

Content: 90 Capsules
Suggested Use: Three capsules per day, or as directed.
Product Number: 7080
4 Billion CFU/serving†

†CFU/serving stands for "colony forming units/serving". It is a measure used to determine the number of live bacterial cells in the product.

Supplement Facts:	
Serving Size: 3 capsules	Servings per Container: 30
Amount Per Serving	%DV
Calories.....	8
Total Carbohydrate.....	1.8 g <1%*
Probiotic Blend.....	340 mg.....†
<i>Bifidobacterium</i> , BB-12®, <i>L. acidophilus</i> , LA-5®, <i>L. paracasei</i> , <i>L. casei</i> 431®, and <i>S. boulardii</i> (4 billion cfu)	
Inulin.....	1 g.....†
Galactooligosaccharide (GOS) (milk).....	100 mg.....†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
 †Daily Value (DV) not established.

Other ingredients: Maltodextrin, gelatin, water, colors, and calcium stearate.

Special Information: Store in a cool, dry place. Although research varies, our strains seem to do best when taken after a meal.

INFORMATIVE PRODUCT LITERATURE

- Probiotic/Prebiotic Brochure | L5375 | Features ProSynbiotic and Prebiotic Inulin
- Probiotic/Prebiotic Acrylic Display Insert | L8920 | Features ProSynbiotic and Prebiotic Inulin
- ProSynbiotic Product Detail Sheet | Available online



Standard Process Probiotic Products Fill Your Patient's Individual Needs

PROBIOTIC PRODUCT COMPARISON		ProSynbiotic	Lact-Enz®	Lactic Acid Yeast™
PROBIOTIC	<i>Lactobacillus acidophilus</i>		✓	
	<i>Lactobacillus acidophilus</i> (LA-5)	✓		
	<i>Lactobacillus paracasei</i> ssp. <i>paracasei</i> (L. casei 431®)	✓		
	<i>Bifidobacterium longum</i>		✓	
	<i>Bifidobacterium lactis</i> (BB-12)	✓		
	<i>Saccharomyces cerevisiae</i> var. <i>boulardii</i>	✓		
	<i>Saccharomyces cerevisiae</i>			✓
PREBIOTIC	Inulin	✓		
	Galactooligosaccharide (GOS)	✓		
Capsule		✓	✓	
Wafer				✓
Serving Size		3	2	1
Servings per day		1	3	3

LA-5®, BB-12®, and L. casei 431® are registered trademarks of Chr. Hansen, Inc.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Whole Food Supplements Since 1929

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Good Flora
 KEY FOR GUT HEALTH





ProSynbiotic

A Synergistic Blend of 4 Research-Supported Probiotic Strains and 2 Prebiotic Fibers to Promote Gut Flora and Overall Intestinal Health

A BACTERIA-RICH GUT IS NECESSARY FOR GOOD HEALTH

We may start out bacteria-free, but we don't stay that way. Infants pick up a host of bacteria and other microorganisms that after their first year resembles the adult gut. The adult gut contains anywhere between 400 to 36,000 individual species of microbes, primarily bacteria. Our diet, lifestyle, gender, age, and genetics all affect these microbial populations, which can change—shrinking or thriving depending on the gut environment. Which is a good thing—without bacteria, we'd be in big trouble. These bacteria have a mutually beneficial relationship with us: they get food and shelter, and we get a complex array of services ranging from vitamin synthesis to immune modulation.

EVIDENCE-BASED SUPPORT FOR GUT HEALTH

ProSynbiotic embraces the historical place *Lactobacillus*, *Bifidobacterium*, and *Saccharomyces* have in our diet, and applies this knowledge through the prism of evidence-based scientific studies. The specific, research-supported strains used in ProSynbiotic have been studied extensively by the manufacturer and other scientists for many years: LA-5 is supported by over 100 publications, *L. casei* 431 is examined in more than 50, and BB-12 is reviewed in over 250 scientific publications.

The “good” bugs in ProSynbiotic inhabit different niches within the gastrointestinal tract for a comprehensive approach to rebalancing the gut environment. And to maintain these populations, ProSynbiotic provides inulin and galactooligosaccharides (GOS), fibers that are indigestible to us, but which are used selectively by probiotic microbes for food.

