What is Metabolic Detoxification?

Metabolic detoxification is your body’s natural process of removing and eliminating toxins from your cells. This three-phase process unlocks fat-soluble toxins and converts them to a water-soluble state that is easier for your body to remove. Your body needs key nutrients and phytonutrients to support each of these phases.

**Phase I: Unlock**

The body transforms fat-soluble toxins to an “unlocked” state that is more water-soluble, and in many cases, more toxic than its original form.

SP Detox Balance™ delivers key nutrients.

**Phase II: Neutralize**

The highly toxic substances produced in Phase I convert to non-toxic molecules and become even more water-soluble.

SP Detox Balance™ delivers key nutrients.

**Phase III: Eliminate**

Water-soluble toxins leave cells, and the body eliminates them.

SP Detox Balance™ delivers plant-based fiber to aid toxin elimination.

---

**Toxins can contribute to:**
- Fatigue or difficulty sleeping
- Indigestion and other temporary gastrointestinal upset
- Food cravings and weight gain
- Reduced mental clarity
- Low libido
- Skin issues
- Joint discomfort

---

**US Statistics**

- 80K CHEMICALS registered for use
- 800 MILLION+ POUNDS of herbicides used per year
- 167 INDUSTRIAL CHEMICALS found in adults with no employment-related exposure

---

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*
How the SP Detox Balance™ Program Works

Drink one, two or three nutrient-packed SP Detox Balance™ shakes per the daily shake schedule in the Program Guide. Combine the powder with water (or other approved beverage), mix and enjoy any time of day. While this is not a meal-replacement shake, it could replace some food intake.

Sample meals, nutritious recipes and tips for staying hydrated are included in the Program Guide.

28-day or 10-day program

- Balanced and sustainable support of the body’s natural metabolic detoxification process
- Supports phase II enzymes throughout the duration of the program (reduces the risk of cofactor depletion)
- Provides key nutrients required for glutathione synthesis (L-cysteine, L-glutamic acid, glycine and magnesium)
- Provides creatine for the purposes of decreasing the demand for glycine, arginine and methylation
- May help boost the body’s energy level

To learn more, visit www.standardprocess.com/SP-Detox-Balance

How to Prepare the Body for Metabolic Detoxification

It is preferable that the following deficiencies be addressed before starting a detoxification program:

- Vitamin D, Vitamin B₁₂, Magnesium
- Methylation capacity (SAM:SAH<2)
- Gastrointestinal conditions affecting nutrient absorption (Elimination Diet)
- Estrogen metabolism
- Malnutrition