries), and manioc (root)†.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
e-Poise®

e-Poise supports cellular health.*
- Encourages healthy cell functioning
- Promotes vitality
- Supports the healthy aging body
- Supports the body's physiological and biochemical processes
- Supports energy metabolism, which helps cells convert macronutrients into energy
- Contains a combination of key ingredients from Catalyn and Ferrofood as well as *Tillandsia usneoides
- High in antioxidant vitamin C*

Suggested use: Two capsules per day, or as directed.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container: 75</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories: 5</td>
<td></td>
</tr>
<tr>
<td>Total Carbohydrate: 1 g</td>
<td>&lt;1%*</td>
</tr>
<tr>
<td>Vitamin A: 1,400 IU</td>
<td>30%</td>
</tr>
<tr>
<td>Vitamin C: 10.8 mg</td>
<td>20%</td>
</tr>
<tr>
<td>Vitamin D: 300 IU</td>
<td>80%</td>
</tr>
<tr>
<td>Thiamine: 0.2 mg</td>
<td>15%</td>
</tr>
<tr>
<td>Riboflavin: 0.3 mg</td>
<td>20%</td>
</tr>
<tr>
<td>Vitamin B6: 1.2 mg</td>
<td>60%</td>
</tr>
<tr>
<td>Vitamin B12: 0.4 mcg</td>
<td>80%</td>
</tr>
<tr>
<td>Calcium: 20 mg</td>
<td>2%</td>
</tr>
<tr>
<td>Iron: 2 mg</td>
<td>10%</td>
</tr>
</tbody>
</table>

Proprietary Blend: 854 mg
- Defatted wheat (germ†), carrot (root†), bovine adrenal†, sweet potato†, nutritional yeast†, fat-soluble extract (from alfalfa [whole plant], sunflower [seed], carrot [root], *Tillandsia usneoides*, dried buckwheat [leaf] juice and seed, and pea [vine†]), magnesium citrate, bovine liver†, bovine kidney†, bovine spleen†, ovine spleen†, mushroom†, dried alfalfa (whole plant) juice†, bovine bone†, oat flour†, bovine spleen PMG™ extract†, carbamide†, bovine liver fat extract†, para-amino benzoic acid†, and licorice (root†).

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Calcium lactate, gelatin, water, ferrous lactate, ascorbic acid, calcium stearate, cholecalciferol, pyridoxine hydrochloride, arabic gum, starch, sucrose, vitamin A palmitate, thiamine hydrochloride, vitamin E (sunflower), riboflavin, tapioca starch, dicalcium phosphate, and cyanocobalamin.

*Please consult the actual product label for the most accurate product information.*
E-Z Mg™ is a plant-based, multiform magnesium (Mg) developed to support patients with inadequate dietary magnesium intake. Made from two key ingredients: Swiss chard (beet leaf) and buckwheat – both grown on our sustainable and certified organic farm in Wisconsin.

- Plant-based, naturally occurring multiform of magnesium
- Helps to bridge the gap in dietary magnesium intake*
- May promote whole-body and urine alkalization*
- Rich source of vitamin K1
- Gluten-Free, Vegan, USDA Organic

Suggested use: One stick pack per day, or as directed. Add stick pack into 8 ounces of water and mix thoroughly for 10 to 15 seconds.

Warning: This product contains naturally occurring Vitamin K1. All forms of vitamin K may interact with blood-thinning medications. If you are taking such medicines, please consult with your health care professional before taking this product. If you have been directed to eat a diet low in oxalates (found in leafy green vegetables), please consult with your health care professional before taking this product. If you are pregnant or lactating, please consult with your health care professional before taking this product.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Stick Pack</th>
<th>Servings per Container: 30</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%Daily Value</strong></td>
</tr>
<tr>
<td>Calories</td>
<td>20</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>4 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1 g</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>&lt;1 g</td>
</tr>
<tr>
<td>Vitamin K1</td>
<td>60 mcg</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>30 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>85 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>50 mg</td>
</tr>
<tr>
<td>Potassium</td>
<td>350 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend 6 g †
Organic dried Swiss chard (beet leaf) juice and organic dried buckwheat (aerial parts) juice.

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Other Ingredients: Organic rice (hull) concentrate, natural flavor, and monk fruit extract.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Fen-Cho®

Fen-Cho supports natural and consistent intestinal movement.*
- Supports healthy bowel function
- Supports healthy elimination*

Suggested use: Two capsules per meal, or as directed.

Caution: If pregnant or lactating, consult your health care professional before using this product.

Special information: Consult your doctor before taking this product if you are following a sodium-restricted diet.

Fen-Gre®

Fen-Gre is used to support healthy blood lipid profiles already within a normal range, healthy blood sugar metabolism, and the action of the mammary gland.*
- Fenugreek, an ingredient in Fen-Gre, has been historically used to support healthy levels of mucus and phlegm in the lungs and bronchial tubes.
- Supports metabolic pathways that regulate hormones associated with normal glucose metabolism*

Suggested use: Three capsules per meal with a full glass of water, or as directed.

Caution: If pregnant or lactating, consult your health care professional before using this product.

Ferrofood®

Ferrofood contains iron to support the body's need for this mineral.*
- Maintains healthy blood
- Promotes and supports normal blood production
- Supports cellular integrity
- Provides iron, which is essential for the synthesis of hemoglobin and helps deliver oxygen to red blood cells
- Supports enzyme actions in the body
- Contains vitamin C to help with iron absorption
- High in antioxidant vitamin C*

Suggested use: One capsule per day with food, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>4</td>
</tr>
<tr>
<td>Sodium</td>
<td>50 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>686 mg</td>
</tr>
<tr>
<td>Collinsonia (root)†, fenugreek (seed)†, okra (fruit)†, and purified bovine bile salts†.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Gelatin, disodium phosphate, water, and calcium stearate.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>6</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>&lt;1%*</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>1,268 mg</td>
</tr>
<tr>
<td>Fenugreek (seed)†, okra (fruit)†, and rice (bran).</td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, water, and calcium stearate.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>30 mg</td>
</tr>
<tr>
<td>Vitamin B12</td>
<td>1.7 mcg</td>
</tr>
<tr>
<td>Iron</td>
<td>10 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>234 mg</td>
</tr>
<tr>
<td>Bovine liver†, bovine bone†, defatted wheat (germ)†, carbamide†, bovine spleen PMG® extract†, veal bone†, bovine adrenal†, porcine duodenum†, carrot (root)†, choline bitartrate†, bovine spleen†, ovine spleen†, oat flour†, citric acid†, porcine stomach parenchyma†, dried alfalfa (whole plant) juice†, mushroom†, Tillandsia usneoides†, rice (bran)†, licorice (root)†, paraaminobenzoate†, magnesium citrate, flaxseed oil extract†, and bovine liver fat extract†.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Gelatin, camu camu (berry), acerola (berry), manioc (root), ferrous lactate, water, calcium stearate, dicalcium phosphate, and cyanocobalamin.
Folic Acid B₁₂

Folic acid and vitamin B₁₂ support cellular health.*
- Encourages healthy cell production
- Supports healthy nervous system development
- Encourages healthy circulation
- Supports healthy homocysteine levels
- Essential in the important processes of DNA formation and replication
- Healthful diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord birth defect.*

Suggested use: One tablet per day, or as directed.

**For-Til B₁₂**

For-Til B₁₂ is a fortified tillandsia (Spanish moss) product combined with vitamin B₁₂, which supports essential cellular and neurological functions.*
- Encourages healthy immune system response function
- Supports healthy blood sugar levels when already within a normal range
- Promotes vitality*

Suggested use: One capsule per meal, or as directed.

**Garlic**

Garlic provides support to cells, organs, and systems that keep the body healthy.*
- Encourages healthy circulation
- Supports healthy liver function
- Enhances immune system response function
- Promotes healthy lung function
- Helps maintain normal cholesterol and triglyceride levels already within a normal range
- Provides ingredients with antioxidant activity*

Suggested use: One capsule per day, or as directed.
**Gastro-Fiber**

Gastro-Fiber supports the digestive system.*
- Encourages a healthy intestinal environment to help maintain proper intestinal flora
- Cleanses the lower gastrointestinal (GI) tract
- Encourages a healthy GI tract pH
- Supports healthy elimination
- Contains fennel, which helps relieve gas, associated abdominal cramps, and occasional indigestion
- Maintains healthy lipid and blood glucose levels already in normal ranges
- Can be used as nutritional support in the Standard Process Purification Program*

*Suggested use: Three capsules, three times per day on an empty stomach, or as directed.

*Caution: If pregnant or lactating, consult your health care professional before using this product.

**Synergistic Product Support**
- A-F Betafood
- ProSynbiotic

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 3 Capsules</th>
<th>Servings per Container: 50</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
<td>6</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>500 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>1,250 mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Cellulose, water, and calcium stearate.

---

**Gastrex**

Gastrex supports digestion and stimulates cleansing of the upper gastrointestinal (GI) tract.*
- Supports the body’s normal tissue repair process
- Supports GI cleansing through the elimination of waste materials*

*Suggested use: Two capsules with a full glass of water 15 minutes before meals and bedtime, or as directed.

**Synergistic Product Support**
- Chlorophyll Complex

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 45</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Vitamin C</td>
<td>3 mg</td>
</tr>
<tr>
<td>Niacin</td>
<td>6.4 mg</td>
</tr>
<tr>
<td>Vitamin B₆</td>
<td>0.1 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>575 mg</td>
</tr>
</tbody>
</table>

Okra (fruit), calcium lactate, Spanish Moss (Tillandsia usneoides), anise (seed), bovine liver, defatted wheat (germ), porcine stomach, choline bitartrate, alginic acid, porcine duodenum, disodium phosphate, and oat (straw) extract.

†Daily Value (DV) not established.

Other Ingredients: Gelatin, water, niacinamide, calcium stearate, ascorbic acid, and pyridoxine hydrochloride.
Ginkgo Synergy®

Ginkgo Synergy combines the natural properties of Ginkgo biloba (leaf extract plus whole leaf) and grape seed extract to support healthy brain function.*
- Provides ingredients with antioxidant activity
- Supports pliability in blood vessel walls, specifically in relation to blood flow to brain tissue
- Promotes mental clarity and cognition*

Suggested use: One capsule per day, or as directed.

Caution: not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional

Synergistic Product Support
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil

Glucosamine Synergy®

Glucosamine Synergy combines glucosamine, Boswellia serrata, and manganese to help maintain healthy joint function.*
- Maintains healthy connective tissue
- Supports the body’s normal connective tissue repair process
- Supports joint health
- Contains many of the same ingredients as Ligaplex II, with the added benefit of glucosamine and boswellia for relieving discomfort in the affected areas after strenuous exercise*

Suggested use: One capsule three times per day, or as directed.

Caution: This product contains ingredients derived from crab shells.

Synergistic Product Support
- Collagen C
- Ligaplex I

Please consult the actual product label for the most accurate product information. The synergistic products listed are for general reference only. Protocols should be devised by health care professionals according to each patient’s individual needs.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Hemp Oil Complex™ is a unique formulation of ingredients, combined to provide a 3-in-1 benefit for the whole body—supporting the endocannabinoid system, inflammation response resolution pathways, and endogenous anti-oxidant pathways.

- Supports the endocannabinoid system*
- Supports the body's natural inflammatory response function*
- Ingredients that provide antioxidant activity*
- Non-genetically engineered hemp
- Gluten-free
- Combination of natural omega-3 fatty acids, including DHA, DPA and EPA
- Calamari oil certified sustainable from the independent nonprofit group Friend of the Sea™

Suggested use: Two softgels per day, or as directed.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Softgels</th>
<th>Servings per Container: 30</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Calories</td>
<td>5</td>
</tr>
<tr>
<td>Total Fat</td>
<td>1 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>10 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>45 mg</td>
</tr>
<tr>
<td>Glucoraphanin</td>
<td>5 mg</td>
</tr>
<tr>
<td>DHA</td>
<td>130 mg</td>
</tr>
<tr>
<td>EPA</td>
<td>55 mg</td>
</tr>
<tr>
<td>Omega-3</td>
<td>230 mg</td>
</tr>
<tr>
<td>Omega-6</td>
<td>60 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>867 mg</td>
</tr>
</tbody>
</table>

Calamari oil, hemp oil (stalk and seed), TrueBroc®, and broccoli (aerial parts).

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Other Ingredients: Gelatin, glycerine, water, dimagnesium malate, and beeswax.

TrueBroc® is protected by trademarks and patents of Brassica Protection Products LLC: [www.brassica.com/ip](http://www.brassica.com/ip)

Please consult the actual product label for the most accurate product information.
Hepatrophin PMG®
Hepatrophin PMG supports healthy liver function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 90

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Bovine liver PMG™ Extract</td>
<td>320 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Honey and calcium stearate.

Hypothalamus PMG® FUNDAMENTALS PRODUCT
Hypothalamus PMG supports hypothalamus function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per day, or as directed.

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 60

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>5 mg</td>
</tr>
<tr>
<td>Calcium</td>
<td>15 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>205 mg</td>
</tr>
</tbody>
</table>
Porcine hypothalamus PMG™ extract† and magnesium citrate.

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Hypothalmex®
Hypothalmex supports hypothalamus gland health.*
- Includes porcine hypothalamus Cytosol™ extract
- Supports healthy hypothalamus functioning*

Suggested use: One tablet per day, or as directed.

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 60

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>10 mg</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>190 mg</td>
</tr>
</tbody>
</table>
Porcine hypothalamus Cytosol™ extract† and magnesium citrate.

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Immuplex® FUNDAMENTALS PRODUCT

Immuplex blends essential micronutrients and minerals as well as Protomorphogen™ and Cytosol™ extracts to support the immune system.*
- Taken daily, supports healthy immune system response function
- Helps maintain normal white blood cell activity already within a normal range
- Supports the body’s normal inflammatory response function as it relates to periodic challenges like consumption of a high-fat meal or strenuous activity
- Provides ingredients with antioxidant activity
- High in antioxidant vitamins C and E*

Suggested use: Two capsules per meal, or as directed.

Synergistic Product Support
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Inositol

Inositol helps support the cardiovascular and nervous systems.*
- Supports healthy cell membrane integrity
- Supports normal cell membrane signaling
- Supports the normal processing of fats in the liver*

Suggested use: One tablet per meal, or as directed.

---

**Immuplex® FUNDAMENTALS PRODUCT**

- **Whole Food Nutrient Solutions**
- **standardprocess.com**
- **800-558-8740**

---

**Immuplex**

- **GF**
- **Introduced in 1984**
- **4940 - 90 Capsules | 4960 - 150 Capsules**

**Immuplex** blends essential micronutrients and minerals as well as Protomorphogen™ and Cytosol™ extracts to support the immune system.*
- Taken daily, supports healthy immune system response function
- Helps maintain normal white blood cell activity already within a normal range
- Supports the body’s normal inflammatory response function as it relates to periodic challenges like consumption of a high-fat meal or strenuous activity
- Provides ingredients with antioxidant activity
- High in antioxidant vitamins C and E*

Suggested use: Two capsules per meal, or as directed.

**Synergistic Product Support**
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

---

**Inositol**

- **GF**
- **Introduced in 1948**
- **5000 - 90 Tablets**

Inositol helps support the cardiovascular and nervous systems.*
- Supports healthy cell membrane integrity
- Supports normal cell membrane signaling
- Supports the normal processing of fats in the liver*

Suggested use: One tablet per meal, or as directed.

---

**Standard Process**

- **Whole Food Nutrient Solutions**
- **standardprocess.com**
- **800-558-8740**

---

**Inositol**

- **GF**
- **Introduced in 1948**
- **5000 - 90 Tablets**

Inositol helps support the cardiovascular and nervous systems.*
- Supports healthy cell membrane integrity
- Supports normal cell membrane signaling
- Supports the normal processing of fats in the liver*

Suggested use: One tablet per meal, or as directed.

---

**Supplement Facts**

### Immuplex

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>2 Capsules</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container</td>
<td>45 or 75</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Supplement Facts</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Choline</td>
<td>5 mg</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>300 mcg</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>5 mg</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0.5 mg</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>2 mg</td>
</tr>
<tr>
<td>Thiamin (Thiamine)</td>
<td>60 mcg</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>2 mg</td>
</tr>
<tr>
<td>Zinc</td>
<td>5 mg</td>
</tr>
<tr>
<td>Copper</td>
<td>3.5 mg</td>
</tr>
<tr>
<td>Chromium</td>
<td>20 mcg</td>
</tr>
</tbody>
</table>

*Daily Value not established.

**Other Ingredients:** Gelatin, zine oxide, colloids and silicates, cellulose, silica, calcium stearate, and dicalcium phosphate.

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>1 Tablet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container</td>
<td>90</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Supplement Facts</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Inositol</td>
<td>400 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

**Other Ingredients:** Honey and calcium stearate.
Inositol Powder

Inositol Powder helps support the cardiovascular and nervous systems.*
- Contains 300 mg more inositol per serving than Inositol tablets
- Supports healthy cell membrane integrity
- Supports normal cell membrane signaling
- Supports normal processing of fats in the liver
- Can be mixed in a supplement shake or added to foods*

Suggested use: One quarter teaspoon per day, or as directed.

Iodomere®

Iodomere supports healthy thyroid, immune, and cellular function.*
- Supports healthy thyroid function
- Supports normal basal metabolism
- Falls between Trace Minerals-B12 and Prolamine Iodine in iodine content*

Suggested use: One tablet per day, or as directed.

Caution: Do not use if you are allergic to plants of the daisy family. This product contains ingredients derived from shellfish.

Sunset over the oat and barley fields on the Standard Process certified organic farm

---

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**
Iplex®

Iplex supports ocular health.*
- Supports normal eye function
- Supports healthy cellular and connective tissue associated with the eye
- Supports healthy eye vascular tissue
- Good source of antioxidant vitamin C
- Contains a combination of key ingredients from Cataplex A-C, Cataplex G, Cyruta, Ostrophin PMG, Phosfood Liquid, and Oculotrophin PMG*

Suggested use: Two capsules per meal, or as directed.

Lact-Enz®

Lact-Enz combines digestive enzymes with probiotic bacteria to support healthy digestion and immune system response function.*
- Supports healthy gastrointestinal flora
- Supports a healthy immune system response function
- Provides support during the gastric and intestinal phases of digestion*

Suggested use: Two capsules per meal, or as directed.

Synergistic Product Support
- Gastro-Fiber or Whole Food Fiber

Supplement Facts

**Iplex**

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 75</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%Daily Value</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>160 mcg RAE</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>9 mg</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>0.4 mg</td>
</tr>
<tr>
<td>Niacin</td>
<td>4.8 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>0.2 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend 972 mg†
Artemisia annua, inulin, phosphoric acid, calcium lactate, porcine eye PMG™ extract, organic dried buckwheat (aerial parts) juice, organic buckwheat (seed), veal bone PMG™ extract, bovine liver, magnesium citrate, porcine stomach, choline bitartrate, nutritional yeast, organic carrot (root), organic sweet potato, bovine adrenal, organic alfalfa (aerial parts), bovine kidney, defatted wheat germ, para-amino benzoate, organic dried alfalfa (aerial parts) juice, porcine brain, magnesium glycero phosphate, bovine adrenal Cytoisol™ extract, DL-methionine, cell flour, bovine bone, organic reishi mushroom powder, organic shiitake mushroom powder, bovine bone, sunflower lecithin powder, carrot oil, and rice bran.

†Daily Value not established.

Other Ingredients: Gelatin, water, ascorbic acid, niacinamide, calcium stearate, starch, vitamin A palmitate, riboflavin, d-alpha tocopherol (vitamin E sunflower), and pyridoxine hydrochloride.