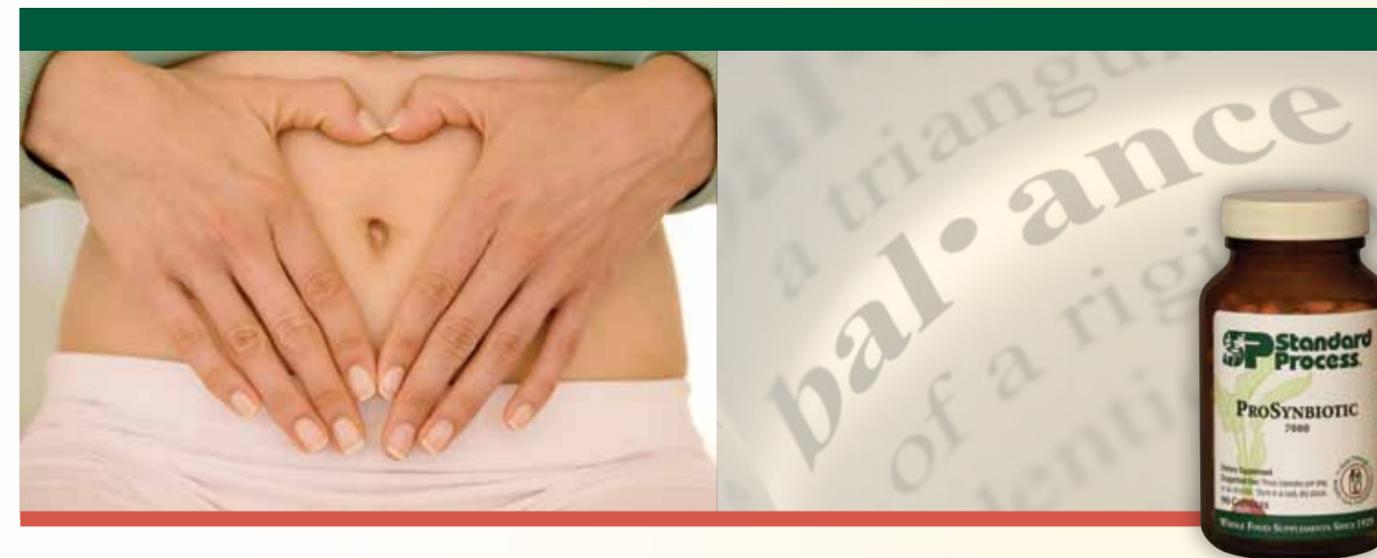
This blend provides the basis for maintaining a healthy gut, so it is especially useful when gut microbes are challenged by internal or external factors.*

PROSYNBIOTIC IS DESIGNED TO:

- ◆ Support gut flora
- ◆ Maintain a healthy gut environment
- ◆ Support normal bowel regularity and consistency
- ◆ Improve nutrient digestion/absorption
- ◆ Support the body's natural immune response
- ◆ Contribute to absorption of calcium and magnesium

QUICK FACTS:

- ◆ Synbiotic product (probiotic + prebiotic ingredients)
- ◆ Designed to help good bacteria reach their preferred place in the gut
- ◆ Research-supported strains of lactic acid bacteria (*Lactobacillus* and *Bifidobacteria*) and *Saccharomyces cerevisiae boulardii*
- ◆ Inulin from chicory root
- ◆ Galactooligosaccharide (GOS) from milk



THE MICROBES AND PREBIOTICS IN PROSYNBIOTIC HELP MAINTAIN A HEALTHY GUT ENVIRONMENT

The Probiotic Microbes

Probiotics, in general, help support healthy gut flora by making the gut a more hospitable place for some, and less so for others. The specific, research-supported strains used in ProSynbiotic are cited collectively in over 400 publications. This body of research suggests that these strains have specific, documented action in supporting human health:

***Lactobacillus acidophilus* (LA-5®)**—Evaluated for its ability to interfere with the communication between other types of bacteria, thus promoting a healthy balance of microbes; the LA-5 strain was also among several other *Lactobacilli* that improved outcomes in constipated subjects, as well as those with lactose intolerance.

***Lactobacillus paracasei* ssp. *paracasei* (L. casei 431®)**—Adheres to the intestinal tract and tolerates bile—important characteristics necessary to support the natural gut environment; this strain has been studied in humans and mice for its ability to support the gut during challenges, and for its ability to help maintain the body's natural immune response.

***Bifidobacterium lactis* (BB-12®)**—Studied for its action in maintaining normal stool regularity and consistency; BB-12 was also examined regarding modulation of the body's normal immune response.

Saccharomyces cerevisiae* var. *boulardii—A yeast isolated from fruit skins. Historically, this microbe was used by indigenous people in Cambodia, Laos, and Vietnam to support normal stool consistency. In the gut, this yeast supports the growth of some bacteria and inhibits others through competition and environmental modification of the gut. It has been studied for its ability to support normal stool consistency.*



People who travel, take some prescription medications, need digestive support, are under stress, or who do not eat fermented foods regularly may find ProSynbiotic useful in maintaining a healthy, balanced gut environment.*

The Prebiotic Fibers

The prebiotics in ProSynbiotic are included to help supplemental probiotics, as well as our native colonies, survive and thrive:

Inulin—A soluble, non-digestible fiber from chicory root that can be digested by certain microorganisms as food; inulin also supports the absorption of calcium and magnesium.

Galactooligosaccharide (GOS)—A non-digestible carbohydrate used by certain bacteria as food; supports BB-12 growth and has been studied for support of gut mucosa, and nutrient processing in the gut.*