Changing Lives With Nutrition

Standard Process focuses on achieving wholistic health through nutrition.

From our certified organic, regenerative farming practices to our Nutrition Innovation Center, we are committed to clinical science that advances health and changes lives.
It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole food plant ingredients grown in our organic soil are rich in phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.
Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on wholistic health through whole food nutrition.
Foundational Health
Health and Wellness

Preventative Care
Active Health Management

Condition-Specific Management
Specific System Support

Advanced Nutrition Therapy
Bundled Care Support Regimen for Specific Health Systems
Bone / Joint Support Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.
More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve a normal health trajectory. These important systems, including immune, inflammatory response, central nervous system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

Nutrition can play an important role to help make sure that nutrient availability is optimized supporting key body functions. Recommended daily intake values supporting many key health issues, like bone health, are available and supported with whole food nutrition. The availability of balanced nutrition including calcium, vitamin D and K as co-factors all serve to support maintenance of healthy bone. Healthy joints are important and support normal movement. Whole food nutrition options can provide the nutrient components that are also helpful in maintaining full functionality and movement. This guide helps identify and select nutrition options supportive of bone and joint health and thus functional capacity and movement.

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2 (ODS), O.o.D.S., Vitamin K Fact Sheet for Health Professionals. September 26, 2018.

The products that follow in this book offer a group of whole food-based nutritional and herbal solutions that can support bone and joint health and normal function for healthy movement and activity.

For the most current and complete information about the product and cautionary warnings, please go to standardprocess.com.
Catalyn®, Catalyn® Chewable, or Catalyn® GF

Catalyn, Dr. Royal Lee’s first product, contains vital nutrients from whole food and other sources.*

- Supplies multiple vitamins for complete, complex nutritional supplementation
- Designed to bridge nutritional gaps in the diet
- Encourages healthy cell functioning
- Supports overall well-being
- Available in original formula, chewable and gluten-free*

**Suggested use:** Three tablets per day, or as directed.
Cataplex® D

Cataplex D supports bone health, mineral absorption, the immune system, and cellular processes.*

- Encourages healthy calcium absorption from the intestinal tract into the blood
- Supports healthy immune system response function
- Supports and maintains healthy bone density
- Provides vitamin D, which is needed by almost every cell in the body for development and transcription*

Suggested use: Two tablets per day, or as directed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Calcifood®

Calcifood supports calcium absorption.*

- Helps the body build strong, healthy bones
- Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life*

Suggested use: Two wafers per meal, or as directed.

Special Instructions: This product should be chewed then swallowed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Cellular Vitality

Cellular Vitality supports the body as a whole, with specific emphasis on cellular processes.*

- Contains American ginseng, which acts as a body tonic for the byproducts of everyday stress
- Contains B vitamins, to fuel cells and participate in numerous body processes that contribute to normal function
- Provides nutrients that support antioxidant activity
- Includes the enzyme bromelain from pineapple stems and juice that, when taken between meals, modulates the body’s natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- Contains coenzyme Q₁₀, an enzyme that is essential for creation of energy within the mitochondria of cells and that helps protect cells from free radicals
- Contains Cordyceps sinensis, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and the maintenance of healthy blood sugar levels already within normal range
- Contains ribonucleic acid (RNA), compounds that can be broken apart as cells to create energy or manufacture protein*

Suggested use: Three capsules per day, or as directed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Collagen C™

**Collagen C supports healthy connective tissue.**

- Provides ingredients with antioxidant activity
- Supports and promotes normal immune system response function
- Provides whole food sources of vitamin C
- Good source of antioxidant vitamin C*

**Suggested use:** One tablet per meal, or as directed.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Contraindicated in known allergy to plants of the daisy family.
Glucosamine Synergy®

Glucosamine Synergy combines glucosamine, *Boswellia serrata*, and manganese to help maintain healthy joint function.