**Lact-Enz**

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 45 or 75</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>4</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>&lt;1%*</td>
</tr>
</tbody>
</table>

Proprietary Blend 960 mg†
Maltodextrin, amylopectin, protease†, cellulase†, lipase†, Lactobacillus acidophilus (milk†), and Bifidobacterium longum†.

†Daily Value not established.

Other Ingredients: Gelatin, water, potato dextrin, calcium stearate, and cassava dextrin.

Please consult the actual product label for the most accurate product information.

Whole Food Nutrient Solutions | standardprocess.com | 800-558-8740
Lactic Acid Yeast™

Lactic Acid Yeast supports a healthy intestinal environment.*
  • Cleanses and promotes healthy function in the lower gastrointestinal tract*

Suggested use: One wafer per meal, or as directed.

Special Information: This product should be chewed then swallowed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Wafer</th>
<th>Servings per Container: 100</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>5</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>5 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>1 g</td>
</tr>
</tbody>
</table>

Proprietary Blend: 842 mg
Corn†, whey (milk)†, malt syrup†, and yeast (Saccharomyces cerevisiae)†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Ligaplex® I Fundamentals Product

Ligaplex I contains nutrients that provide acute ligament and muscle support.*
  • Supports the body’s normal connective tissue repair and synthesis processes
  • Supports healthy joints and muscles
  • Supports bone growth and the synthesis of cartilage
  • Contains buckwheat, which supports the body’s natural inflammatory response function as it relates to periodic challenges like strenuous exercise
  • Contains a combination of key ingredients from Manganese B12, Cataplex E, Ostrophin PMG, and Cataplex A-C-P*

Suggested use: Two capsules per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 75</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cholesterol</td>
<td>&lt;5 mg</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>70 mcg</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>2 mg</td>
</tr>
<tr>
<td>Vitamin B12</td>
<td>5.8 mcg</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>20 mg</td>
</tr>
<tr>
<td>Manganese</td>
<td>55 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 770 mg
Bovine bone, calcium lactate, organic dried pea (vite) juice, gel flour, bovine liver, rice bone PMG™ extract, bovine kidney, organic beef (pred), blended nutritional yeast, organic dried wakame (kelp) leaf juice, organic dried buckwheat (seral pasta) leaf, organic buckwheat (seed), rhubarb root, carot leaf, organic wheat, potato, bovine adrenal Cytoon® extract, bovine spleen, ovine spleen, para-amino benzoic acid, organic shiitake mushroom powder, organic reishi mushroom powder, sunflower lecithin powder, and camphor oil.

*Daily Value not established.

Other Ingredients: Manganese lactate, gelatin, water, calcium stearate, disodium phosphate, starch, d-alpha tocopheryl (vitamin E sunflower), ascorbic acid, vitamin A palmitate, and cyanocobalamin.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
**Ligaplex® II**

Ligaplex II supports tissue and joints to maintain connective tissue health, especially for long-term support.*

- Provides the foundation to feed the musculoskeletal system and facilitate freedom of movement
- Nutritional compounds for support of proper formation and maintenance of skeletal tissues
- Involved in maintenance of healthy fluid levels
- Contains bovine heart PMG™ extract
- Contains a combination of key ingredients from Cyro-Yeast, Cardiotrophin PMG, Ostrophin PMG, Manganese B₁₂, Super EFF, and Cataplex E*

**Suggested use:** Two capsules per meal, or as directed.

**Synergistic Product Support**
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Glucosamine Synergy
- Trace Minerals-B₁₂

---

**Linum B₆ GF**

Linum B₆ contains flaxseed oil, a natural source of alpha-linolenic acid, and vitamin B₆. This product is designed to support hormone production and nerve tissue as well as systems like the cardiovascular and immune systems.*

- Approximately 50 percent of flaxseed oil is made up of alpha-linolenic acid, which is a precursor of EPA and DHA.
- Supports the formation of eicosanoids
- Promotes healthy skin
- Supports cognitive function*

**Suggested use:** One perle per meal, or as directed.

---

**Supplement Facts**

**Ligaplex® II**

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 75</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>% Daily Value</strong></td>
</tr>
<tr>
<td>Vitamin A</td>
<td>0.18 mg (RAE)</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>1 mg</td>
</tr>
<tr>
<td>Vitamin B₁₂</td>
<td>0.6 mg</td>
</tr>
<tr>
<td>Vitamin B₁₂</td>
<td>0.7 mg</td>
</tr>
<tr>
<td>Calcium</td>
<td>2 mg</td>
</tr>
<tr>
<td>Manganese</td>
<td>35 mg</td>
</tr>
<tr>
<td><strong>Proprietary Blend</strong></td>
<td>650 mg</td>
</tr>
</tbody>
</table>

*Daily Value not established.

Other Ingredients: Gelatin, glycerin, beeswax, water, linseed oil, vitamin E, cholecalciferol, and pyridoxine hydrochloride.

---

**Supplement Facts**

**Linum B₆ GF**

<table>
<thead>
<tr>
<th>Serving Size: 1 Perle</th>
<th>Servings per Container: 120</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
<td>5</td>
</tr>
<tr>
<td>Total Fat</td>
<td>0.5 g</td>
</tr>
<tr>
<td>Vitamin B₆</td>
<td>2 mg</td>
</tr>
<tr>
<td>Flaxseed Oil</td>
<td>630 mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerin, beeswax, water, and pyridoxine hydrochloride.
Livaplex® Fundamentals Product

Livaplex is foundational support for the liver.*

- Supports healthy liver and gallbladder function
- Supports the body's normal toxin-elimination function
- Encourages healthy digestion of fats
- Enhances bowel function
- Encourages healthy bile production
- Contains a combination of key ingredients from A-F Betafood, Hepatrophin PMG, Betacol, Spanish Black Radish, Chezyn, and Antronex*

Suggested use: One capsule per meal, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Synergistic Product Support

- Cruciferous Complete, Garlic, and Spanish Black Radish

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%Daily Value</strong></td>
</tr>
<tr>
<td>Vitamin A (as beta-carotene)</td>
<td>140 mcg RAE</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>2.4 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>0.8 mg</td>
</tr>
<tr>
<td>Iron</td>
<td>0.6 mg</td>
</tr>
<tr>
<td>Zinc</td>
<td>0.5 mg</td>
</tr>
<tr>
<td>Copper</td>
<td>0.1 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend:

582 mg

- Bladder bean PMG™ extract, organic Spanish black radish (root), bovine liver, calcium lactate, Spanish moss (Tillandsia unaedae), and flour, organic dried onion (beet root), organic sweet potato, carrot (root), besan hydrate, magnesium citrate, choline stearate, potassium bicarbonate, bovine kidney, bovine pancreas, bovine adrenal, Cysteine™ extract, bovine liver fat extract (gelatin), bovine echinacea extract, organic flavoring oil, tocopherol, and dl-alpha tocopheryl (vitamin E).

**Daily Value not established.

Other ingredients: Gelatin, rice rice choleate, iron rice choleate, water, calcium carbonate, niacinamide, copper rice choleate, beta-carotene, potassium hydroxide, starch, vitamin A palmitate, and probiotics (Bacillus coagulans).

Magnesium Lactate

Magnesium Lactate contains magnesium to support cellular functions.*

- Promotes cellular energy production
- Supports synthesis of essential molecules
- Provides cofactor support for more than 300 enzymes
- Supports ion signaling across cell membranes
- Supports the body’s natural ongoing activities of bone formation and resorption
- Helps facilitate muscle contraction
- Supports the body’s energy production, which is used by the central nervous, neuromuscular, and cardiovascular systems*

Suggested use: Three capsules per day, or as directed.

Synergistic Product Support
- Calcium Lactate

Mammary PMG®

Mammary PMG supports the mammary gland.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

Supplement Facts
Serving Size: 3 Capsules
Servings per Container: 30

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>10</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>2 g</td>
</tr>
<tr>
<td>Magnesium</td>
<td>210 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Magnesium lactate, gelatin, calcium stearate, and water.

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 90

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>5 mg</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 185 mg
- Bovine mammary PMG™ extract† and magnesium citrate.

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.
Manganese B12™

Manganese B12 contains manganese, vitamin B12, carrot root, and bovine bone to support enzymatic functions.*
- Supports the body’s normal tissue repair process
- Promotes healthy connective tissue
- Supports normal red blood cell function
- Supports hemoglobin formation
- Good source of antioxidant vitamin C

Suggested use: One tablet per day, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Min-Chex® Fundamentals Product

Min-Chex is a combination of minerals and synergistic factors designed to support the nervous system.*
- Supports nervous system health
- Moderate calmsative that helps maintain emotional balance
- Helps ease the effects of temporary stress
- Contains a combination of key ingredients from Min-Tran and Orchex*

Suggested use: One capsule one half hour before each meal, or as directed.

Synergistic Product Support
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
Min-Tran®

Min-Tran is a vegetarian product that contains mineral complexes to support emotional balance.*

- Supports a healthy nervous system
- Mild calmative that helps maintain emotional balance
- Helps ease the effects of temporary stress
- Supports the actions of neurotransmitters that regulate mood*

Suggested use: Four tablets per meal, or as directed.

Multizyme®

Multizyme contains digestive enzymes to support the proper breakdown of proteins, carbohydrates, and fats.*

- Enzymes provide support in the gastric and intestinal phases of digestion.
- Supplemental pancreatic enzymes support pancreatic function.*

Suggested use: One capsule per meal, or as directed.

Synergistic Product Support
- A-F Betafood
- ProSynbiotic
Myo-Plus®

Myo-Plus supports muscular health and function.*

- Supports the healthy functioning of muscles, including the heart
- Supports normal coronary blood flow
- Provides ingredients with antioxidant activity
- Support for increased oxygen demand during exercise
- High in antioxidant vitamin C
- Twin product to Cardio-Plus
- Contains a combination of key ingredients from Cataplex G, Cataplex E₂, Cardiotrophin PMG, and Cataplex C*

Suggested use: Two tablets per meal, or as directed.

Synergistic Product Support
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Cataplex E
- Vasculin

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Tablets</th>
<th>Servings per Container: 45</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>4</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>5 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>1 g</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>14.5 mg</td>
</tr>
<tr>
<td>Vitamin E</td>
<td>2 IU</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>1.6 mg</td>
</tr>
<tr>
<td>Niacin</td>
<td>14 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>0.5 mg</td>
</tr>
<tr>
<td>Selenium</td>
<td>2.8 mcg</td>
</tr>
</tbody>
</table>

Proprietary Blend .................... 630 mg
Bovine heart PMG™ extract†, bovine liver†, choline bitartrate†, calcium lactate, porcine stomach†, bovine orich extract†, Tillandsia usneoides†, defatted wheat (germ)†, para-aminobenzoate†, nutritional yeast†, allantoin†, inositol†, bovine spleen†, ovine spleen†, porcine brain†, oat flour†, and bovine adrenal Cytosol™ extract†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, calcium stearate, ascorbic acid, niacinamide, vitamin E (sunflower), arabic gum, selenium yeast, glycerin, tapioca starch, riboflavin, and pyridoxine hydrochloride.

Myotrophin PMG®

Myotrophin PMG is taken to support muscle function.*

- Provides a unique profile of minerals, nucleotides, and peptides
- Twin product to Cardiotrophin PMG*

Suggested use: One tablet per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend .................... 185 mg
Bovine muscle PMG™ extract† and magnesium citrate.

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

GF Gluten-free: This product contains less than 20 parts per million per the suggested use listed on each product label. Vegetarian (veg): This product is vegetarian (veg) and contains no animal derived ingredients. Please consult the actual product label for the most accurate product information. The synergistic products listed are for general reference only. Protocols should be devised by health care professionals according to each patient’s individual needs.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Neuroplex®

Neuroplex combines synergistic ingredients to support the nervous and endocrine systems.*
- Supports the nervous system
- Supports cognitive functioning
- Contains a broad spectrum of vitamins, minerals, and complementary tissues to support endocrine organ function*

Suggested use: Two capsules per day, as directed.

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cholesterol</td>
<td>&lt;5 mg</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Thiamine</td>
<td>0.9 mg</td>
<td>40%</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>0.9 mg</td>
<td>20%</td>
</tr>
<tr>
<td>Niacin</td>
<td>40 mg</td>
<td>250%</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>8.9 mg</td>
<td>75%</td>
</tr>
<tr>
<td>Iron</td>
<td>8 mg</td>
<td>45%</td>
</tr>
<tr>
<td>Zinc</td>
<td>16 mg</td>
<td>150%</td>
</tr>
<tr>
<td>Copper</td>
<td>0.3 mg</td>
<td>35%</td>
</tr>
</tbody>
</table>

Proprietary Blend: 655 mg
Spanish moss (Himadoris unaestilis), bovine thymus, Cyathostomum extract, porcine brain PMG™ extract, bovine spleen, bovine spleen, dried wheat germ, bovine hypothalamus, bovine anterior pituitary, bovine liver, calcium lactate, pantothenic acid, porcine brain, bovine pituitary PMG™ extract, and ascorbic acid.

† Daily Value not established.

Other Ingredients: Gelatin, zinc oxide, bovine spleen, niacinamide, water, glycine, hydrochloric acid, copper sulfate, calcium stearate, thiamine hydrochloride, and riboflavin.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Neurotrophin PMG®

Neurotrophin PMG is a Protomorphogen™ extract formula that supports healthy central nervous system function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>1</td>
<td>antes</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>10 mg</td>
<td>3%</td>
</tr>
<tr>
<td>Calcium</td>
<td>10 mg</td>
<td>1%</td>
</tr>
</tbody>
</table>

Proprietary Blend: 200 mg Porcine brain PMG™ extract† and magnesium citrate.

† Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Please consult the actual product label for the most accurate product information.
Niacinamide B₆

Niacinamide B₆ aids in the breakdown of proteins, fats, and carbohydrates.*
- Supports healthy cholesterol levels already within a normal range
- Supports metabolism and a healthy nervous system
- Supports energy metabolism
- Contains two important constituents of coenzymes that are essential for metabolic processes in each cell of the body*

Suggested use: One capsule per day, or as directed.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td></td>
</tr>
<tr>
<td>Niacin</td>
<td>50 mg</td>
</tr>
<tr>
<td>Vitamin B6</td>
<td>9 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>416 mg</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bovine liver†</th>
<th>porcine stomach†</th>
<th>calcium lactate</th>
<th>soy (bean)†</th>
<th>bovine spleen†</th>
<th>ovine spleen†</th>
<th>defatted wheat (germ)†</th>
<th>para-aminobenzoate†</th>
<th>porcine brain†</th>
<th>ascorbic acid</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Daily Value (DV) not established. |

Other Ingredients: Gelatin, niacinamide, water, and pyridoxine hydrochloride.

Nutrimere®

Nutrimere supports protein metabolism and cellular activity.*
- Includes the building blocks for normal protein metabolism
- Encourages healthy cell functioning
- Promotes vitality
- Supports the healthy aging body*

Suggested use: Two capsules per meal, or as directed.

Caution: This product contains ingredients derived from shellfish.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 45</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td></td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>794 mg</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Green-lipped mussel (Perna canaliculus) (shellfish)†</th>
<th>carrot (root)†</th>
<th>sweet potato†</th>
</tr>
</thead>
</table>

| Daily Value (DV) not established. |

Other Ingredients: Gelatin and water.

Oculotrophin PMG®

Oculotrophin PMG is formulated to support eye health.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td></td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>15 mg</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Porcine eye PMG™ extract†</th>
<th>magnesium citrate.</th>
</tr>
</thead>
</table>

| Daily Value (DV) not established. |

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Gluten-free: This product contains less than 20 parts per million per the suggested use listed on each product label.
Vegetarian (facts vary) Please consult the actual product label for the most accurate product information. The synergistic products listed are for general reference only. Protocols should be devised by health care professionals according to each patient’s individual needs.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Okra Pepsin E₃

Okra Pepsin E₃ supports intestinal function.*
- Supports mucosal tissue in the intestines
- Supports bowel function
- Provides bowel cleansing*

Suggested use: One capsule after each meal, or as directed.

Synergistic Product Support
- Gastrex

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container: 90 or 150</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cholesterol</td>
<td>&lt;5 mg</td>
<td>2%</td>
</tr>
</tbody>
</table>

Proprietary Blend:
- Okra (fruit), soluble extract from sesame (seed), alfalfa (aerial parts), sunflower (seed), carrot (root), Spanish moss (Tillandsia recurvata), organic buckwheat (aerial parts), and organic pea (vine), pepsin (1:10,000), alginic acid, carrageenan, and bovine enzyme extract.

**Note:** Daily Value not established.

Other Ingredients: Gelatin, cellulose, water, calcium stearate and d-alpha tocopherol (vitamin E sunflower).
Olprima™ DHA

Olprima DHA provides condition-specific support through a high concentration of the omega-3, DHA. Olprima DHA supports cardiovascular and brain health while supporting the body’s healthy inflammatory response.*

- Supports healthy triglyceride and HDL.*
- Supports healthy inflammatory processes*.
- Supports cardiovascular function*.
- Supports general brain health and cognition*
- Gluten-free*

*As part of a diet low in saturated fat and cholesterol.

Suggested use: Two softgels per day, or as directed.

Special information: Store product in a cool, dark place.

Olprima™ EPA

Olprima EPA provides condition-specific support through a high concentration of the omega-3, EPA. Olprima EPA provides general mood support while promoting a healthy inflammatory response.*

- Supports healthy triglyceride and HDL with minimal effect on LDL.*
- Supports healthy inflammatory processes*
- General mood support*
- Gluten-free

*As part of a diet low in saturated fat and cholesterol.

Suggested use: Two softgels per day, or as directed.

Special information: Store product in a cool, dark place.

Olprima™ EPA|DHA

Olprima EPA|DHA provides condition-specific support through a 55:45 ratio of the omega-3s, EPA and DHA. Olprima EPA|DHA supports cardiovascular and brain health while supporting the body’s healthy inflammatory response.*

- Supports cardiovascular health*.
- Supports healthy inflammatory processes*
- Supports general brain health and cognition*
- General mood support
- Gluten-free

*As part of a diet low in saturated fat and cholesterol.

Suggested use: Two softgels per day, or as directed.

Special information: Store product in a cool, dark place.
OPC Synergy®

OPC Synergy is a synergistic blend that supports antioxidant activity and cell functioning.*
- Provides nutrients that support antioxidant activity
- Supports and maintains normal cell function
- Helps maintain normal cognitive function
- Traditionally used in support of eye health
- Supports the complex processes associated with aging
- Supports a healthy cardiovascular system
- Helps maintain capillary integrity*

Suggested use: One capsule per day, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container: 40</td>
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<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories: 1.5</td>
<td></td>
</tr>
</tbody>
</table>

Proprietary Blend: 410 mg
- Dried buckwheat (leaf) and juice†, green tea (leaf) powder,†, carrot (root)†, grape seed extract (Masquelier’s® Original OPC included),†, red wine extract†, green tea (leaves) extract†, and bilberry (fruit) extract†.

†Daily Value (DV) not established.

Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate.

Orchex®

Orchex combines nutrients to promote nervous system balance.*
- Potent calming effect that helps maintain emotional balance
- Encourages mental clarity, enhances the ability to relax, and allows greater adaptability to life's stresses
- Supports the balanced function of the central nervous system
- Supports healthy testicular function*

Suggested use: One capsule per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container: 90 or 150</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories: 2</td>
<td>2%</td>
</tr>
<tr>
<td>Cholesterol: 5 mg</td>
<td>2%</td>
</tr>
<tr>
<td>Niacin: 25 mg</td>
<td>130%</td>
</tr>
<tr>
<td>Vitamin B6: 5 mg</td>
<td>250%</td>
</tr>
</tbody>
</table>

Proprietary Blend: 465 mg
- Bovine liver†, bovine orchic CytoSol™ extract†, calcium lactate, manganese lactate, porcine stomach†, bovine spleen†, ovine spleen†, soy (bean)†, para-aminobenzoate, defatted wheat (germ)†, magnesium citrate, porcine brain†, and ascorbic acid.

