



## Sports Performance and Recovery Nutritional Supplementation

Peak athletic performance begins with good nutrition

There's a competitor in all of us. A doer. A striver. A challenger who pushes until one becomes a champion. Nourish the inner athlete with performance and recovery products from Standard Process – including packs, kits, and supplements that support the demands of training, competition, and recovery.\*

### PACKS

#### Sports Performance Pack

Rigorous training and competition challenge the body, physically and mentally. That's why it's important to prepare with performance products that deliver the proper nutrition to help prepare one's body and mind.\*

Convenient support for training and competition that includes:

- Cellular Vitality
- Cardio-Plus®
- Cataplex® E2
- Magnesium Lactate



#### Sports Recovery Pack

Rebuild from competition and training with our recovery products. They provide support for muscles and joints, and help address the inflammatory response associated with strenuous exercise.\*

Convenient support for athletic recuperation that includes:

- Glucosamine Synergy®
- Epimune Complex
- OPC Synergy®
- Cruciferous Complete™



### Sports Performance Kit

- Cellular Vitality
- Cardio-Plus®
- Cataplex® E2
- E-Z Mg™
- Veg-E Complete Pro™ Chocolate or Vanilla
- BlenderBottle® Sport Mixer



### Sports Recovery Kit

- Glucosamine Synergy®
- Cruciferous Complete™
- Epimune Complex
- OPC Synergy®
- Veg-E Complete Pro™ Chocolate or Vanilla
- BlenderBottle® Sport Mixer



Standard Process also offers other products that promote healthy activity, encourages recovery, and helps keep one performing at an optimal level.



**Calcium Lactate**  
Supports absorption of calcium and magnesium.\*



**Cardio-Plus®**  
Helps support the cardiovascular system.\*



**Cellular Vitality**  
Supports the body as a whole, with specific emphasis on cellular processes.\*



**Calcifood® Powder**  
Supports calcium absorption.\*



**Cataplex® D**  
Supports bone health, mineral absorption, the immune system, and cellular processes.\*



**Cataplex® E2**  
Supports cellular health and general well-being.\*



**Cruciferous Complete™**  
Supports cellular health.\*



**Epimune Complex**  
Vegan immune system support designed to balance immune system response function.\*



**E-Z Mg™**  
Plant-based, multiform magnesium (Mg) developed to support adequate dietary magnesium intake.\*



**Ferrofood®**  
Contains iron to support the body's need for this mineral.\*



**Glucosamine Synergy®**  
Combines glucosamine, Boswellia serrata, and manganese to help maintain healthy joint function.\*



**Ligaplex® I**  
Contains nutrients that provide acute ligament and muscle support.\*



**Magnesium Lactate**  
Contains magnesium to support cellular functions.\*



**MediHerb® Rhodiola & Ginseng Complex**  
Enhances vitality and stamina.\*



**MediHerb® Turmeric Forte**  
Provides healthy inflammatory response.\*



**OPC Synergy®**  
Supports antioxidant activity and supports cell functioning\*



**Veg-E Complete Pro™ Chocolate or Vanilla**  
Offers an organic multisource blend of plant-based protein in a convenient powder with delicious flavor.\*