- Maintains healthy connective tissue
- Supports the body’s normal connective tissue repair process
- Supports joint health
- Contains glucosamine and boswellia for relieving discomfort in the affected areas after strenuous exercise*

**Suggested use:** One capsule three times per day, or as directed.

**Caution:** This product contains ingredients derived from crab shells.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Ligaplex® I

Ligaplex I contains nutrients that provide acute ligament and muscle support.*

• Supports the body’s normal connective tissue repair and synthesis processes
• Supports healthy joints and muscles
• Supports bone growth and the synthesis of cartilage
• Contains buckwheat, which supports the body’s natural inflammatory response function as it relates to periodic challenges like strenuous exercise*

Suggested use: Two capsules per meal, or as directed.
Ligaplex® II

Ligaplex II supports tissue and joints to maintain connective tissue health, especially for long-term support.*

• Provides the foundation to feed the musculoskeletal system and facilitate freedom of movement
• Nutritional compounds for support of proper formation and maintenance of skeletal tissues
• Involved in maintenance of healthy fluid levels
• Contains bovine heart PMG™ extract*

Suggested use: Two capsules per meal, or as directed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Min-Chex®

Min-Chex is a combination of minerals and synergistic factors designed to support the nervous system.*

• Supports nervous system health
• Moderate calmative that helps maintain emotional balance
• Helps ease the effects of temporary stress*

Suggested use: One capsule one half hour before each meal, or as directed.
Min-Tran®

Min-Tran is a vegetarian product that contains mineral complexes to support emotional balance.*

- Supports a healthy nervous system
- Mild calmative that helps maintain emotional balance
- Helps ease the effects of temporary stress
- Supports the actions of neurotransmitters that regulate mood*

Suggested use: Four tablets per meal, or as directed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Neuroplex®

Neuroplex combines synergistic ingredients to support the nervous and endocrine systems.*

• Supports the nervous system
• Supports cognitive functioning
• Contains a broad spectrum of vitamins, minerals, and complementary tissues to support endocrine organ function*

Suggested use: Two capsules per day, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.
OPC Synergy®

OPC Synergy is a synergistic blend that supports antioxidant activity and cell functioning.*

• Provides nutrients that support antioxidant activity
• Supports and maintains normal cell function
• Helps maintain normal cognitive function
• Traditionally used in support of eye health
• Supports the complex processes associated with aging
• Supports a healthy cardiovascular system
• Maintains capillary integrity*

Suggested use: One capsule per day, or as directed.

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Organically Bound Minerals

**Organically Bound Minerals contains iodine from alfalfa and kelp.***

- Encourages healthy enzyme functioning
- Promotes healthy connective tissue
- Helps maintain proper cellular energy production
- Provides ingredients with antioxidant activity
- Includes whole food-sourced ingredients with complexity maintained through careful processing
- Supports nervous system health
- Contains iodine to assist with proper thyroid function*

**Suggested use:** One tablet per meal, or as directed.

**Caution:** High dose iodine products should only be used under the direct supervision of a healthcare professional. Keep out of reach of children.
Ostrophin PMG®

Ostrophin PMG combines synergistic nutrients for natural bone health support.*

- Provides a unique profile of minerals, nucleotides, and peptides along with unknown factors
- Supports healthy bone function*

**Suggested use:** One tablet per meal, or as directed.
SP Complete®

**SP Complete offers essential whole food nutrition in a convenient powder.**

- Provides amino acids
- Supports intestinal, muscular, and immune system health
- Provides ingredients with antioxidant activity
- Supports healthy liver function
- Supports the body’s normal toxin-elimination function
- Contains non-denatured whey proteins that have kept their nutritional integrity throughout the manufacturing process
- Supports the maintenance of a healthy weight when combined with a healthy lifestyle*

**Suggested use:** 2 rounded tablespoons (scoops) per shake. One to three shakes per day, or as directed.

**Special Instructions:** Store unopened container in a cool, dark place.
Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 oils help bridge the gap in dietary omega-3 intake and support the body’s natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity.* Tuna Omega-3 oils contain a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, they also:

- Support cognition
- Support skin and hair health
- Support emotional balance
- Contain DHA, which is important for proper fetal eye and brain development*

**Suggested use:** Two softgels twice per day with meals, or as directed.

**Special Instructions:** Store product in a cool, dark place.
MediHerb® Bone Complex

Bone Complex contains Epimedium, Kudzu, Red Clover and Black Cohosh. This combination of herbs contains many compounds especially flavonoids and triterpene glycosides. Three herbs in this tablet contain standardized levels of key phytochemicals to ensure optimal strength and quality: 20 mg of icariin per tablet (from Epimedium), 28 mg/tablet of isoflavones from Kudzu (daidzein, daidzin, puerarin) and 8 mg/tablet of Red Clover isoflavones. These and other compounds within Bone Complex have been used traditionally to help mature women (age 40-60) to:

• Support healthy bone tissue in conjunction with weight-bearing exercise and a healthy diet containing food sources of calcium and vitamin D
• Support and maintain healthy bone density
• Beneficially influence normal bone remodeling*

Suggested use: One tablet three times daily, or as directed.