†Daily Value (DV) not established.

Other Ingredients: Gelatin, niacinamide, water, calcium stearate, and pyridoxine hydrochloride.

Orchic PMG®

Orchic PMG supports healthy testicular function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings per Container: 90</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories: 1</td>
<td></td>
</tr>
<tr>
<td>Calcium: 20 mg</td>
<td>2%</td>
</tr>
</tbody>
</table>

Proprietary Blend: 197 mg
- Bovine orchic PMG™ extract† and magnesium citrate.

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.
Organically Bound Minerals contains iodine from alfalfa and kelp.*

- Encourages healthy enzyme functioning
- Promotes healthy connective tissue
- Helps maintain proper cellular energy production
- Provides ingredients with antioxidant activity
- Includes whole food-sourced ingredients with complexity maintained through careful processing
- Supports nervous system health
- Contains iodine to assist with proper thyroid function*

Suggested use: One tablet per meal, or as directed.

Caution: High dose iodine products should only be used under the direct supervision of a healthcare professional. Keep out of reach of children.

Synergistic Product Support

- Catalyn

Ostarplex®

Ostarplex contributes to skeletal system health.*

- Encourages the formation of healthy connective tissue
- Supports normal liver function
- Helps support important chloride ions at the cellular level
- Contains a combination of key ingredients from Betacol, Cal-Amo, Cataplex G, Ostrophin PMG, and Phosfood Liquid*

Suggested use: One capsule per meal, or as directed.

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**Supplement Facts**

_Organically Bound Minerals_

Serving Size: 1 Tablet
Servings per Container: 180

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories..............</td>
<td>1</td>
</tr>
<tr>
<td>Iodine................</td>
<td>200 mcg</td>
</tr>
<tr>
<td>Chromium...............</td>
<td>1 mcg</td>
</tr>
</tbody>
</table>

Proprietary Blend .............. 340 mg
† Organic kelp and organic dried alfalfa (aerial parts) juice.

†Daily Value (DV) not established.

Other Ingredients: Organic honey and organic rice hulls extract.

---

**Supplement Facts**

_Ostarplex®_

Serving Size: 1 Capsule
Servings per Container: 90

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Riboflavin.........</td>
<td>0.7 mg</td>
</tr>
<tr>
<td>Niacin..............</td>
<td>7.5 mg</td>
</tr>
<tr>
<td>Vitamin B6.........</td>
<td>0.2 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend .............. 430 mg
† Organic alfalfa (aerial parts), nutritional yeast, red blood PEMSTE™ extract, betaine hydrochloride, ammonium chloride, uracil, d-mannose, potassium citrate, soy protein, choline bitartrate, phosphoric acid, ovine liver, porcine stomach, calcium lactate, magnesium phosphosilicate, bovine serum, magnesium citrate, bovine spleen, ovine spleen, licorice root, para-amino benzoate, defatted wheat germ, pantothenic acid, and ascorbic acid.

† Daily Value (DV) not established.

Other Ingredients: Gelatin, water, calcium stearate, niacinamide, pyridoxine hydrochloride, and riboflavin.

---

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Ostrophin PMG®

Ostrophin PMG combines synergistic nutrients for natural bone health support.*
- Provides a unique profile of minerals, nucleotides, and peptides
- Supports healthy bone function*

Suggested use: One tablet per meal, or as directed.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories ................ 2</td>
<td></td>
</tr>
<tr>
<td>Calcium .................. 25 mg 2%</td>
<td></td>
</tr>
<tr>
<td>Manganese ............. 4 mg 200%</td>
<td></td>
</tr>
<tr>
<td>Proprietary Blend .... 250 mg</td>
<td></td>
</tr>
<tr>
<td>Veal bone PMG™ extract†, bovine bone†, carrot (root)†, and sweet potato†.</td>
<td></td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Calcium lactate, honey, manganese lactate, and calcium stearate.

Ovatrophin PMG®

Ovatrophin PMG supports healthy ovary function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories ................ 1</td>
<td></td>
</tr>
<tr>
<td>Calcium .................. 20 mg 2%</td>
<td></td>
</tr>
<tr>
<td>Sodium .................. 10 mg &lt;1%</td>
<td></td>
</tr>
<tr>
<td>Proprietary Blend .... 190 mg</td>
<td></td>
</tr>
<tr>
<td>Bovine ovary PMG™ extract† and magnesium citrate.</td>
<td></td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Ovex®

Ovex provides a synergistic blend of nutrients for ovarian support.*
- Supports healthy ovarian functioning
- Helps balance female hormones
- Contains Cytosol™ extract from bovine ovary*

Suggested use: One tablet per meal, or as directed.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories ................ 1</td>
<td></td>
</tr>
<tr>
<td>Vitamin C .............. 2 mg 2%</td>
<td></td>
</tr>
<tr>
<td>Proprietary Blend .... 358 mg</td>
<td></td>
</tr>
<tr>
<td>Calcium lactate, bovine ovary Cytosol™ extract†, magnesium citrate, and vitamin E (sunflower).</td>
<td></td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Cellulose, calcium stearate, ascorbic acid, and tapioca starch.
Ovex® P

Ovex P provides a synergistic blend of nutrients for ovarian support.*
- Supports healthy ovarian functioning
- Helps balance female hormones
- Contains Cytosol™ extract from porcine ovary*

Suggested use: One tablet per meal, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories .................. 1</td>
<td></td>
</tr>
<tr>
<td>Vitamin C .................. 2 mg .................. 2%</td>
<td></td>
</tr>
<tr>
<td>Proprietary Blend .......... 358 mg</td>
<td></td>
</tr>
<tr>
<td>Calcium lactate, porcine ovary Cytosol™ extract†, magnesium citrate, and vitamin E (sunflower).</td>
<td></td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Cellulose, calcium stearate, ascorbic acid, and tapioca starch.

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Palmettoplex®

Palmettoplex supports male reproductive system health.*
- Supports healthy prostate gland function*

Suggested use: Three capsules per day, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 3 Capsules</th>
<th>Servings per Container: 50</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories .................. 9</td>
<td></td>
</tr>
<tr>
<td>Zinc ..................... 7.5 mg .................. 50%</td>
<td></td>
</tr>
<tr>
<td>Proprietary Blend .......... 1,020 mg</td>
<td></td>
</tr>
<tr>
<td>Saw palmetto (berry) powder (Serenoa repens)†, stinging nettle (root) extract (Urtica dioica)†, saw palmetto (berry) extract†, bovine prostate PMG™ extract†, glutamic acid†, tomato (fruit) powder†, alanine†, pygeum (bark) extract (Pygeum africanum)†, and glycine†.</td>
<td></td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Maltodextrin, gelatin, zinc rice chelate, water, silica, calcium stearate, and corn starch.

---

Pancreatrophin PMG®

Pancreatrophin PMG is designed to support healthy pancreatic function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories .................. 2</td>
<td></td>
</tr>
<tr>
<td>Sodium .................... 20 mg .................. &lt;1%</td>
<td></td>
</tr>
<tr>
<td>Proprietary Blend .......... 425 mg</td>
<td></td>
</tr>
<tr>
<td>Bovine pancreas PMG™ extract†, dried alfalfa (whole plant) juice†, nutritional yeast†, porcine duodenum†, defatted wheat (germ)†, dried buckwheat (leaf) juice†, and buckwheat (seed)†.</td>
<td></td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Arabic gum and calcium stearate.

---

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Paraplex® Fundamentals Product

Paraplex is designed to promote normal carbohydrate metabolism.*
- Provides Protomorphogen™ extracts with unique profiles of minerals, nucleotides, and peptides
- Supports healthy pancreas, pituitary, thyroid, and adrenal gland function
- Contains a combination of key ingredients from Pituitrophin PMG, Thythropin PMG, Pancreatrophin PMG, and Drenatrophin PMG*

Suggested use: One tablet per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
<tr>
<td>Calcium</td>
<td>2%</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>215 mg</td>
</tr>
<tr>
<td>Magnesium citrate</td>
<td></td>
</tr>
<tr>
<td>Bovine pancreas PMG™</td>
<td></td>
</tr>
<tr>
<td>extract†</td>
<td></td>
</tr>
<tr>
<td>dried alfalfa (whole</td>
<td></td>
</tr>
<tr>
<td>plant) juice†</td>
<td></td>
</tr>
<tr>
<td>nutritional yeast†</td>
<td></td>
</tr>
<tr>
<td>bovine adrenal PMG™</td>
<td></td>
</tr>
<tr>
<td>extract†</td>
<td></td>
</tr>
<tr>
<td>porcine duodenum†</td>
<td></td>
</tr>
<tr>
<td>defatted wheat (germ)†</td>
<td></td>
</tr>
<tr>
<td>bovine pituitary PMG™</td>
<td></td>
</tr>
<tr>
<td>extract†</td>
<td></td>
</tr>
<tr>
<td>bovine thyroid PMG™</td>
<td></td>
</tr>
<tr>
<td>extract†</td>
<td></td>
</tr>
<tr>
<td>processed to substantially remove its thyroxine, and dried buckwheat (leaf) juice†.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Parotid PMG®

Parotid PMG supports the saliva-producing parotid gland.*
- Provides a unique profile of minerals, nucleotides, and peptides
- Supports healthy parotid gland function*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Enzycore or Zypan

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>358 mg</td>
</tr>
<tr>
<td>Bovine parotid PMG™</td>
<td></td>
</tr>
<tr>
<td>extract†</td>
<td></td>
</tr>
<tr>
<td>Calcium lactate</td>
<td></td>
</tr>
<tr>
<td>magnesium citrate</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Cellulose and calcium stearate.

Phosfood® Liquid

Phosfood Liquid encourages a healthy blood calcium-phosphorus ratio.*
- Promotes healthy cellular metabolism
- Supports bone health*

Suggested use: Ten drops in water, three times per day, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 10 Drops (0.5 cc)</th>
<th>Servings per Container: 120</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>0</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>35 mg</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>4%</td>
</tr>
</tbody>
</table>

Other Ingredients: Water, ortho-phosphoric acid, inositol, and riboflavin.
Pituitrophin PMG®

Pituitrophin PMG supports healthy pituitary function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Catalyn
- Hypothalamus PMG
- Trace Minerals-B₁₂

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 90

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories.............</td>
<td>1</td>
</tr>
<tr>
<td>Calcium................</td>
<td>20 mg</td>
</tr>
<tr>
<td>Proprietary Blend ..........</td>
<td>118 mg</td>
</tr>
<tr>
<td>Magnesium citrate and bovine pituitary PMG™ extract†.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Pneumotrophin PMG®

Pneumotrophin PMG supports healthy lung function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 90

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories.............</td>
<td>1</td>
</tr>
<tr>
<td>Calcium................</td>
<td>20 mg</td>
</tr>
<tr>
<td>Proprietary Blend ..........</td>
<td>182 mg</td>
</tr>
<tr>
<td>Bovine lung PMG™ extract† and magnesium citrate.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Gluten-free: This product contains less than 20 parts per million (ppm) of gluten as per the suggested use listed on each product label. Vegetarian (lacto-ovo).

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Prebiotic Inulin

Prebiotic Inulin supports bone health, immune system response function, and gut balance.*

- Encourages a healthy intestinal environment to benefit probiotic intestinal flora
- Promotes normal development of epithelial tissue
- Supports absorption of calcium and magnesium
- Excellent source of fiber
- Supports immune system response function in the gut
- Promotes a healthy pH in the lower gastrointestinal tract
- Promotes healthy elimination
- Can be mixed in a supplement shake or added to foods*

Suggested use: Two teaspoons per day in a shake, or as directed.

Caution: If pregnant or lactating, consult your health care professional before using this product.

Synergistic Product Support
- Gut Flora Complex (MediHerb®)
- ProSynbiotic
- Vitanox® (MediHerb)

Prolamine Iodine

Prolamine Iodine supports healthy iodine levels.*

- Supports healthy thyroid function
- Designed for short-term use to support serum iodine levels
- One of three Standard Process iodine products; contains the most iodine in comparison with Trace Minerals-B12 and Iodomere*

Suggested use: One tablet per day, or as directed.

Caution: Individuals sensitive to iodine should not consume this product. High dose iodine products should only be used under the direct supervision of a health care professional. Keep out of reach of children.

Synergistic Product Support
- Symplex F or Symplex M
- Thyrophin PMG
Prostate PMG®

Prostate PMG supports healthy prostate gland function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

Prostate PMG

Sinupret®

Sinupret® supports healthy nasal mucous membranes.*
- Provides inflammasome regulation and immune support* (†)

Suggested use: One capsule per meal, or as directed.

ProSynbiotic Fundamentals Product

ProSynbiotic is a synergistic blend of four research-supported probiotic strains and two prebiotic fibers to support gut flora and overall intestinal health.*
- Contains research-supported strains of lactic acid bacteria (Lactobacillus and Bifidobacterium) and Saccharomyces cerevisiae var. boulardii
- Contains inulin (a nondigestible soluble fiber from chicory root) and galactooligosaccharides (nondigestible carbohydrates), both of which are used by probiotic bacteria as food
- Useful in maintaining a healthy gut microbial environment
- Supports the body’s natural absorption of calcium and magnesium
- Improves nutrient digestion and absorption
- Supports normal bowel regularity and consistency
- Supports the body’s natural immune system response function*

Suggested use: Three capsules per day, or as directed.

Special information: Store in a cool, dry place. Although research varies, our strains seem to work best when taken after a meal.

Synergistic Product Support
- Gastro-Fiber or Whole Food Fiber
- Prebiotic Inulin

Additional information: Diedrich Company makes no representation or warranty as to the accuracy of any of the statements, claims, or representations made by any third party regarding any product, ingredient, or other proprietary matters. The statements, claims, or representations made by any third party are not intended to be binding on Diedrich Company.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Protefood®

Protefood supports protein metabolism and immune system response function as well as skeletal and muscular health.*

- Supports cellular health
- Promotes healthy protein metabolism
- Contains the essential amino acid lysine, needed for proper collagen formation*

Suggested use: One capsule per meal, or as directed.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
<td>3</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>3.2 mg</td>
</tr>
<tr>
<td>Calcium</td>
<td>40 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>483 mg</td>
</tr>
<tr>
<td>Defatted wheat (germ), bovine adrenal, choline bitartrate, carrot (root), ribonucleic acid, DL-methionine, L-lysine mono-hydrochloride, glutamic acid, and rice (bran).</td>
<td></td>
</tr>
<tr>
<td>Daily Value (DV) not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Bovine bone, gelatin, veal bone, water, ascorbic acid, and calcium stearate.

Purification Product Kits

Our 21-day purification program helps patients purify, nourish, and maintain a healthy body and weight. We offer eight different purification product kits based on the preferred protein and fiber choice.*

Included in the kit are:

- One SP Cleanse
- Two SP Complete or any type
- Two Gastro-Fiber or Whole Food Fiber
- One SP Green Food
- Patient program guide
- Recyclable bag

**Special information:** Supplement quantities are sufficient to cover or exceed the duration of the 21-day program.
Regeneplex®

Regeneplex is a clinically studied systemic skin health product that works from the inside out. By combining key ingredients from whole foods with complementary ingredients, this formula synergistically supports the body’s natural tissue-healing processes associated with the normal effects of aging.

- Targets all three layers of skin, the circulatory and digestive systems, and cellular structure and functions
- Provides a supportive nutritional foundation for healthy skin
- Supports skin elasticity and appearance while helping address fine lines around the eyes
- Provides support for cellular rejuvenation
- High in antioxidant vitamin C

Suggested use: Two capsules twice per day, or as directed.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 2 Capsules</td>
</tr>
<tr>
<td>Servings per Container: 45</td>
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<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>5</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>20 mg</td>
</tr>
<tr>
<td>Zinc</td>
<td>2.0 mg</td>
</tr>
</tbody>
</table>

| Coenzyme Q10 (CoQ10) | 15 mg | † |
| Choline | 10 mg | † |
| Lutein | 3.5 mg | † |

Proprietary Blend: 864 mg
- Buckwheat leaf†, B-complex blend (guava, holy basil, and lemon extracts)†, sunflower lecithin powder†, dried buckwheat leaf juice†, and tuna oil†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, camu camu, water, manioc root, choline bitartrate, food starch, sucrose, CoQ10, zinc rice chelate, corn starch, casein (milk), mixed carotenoids, sodium ascorbate, palm oil, ascorbyl palmitate, lutein, tricalcium phosphate, mixed tocopherols, and mono- and diglycerides of fatty acids.

Renafood®

Renafood offers whole food support for healthy renal function.

- Provides uniquely derived nucleoprotein-mineral extracts that support cellular health
- Supports healthy kidney function
- Contains a combination of key ingredients from Arginex and Renatrophin PMG

Suggested use: One tablet per meal, or as directed.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 1 Tablet</td>
</tr>
<tr>
<td>Servings per Container: 180</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin A</td>
<td>230 mcg RAE</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>2 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 385 mg
- Organic dried kidney bean (purified), juice, barley kidney PMG™ extract, lactose (milk), barley kernels, oat flour, defatted wheat germ, enzymatically processed Spanish moss (Vandusen species), and beef (tongue), carrot (root), and organic sweet potatoes.

†Daily Value not established.

Other Ingredients: Honey, arabic gum, starch, ascorbic acid, and vitamin A palmitate.
Renatrophin PMG®

Renatrophin PMG is designed to support healthy kidney function.*
- Provides a unique profile of minerals, nucleotides, and peptides along with unknown factors
- Supports healthy kidney function*

Suggested use: One tablet per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>245 mg</td>
</tr>
<tr>
<td>Bovine kidney PMG™ extract† and magnesium citrate.</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Ribonucleic Acid (RNA) (G)

Ribonucleic Acid (RNA), derived from yeast, supports cell replication, growth, and protein synthesis.*
- Promotes healthy cellular growth and development
- Supports healthy cellular functioning*

Suggested use: One tablet per meal, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Calcium</td>
<td>15 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>210 mg</td>
</tr>
<tr>
<td>Ribonucleic acid†</td>
<td>and magnesium citrate.</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, calcium stearate, and arabic gum.

Please consult the actual product label for the most accurate product information.
Rumaplex®

Rumaplex provides healthy joint support.*

- Promotes healthy bone tissue
- Supports healthy connective tissue
- Supports the body’s normal tissue repair process
- Contains a combination of key ingredients from Catalyn, Ostrophin PMG, Calcifood, Arginex, Calcium Lactate, Prost-X, and Betacol*

Suggested use: Three capsules per meal, or as directed.

Supplement Facts

| * | Nutritional yeast, bovine bone, magnesium citrate, dried buckwheat (leaf) juice, buckwheat (seed), veal bone PMG™ extract, dried pea (vina) juice, betaine hydrochloride, bovine adrenal, soy (bean), bovine prostate Cytosol™ extract, defatted wheat (germ), oat flour, carrot (root), veal bone, bovine liver PMG™ extract, bovine spleen, ovine spleen, bovine liver, licorice (root), dried beef (leaf) juice, beet (root), rice (bran), manganese glycerophosphate, and enzymatically processed Tillandsia usneoides and beet (root).†
|  |
| Proprietary Blend | 1,100 mg
| Other Ingredients | Gelatin, calcium lactate, calcium glycerophosphate, water, potassium citrate, calcium stearate, niacinamide, ascorbic acid, arabic gum, starch, sucrose, and vitamin A palmitate.

Senaplex®

Senaplex is formulated to meet the unique physiological and metabolic needs of older adults.*

- Supports a healthy nervous system
- Promotes calcium absorption
- Supports healthy cell functioning
- Supports cognitive function
- Contains a combination of key ingredients from Betacol, Cyro-Yeast, Protefood, and For-Til B12*

Suggested use: Two capsules per meal, or as directed.