Caution: Contraindicated in pregnancy, lactation and in women with estrogen-dependent tumors such as breast cancer. Caution in patients with liver problems, who frequently use alcohol or take any medications.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
MediHerb® Saligesic

Saligesic contains phenolic glycosides (including salicin), flavonoids and other phenolic compounds. Saligesic is standardized to contain 60 mg of salicin per tablet to ensure optimal strength and quality. Willow stem bark is used traditionally to:

• Support musculoskeletal system health
• Help maintain and support healthy joints
• Ease the temporary mild joint and muscle discomfort associated with exercise
• Support and maintain normal body temperature already within a normal range
• Temporarily relieve mild, occasional exercise-related lower back discomfort
• Relieve temporary mild headaches caused by occasional stress*

Suggested use: One tablet two to four times daily, or as directed.

Caution: Contraindicated in known allergy or sensitivity to salicylates. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.
MediHerb® Turmeric Forte

Turmeric Forte is a formulation of Turmeric rhizome and Fenugreek seed extracts to enhance absorption and improve bioavailability*† of curcuminoids, the active constituents of Turmeric. Turmeric rhizome provides turmeric curcuminoids, including curcumin, demethoxycurcumin and bisdemethoxycurcumin. This product is standardized to total curcuminoids and to curcumin, to ensure optimal strength and quality.

The herbs and their constituents:

• Support a healthy inflammation response
• Traditionally maintain and support healthy joints
• Provide antioxidant activity
• Support a healthy response to environmental stressors
• Support healthy liver function
• Traditionally support healthy digestion*

Suggested use: One tablet one to two times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

† Contains dietary ingredient (formulation of curcumin with fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids over unformulated curcumin.1

1 Kumar D, Jacob D, Subhash PS et al. J Funct Foods 2016; 22, 578-587
Appendix
### Collagen C™

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Serving Size</strong>: 1 Tablet</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>27 kcal</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>25 mg</td>
</tr>
<tr>
<td>Protein</td>
<td>0 g</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>200 mg</td>
</tr>
</tbody>
</table>

Other Ingredients: Ascorbic acid, honey, and calcium stearate.

*Daily Value not established.*

### Glucosamine Synergy®

<table>
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<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Serving Size</strong>: 1 Capsule</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>7 kcal</td>
</tr>
<tr>
<td>Glucosamine HCI</td>
<td>51 mg</td>
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<tr>
<td>Proprietary Blend</td>
<td>9 mg</td>
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</table>

Other Ingredients: Ascorbic acid, honey, and calcium stearate.

*Daily Value not established.*

### Ligaplex® I

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Serving Size</strong>: 2 Capsules</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>83 cal</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>25 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>110 mg</td>
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</table>

Other Ingredients: Ascorbic acid, propylene glycol, and calcium stearate.

*Daily Value not established.*

### Ligaplex® II

<table>
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<tr>
<th>Supplement Facts</th>
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</thead>
<tbody>
<tr>
<td><strong>Serving Size</strong>: 2 Capsules</td>
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<table>
<thead>
<tr>
<th>Amount per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>83 cal</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>25 mg</td>
</tr>
<tr>
<td>Proprietary Blend</td>
<td>110 mg</td>
</tr>
</tbody>
</table>

Other Ingredients: Ascorbic acid, propylene glycol, and calcium stearate.