Supplement Facts

| Nutritional yeast, choline bitartrate, Tillandsia usneoides†, bovine liver PMG™ extract, calcium lactate, betaine hydrochloride, bovine adrenal, bovine bone, inositol, sunflower lecithin, sweet potato, ribonucleic acid, veal bone, carrot (root), bovine kidney, bovine orchic extract, DL-methionine, rice (bran), bovine spleen, ovine spleen, L-lysine mono-hydrochloride, dried alfalfa (whole plant) juice, glutamic acid, and calcium phosphate.
|  |
| Proprietary Blend | 950 mg
| Other Ingredients | Gelatin, potassium bicarbonate, water, niacinamide, pyridoxine hydrochloride, ascorbic acid, riboflavin, cholecalciferol, cyanocobalamin, arabic gum, starch, sucrose, and vitamin A palmitate.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Sesame Seed Oil  
Sesame Seed Oil is traditionally used for blood support.*
- Provides ingredients with antioxidant activity
- Supports healthy liver function
- Supports immune system response function*

Suggested use: One perle per meal, or as directed.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Serving Size:</strong> 1 Perle</td>
</tr>
<tr>
<td><strong>Servings per Container:</strong> 60</td>
</tr>
<tr>
<td><strong>Amount per Serving</strong></td>
</tr>
<tr>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
</tr>
<tr>
<td>Sesame (seed) oil</td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
</tr>
<tr>
<td>Other Ingredients: Gelatin, glycerin, and water.</td>
</tr>
</tbody>
</table>

Soybean Lecithin  
Soybean Lecithin contains essential fatty acids.*
- Supports the liver’s ability to process fats
- Precursor for brain neurotransmitters
- Helps maintain normal cognitive function
- Supports cell membranes
- Supports nerve function*

Suggested use: One perle per meal, or as directed.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Serving Size:</strong> 1 Perle</td>
</tr>
<tr>
<td><strong>Servings per Container:</strong> 240</td>
</tr>
<tr>
<td><strong>Amount per Serving</strong></td>
</tr>
<tr>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
</tr>
<tr>
<td>Soybean Lecithin</td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
</tr>
<tr>
<td>Other Ingredients: Gelatin, glycerin, and water.</td>
</tr>
</tbody>
</table>

SP Cleanse®  
SP Cleanse combines 20 unique whole food and botanical ingredients designed to support the body’s normal toxin-removal processes.*
- Supports healthy kidney, liver, and gallbladder function
- Encourages healthy digestive function
- Supports the body’s natural toxin-elimination function
- Promotes healthy elimination*

Suggested use: Seven capsules, three times per day on an empty stomach or with a nutritional supplement shake, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Not for long-term use except under the direction of a qualified health care professional. If you are taking any prescription drugs, consult your health care professional prior to use.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Serving Size:</strong> 7 Capsules</td>
</tr>
<tr>
<td><strong>Servings per Container:</strong> 21</td>
</tr>
<tr>
<td><strong>Amount per Serving</strong></td>
</tr>
<tr>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
</tr>
<tr>
<td>Iron</td>
</tr>
<tr>
<td>Proprietary Blend</td>
</tr>
<tr>
<td>Juniper berry powder (Juniperus communis)†, red clover (aerial parts) powder (Trifolium pratense)†, collinsonia (root) powder†, apple pectin†, burdock (root) powder (Arctium lappa)†, barley (grass) powder†, dandelion (leaf) (Taraxacum officinale)†, beet (root)†, Spanish black radish (root)†, Oregon grape (root) powder (Berberis aquifolium)†, cayenne pepper powder (Capsicum annuum)†, fenugreek (seed) powder†, choline bitartrate†, inositol†, globe artichoke (leaf) (Cynara scolymus)†, fennel (seed)†, milk thistle (Silybum marianum) (80% silymarins)†, mushroom powder (Cordyceps sinensis)†, broccoli (whole plant) powder†, kale (whole plant) powder†, carrot (root)†, and sweet potato†.</td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
</tr>
<tr>
<td>Other Ingredients: Cellulose, water, and calcium stearate.</td>
</tr>
</tbody>
</table>
**SP Complete**

SP Complete offers essential whole food nutrition in a convenient powder.*

- Provides amino acids
- Supports intestinal, muscular, and immune system health
- Provides ingredients with antioxidant activity
- Supports healthy liver function
- Supports the body’s normal toxin-elimination function
- Contains non-denatured whey proteins that have kept their nutritional integrity throughout the manufacturing process
- Supports the maintenance of a healthy weight when combined with a healthy lifestyle
- Adds vital nutrients to any diet and can be used as nutritional support in the Standard Process Purification Program*

**Suggested use:** One to three shakes per day, or as directed.

**Special information:** Store unopened container in a cool, dark place.

---

**Synergistic Product Support**

- Calamari Omega-3 Liquid
- Prebiotic Inulin
- Whole Food Fiber

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>90</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>9</td>
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<tr>
<td>Total Fat</td>
<td>1 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>10 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>5 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>2 g</td>
</tr>
<tr>
<td>Protein</td>
<td>10 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>200 mg</td>
</tr>
<tr>
<td>Iron</td>
<td>0.5 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 25 g
- Whey (milk) protein powder†, flax meal powder†, rice protein powder†, calcium citrate, magnesium citrate, buckwheat (leaf†), Brussels sprouts (whole plant†), kale (whole plant†), choline bitartrate†, inositol†, alfalfa (whole plant) juice powder†, sunflower lecithin powder†, grape (seed) extract (includes Masquelier’s® OPC-85†), carrot (root) powder†, and red wine extract†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

---

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
**SP Complete® Chocolate**

SP Complete Chocolate offers essential whole food nutrition in a convenient powder with delicious chocolate flavor.*

- Provides amino acids
- Supports intestinal, muscular, and immune system health
- Provides ingredients with antioxidant activity
- Supports healthy liver function
- Supports the body’s normal toxin-elimination function
- Contains non-denatured whey proteins that have kept their nutritional integrity throughout the manufacturing process
- Supports the maintenance of a healthy weight when combined with a healthy lifestyle
- Natural flavors made without the use of monosodium glutamate (MSG)
- Adds vital nutrients to any diet and can be used as nutritional support in the Standard Process Purification Program*

**Suggested use:** Four rounded tablespoons (scoops) or one packet in 8 ounces water. One to three servings per day, or as directed. Mix thoroughly for 10 to 15 seconds.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

**Proprietary Blend**
Whey (milk) protein powder†, flax meal powder†, cocoa powder†, rice protein powder†, calcium citrate, magnesium citrate, sunflower lecithin powder†, buckwheat (leaf)†, Brussels sprouts (whole plant)†, kale (whole plant)†, choline bitartrate†, inositol†, alfalfa (whole plant) juice powder†, grape (seed) extract (includes Masquelier's® OPC-85†), and carrot (root) powder†.

Other ingredients: Maltodextrin, natural flavors, guar gum, sea salt, arabic gum, food starch, monk fruit extract, and xanthan gum.

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>140</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>40</td>
</tr>
<tr>
<td>Total Fat</td>
<td>5 g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>1 g</td>
</tr>
<tr>
<td>Polyunsaturated Fat</td>
<td>2 g</td>
</tr>
<tr>
<td>Monounsaturated Fat</td>
<td>1 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>40 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>9 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>3 g</td>
</tr>
<tr>
<td>Sugars</td>
<td>&lt;1 g</td>
</tr>
<tr>
<td>Protein</td>
<td>10 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>200 mg</td>
</tr>
<tr>
<td>Iron</td>
<td>2 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>120 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend .......... 31 g
Whey (milk) protein powder†, flax meal powder†, cocoa powder†, rice protein powder†, calcium citrate, magnesium citrate, sunflower lecithin powder†, buckwheat (leaf)†, Brussels sprouts (whole plant)†, kale (whole plant)†, choline bitartrate†, inositol†, alfalfa (whole plant) juice powder†, grape (seed) extract (includes Masquelier's® OPC-85†), and carrot (root) powder†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

**Standard Process Purification Program Product**

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Please consult the actual product label for the most accurate product information.

Whole Food Nutrient Solutions | standardprocess.com | 800-558-8740
SP Complete® Dairy Free

SP Complete Dairy Free offers essential whole food nutrition in a convenient powder.*

- Rice protein provides a nondairy source of amino acids.
- Supports intestinal, muscular, and immune system health
- Provides ingredients with antioxidant activity
- Supports healthy liver function
- Supports the body’s normal toxin-elimination function
- Supports the maintenance of a healthy weight when combined with a healthy lifestyle
- Adds vital nutrients to any diet and can be used as nutritional support in the Standard Process Purification Program*

Suggested use: Two heaping tablespoons (scoops) per shake. One to three shakes per day, or as directed.

Special information: Store unopened container in a cool, dark place.

---

**Supplement Facts**

Serving Size: 2 Heaping Tablespoons (Scoops)

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>107</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>14</td>
</tr>
<tr>
<td>Total Fat</td>
<td>1.6 g</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>12 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>4 g</td>
</tr>
<tr>
<td>Protein</td>
<td>10 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>200 mg</td>
</tr>
<tr>
<td>Iron</td>
<td>1 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend: 28 g
- Rice protein concentrate†, flax meal powder†, calcium citrate, magnesium citrate, buckwheat (leaf)†, Brussels sprouts (whole plant)†, kale (whole plant)†, choline bitartrate†, inositol†, alfalfa (whole plant) juice powder†, sunflower lecithin powder†, grape (seed) extract (includes Masqueleur’s® OPC-85)†, carrot (root) powder†, and red wine extract†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

- Gluten-free: This product contains less than 20 parts per million as per the suggested use listed on each product label.
- Vegetarian (lacto-ovo): This product is suitable for vegetarians and is free of ingredients derived from animal sources.

Please consult the actual product label for the most accurate product information. The synergistic products listed are for general reference only. Protocols should be devised by health care professionals according to each patient’s individual needs.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
SP Complete® Vanilla

SP Complete Vanilla offers essential whole food nutrition in a convenient powder with delicious vanilla flavor.*

- Provides amino acids
- Supports intestinal, muscular, and immune system health
- Provides ingredients with antioxidant activity
- Supports healthy liver function
- Supports the body’s normal toxin-elimination function
- Contains non-denatured whey proteins that have kept their nutritional integrity throughout the manufacturing process
- Supports the maintenance of a healthy weight when combined with a healthy lifestyle
- Natural flavors made without the use of monosodium glutamate (MSG)
- Adds vital nutrients to any diet and it can be used as nutritional support in the Standard Process Purification Program.*

Suggested use: Four rounded tablespoons (scoops) or one packet in 8 ounces water. One to three servings per day, or as directed. Mix thoroughly for 10 to 15 seconds.

Special information: Store unopened container in a cool, dark place.

Synergistic Product Support
- Calamari Omega-3 Liquid
- Prebiotic Inulin
- Whole Food Fiber

---

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 4 Rounded Tablespoons (Scoops) or 1 packet per Container: 23 or 10 packets</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
</tr>
<tr>
<td>--------------------</td>
</tr>
<tr>
<td>Calories.............</td>
</tr>
<tr>
<td>Calories from Fat</td>
</tr>
<tr>
<td>Total Fat............</td>
</tr>
<tr>
<td>Saturated Fat........</td>
</tr>
<tr>
<td>Polyunsaturated Fat</td>
</tr>
<tr>
<td>Monounsaturated Fat</td>
</tr>
<tr>
<td>Cholesterol..........</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
</tr>
<tr>
<td>Dietary Fiber........</td>
</tr>
<tr>
<td>Sugars................</td>
</tr>
<tr>
<td>Protein..............</td>
</tr>
<tr>
<td>Calcium...............</td>
</tr>
<tr>
<td>Iron..................</td>
</tr>
<tr>
<td>Sodium................</td>
</tr>
</tbody>
</table>

Proprietary Blend .............. 25 g
Whey (milk) protein powder†, flax meal powder†, rice protein powder†, calcium citrate, magnesium citrate, sunflower lecithin powder†, buckwheat (leaf)†, Brussels sprouts (whole plant)†, kale (whole plant)†, choline bitartrate†, inositol†, alfalfa (whole plant) juice powder†, grape (seed) extract (includes Masquelier’s® OPC-85)†, and carrot (root) powder†.

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Natural flavors, maltodextrin, sea salt, monk fruit extract, guar gum, food starch, arabic gum, and xanthan gum.

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Buckwheat field on the Standard Process certified organic farm
SP Detox Balance™

Supports whole body detoxification.*

- Supports the body’s natural metabolic detoxification processes*
- Rich source of protein (17g per serving) - contains protein from pea isolates, pumpkin concentrate, oat flour and buckwheat flour
- Provides amino acids required for conjugation enzymes (phase II enzymes)*
- Good source of dietary fiber
- Supports the body’s natural toxin elimination function*
- Good source of plant-based magnesium

Suggested use: The daily dosage as recommended by a health care professional is 1 serving per day up to 3 servings per day (each serving is equal to 2 heaping scoops). The SP Detox Balance™ program is not intended as a meal replacement.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of the reach of children. In case of accidental overdose, call a health care professional or poison control center immediately. This product contains naturally occurring Vitamin K1. All forms of vitamin K may interact with blood-thinning medications. If you are taking such medicines, please consult with your health care professional before taking this product. If you are pregnant or lactating, please consult with your health care professional before taking this product.

See page 126 for more details.

Supplement Facts
Serving Size: 2 Scoops (37.3 grams)
Servings per Container: 21

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>160</td>
</tr>
<tr>
<td>Total Fat</td>
<td>5 g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0.5 g</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>11 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>4 g</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>1 g</td>
</tr>
<tr>
<td>Protein</td>
<td>17 g</td>
</tr>
<tr>
<td>Vitamin K1</td>
<td>4 mcg</td>
</tr>
<tr>
<td>Calcium</td>
<td>70 mg</td>
</tr>
<tr>
<td>Iron</td>
<td>4 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>70 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>150 mg</td>
</tr>
<tr>
<td>Potassium</td>
<td>230 mg</td>
</tr>
</tbody>
</table>

Arginine 1300 mg †
Glycine 600 mg †
Creatine 600 mg †
L-leucine 1600 mg †
L-isoleucine 850 mg †
L-valine 900 mg †
L-methionine 300 mg †

Proprietary Blend 34.5 mg †
Organic pea protein, flax meal, oat flour, organic pumpkin (seed) protein, organic buckwheat (seed), organic dried beet (leaf) juice, organic buckwheat (aerial parts), apple pectin, juniper (berry) powder, organic Spanish black radish (root), burdock (root) powder, organic beet (root), calcium citrate, organic barley (grass), dandelion (leaf), broccoli (aerial parts), inositol, organic dried alfalfa (aerial parts) juice, organic grape (root) powder, globe artichoke (leaf), choline bitartrate, sunflower lecithin powder, milk thistle extract (80% silymarins), mushroom powder (cordoncys sinensis), carrot (root), organic sweet potato and red wine extract.

*Percent Daily Values are based on a 2,000 calorie diet.
Other Ingredients: Creatine, xanthan gum, natural flavor, L-methionine, monk fruit extract, L-leucine, L-isoleucine, and L-valine.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
SP Green Food®

SP Green Food provides a simple way to supplement the diet.*
- Promotes healthy liver function
- Provides ingredients with antioxidant activity
- Supports overall cellular health
- Supports cholesterol metabolism to help maintain cholesterol levels already within a normal range
- Supports the body’s normal toxin-elimination function
- Can be used as nutritional support in the Standard Process Purification Program*

Suggested use: Two capsules three times per day, or as directed.

Synergistic Product Support
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Catalyn
- Cellular Vitality
- OPC Synergy
- Trace Minerals-B₁₂

Spanish Black Radish®

Spanish Black Radish provides support for the body’s organs.*
- Our research shows that Spanish black radish induces the body’s detoxification enzymes in cell and animal models.
- Supports healthy liver and gallbladder function
- Encourages healthy digestion
- Supports the body’s normal toxin-elimination function
- Contains organically grown Spanish black radish*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Cruciferous Complete and Garlic
- Livaplex

Human Clinical Trial on the Detoxification Action of Spanish Black Radish in Men Research Report

In a human study, Spanish Black Radish contributed to the body’s normal, balanced phase one and phase two detoxification processes. In this study, 20 male subjects were given a 1,000 mg dose of acetaminophen twice: once at the beginning of the study and again after consuming the Spanish Black Radish supplement. Blood and urine were collected prior to each dose and at intervals after the challenge to see how quickly acetaminophen was cleared from the blood and excreted in the urine. After four weeks of consuming six tablets of Spanish Black Radish daily, phase two enzyme products in plasma decreased while urinary phase two enzyme products increased. Measurement of 17β-estradiol in serum at week four decreased compared to the beginning value, suggesting that phase one enzymes were upregulated by consumption of Spanish Black Radish.*

For the complete research report, see: www.standardprocess.com

Supplement Facts

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spanish Black Radish</td>
<td>370 mg</td>
<td>†</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>4.6 mg</td>
<td>8%</td>
</tr>
<tr>
<td>Calories</td>
<td>2</td>
<td></td>
</tr>
</tbody>
</table>

Servings per Container: 80 or 270

Please consult the actual product label for the most accurate product information.
Spleen Desiccated

Spleen Desiccated is used short term to support the spleen.*

- Supports healthy immune system response function
- Maintains healthy blood*

Suggested use: One tablet per meal, or as directed.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 1 Tablet</td>
</tr>
<tr>
<td>Servings per Container: 90</td>
</tr>
<tr>
<td>Amount per Serving</td>
</tr>
<tr>
<td>Calories</td>
</tr>
<tr>
<td>Cholesterol</td>
</tr>
<tr>
<td>Proprietary Blend</td>
</tr>
<tr>
<td>Bovine spleen† and ovine spleen†.</td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
</tr>
<tr>
<td>Other Ingredients: Honey, arabic gum, and calcium stearate.</td>
</tr>
</tbody>
</table>

Spleen PMG®

Spleen PMG contains bovine spleen PMG™ extract for spleen support.*

- Provides a unique profile of minerals, nucleotides, and peptides
- Supports healthy spleen function*

Suggested use: One tablet per meal, or as directed.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 1 Tablet</td>
</tr>
<tr>
<td>Servings per Container: 90</td>
</tr>
<tr>
<td>Amount per Serving</td>
</tr>
<tr>
<td>Calories</td>
</tr>
<tr>
<td>Sodium</td>
</tr>
<tr>
<td>Proprietary Blend</td>
</tr>
<tr>
<td>Calcium lactate, bovine spleen PMG™ extract†, and magnesium citrate.</td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
</tr>
<tr>
<td>Other Ingredients: Cellulose and calcium stearate.</td>
</tr>
</tbody>
</table>

St. John’s Wort-IMT™

St. John’s Wort-IMT promotes mental health and maintains emotional balance.*

- Calms nerves
- Supports the body’s natural ability to cope with the changes of everyday life
- Supports the body during occasional stress
- Contains a combination of key ingredients from Min-Tran and Inositol with St. John’s wort*

Suggested use: One capsule per meal, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Do not use this product while taking prescription drug(s) without the advice of your prescribing physician. Avoid excessive exposure to ultraviolet irradiation (e.g., sunlight, tanning) when using this product.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 1</td>
</tr>
<tr>
<td>Servings per Container: 90</td>
</tr>
<tr>
<td>Amount per Serving</td>
</tr>
<tr>
<td>Calories</td>
</tr>
<tr>
<td>Iodine</td>
</tr>
<tr>
<td>Proprietary Blend</td>
</tr>
<tr>
<td>St. John’s wort extract (0.3% hypericin) (aerial parts)†, calcium lactate, inositol†, St. John’s wort (leaves and flowers) powder†, magnesium citrate, alfalfa (aerial parts) powder†, carrot (root) powder†, and carrot oil.</td>
</tr>
<tr>
<td>†Daily Value (DV) not established.</td>
</tr>
<tr>
<td>Other Ingredients: Gelatin, kelp powder, water, and calcium stearate.</td>
</tr>
</tbody>
</table>
**StandardBar® — Berry (GF)**

**40-30-30**

The Berry StandardBar contains a nutritious blend of three natural fruits—blueberries, cranberries, and cherries.*

- 40-30-30 type StandardBar
- Blueberries and cranberries help promote urinary tract health
- Blueberries exhibit antioxidant activity
- Contains black currant seed oil for support of immune system response function
- Contains calcium to help support the central nervous, skeletal, and cardiovascular systems
- A convenient supplement without artificial preservatives, colors, or flavors*

*Please consult the actual product label for the most accurate product information.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 Bar (50 g)</th>
<th>Servings per Container: 18</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories</td>
<td>195</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>60</td>
</tr>
<tr>
<td>Total Fat</td>
<td>7 g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0 g</td>
</tr>
<tr>
<td>Polyunsaturated Fat</td>
<td>1 g</td>
</tr>
<tr>
<td>Monounsaturated Fat</td>
<td>3.5 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>23 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>2 g</td>
</tr>
<tr>
<td>Sugars</td>
<td>16 g</td>
</tr>
<tr>
<td>Protein</td>
<td>10 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>100 mg</td>
</tr>
<tr>
<td>Magnesium</td>
<td>28 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>190 mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Brown rice syrup, whey (milk) protein, almond butter, pure wildflower honey, cherries, sunflower lecithin, cranberries, blueberries, glycerin, sesame seeds, cranberry puree, extra-virgin olive oil, black currant (seed) oil, blueberry puree, calcium lactate, oat fiber, apple fiber, and magnesium citrate.

**StandardBar® — Cocoa Cherry (GF)**

**HIGH PROTEIN | NET CARB COUNT 5**

The Cocoa Cherry StandardBar supplement provides a high-protein way to supplement the diet. The Cocoa Cherry StandardBar tastes great and conveniently provides the body with important nutrients.*

- Contains 15 grams of protein and a net carbohydrate count of 5 grams
- Provides energy through high protein content
- Helps maintain healthy weight in conjunction with a balanced diet and regular exercise
- A convenient supplement without artificial preservatives, colors, or flavors*

*Please consult the actual product label for the most accurate product information.

**Special information:** This bar has a net carbohydrate count of 5 grams (sugar/starch). Only these 5 grams should be counted toward daily carbohydrate intake. The remaining 15 grams of low-impact carbohydrates come from glycerin, maltitol, and fiber—all which have a negligible impact on blood sugar levels.
**StandardBar®—Cocoa Crisp  [G] [V]**

**HIGH PROTEIN | NET CARB COUNT 5**

The Cocoa Crisp StandardBar supplement provides a high-protein way to supplement the diet. The Cocoa Crisp StandardBar tastes great and conveniently provides the body with important nutrients.*

- Contains 15 grams of protein and a net carbohydrate count of 5 grams
- Provides energy through high protein content
- Helps maintain healthy weight in conjunction with a balanced diet and regular exercise
- A convenient supplement without artificial preservatives, colors, or flavors*

Special information: This bar has a net carbohydrate count of 5 grams (sugar/starch). Only these 5 grams should be counted toward daily carbohydrate intake. The remaining 15 grams of low-impact carbohydrates come from glycerin, maltitol, and fiber—all which have a negligible impact on blood sugar levels.

![Cocoa Crisp StandardBar](image)

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>200</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>60</td>
</tr>
<tr>
<td>Total Fat</td>
<td>7 g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>1.5 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>16 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>29 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1 g</td>
</tr>
<tr>
<td>Sugars</td>
<td>2 g</td>
</tr>
<tr>
<td>Protein</td>
<td>15 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>40 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>100 mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.

Ingredients: Protein blend (whey [milk] protein concentrate, egg white, and rice protein), maltitol syrup, almond butter, glycerin, brown rice syrup, cocoa powder, whey crisps (whey [milk] protein and rice flour), natural flavors, almonds, grapes (seed) oil, and sunflower lecithin.

---

**StandardBar®—Peanut Butter  [G] [V]**

**HIGH PROTEIN | NET CARB COUNT 5**

The Peanut Butter StandardBar supplement provides a high-protein, carbohydrate-controlled way to supplement the diet. The Peanut Butter StandardBar tastes great and conveniently provides the body with important nutrients.*

- Contains 15 grams of protein and a net carbohydrate count of 5.5 grams
- Provides energy through high protein content
- Helps maintain healthy weight in conjunction with a balanced diet and regular exercise
- A convenient supplement without artificial preservatives, colors, or flavors*

Special information: This bar has a net carbohydrate count of 5.5 grams (sugar/starch). Only these 5.5 grams should be counted toward daily carbohydrate intake. The remaining 14.5 grams of low-impact carbohydrates come from glycerin, maltitol, and fiber—all which have a negligible impact on blood sugar levels.

![Peanut Butter StandardBar](image)

**Supplement Facts**

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>200</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>60</td>
</tr>
<tr>
<td>Total Fat</td>
<td>7 g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>1.5 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>16 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>29 g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1 g</td>
</tr>
<tr>
<td>Sugars</td>
<td>2 g</td>
</tr>
<tr>
<td>Protein</td>
<td>15 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>40 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>100 mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.

Ingredients: Protein blend (whey [milk] protein concentrate, egg white, and rice protein), maltitol syrup, peanut butter, glycerin, brown rice syrup, whey crisps (whey [milk] protein and rice flour), natural flavors, peanuts, grape (seed) oil, peanut flour, sunflower lecithin, and wheat (germ) oil.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
StandardBar®—Soy Almond Crunch

The Soy Almond Crunch StandardBar is a great addition to the diets of both women and men. Women may especially benefit from soy's many health-supporting properties.*

- 40-30-30 type StandardBar
- Soy has a positive effect on measures of well-being and quality of life in perimenopausal/menopausal women.
- Soy helps maintain a healthy heart.
- Soy helps maintain healthy cholesterol levels already within normal range.
- 11 grams of soy protein per serving
- Supplies magnesium lactate to help support the central nervous, neuromuscular, and cardiovascular systems
- Supplies flaxseed oil to help maintain cellular and cardiovascular health
- Supplies quality protein
- A convenient supplement without artificial preservatives, colors, or flavors*

Special information: free of cholesterol and saturated fat

Supplement Facts

Serving Size: 1 Bar (50 g)
Servings per Container: 18

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories ...........</td>
<td>195</td>
</tr>
<tr>
<td>Calories from Fat ..</td>
<td>60</td>
</tr>
<tr>
<td>Total Fat ...........</td>
<td>6 g</td>
</tr>
<tr>
<td>Saturated Fat ......</td>
<td>0 g</td>
</tr>
<tr>
<td>Polyunsaturated Fat</td>
<td>2 g</td>
</tr>
<tr>
<td>Monounsaturated Fat</td>
<td>2.5 g</td>
</tr>
<tr>
<td>Cholesterol ..........</td>
<td>0 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>23 g</td>
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<tr>
<td>Dietary Fiber ......</td>
<td>1.2 g</td>
</tr>
<tr>
<td>Sugars ..............</td>
<td>12 g</td>
</tr>
<tr>
<td>Protein ............</td>
<td>12 g</td>
</tr>
<tr>
<td>Vitamin B6 ..........</td>
<td>2.8 mg</td>
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<tr>
<td>Calcium .............</td>
<td>70 mg</td>
</tr>
<tr>
<td>Iron ...............</td>
<td>2 mg</td>
</tr>
<tr>
<td>Magnesium ..........</td>
<td>70 mg</td>
</tr>
<tr>
<td>Sodium .............</td>
<td>290 mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Brown rice syrup, pure wildflower honey, soy protein, almond butter, soy nuggets, textured soy protein, rolled oats, dry soy milk, glycerin, sesame seeds, sunflower lecithin, flaxseed oil, natural almond flavor, magnesium lactate, extra-virgin olive oil, natural licorice extract, and pyridoxine hydrochloride.

Super-EFF®

Super-EFF supports the central and peripheral nervous systems.*

- Supports and helps maintain cellular health
- Provides precursors for energy production*

Suggested use: One capsule per meal, or as directed.

Special information: Keep bottle tightly closed. This product absorbs moisture.

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 90 or 150

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
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<tbody>
<tr>
<td>Calories ...........</td>
<td>2</td>
</tr>
<tr>
<td>Proprietary Blend ..</td>
<td>516 mg</td>
</tr>
</tbody>
</table>

Other Ingredients: Gelatin, water, and calcium stearate.
Symplex F Fundamentals Product

Symplex F supports the healthy function of the ovaries and the adrenal, pituitary, and thyroid glands.*
- Provides uniquely derived nucleoprotein-mineral extracts that support cellular health
- Contains a combination of key ingredients from Ovatrophin PMG, Drenatrophin PMG, Pituitrophin PMG, and Thyrotrophin PMG*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Drenamin
- Ovex or Ovex P

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 90 or 360

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>138 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Symplex M Fundamentals Product

Symplex M supports the healthy function of the testes and the adrenal, pituitary, and thyroid glands.*
- Provides uniquely derived nucleoprotein-mineral extracts that support cellular health
- Contains a combination of key ingredients from Orchic PMG, Drenatrophin PMG, Pituitrophin PMG, and Thyrotrophin PMG*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Drenamin
- Ovex or Ovex P

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 90 or 360

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>1</td>
</tr>
<tr>
<td>Calcium</td>
<td>20 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>137 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Thymex®

Thymex supports the thymus gland with bovine thymus Cytosol™ extract.*
- Supports a healthy thymus gland, the master gland of the immune system
- Can be used in combination with other immune system support products
- Good source of antioxidant vitamin C*

Suggested use: One tablet per meal, or as directed.

Synergistic Product Support
- Calcium Lactate

Supplement Facts
Serving Size: 1 Tablet
Servings per Container: 90 or 330

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>5 mg</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>5 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>370 mg</td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, bovine thymus Cytosol™ extract†, and magnesium citrate.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
**Thymus PMG®**

Thymus PMG is designed to support healthy thymus function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

**Suggested use:** One tablet per meal, or as directed.

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories: 1</td>
<td></td>
</tr>
<tr>
<td>Calcium: 18 mg</td>
<td>2%</td>
</tr>
<tr>
<td>Sodium: 22 mg</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Proprietary Blend: 215 mg</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

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**Thytrophin PMG®**

Thytrophin PMG is designed to support healthy thyroid function.*
- Provides a unique profile of minerals, nucleotides, and peptides*

**Suggested use:** One tablet per meal, or as directed.

**Synergistic Product Support**
- Catalyn
- Hypothalamus PMG
- Trace Minerals-B₁₂

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90 or 360</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%DV</strong></td>
</tr>
<tr>
<td>Calories: 1</td>
<td></td>
</tr>
<tr>
<td>Calcium: 30 mg</td>
<td>2%</td>
</tr>
<tr>
<td>Proprietary Blend: 109 mg</td>
<td></td>
</tr>
</tbody>
</table>

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

---

**Trace Minerals-B₁₂™ Fundamentals Product**

Trace Minerals-B₁₂ combines important nutrients to support enzymatic reactions in the body.*
- Spectrum of minerals that support a healthy body
- Provides essential cofactors for healthy cell functioning
- Provides iodine, which is required for healthy thyroid, spleen, and red blood cell functions
- Among other functions, these trace minerals support ligament, cartilage, and bone structure; immune system response function and thyroid function; fat metabolism; and calcium utilization*

**Suggested use:** One tablet per day, or as directed.

**Synergistic Product Support**
- Calamari Omega-3 Liquid or Tuna Omega-3 Oil
- Catalyn

### Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>%Daily Value</strong></td>
</tr>
<tr>
<td>Vitamin B₁₂: 5 mcg</td>
<td>208%</td>
</tr>
<tr>
<td>Iron: 1.4 mg</td>
<td>8%</td>
</tr>
<tr>
<td>Iodine: 145 mcg</td>
<td>97%</td>
</tr>
<tr>
<td>Zinc: 2.7 mg</td>
<td>25%</td>
</tr>
<tr>
<td>Copper: 0.3 mg</td>
<td>33%</td>
</tr>
<tr>
<td>Manganese: 16 mg</td>
<td>696%</td>
</tr>
</tbody>
</table>

†Daily Value not established.

Other Ingredients: Manganese lactate, honey, zinc rice chelate, iron rice chelate, copper rice chelate, dicalcium phosphate, calcium stearate, prolamine iodine (zein), and cyanocobalamin.
Tuna Omega-3 Chewable

Tuna Omega-3 Chewable helps bridge the gap in dietary omega-3 intake and supports the body’s natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity. Tuna Omega-3 Chewable contains a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, it also:
- Supports cognition
- Supports skin and hair health
- Supports emotional balance
- Contains DHA, which is important for proper fetal eye and brain development

Suggested use: Two softgels twice per day with meals, or as directed.

Special information: Store product in a cool, dark place.

Introducetd in 2008
8080 - 120 Softgels

Tuna Omega-3 Oil | Fundamentals Product

Tuna Omega-3 Oil helps bridge the gap in dietary omega-3 intake and supports the body’s natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity. Tuna Omega-3 Oil contains a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, it also:
- Supports cognition
- Supports skin and hair health
- Supports emotional balance
- Contains DHA, which is important for proper fetal eye and brain development

Suggested use: Two softgels twice per day with meals, or as directed.

Special information: Store product in a cool, dark place.

Synergistic Product Support
- Catalyn
- Trace Minerals-B12
**USF Ointment**

USF Ointment contains essential fatty acids to promote soft, healthy-looking skin.*

- Acts as a skin moisturizer*

Suggested use: Provides a soothing lubricant for local application and temporary relief of dry skin.*

Special information: for external use only

**Utrophin PMG**

Utrophin PMG provides bovine uterus PMG* extract and key minerals for uterine support.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

**Vasculin**

Vasculin is designed to support the cardiovascular system.*

- Supports healthy functioning of the heart muscle
- Provides ingredients with antioxidant activity
- Promotes healthy heart connective tissue
- Contains a combination of key ingredients from Cardiotrophin PMG, Cataplex E, Cataplex B, and Cataplex C*

Suggested use: Two tablets per meal, or as directed.
Veg-E Complete Pro™ Chocolate

Veg-E Complete Pro Chocolate offers an organic multisource blend of plant-based protein in a convenient powder with delicious chocolate flavor.*

- A valuable source of several amino acids including the nine essential amino acids at recommended levels
- Contains organic pea protein, pumpkin seed protein, and sesame seed protein
- Supports muscle building and recovery
- Supports satiety and fullness
- Supports cellular function and enzyme action
- Supports energy levels
- Supports gut health
- Supports hair, skin, and nails
- Organic, vegan, gluten-free, non-dairy, non-soy, and non-grain
- No genetically engineered ingredients
- No artificial sweeteners or artificial flavors
- Natural flavors made without monosodium glutamate (MSG)*

Suggested use: Four heaping tablespoons (scoops) or one packet in 8-12 ounces water, one to three servings per day, or as directed. Mix product thoroughly for 10 to 15 seconds.

Settling of product after mixing may occur. Store mixed product in refrigerator if not consumed immediately.

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Veg-E Complete Pro™ Vanilla

Veg-E Complete Pro Vanilla offers a multisource blend of plant-based protein in a convenient powder with delicious vanilla flavor.*

- A valuable source of several amino acids including the nine essential amino acids at recommended levels
- Contains organic pea protein, pumpkin seed protein, and sesame seed protein
- Supports muscle building and recovery
- Supports satiety and fullness
- Supports cellular function and enzyme action
- Supports energy levels
- Supports gut health
- Supports hair, skin, and nails
- Organic, vegan, gluten-free, non-dairy, non-soy, and non-grain
- No genetically engineered ingredients
- No artificial sweeteners or artificial flavors
- Natural flavors made without monosodium glutamate (MSG)*

Suggested use: Four heaping tablespoons (scoops) or one packet in 8-12 ounces water, one to three servings per day, or as directed. Mix product thoroughly for 10 to 15 seconds.

Settling of product after mixing may occur. Store mixed product in refrigerator if not consumed immediately.
Wheat Germ Oil

Wheat Germ Oil is used for systemic support of the body.*
- Provides ingredients with antioxidant activity
- Important for cell-signaling molecules
- Supports the cells of the immune system and the body’s natural inflammatory response function as it relates to periodic challenges like consumption of a high-fat meal or strenuous activity
- Supports the body’s function during exercise*

Suggested use: One perle per meal, or as directed.

![Supplement Facts](image)

Wheat Germ Oil Fortified™

Wheat Germ Oil Fortified contains wheat germ oil and is strengthened with 50 IUs of natural vitamin E extracted from soybean oil.*
- Provides ingredients with antioxidant activity
- Important for cell-signaling molecules
- Supports the cells of the immune system and the body’s natural inflammatory response function as it relates to periodic challenges like consumption of a high-fat meal or strenuous activity*

Suggested use: One perle per meal, or as directed.

![Supplement Facts](image)

Whey Pro Complete

Whey Pro Complete supports weight management, muscle tissue, immune system response function, and gastrointestinal (GI) health.*
- Protein supplement to increase protein intake
- Supports healthy epithelial cells in the bowel
- Helps promote satiety
- Supports the body’s natural muscle growth and repair processes
- Contains colostrum and inulin for GI-based immune system support
- Can be mixed in a supplement shake or added to foods*

Suggested use: Two heaping tablespoons (scoops) per shake. One to three shakes per day, or as directed.

Special information: Store unopened container in a cool, dark place.

![Supplement Facts](image)

Synergistic Product Support
- Cyrofood Powder
- SP Complete
- Whole Food Fiber

Please consult the actual product label for the most accurate product information.
Whole Food Fiber is a good source of fiber from nutrient-rich whole foods.*

- Contains both soluble and insoluble fiber
- Supports healthy bowel function
- Promotes regular intestinal motility and elimination
- Supports healthy epithelial cells in the bowel
- Provides food for beneficial microorganisms in the lower gastrointestinal (GI) tract
- Supports the immune system
- Can be used as nutritional support in the Standard Process Purification Program*

Suggested use: One level tablespoon (approximately 6 grams) in a blender drink per day, or as directed.

Zinc Liver Chelate™

Zinc Liver Chelate is used for short-term support of healthy immune system response function and skin health.*

- Promotes protein synthesis
- Provides cofactor support for enzymatic functioning
- Supports male hormonal health
- Supports digestion*

Suggested use: One tablet per day, or as directed.

Caution: For short-term restoration of zinc levels. Doses exceeding 100 mg daily can depress immune system function.

Zinc Test™

Zinc Test provides a safe and effective way to assess zinc status.*

- Noninvasive, oral test*

Suggested use: Hold two teaspoonfuls (10 mL) of Zinc Test in the mouth for at least 10 seconds. A lack of taste or a delayed taste perception in the mouth may indicate a possible zinc insufficiency. If an immediate taste perception occurs, the zinc status may be adequate. Zinc Test can be swallowed after tasting.

Special information: Refrigerate after opening.
Zymex® Capsules

Zymex promotes a healthy pH range in the intestinal tract.*
- Encourages a healthy intestinal environment to support a healthy GI microbiome
- Supports healthy intestinal pH

Suggested use: Two capsules per meal, or as directed.

Synergistic Product Support
- Gastro-Fiber or Whole Food Fiber
- ProSynbiotic

Supplement Facts
Serving Size: 2 Capsules
Servings per Container: 75

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Carbohydrate</td>
<td>&lt;1 g</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>1000 mg</td>
</tr>
<tr>
<td>Rice (bran), carrot (root) and enzymatically processed Spanish Moss (Tillandsia usneoides) and organic beet (root).</td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, water, and calcium stearate.

Zymex® Wafers

Zymex promotes a healthy pH range in the intestinal tract.*
- Encourages a healthy intestinal environment to maintain proper gastrointestinal flora
- Supports healthy intestinal pH
- Helpful for those who cannot or prefer not to swallow pills

Suggested use: Two wafers per meal, or as directed.

Special information: Individuals who may be lactose intolerant should consult their health care professional before using this product. This product should be chewed then swallowed.

Synergistic Product Support
- Gastro-Fiber or Whole Food Fiber
- ProSynbiotic

Supplement Facts
Serving Size: 2 Wafers
Servings per Container: 50

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>9</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>2 g</td>
</tr>
<tr>
<td>Sugars</td>
<td>1 g</td>
</tr>
<tr>
<td>Calcium</td>
<td>25 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>1,680 mg</td>
</tr>
<tr>
<td>Defatted wheat (germ)†, lactose (milk)†, date (fruit)†, whey (milk)†, and enzymatically processed Tillandsia usneoides† and beet (root)†.</td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, calcium lactate, and calcium stearate.
Zymex® II

Zymex II contains digestive enzymes to support healthy gastrointestinal (GI) function.*

- Encourages a healthy intestinal environment to maintain proper GI microbiota
- Could support the body’s natural inflammatory response function after strenuous exercise when taken between meals
- Can provide digestive system support when taken with meals
- Does not contain pancreatin or betaine hydrochloride, making it appropriate for the acid-sensitive individual*

Suggested use: Two capsules between meals twice daily, or as directed.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 45</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>700 mg</td>
</tr>
<tr>
<td>Defatted almond, fig (fruit), papain, bromelain, amylase, cellulase, and lipase.</td>
<td></td>
</tr>
<tr>
<td>†Daily Value not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Gelatin, water, and cellulose.

Zypan® Fundamentals Product

Zypan combines pancreatin, pepsin, and betaine hydrochloride to facilitate healthy digestion.*

- Supports macronutrient digestion
- Supports gastric pH
- Includes stearic acid to coat the pancreatin, helping it to be digested in the correct area of the digestive tract
- Provides enzymatic support for protein digestion
- Supports the environment of the GI tract*

Suggested use: Two tablets with each meal, or as directed.

Special information: Chewing this product is not recommended.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size: 2 Tablets</th>
<th>Servings per Container: 45 or 165</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%Daily Value</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>600 mg</td>
</tr>
<tr>
<td>Betaine hydrochloride, bovine pancreas Cytosol™ extract, pepsin (1:10,000), pancreatin (3x), stearic acid (vegetable source), ammonium chloride, bovine spleen, and ovine spleen.</td>
<td></td>
</tr>
<tr>
<td>†Daily Value not established.</td>
<td></td>
</tr>
</tbody>
</table>

Other Ingredients: Cellulose and calcium stearate.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Programs and Kits

Standard Process programs and kits provide targeted support for some of the most common health challenges. These unique combinations are designed to support the functioning of specific body systems as well as overall health.*

SP Detox Balance™ Program

SP Detox Balance™ Program is whole food-based nutrition that supports easy, safe and healthy toxin removal during metabolic detoxification.

**What contributes to toxin build up?**

We are exposed to toxins every day. In fact, our bodies produce waste toxins known as endogenous toxins simply by functioning. Our bodies also encounter external (exogenous) toxins, or chemicals made outside the body. Exposure to these toxins can overburden a system’s natural ability to detoxify.

**Why do we need Metabolic Detoxification?**

Toxins can contribute to: fatigue or difficulty sleeping, indigestion and other temporary gastrointestinal upset, food cravings and weight gain, reduced mental clarity, low libido, skin issues, and joint discomfort.

**What is Metabolic Detoxification?**

It’s a series of natural biochemical processes responsible for clearing toxins from our bodies. In the three-phase process, the body unlocks fat-soluble toxins and converts them to a water-soluble state that is easier for our bodies to remove. We need key nutrients and phytonutrients to support each of these phases.

---

**How Do the Three Phases of Metabolic Detoxification Work?**

◆ **Phase I: Unlock**

The body transforms fat-soluble toxins to an “unlocked” state that is more water-soluble, and in many cases, more toxic than its original form.

SP Detox Balance™ delivers key nutrients.

◆ **Phase II: Neutralize**

The highly toxic substances produced in Phase I convert to non-toxic molecules and become even more water-soluble.

SP Detox Balance™ delivers key nutrients.

◆ **Phase III: Eliminate**

Water-soluble toxins leave cells, and the body eliminates them.

SP Detox Balance™ delivers plant-based fiber to aid toxin elimination.
10-Day Programs
Standard Process offers two 10-day programs to support the organs and glands that help maintain a healthy foundation.* The programs include a diet plan, supplements, and a patient guide. The guide includes a:

- Program overview
- Diet plan with approved food lists
- Supplement schedule
- Progress journal
- Post-program section with diet recommendations

Program Guidelines
- Avoid refined carbohydrates, artificial sweeteners, added sugar, chemical additives, processed meats, fried foods, caffeine, and soft drinks.
- Follow eating guidelines that focus on whole, unprocessed foods like vegetables, fruits, and lean protein.
- Drink supplement shakes with whole food and other ingredients.
- Take a simple protocol of supplements throughout the day.

10-Day Blood Sugar Support Program
Following this program for just 10 days supports a well-functioning blood sugar metabolism and establishes new habits to support vitality.*

Each kit comes complete with supplements to support well-functioning blood sugar metabolism and a patient guide that explains the 10-Day Blood Sugar Support Program.*

Each kit contains the following products:

- SP Complete® (any type)
- SP Cleanse®
- Diaplex®
- Gymnema (MediHerb®)

10-Day Healthy Inflammation Response Program
Following this program for just 10 days will help jump-start your patients’ normal inflammation response process and put them on the fast track to living a healthier, more active life!*

Standard Process 10-Day Healthy Inflammation Response Program Kits
Each kit comes complete with supplements to support well-functioning inflammation response and a patient guide that explains the 10-Day Healthy Inflammation Response Program.*

Each kit contains the following products:

- SP Complete® (any type)
- Black Currant Seed Oil
- SP Cleanse®
- Cyruta® Plus
- Boswellia Complex (MediHerb®)
Purification Program

Are your patients hungry for good health?
Your patients can experience the benefits of helping their bodies cleanse with the Standard Process 21-Day purification program. This isn’t just a cleanse diet—it’s a structured program that combines eating whole food, drinking nutritious shakes, taking supplements made with whole food ingredients, and light exercise.*

The menu includes a varied abundance of fresh vegetables and fruits for the first 10 days, with select proteins added on day 11. The supplements complement a healthy lifestyle with habits and tools that support the body’s natural detoxification mechanisms.

This unique 21-day program is designed to purify, nourish, and help maintain a healthy body weight.*

Patients who have finished the purification report:

- Increased energy
- Better digestion
- Clearer thinking
- Decreased caffeine and food cravings
- Improved weight management
- Shinier hair
- Better management of toxin load in the body
- Clearer skin
- Better sleep*

Build Your Purification Kit
Choose from a number of different purification kits based on your personal preferences. All of our purification kits are gluten-free and vegetarian.

Key Ingredient Cross-Reference

The products in this cross-reference are listed in descending order according to the amount of ingredient present per unit (perle, capsule, tablet, wafer, etc.). Not all products are represented in this list. Please go to the individual product description to see all of the ingredients in a certain product.

**Acerola**  
Ferrofood®, Echinacea-C™, Cataplex® C, Spanish Black Radish, Collagen C™

**Acid-Forming Chloride Salts**  
Cat-Amo®

**Acid Maltase**  
Enzycore

**Acidophilus**  
See Lactobacillus acidophilus

**Adrenal**  
Vacuum-Dried Bovine
Adrenal Desiccated, e-Poise®, Emphaplex®, Cataplex® C, Cataplex® A-C, Drenamin®

**Adrenal Cytosol™ Extract**  
Bovine
Cataplex® E2, Vasculin®, Folic Acid B12, Cataplex® B12, Cyruta®

**Adrenal PMG™ Extract**  
Bovine
Drenatrophin PMG®, Emphaplex®, Paraplex®, Symplex® F, Symplex® M, Drenamin®, Allerplex®

**Alanine**  
Palmettoplex®

**Alfalfa Juice**  
Vacuum-Dried
Organically Bound Minerals, Pancreatrophin PMG®

**Alfalfa Powder**  
Diaplex®, Min-Tran®

**Alfalfa Sprouts**  
SP Green Food®

**Alkaline Ash Minerals**  
Organically Bound Minerals

**Almond Flour**  
Zymex® II, Multizyme®

**Alpha-Galactosidase**  
Enzycore

**Alpha-Linolenic Acid**  
ALA
Linum B6, Cataplex® F Perles, Black Currant Seed Oil

**American Ginseng Root**  
Cellular Vitality

**Amino Acids**  
Protefood®

**Ammonium Chloride**  
Cat-Amo®, Betaine Hydrochloride, Ostarplex®, Zypan®

**Amylase**  
Enzycore, Lact-Enz®

**Apple Pectin**  
Whole Food Fiber, Gastro-Fiber®, SP Cleanse®

**Barley Grass Juice**  
SP Green Food®

**Beet Leaf Juice**  
Dried
E-Z Mg®, Betafood®, A-F Betafood®

**Beet Root**  
Whole Food Fiber, Betaphin®, A-F Betafood®, Enzycore, Copper Liver Chelate®, Zinc Liver Chelate®, Cataplex® B, Cataplex® B-GF, Chezyn®

**Beta Carotene**  
Blakeslea trispora
Cataplex® A

**Beta Carotene**  
Chlorophyll Complex®

**Betaine Hydrochloride**  
Zypan®, Betaine Hydrochloride, Cal-Amo®, Diaplex®, Ostarplex®

**Bifidobacterium lactis**  
BB-12®
ProSynbiotic

**Bifidobacterium longum**  
Lact-Enz®

**Bilberry**  
OPC Synergy®
Key Ingredient Cross-Reference

Bile Salts
Cholacol®, Fen-Cho®, Cholaplex®

Biotin
Cellular Vitality

Black Currant Seed Oil
Black Currant Seed Oil

Bone Veal
Calcifood® Powder, Calcifood®, Collagen C®, Bio-Dent®

Bone Marrow
Bio-, Ostrophin PMG®, Cataplex® C, Ligaplex® I, Bio-Dent®, Calcifood® Powder, Ligaplex® II, Calcium®, Rumplex®, Profood®

Bone PMG™ Extract Veal
Ostrophin PMG®, Bio-, Cataplex® C, Ostargex®, Immuplex®, Ligaplex® I, Ligaplex® II, Vascularin®, Iplex®, Rumplex®

Bone Meal Bovine
Calcifood® Powder, Calcifood®, Ligaplex® I, Bio-Dent®, Ostrophin PMG®, Calcifood® II, Emphaplex®, Rumplex®

Brain PMG™ Extract Porcine
Neurotrophin PMG®, Neuroplex®

Bromelain
Cellular Vitality, Multizyme®, Zymex® II, Enzymore

Brussels Sprouts
Cruciferous Complete®, SP Green Food®

Buckwheat Leaf Juice and Seed
Cyruta® Plus, Cyruta®, Ginko Synergy®, Arginex®, Cataplex® GTF, Cataplex® A-C-P, Iplex®, Cholaplex®, Cataplex® C

Buckwheat Leaf Powder
SP Complete® Dairy Free, SP Complete®, SP Complete® Vanilla, SP Complete® Chocolate

Buckwheat Leaf Powder and Juice
E-Z Mg®, SP Green Food®, OPC Synergy®

Burdock Root Powder
SP Cleanse®

Calmari Squid
Calamari Omega-3 Liquid

Calcium
Calcium Lactate Powder, Calcium® Powder, Cyrofood® Powder, Calcifood®, SP Complete®, SP Complete® Dairy Free, Prebiotic Inulin, Cal-Ma Plus®, Calsof®, Calcium Lactate, Cal-Amo®, Min-Chex®, Min-Tran®, Bio-Dent®, Emphaplex®, Profood®

Calcium Chloride Cal-Amo®

Camu Camu
Ferrofood®, Cataplex® C, Spanish Black Radish

Carbamide Powder
A-C Carbamide®, Super-EFF®, Ligaplex® II, Okra Pepsin E₃

Carrot Powder
Copper Liver Chelate®, Whole Food Fiber, Cataplex® A, A-F Betafood®, OPC Synergy®, Cataplex® A-C, Zinc Liver Chelate®, Cataplex® A, Cataplex® B-GF

Cayenne Pepper
Cayenne Pepper, SP Cleanse®

Chlorophyll
Fat Soluble
Chlorophyll Complex®, Chlorophyll Complex Ointment™

Choline
Choline, Cataplex® G, Cardio-Plus®, Cardio-Plus® GF, Myo-Plus®

Chromium
See GTF Chromium

Coenzyme Q₁₀
Cellular Vitality

Collinsonia Root
Collinsonia Root, Cholacol®, Fen-Cho®

Colostrum Bovine
Whey Pro Complete

Copper Liver Chelate®, Trace Minerals-B₁₂, Chezyn®, Neuroplex®, Immuplex®

Cordyceps sinensis
Cellular Vitality

Cyanocobalamin
See Vitamin B₁₂

DHA/EPA
Olprima™ DHA, Olprima™ EPA, Olprima™ EPA/DHA, Calamari Omega-3 Liquid, Cod Liver Oil, Tuna Omega-3 Oil, Tuna Omega-3 Chewable, Linum B₆

Disodium Phosphate
Fen-Cho®

Dried Yeast Fermentate
EpiCor® (Saccharomyces cerevisiae)

Epimune Complex

Duodenum Porcine
Pancreatin PMG®, Cataplex® B, Cataplex® B-GF, Ferrofood®, Paraplex®, Vascularin®, Gastrex®, e-Poise®

Echinacea Root Powder
Echinacea-C®, Collagen C®, Cataplex® A-C, Iodomere®, Cataplex® C

Egg Whole Egg or Egg White
Cocoa Crisp StandardBar®, Peanut Butter StandardBar®, Cocoa Cherry StandardBar®

Enzymes
Enzymore, Lact-Enz®, Multizyme®, Zymex® II, Zynap®

EpiCor®
Epimune Complex

Epithelial PMG™ Extract Porcine
Dermatrophin PMG™

Essential Fatty Acids
See Alpha-Linolenic Acid (ALA)
See Gamma-Linolenic Acid (GLA)
See Omega-3

Eye PMG™ Extract Porcine
Oculotrophin PMG®, Iplex®

Fennel Seed
Gastro-Fiber®, SP Cleanse®

Fenugreek Seed Powder
Fen-Gre®, Fen-Cho®, Emphaplex®

Fiber
Prebiotic Inulin, SP Complete® Dairy Free, Whole Food Fiber, SP Complete® Chocolate, SP Complete®, SP Complete® Vanilla, Gastro-Fiber®, Soy Almond Crunch StandardBar®, Berry StandardBar®, Cocoa Crisp StandardBar®, Cocoa Cherry StandardBar®, Peanut Butter StandardBar®

Fig Powder
Multizyme®, Zymex® II

Flax Meal
SP Detox Balance®, SP Complete® Dairy Free, SP Complete®, SP Complete® Vanilla, SP Complete® Chocolate

Flaxseed Oil Linum B₆, Cataplex® F Perles

Folic Acid/Folate
Folic Acid B₁₂, Immuplex®, Cellular Vitality

Galactooligosaccharide GOS
ProSynbiotic

Gamma-Linolenic Acid GLA
Black Currant Seed Oil

Garlic
Garlic

Ginko biloba Extract
Ginko Synergy®
Whole leaf: Ginko Synergy®

Glucosamine Sulfate From shellfish
Glucosamine Synergy®
Glutamic Acid
Palmettoplex®, Protefood®

Glycine
Palmettoplex®

Gotu Kola Leaf
Ginkgo Synergy®

Grape Seed Extract
Includes Masquelier’s® Original OPC
OPC Synergy®, Ginkgo Synergy®

Green-Lipped Mussel
Perna canaliculus
Nutrimere®, Iodomere®

Green Tea
Extract: OPC Synergy®
Leaf powder: OPC Synergy®

GTF Chromium
Cataplex® GTF, Diaplex®, Immuplex®

Heart PMG™ Extract
Cardiotrophin PMG®, Myotrophin PMG®, Cardio-Plus®, Cardio-Plus® GF, Myo-Plus®, Vasculin®, Ligaplex® II

Hydrochloric Acid
Zypan®, Betaine Hydrochloride, Cal-Amo®

Hydroxyapatite
Soybean Lecithin
See Bone Meal

Hypothalamic Cytosol™ Extract
Porcine Hypothalamex®

Hypothalamus PMG™ Extract
Porcine Hypothalamus PMG®

Hypothalamus
Vacuum-Dried Bovine
Neuroplex®

Inositol
Inositol Powder, Inositol, St. John’s Wort-IMT®, Cyro-Yeast®, Phosfood® Liquid

Inulin
Chicory
Prebiotic Inulin, Whey Pro Complete, ProSynbiotic

Invertase
Enzycore

Iodine
Prolamine Iodine, Min-Chex®, Organically Bound Minerals, Iodomere®, Min-Tran®, Trace Minerals-B₁₂, Cataplex® F Tablets, A-F Betafood®, St. John’s Wort-IMT®

Iron
Ferrofood®, Chezyn®, Neuroplex®, Livaplex®, Immuplex®, e-Poise®

Juniper Berry
Powder
SP Cleanse®

Kale
Cruciferous Complete®, SP Green Food®, Enzycore

Kelp
Powder
Min-Tran®, Organically Bound Minerals, St. John’s Wort-IMT®

Kidney
Vacuum-Dried Bovine
Renafold®, Cataplex® A-C, Cataplex® A, e-Poise®

Kidney Bean Plant Extract
Renafold®, Albaplex®

Kidney PMG™ Extract
Renatrophin PMG®, Renafold®, Albaplex®

L-Cysteine
Diaplex®, Cataplex® GTF

L-Glutamine
Enzycore

Lactase
Enzycore

Lactic Acid Yeast
Lactic Acid Yeast®, Cyro-Yeast®, Epimune Complex

Lactobacillus acidophilus
ProSymbiotic

Lactobacillus acidophilus LA-5®
ProSymbiotic

Lactose
Zymes®, Capsules, Multizyme®, Zypan®, Betaine Hydrochloride, Renafood®, Diaplex®, Okra Pepsin E₃

Lecithin
Soybean
Soybean Lecithin

Lipase
Enzycore, Lact-Enz®

Liver Fat Extract
Cataplex® F Perles, Cataplex® F Tablets, A-F Betafood®, Albaplex®

Liver PMG™ Extract
Bovine Hepatrophin PMG®, Livaplex®, Immuplex®, Betacol®, Albaplex®

Liver Powder
Bovine
Livaplex®, Folic Acid B₁₂, Cataplex® B, Cataplex® B-GF, Ligaplex® II, e-Poise®

Lung PMG™ Extract
Bovine
Pneumotrophin PMG®, Allerplex®, Emphaplex®

Lysine Monohydrochloride
Protefood®

Magnesium
Magnesium Lactate, Prebiotic Inulin, Calcium Lactate

Maitake Mushroom Extract
MaitakeGold 404®, Epimune Complex

Maitake Mushroom Powder
Epimune Complex

Malt Syrup
Cyro-Yeast®, Lactic Acid Yeast®

Mammary PMG™ Extract
Bovine
Mammary PMG®

Manganese
Manganese B₁₂, Ligaplex® I, Ligaplex® II, Trace Minerals-B₁₂, E-Manganese®, Biost®, Ostrophin PMG®

Methionine
Protefood®

Milk Powder
Cataplex® D

Milk Thistle
SP Cleanse®

Muscle PMG™ Extract
Bovine
Myotrophin PMG®, Myo-Plus®

Mushroom Powder
Coraypeps sinensis: Cellular Vitality
Re-Sh-Gen®: Catalyn®, Cataplex® A-C, Cataplex® A-C-P, Cataplex® C, Collagen C®

Niacinamide/Niacin
Key Ingredient Cross-Reference

Nutritional Yeast
Saccharomyces cerevisiae

Oat Bran Concentrate
Whole Food Fiber

Oat Fiber
Whole Food Fiber

Okra
Powder
Okra Pepsin E₃, Gastrex, Fen-Gre, Fen-Chol

Omega-3
Arachidonyl & Sarcone Olprima EPA, Olprima™ EPA/DHA
Calamari Calamari Omega-3 Liquid
Cod liver oil Cod Liver Oil
Flavored oil Linum B6, Cataplex F Perles
Tuna oil Olprima DHA, Tuna Omega-3 Oil, Tuna Omega-3 Chewable

Orchic Cytosol Extract Bovine
Min-Chex, Orchex, Neuplex, Cholaplex

Orchic PMG Extract Bovine
Orchic PMG, Symplex M

Ortho-Phosphoric Acid
Phosfood Liquid

Ovary Cytosol Extract Bovine
Ovex

Ovary Cytosol Extract Porcine
Ovex P

Ovary PMG Extract Bovine
Ovatrophin PMG, Symplex F

Pancreas Cytosol Extract Bovine
Zypan, Diaplex

Pancreas PMG Extract Bovine
Pancreatrophin PMG, Diaplex, Paraplex

Pancreatin (3x)
Multizyme, Zypan, Diaplex

Pantothenic Acid
Cellular Vitality

Papain
Zymex II

Para-Aminobenzoate
Trace Minerals B₂₋₃, Cataplex G, Neuplex, Cataplex E, Niacinamide B₂₋₃, Cataplex B, Cataplex B-GF

Parathyroid
Vacuum-Dried Bovine

Cal-Ma Plus

Parotid PMG Extract Bovine
Parotid PMG

Peanut Butter
Peanut Butter StandardBar

Pea Vine Juice
Vacuum Dried
Cataplex E, Ligaplex I, Vasculin, Catalyn, Catalyn G, Catalyn Chewable

Pepsin (1:10,000)
Betaine Hydrochloride, Zypan, Okra
Pepsin E₃

Peptidase
Enzyme

Phosphorus
Disodium Phosphate, Phosfood Liquid, Calso, Calcifood Powder, Calcifood Wafers

Pituitary, Desiccated Bovine Anterior
E-Manganese, Neuroplex

Pituitary PMG Extract Bovine
Pituitrophin PMG, Paraplex, Symplex F, Symplex M

Pork

Prostate Cytosol Extract Bovine
Prost-X, Rumaplex

Prostate PMG Extract Bovine
Prostate PMG, Palmettoplex

Proteases
Enzyme, Lact-Enz

Protein
SP Detox Balance, Whey Pro Complete, Cocoa Cherry StandardBar, Cocoa Crisp StandardBar, Peanut Butter StandardBar, Berry StandardBar, Soy Almond Crunch StandardBar, SP Complete, SP Complete Dairy Free, SP Complete Chocolate, SP Complete Vanilla

Proteolytic Enzymes
Multizyme, Zypan, Zymex II

Psyllium Husk
Powder
Gastro-Fiber

Pygeum
Palmettoplex

Pyridoxine Hydrochloride
See Vitamin B₆

Quinoa Sprouts
Cellular Vitality

Red Clover Flower
Powder
SP Cleanse

Red Wine Extract
OPC Synergy

Riboflavin
See Vitamin B₂

Ribonucleic Acid RNA
Ribonucleic Acid (RNA), Circuplex, Cellular Vitality, Congaplex

SP Detox Balance, Whey Pro Complete, Cocoa Cherry StandardBar, Cocoa Crisp StandardBar, Peanut Butter StandardBar, Berry StandardBar, Soy Almond Crunch StandardBar, SP Complete, SP Complete Dairy Free, SP Complete Chocolate, SP Complete Vanilla

Proteolytic Enzymes
Multizyme, Zypan, Zymex II

Psyllium Husk
Powder
Gastro-Fiber

Pygeum
Palmettoplex
Rice Bran

Rice Protein
SP Complete®, Dairy Free, SP Complete® Chocolate, SP Complete® Vanilla, Peanut Butter StandardBar®, Cocoa Crisp StandardBar®, SP Complete®

Rose Hip Powder
Echinacea C®, Collagen C®

Saccharomyces cerevisiae var. boulandii ProSynbiont

Saw Palmetto Berry
Extract: Palmettoplex®
Powder: Palmettoplex®

Selenium
Cataplex® E, Cataplex® E2, Immuplex®, Cardio-Plus®, Cardio-Plus® GF, Myo-Plus®,

Sesame Seed Oil
Sesame Seed Oil

Soy Protein
Soy Almond Crunch StandardBar®, Betacol®, Emphaplex®, Senaplex®, Allerplex®, Niacinamide B6, Cholaplex®, Rumaplex®, Min-Chex®, Ostarplex®, Orchex®, Livaplex®, Circuplex®, Albaplex®, Diaplex®

Spanish Black Radish
Spanish Black Radish

Spleen
Vacuum-Dried Bovine and Ovine
Spleen Desiccated, Immuplex®, Neuroplex®, e-Poise®,

Spleen PMG™ Extract Bovine
Spleen PMG™, Immuplex®, e-Poise®,

St. John’s Wort
Extract: St. John’s Wort-IMT®
Powder: St. John’s Wort-IMT®

Stinging Nettle Root Extract
Palmettoplex®

Stomach Parenchyma Bovine
Folic Acid B12, Cataplex® B12, Gastrex®, Ferrofood®

Sweet Potato
Copper Liver Chelate®, Zinc Liver Chelate®, Cataplex® B, Cataplex® B-GF, Ligaplex® II, Ligaplex® I, SP Cleanse®

Thiamine
See Vitamin B1,

Thymus Cytosol™ Extract Bovine
Thymex®, Congaplex®, Immuplex®, Albaplex®

Thymus PMG™ Extract Bovine
Thymus PMG®, Immuplex®

Thyroid PMG™ Extract Bovine
Thyrophin PMG®, Paraplex®, Symplex® F, Symplex® M

Tillandsia and Beet Root
Endocrinologically Processed
Renafood®, Zyrex® Capsules, Zyrex® Wafers

Tillandsia and Beet Root Extract
Endocrinologically Processed
Ariginex®, Diaplex®, Rumaplex®, Albaplex®

Tillandsia Chlorophyll Extract
e-Poise®, Okra Pepsin E3

Tillandsia Powder
For-Til B12®, Prost-X®, Neuroplex®

Turkey Tail Mushroom Powder
Conidus versicolor

Epimune Complex

Uterus PMG™ Extract Bovine
Urtrophin PMG®

Vitamin A

Vitamin B1
Cataplex® B, Cataplex® B-GF, Neuroplex®, Velaxin®, Cellular Vitality, Catalyn®, Catalyn® GF, e- Poise®,

Vitamin B2
Cataplex® G, Cardio-Plus®, Cardio-Plus® GF, Myo-Plus®, Neuroplex®, Drenamin®, Cholaplex®, Iplex®, Emphaplex®, e-Poise®, Ostarplex®, Cellular Vitality, Catalyn®, Catalyn® GF

Vitamin B6
B6-Niacinamide, Niacinamide B6, Min-Chex®, Orchex®, Circuplex®, Cholaplex®, Neuroplex®, Betacol®, Cataplex® F Perles, Linum B6®, Albaplex®, Immuplex®, Cataplex® F Tablets, Livaplex®, Senaplex®,
Acerola—The cherrylike fruit of the Malpighiaceae family.

Acid maltase—An enzyme that breaks down carbohydrates. Breaks off individual glucose molecules from the maltose units. In combination with amylase and glucoamylase, these enzymes complete the breakdown of starch and other carbohydrates.

Acidophilus—See Lactobacillus acidophilus.

Alfalfa (Medicago sativa)—A perennial flowering legume.

Alginic acid—An organic acid from various algae species.

Allantoin—A crystallizable substance derived from plants. Formed by the oxidation of uric acid.

Alpha-galactosidase—An enzyme that breaks down carbohydrates. Breaks down the 1,6 linkages in difficult-to-digest sugars (melibiose, raffinose, and stachyose), which are found in vegetables and legumes.

American ginseng root—A relative of Korean ginseng with health-supportive properties.

Ammonium chloride—A colorless crystal salt used as a systemic acidifier.

Amylase—An enzyme that accelerates the hydrolysis of starch and glycogen.

Anise powder—An herb from the carrot family with aromatic seeds.

Antioxidants—Substances found in food, especially fruits and vegetables.

Arabic gum—A natural gum from the acacia tree; used as a colloidal stabilizer to make tablets.

Arrowroot flour—A tuberous root that yields a nutritive starch.

Barley—Barley grass used in our formulas consists of the green leaves of the barley plant as opposed to the grain.

Beet root—The underground portion of a beet plant.

Beet leaves—The above-ground portion of a beet plant, also known as Swiss chard.

Bentonite (montmorillonite)—A natural colloidal, adsorbing clay that can bind substances present in the lumen of the digestive tract, allowing these substances to be eliminated with fecal material.

Beta carotene—The yellow pigment found in many yellow and orange fruits, such as carrots.

Betaine—A sweet, crystalline, quaternary ammonium salt found in beet juice. Can be used as a lipotropic factor or a gastric acidifier.

Bifidobacterium lactis (BB-12*)—A research-supported, probiotic strain of Bifidobacterium that supports gut health; evaluated for its ability to compete with other bacteria to support the natural balance of the gut. Bifidobacteria are found normally in the colon, acidify their environment, use a range of carbohydrates for energy, don’t produce gas, and can make a variety of water-soluble vitamins.

Bifidobacterium longum—Lactic acid-producing bacteria that support digestion and enhance nutrient absorption. Bifidobacteria are found normally in the colon, acidify their environment, use a range of carbohydrates for energy, don’t produce gas, and can make a variety of water-soluble vitamins.

Biotin—A member of the B-vitamin family that helps support energy and amino acid metabolism. Nutritional yeast, liver, kidney, whole grains, nuts, and eggs are good sources of biotin.

Bovine—Cow.

Bovine bile salts—A purified source of bovine bile salts in a powdered form.

Broccoli—A member of the cabbage family, broccoli is a cruciferous vegetable.

Bromelain—Protein-digesting and milk-clotting enzyme generally found in pineapple juice and stem tissue.

Brussels sprout—A Brassica related to broccoli and cabbage.
**Buckwheat**—A member of the Polygonaceae family, buckwheat is related to sorrel, knotweed, and rhubarb.

**Calamari (squid)**—A short-lived marine animal that is consumed as food across the globe.

**Calcium acid phosphate**—Used as a mineral supplement in food and feeds.

**Calcium glycerophosphate**—A white crystalline powder that is soluble in cold water.

**Calcium lactate**—A source of calcium. (Not derived from a dairy product or source.)

**Calcium stearate**—A plant-based stearic acid used for lubrication in the manufacture of products.

**Camu camu**—A low-growing shrub that produces round, light orange-colored berries.

**Carbamide powder**—A food-grade urea.

**Celery**—A member of the Apiaceae or Umbelliferae family. It comes in a variety of colors, from white to gold, rich red, and deep green.

**Cellulose**—A substance that makes up the cell walls of plants.

**Choline bitartrate**—A fat-soluble extract from plant material that acts to support tissue health, maintenance, and regeneration. Cholesterol is regarded as a natural gastrointestinal (GI) tract deodorant and cleanser.

**Choline bitartrate**—A vitamin of the B complex essential to liver function.

**Chromium yeast**—An excellent source of chromium.

**Cocarboxylase**—A crystalline diphosphoric acid ester of thiamin (vitamin B1). Thiamin is essential for the normal metabolism of carbohydrates and fats.

**Coenzyme Q10**—A fat-soluble component that is involved in energy production in the body. CoQ10 supplies antioxidant activity to bind free radicals. CoQ10 is found in all cells and is also involved in the entire process of respiration, including oxygen and electron transport.

**Collinsonia root**—A member of the mint family. They are a source of omega-3 fatty acids, fiber, and protein and supply iron, calcium, magnesium, and zinc.

**Chlorophyll extract**—A fat-soluble extract from plant material that acts to support tissue health, maintenance, and regeneration. Chlorophyll is regarded as a natural gastrointestinal (GI) tract deodorant and cleanser.

**Dicalcium phosphate**—A calcium compound used in food and feeds.

**Corn**—Corn is known scientifically as Zea mays. Corn is used for cornmeal, which is made by grinding corn kernels into a coarse powder.

**Cyanocobalamin**—Also known as vitamin B12, a cobalt-containing compound.

**Cytosol**—CytoSOL™ is the trademark used by Standard Process Inc. as a brand name for extracts derived from the cytoplasm of the cell. They contain “materials” such as enzymes, hormone precursors, and synergistic cofactors produced by the cell. These materials serve as the building blocks for cellular metabolic end products that are utilized by the cell itself or transported outside the cell.

**Defatted wheat germ**—Wheat germ is noted for its dense nutritional content of the vitamin B complex and many important trace minerals essential for the full physiological activity of the associated vitamin complexes.

**Dextrin**—Any one of or a mixture of products formed during the hydrolysis of starch.

**Dried yeast fermentate (EpiCor®)**—A dried product derived from fermented Saccharomyces cerevisiae (baker’s or brewer’s yeast), which produces beneficial metabolites containing vitamins, minerals, amino acids, and antioxidants.

**Echinacea root** (coneflower)—A perennial member of the daisy family.

**Essential fatty acid (EFA)**—Also known historically as the vitamin F complex, it is a nutritional compound that the body does not make on its own but needs in order to maintain good health. EFAs can only be obtained through the foods we eat—such as fish or flaxseed. Two types of EFAs are omega-3s and omega-6s.

**Fenugreek**—Dried seed from the Fabaceae, or Leguminosae, family. Plant used in Asian cultures to support health.

**Ferrous lactate**—Iron lactate.

**Fig**—An oblong or pear-shaped fruit.

**Flaxseed oil**—Derived from the seeds of the flax plant.

**Folic acid**—A member of the B-vitamin family.

**Galactooligosaccharides (GOS)**—A nondigestible carbohydrate used by select probiotic bacteria as food.

**Ginkgo biloba**—Made from leaves and seeds of the ginkgo tree. Ginkgo biloba has a long history of use in traditional Chinese medicine.

**Glucosaminase**—An enzyme that specifically breaks off glucose molecules from starch.

**Gluten**—A group of proteins found in wheat and other grains that can cause allergic reactions in sensitive individuals.

**Glycerin**—A colorless, syrupy liquid from the hydrolysis of oils and fats.

**Inositol**—A component of the B-vitamin complex. Inositol acts as an important catalyst in energy reactions that involve the metabolizing of some fats and carbohydrates.

**Inulin**—A complex carbohydrate and soluble fiber. It is beneficial to the gut microflora and supports calcium and magnesium absorption. Inulin is found naturally in many common plants, especially chicory.

**invertase**—An enzyme that breaks down carbohydrates, specifically table sugar (sucrose), as well as the sugars found in legumes.

**Iron chelate**—Provides an excellent source of iron. Iron is an important nutrient essential for a wide range of vital biological processes, including the synthesis of hemoglobin, and is also involved in the entire process of respiration, including oxygen and electron transport.

**Natural Vitamin B12**—Also known as cyanocobalamin, B12 is a water soluble vitamin that was discovered in the 1920s. It is essential for normal formation of blood cells and for maintenance of the nervous system.

**Pectin**—Pectin is a polysaccharide found in all plant cell walls and is the main component of the pectin fraction of plant cell walls. It is used in food processing to thicken and stabilize products.

**Salvia hispanica**—A member of the daisy family.

**Standard Process Inc.**—A brand name for extracts derived from the cytoplasm of the cell. They contain “materials” such as enzymes, hormone precursors, and synergistic cofactors produced by the cell. These materials serve as the building blocks for cellular metabolic end products that are utilized by the cell itself or transported outside the cell.

**Whole Food Nutrient Solutions**—A company dedicated to the production of natural supplements and nutritional products that are derived from whole foods and other natural sources.
Kale—A green leafy cruciferous plant that belongs to the Brassica genus, which includes cabbage, collards, and Brussels sprouts.

Kelp—Brown seaweed of the genus *Laminaria* that is a good source of trace minerals.

Kidney bean (*Phaseolus vulgaris*)—An annual legume.

L-carnitine—Carnitine is required for transporting long-chain fatty acids into the cells, which is essential for the conversion of fatty acids into energy for the cells, especially in heart muscle. (See the Primary Ingredient Cross Reference for products listed under Heart PMG™ Extract, Bovine; Liver PMG™ Extract, Bovine; and Liver Powder, Bovine.)

L-glutamine—An amino acid used to make other amino acids, glucose, and glutathione. Used for energy by immune and intestinal cells.

Lactase—An enzyme that breaks down carbohydrates, specifically milk sugar (lactose).

Lactic acid yeast—A beneficial yeast that produces lactic acid as a byproduct of metabolism. (See nutritional yeast.)

Lacto-ovo—A vegetarian diet in which dairy products as well as eggs are consumed along with plant-based foods.

*Lactobacillus acidophilis*—A bacteria that produces lactic acid from carbohydrates. Supports the digestion process and enhances nutrient absorption.

*Lactobacillus acidophilis* (LA-5™)—A research-supported probiotic strain of bacteria that supports gut health. Evaluated for its ability to interfere with communication between other types of bacteria, support normal bowel function, and enhance nutrient absorption.

*Lactobacillus paracasei ssp. paracasei* (*L. casei 431*)—A probiotic strain of lactic acid-producing bacteria. Research suggests this strain supports the gut during challenges and helps maintain the body’s natural immune system response function.

Lanolin—Hydrous wool fat used as an excipient for external use.

Lipase—A class of enzymes that break down fats.

Lutein—A type of phytochemical with antioxidant activity known as carotenoid (or natural pigment). Lutein is found in dark green leafy vegetables, such as kale.

Lycopene—A powerful carotenoid with antioxidant activity, found in foods such as tomatoes.

Magnesium citrate—Source of magnesium.

Magnesium lactate—Source of magnesium.

Maitake mushroom (*Grifola frondosa*)—A mushroom that grows on wood in North America, Asia, and Europe that has a long history of use in traditional Chinese medicine. Maitake can be used in many forms: as an extract made from the mushroom (MaitakeGold 404) or as a powder made from the mycelium (fungal cells that give rise to the mushroom).


**Glossary**

- **Manganese glycerophosphate**—A source of manganese, an essential trace mineral important for skeletal and cartilage formation.
- **Manganese lactate**—A manganese salt derived from lactic acid that is a source of manganese. Manganese acts as a cofactor and catalyst in many enzymatic processes.
- **Manioc**—A perennial shrub plant that has large, fleshy rootstocks.
- **Micronutrients**—Essential nutritional elements required in very small or trace amounts for the body to function properly. Examples include iron, copper, manganese, and zinc.
- **Milk thistle** (Silybum marianum)—An annual or biannual plant of the Asteraceae family.
- **Mixed tocopherols**—The antioxidant component of the vitamin E complex.
- **Montmorillonite**—A clay forming the principal constituent of bentonite.
- **Nutritional yeast**—Inactive yeast with high protein and B-vitamin content.
- **Oats**—A hardy cereal grain, common oats are known scientifically as Avena sativa.
- **Okra**—A plant from the mallow family that is used for its mucilaginous green pods.
- **Ovine**—Sheep.
- **Pancreatin**—A mixture of enzymes, chiefly amylase, lipase, and protease, obtained from the pancreas. Used to digest food or aid in digestion. The Standard Process ingredient is derived from pork.
- **Pantothenic acid (B 5 )**—A vitamin that is part of coenzyme A and participates in protein-altering actions that affect cell activity, signaling, replication, and gene expression.
- **Papain**—An enzyme derived from the papaya family that has protein-digesting properties.
- **Pareve/parve**—A classification under Jewish dietary law meaning the product has been processed so extensively that it can be considered to have been prepared without meat, milk, or other derivatives.
- **Parsley**—A nutritious green herb that belongs to the Apiaceae, or Umbelliferae, family. Its scientific name is Petroselinum crispum.
- **Pea vine**—An annual leguminous vine.
- **Pea vine juice**—The extracted juice from the pea vine.
- **Pepsin**—Main gastric enzyme specific for proteins. Used as a digestive aid. The Standard Process ingredient is derived from pork.
- **Peptidase**—An enzyme that breaks down protein. Can work throughout a wide pH and operates synergistically with our native enzymes to enhance protein digestion.
- **Phytonutrient**—Biologically active nutrients found in plants that give them their color and taste. Also referred to as phytochemicals, they are known to have health-promoting properties.
- **Porcine**—Pork.
- **Potassium bicarbonate**—A transparent crystalline salt.
- **Prolamine iodine**—Iodine bound to any of a various group of simple proteins found in seeds. Standard Process uses corn protein (zein).
- **Protease**—An enzyme that breaks down protein into amino acids. Acts throughout the digestive system.
- **Protomorphogen™ extract**—In the 1940s, Dr. Royal Lee pioneered a unique method of deriving extracts that contain what he called cell determinants from specific organs and glands for clinical use. He believed that these cell determinants functioned in cell regulation, maintenance, and interaction with tissue antibodies. It is clear both from the description of the extraction process and clinical use that these extracts differ from what is commonly referred to as “glandulars.” Furthermore, because these extracts have a distinct clinical application and effect, they should not be confused with glandulars, nor should they be referred to simply as “protomorphogens.” Rather, “Protomorphogen™” is the trademark used by Standard Process Inc. as a brand name assigned to these uniquely derived extracts. “PMG™” is another trademark used by Standard Process Inc. as another brand name for these extracts.
- **Pygeum** (Pygeum africanum)—An evergreen tree found in higher elevations of southern Africa.
- **Pyridoxine hydrochloride**—One form of vitamin B 6.
- **Red clover flower** (Trifolium pretense)—A perennial herb, the flower of the red clover is a source of many nutrients.
- **Resveratrol**—A type of phytochemical with antioxidant activity found in the skin of grapes and red wine.
- **Rhizopus oryzae**—A mold grown on Tillandsia usneoides and beet root as a source of enzymes.
- **Riboflavin**—One form of vitamin B 2.
- **Riboflavin 5'-phosphate**—One form of vitamin B 2.
- **Ribonucleic acid**—Nucleic acid occurring in cell cytoplasm and the nucleolus, first isolated in plants but later found in animal cells.
- **Saccharomyces cerevisiae**—Beneficial yeast that produce lactic acid as a byproduct of metabolism. Helps support a healthy GI system.
- **Saccharomyces cerevisiae var. boulardii**—A yeast isolated from fruit skins. Historically, this microbe was used by indigenous people in Cambodia, Laos, and Vietnam to support normal stool consistency. In the gut, this yeast supports the growth of some bacteria and inhibits others through competition and environmental modification of the gut.
- **Selenium yeast**—A rich source of selenium. Selenium is an essential trace element that has antioxidant activity mediated through its role in the formation and function of selenium-dependent glutathione peroxidases. Also believed to help maintain a healthy heart and joints.
- **Soybean lecithin**—A rich source of lecithin, a precursor to choline. A substance that is crucial for proper central nervous system, liver, cardiovascular, and immune system health. A rich source of phospholipids.
**References, Glossary, and FAQs**

**Spanish black radish**—An excellent source of sulfur, which protects against free radicals and is also beneficial in the healthy functioning of the GI tract.

**Sunflower lecithin**—A type of phospholipid found in sunflower seeds.

**Sweet potato** (*Ipomoea batatas*)—An orange-fleshed root vegetable that belongs to the Convolvulaceae, or morning glory, family.

**Tillandsia usneoides** (Spanish moss)—A plant belonging to the pineapple family and grown in the southeastern coastal plains of the United States. Spanish moss is a nonparasitic plant that is supported by another plant and has aerial roots exposed to the humid atmosphere.

**Turkey tail mushroom** (*Coriolus versicolor*)—This mushroom grows on wood in the rainy/wet temperate zones of North America, Asia, and Europe. Also known as "cloud mushroom," turkey tail mushroom has a long history of use in Asian medicine. Turkey tail mushroom can be used in many forms: as an extract made from the mushroom or as a powder made from the mycelium (fungal cells that give rise to the mushroom).

**Vitamin P complex**—A bioflavonoid also known as rutin. It naturally occurs in buckwheat.

**Wheat germ oil**—One of the richest sources of the complete vitamin E complex. Vitamin E is beneficial in multiple metabolic processes.

**Whey protein**—Whey (milk) protein is the protein and amino acid components extracted from whey. Whey is the clear liquid left after the protein of milk has been clotted and most of the fat removed, e.g., after cheese production.

**Whole desiccate**—The whole, dried glandular tissue. It contains proteins of the entire organ or gland in a concentrated form.

**Yakriton**—A liver fat extract.

**Zinc chelate**—Contains zinc that is bound to bovine liver to maintain healthy zinc levels.

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**Botanical and Common Name Reference**

<table>
<thead>
<tr>
<th>Botanical Name</th>
<th>Common Name</th>
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<tbody>
<tr>
<td>Arctium lappa</td>
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<tr>
<td>Berberis aquifolium</td>
<td>Oregon grape</td>
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<td>Boswellia serrata</td>
<td>boswellia</td>
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<td>Capsicum annuum</td>
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<tr>
<td>Centella asiatica</td>
<td>gotu kola</td>
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<td>Coriolus versicolor</td>
<td>turkey tail mushroom</td>
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<td>Cynara scolymus</td>
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<td>Echinacea angustifolia</td>
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<td>Grifola frondosa</td>
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<tr>
<td>Silybum marianum</td>
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<td>dandelion</td>
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<tr>
<td>Tillandsia usneoides</td>
<td>Spanish moss</td>
</tr>
<tr>
<td>Trifolium pratense</td>
<td>red clover</td>
</tr>
<tr>
<td>Urtica dioica</td>
<td>nettle</td>
</tr>
</tbody>
</table>

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**Glossary**

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- **Yakriton**—A liver fat extract.
- **Zinc chelate**—Contains zinc that is bound to bovine liver to maintain healthy zinc levels.
FAQs
The most commonly asked questions about Standard Process and our products:

**Ingredient Concerns**

**Q** What ingredients are organically grown on the Standard Process Farm?  
(See Page 22 for more information.)

**A** The crops we grow organically are alfalfa, barley grass, beets, broccoli, Brussels sprouts, buckwheat, celery, kale, kidney beans, oats, parsley, pea vine, red clover, and Spanish black radishes.

**Q** Why are honey, arabic gum, cellulose, and calcium stearate added to products?  
(See Page 17 for more information.)

**A** Honey and arabic gum are used as binders in our tablet manufacturing process. Cellulose is used to give body to the powders. Calcium stearate, derived from vegetable sources, is used as a lubricant to help products release from the tablet and capsule machines. We do not use artificial flavoring or coloring.

**Q** Is your calcium stearate derived from hydrogenated oils? Is it safe for consumption?

**A** The calcium stearate we use is derived from palm oil, which is a saturated fat, like cocoa butter, dairy fats, etc. Calcium stearate is approved by the FDA to be used as a lubricant and is approved for use in food products.

**Q** Is the gelatin used to make your capsule and perle products derived from animal material?

**A** In many cases, the gelatin used is derived from bovine and/or porcine sources. Cellulose is used to make vegetarian capsules.

**Q** Are the gelatin capsules considered pareve/parve?

**A** Yes. Our hard-shell gelatin capsules are certified kosher or pareve/parve. This is a classification under Jewish dietary law meaning the product has been processed so extensively that it can be considered to have been prepared without meat or other derivatives.

**Q** If a patient is concerned about gelatin consumption, is there any way for that patient to still receive the benefits of products in capsules or perles?

**A** Yes. Some patients open the capsules or squeeze the liquid out of the perles and mix the contents into a food or beverage, such as applesauce, yogurt, or a nutritional shake.

The 623-acre Standard Process certified organic farm is just down the road from corporate headquarters.
Q Why is sucrose listed on your labels?
A The sucrose found in our products comes from natural sources such as sugar cane. Sucrose, along with starch and arabic gum, is used to coat vitamin A and vitamin D (cholecalciferol), making them into a powdered form that helps prevent oxidation of these vitamins. The amount of sucrose in the actual product is very minimal.

Q Does the nutritional yeast in Standard Process products cause yeast infections?
A Nutritional yeast, S. cerevisiae, is not pathogenic and does not cause candida or other yeast infections.

Allergen and Sensitivity Concerns

Q What allergens might be found in Standard Process products?
A “Our products are processed in a facility that manufactures other products containing soy, milk, eggs, wheat, peanuts, tree nuts, fish, and shellfish.” The preceding statement is printed on every product label to alert extremely sensitive patients. Please read our labels carefully for any possible ingredient allergens before recommending supplements to patients who are sensitive to certain foods. While we take precautions to avoid cross-contamination by thoroughly cleaning and sanitizing equipment and cleaning production suites, it is possible that some allergen residue may be present.

Q Does Standard Process have a list of gluten-free products?
A Yes. Our complete list can be found in the Product Selection Guide on Page 4, and on our website. Products marked with the GF symbol are on our gluten-free list. Patients and health care professionals should know that we follow the Food and Drug Administration (FDA) guidelines, which state that products that contain less than 20 parts per million (ppm) of gluten can be labeled as gluten-free. All of our products that are designated as gluten-free contain less than 20 ppm and are tested every time they are manufactured to be sure that they meet this standard.

Q Which of your products contain soy?
A Some products contain soybean ingredients, such as soy powder, soy nuggets, and soy protein, but they are all clearly indicated on the product labels. We also carry Soybean Lecithin perles in our product line. For a list of products containing soy protein, please see Page 138.

Q Are any of your products made with peanut and/or tree nut ingredients?
A Only Peanut Butter StandardBars continue to be made with peanut butter. Recognizing the severity of peanut allergies, we have removed peanut bran from other products and replaced it with rice bran. Some StandardBar flavors contain almond butter.

Q Which products contain shellfish?
A Nutrimere and Iodomere contain green-lipped mussel. Glucosamine Synergy contains glucosamine sulfate that is derived from crab and shrimp. While not a shellfish, calamari (the source of oil in Calamari Omega-3 Liquid) is in the same family and may trigger a reaction in those who are allergic to shellfish. Please consult the product labels for the complete ingredient listing on each product.

Q How much lactose is found in Zymex Wafers?
A Zymex Wafers contain around 220 mg of lactose per wafer. This is roughly the same amount of lactose found in a teaspoon of reduced-fat milk.
**Quality Concerns**

**Q** What is Standard Process’ seed source? Are the seeds genetically engineered?

(A See Page 15 for more information.)

**A** All of the seeds we use on our farm are untreated and are not genetically engineered. We use certified organic seeds when available.

**Q** Why would a product look different from bottle to bottle? (See Page 16 for more information.)

**A** Because of the variability in sources of natural and organic ingredients, color, texture, and odor may vary from batch to batch. However, the basic formula remains constant, and product testing ensures quality.

**Q** If the capsules are not full, is there an adequate amount of product in them? (See Page 17 for more information.)

**A** Yes. Capsule machines are continuously monitored to ensure that precise amounts of product are enclosed in gelatin and/or cellulose capsules. Capsules are packaged by weight, not volume. Therefore, the denser the product, the less you will find in the capsule.

**Q** Do you test for contaminants in your marine oils?

**A** Consistent with our commitment to produce and sell only the highest-quality dietary supplements, each batch of marine oil is tested for potential oxidation, mercury, polychlorinated biphenyls (PCBs), and dioxin. The product is also tested for bacteria and to verify our label claims. These tests are carried out by Standard Process and third-party labs. We use this process for testing Tuna Omega-3 Oil, Tuna Omega-3 Chewable, Cod Liver Oil, and Calamari Omega-3 Liquid. Below are the respective limits for each batch:

<table>
<thead>
<tr>
<th>Analyte</th>
<th>Limits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peroxide Value</td>
<td>&lt;5 meq O₂/kg</td>
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<tr>
<td>p-Anisidine Value</td>
<td>&lt;20 AnV</td>
</tr>
<tr>
<td>Mercury</td>
<td>&lt;10 parts per million</td>
</tr>
<tr>
<td>PCBs</td>
<td>&lt;10 parts per trillion (TEF)</td>
</tr>
<tr>
<td>TCDD (Dioxin)</td>
<td>&lt;1 parts per trillion</td>
</tr>
</tbody>
</table>

During manufacturing, our marine oils are processed to retain their natural triglyceride structure. We also take great care in sourcing our marine-oil products. Tuna comes from the abundant skipjack and/or yellowfin tuna populations. Our calamari oil is certified as sustainable by a nonprofit, nongovernmental organization called Friend of the Sea.®
FAQs

Q Should Standard Process tablets dissolve in water or vinegar?
A All products meet the standard disintegration levels set forth by the United States Pharmacopeia (USP). Water and vinegar are not good models for how the stomach digests foods.

Q How is the manufacturing equipment cleaned between different product runs?
A Between each separate product run, any equipment that comes in contact with ingredients or finished product is washed and sanitized. Swab samples are taken from several areas of each piece of equipment. These samples are exposed to a luminometer, which fluoresces in proportion to the amount of adenosine triphosphate (ATP) in the sample. ATP is found in and around all biological matter and would indicate a possible bacterial presence. If the luminometer measures ATP results beyond an acceptable level, the cleaning process is repeated and additional ATP tests are conducted. After the cleaned equipment passes the ATP testing protocol, the equipment is sanitized. Only then is the equipment ready for use with a new batch of product. If a clean piece of equipment is unused for more than 24 hours, it is resanitized prior to use. Sanitizing solutions are rotated regularly to avoid bacterial resistance. The surrounding production suite, including the floors, walls, and vent covers, is also cleaned.

Product Usage

Q Why is it better to take supplements throughout the day instead of all at once?
A The body processes most compounds based on concentration; so the more there is, the faster your body works to process it. The key is getting the right concentration at the right time. In general, taking smaller amounts throughout the day allows the body to maintain a lower but more consistent amount for a longer period of time, sustaining the molecular mechanisms supported by the consumed compounds.

Q Why is it recommended that some Standard Process supplements be chewed?
A Some Standard Process supplements are designed as chewables for those who cannot swallow capsules or tablets. After chewing, taste-bud receptors tell the brain what is entering the digestive system. Tasting is considered the first stage of digestion, when salivary secretion enzymes are activated.

Q Which Standard Process supplements should not be chewed and why?
A Zypan, Betaine Hydrochloride, and Cal-Amo should never be chewed because the acids may cause potential damage to tooth enamel. Chlorophyll Complex Perles will temporarily stain the teeth and turn the tongue green.
Q What does the ‘Best By’ date mean?
A For 90 years, Standard Process has been committed to making high quality whole food-based supplements that change lives. Please refer to the “Best By” date on all product boxes and bottles to determine how long a product maintains optimal quality and/or flavor. Standard Process only guarantees product potency through the “Best By” date.

Q How do I read “Best By” and “Lot Code” information on Product Boxes and Bottles?
A Standard Process no longer advises healthcare practitioners and patients to use product lot codes to verify when a product was produced. In early 2019, the company implemented a new Enterprise Resource Planning system that randomly generates lot codes for internal production traceability only. Due to varying degrees of potency, quality and/or flavor of product ingredients overtime, the “Best By” date continues to serve as the best reference for customers.

Example:

```
08-1-20
85 --*-- 1
```

Date   Lot Code
(Randomly Generated)

Q How do I read your product labels?
A Below is an example of the different parts of our label and what they refer to.

![Product Label Example]

- **Product name**
- **Product number**
- **Warning and caution statements**—both from the FDA and Standard Process
- **Serving size**
- **Servings per container**
- **Universal Product Code (UPC)**—current UPCs are listed on our website
- **Nutrient claims for the product**—order mandated by the FDA
- **Shows ingredients in product:**
  - **Proprietary blend**—ingredients that do not specifically contribute to the label claims, listed from “most to least” based on formula
  - **Other ingredients**—ingredients that contribute to the nutrient claims; tableting/capsuling aids and coloring agents; also listed “most to least”
FAQs

Q  What do I need to consider when recommending a combination of products?

A  Standard Process products are thought to work synergistically and support multiple aspects of health. In some cases, combined products can result in very high levels of certain vitamins or minerals. Where warranted, guidance is provided for individual products on the label and in this catalog via warnings and cautions. Additional information about vitamin and mineral levels is provided through the “daily values” reported on the label. These values, set by the FDA, indicate how much of the recommended daily consumption of the nutrient is found in a serving. Several excellent resources detailing vitamin/mineral action and current knowledge regarding recommended levels are available online at:

Linus Pauling Institute
lpi.oregonstate.edu/infocenter/index.html

Food and Nutrition Information Center
fnic.nal.usda.gov/

Office of Dietary Supplements
ods.od.nih.gov/Health_Information/Health_Information.aspx

Mayo Clinic
mayoclinic.com/health/nutrition-and-healthy-eating/MY00431
Health care professionals who have clinical questions or need guidance using these products should contact their local Standard Process representative or distributor.

**Sales Representatives**

**A**

Sales representative contact information can be found on our website at standardprocess.com.

**Distributors**

<table>
<thead>
<tr>
<th>B</th>
<th>C</th>
<th>D</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Standard Process West, Inc.</strong></td>
<td><strong>Standard Process NW, Inc.</strong></td>
<td><strong>Standard Process of Northern California, Inc.</strong></td>
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<tr>
<td>Colorado, Montana, Nebraska,</td>
<td>Alaska, Hawaii, Idaho,</td>
<td>Northern and Central California</td>
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<td>North Dakota, South Dakota, Utah,</td>
<td>Oregon, Washington</td>
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<td>Wyoming</td>
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</tr>
</tbody>
</table>
THE STANDARD PROCESS DIFFERENCE

Changing lives is our passion and has been since our company’s inception in 1929. This passion is what drove our founder, Dr. Royal Lee, to develop and pioneer the first whole food supplement on the market, the revolutionary Catalyn.

At Standard Process:

We change lives with our whole food philosophy.
We grow ingredients on our organic farm in Wisconsin.
We’re serious about quality.
We make products to support the health of the whole family.
We partner with health care professionals.
We’ve been trusted for generations. Our products have been transforming lives since 1929.
Our Corporate Values
Standard Process demonstrates commitment to the **Whole**:

<table>
<thead>
<tr>
<th>PERSON</th>
<th>By fostering the physical, emotional, intellectual, and spiritual health of customers and employees</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRODUCT</td>
<td>By emphasizing the importance of concentrated whole food ingredient sources and herbs in the product line</td>
</tr>
<tr>
<td>PROCESS</td>
<td>By ensuring the highest quality in every stage of development, from farming through shipping</td>
</tr>
<tr>
<td>PLANET</td>
<td>By utilizing environmentally safe farming, manufacturing, and business practices</td>
</tr>
<tr>
<td>POSTERITY</td>
<td>By preserving and strengthening the company for all future generations</td>
</tr>
</tbody>
</table>

1200 W. Royal Lee Drive    | Palmyra, WI 53156
800-848-5061    | Customer Care 800-558-8740 | standardprocess.com

CONNECT WITH US

This guide is for health care professional use only.
Patients should consult with a health care professional before taking any Standard Process products.

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