*Daily Value not established.*

### Please consult standardprocess.com for the most current product information.
**Supplement Facts**

**Min-Chex®**

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
<th>Servings per Container: 90</th>
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</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>24 mg</td>
</tr>
<tr>
<td>Total Fat</td>
<td>9 mg</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>4 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>0 mg</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0 mg</td>
</tr>
<tr>
<td>Protein</td>
<td>0 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend (200 mg): Vitamins A (preformed vitamin A as palmitate), vitamins C and D (as calcium lactate), vitamin E (as dl-alpha tocopheryl acetate), vitamin K2 (as menaquinone-4), vitamin B6 (as pyridoxine hydrochloride), and minerals (as citrate).<br><br>**Min-Tran®**

<table>
<thead>
<tr>
<th>Serving Size: 4 Tablets</th>
<th>Servings per Container: 60</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>11 mg</td>
</tr>
<tr>
<td>Total Fat</td>
<td>1 mg</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>0 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>0 mg</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0 mg</td>
</tr>
<tr>
<td>Protein</td>
<td>0 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend (750 mg): Vitamins A (preformed vitamin A as palmitate), vitamins C and D (as calcium lactate), vitamin E (as dl-alpha tocopheryl acetate), vitamin K2 (as menaquinone-4), vitamin B6 (as pyridoxine hydrochloride), and minerals (as citrate).<br><br>**Neuroplex®**

<table>
<thead>
<tr>
<th>Serving Size: 2 Capsules</th>
<th>Servings per Container: 60</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>18 mg</td>
</tr>
<tr>
<td>Total Fat</td>
<td>3 mg</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>2 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>0 mg</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0 mg</td>
</tr>
<tr>
<td>Protein</td>
<td>0 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend (750 mg): Vitamins A (preformed vitamin A as palmitate), vitamins C and D (as calcium lactate), vitamin E (as dl-alpha tocopheryl acetate), vitamin K2 (as menaquinone-4), vitamin B6 (as pyridoxine hydrochloride), and minerals (as citrate).<br><br>**OPC Synergy®**

<table>
<thead>
<tr>
<th>Serving Size: 1 Capsule</th>
<th>Servings per Container: 60</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>12 mg</td>
</tr>
<tr>
<td>Total Fat</td>
<td>2 mg</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0 mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>2 mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>0 mg</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0 mg</td>
</tr>
<tr>
<td>Protein</td>
<td>0 mg</td>
</tr>
</tbody>
</table>

Proprietary Blend (750 mg): Vitamins A (preformed vitamin A as palmitate), vitamins C and D (as calcium lactate), vitamin E (as dl-alpha tocopheryl acetate), vitamin K2 (as menaquinone-4), vitamin B6 (as pyridoxine hydrochloride), and minerals (as citrate).<br><br>Other Ingredients: Gellan gum, methylcellulose, and calcium citrate.<br><br>**Masquelier’s OPC is a registered trademark of International Nutrition Company BV, Loosdrecht, the Netherlands.**

Please consult standardprocess.com for the most current product information.
### Organically Bound Minerals

**Supplement Facts**

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount per Serving</th>
<th>%Daily Value</th>
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</thead>
<tbody>
<tr>
<td>Calcium</td>
<td>50 mg</td>
<td>2%</td>
</tr>
<tr>
<td>Magnesium</td>
<td>4 mg</td>
<td>1%</td>
</tr>
</tbody>
</table>

*Proprietary Blend: 250 mg >

- Undenatured PMG® extract
- D-biotin
- Boron
- Niacin
- Zinc
- Calcium (Citrate, Gluconate)
- Magnesium (Citrate, Oxide)
- Phosphorus

*Other Ingredients: Organic honey and organic rice husk extract.

*Daily Value not established.

Please consult standardprocess.com for the most current product information.

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### Ostrophin PMG®

**Supplement Facts**

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount per Serving</th>
<th>%Daily Value</th>
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<tbody>
<tr>
<td>Calcium</td>
<td>30 mg</td>
<td>2%</td>
</tr>
<tr>
<td>Magnesium</td>
<td>1 mg</td>
<td>1%</td>
</tr>
</tbody>
</table>

*Proprietary Blend:

- Undenatured PMG® extract
- D-biotin
- Boron
- Niacin
- Zinc
- Calcium (Citrate, Gluconate)
- Magnesium (Citrate, Oxide)
- Phosphorus

*Other Ingredients: Calcium lactate, honey, magnesium lactate, and calcium stearate.

This product features our exclusive Protomerophogen™ extract.

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### SP Complete®

**Supplement Facts**

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calcium</td>
<td>18 mg</td>
<td>2%</td>
</tr>
<tr>
<td>Magnesium</td>
<td>7 mg</td>
<td>2%</td>
</tr>
</tbody>
</table>

*Proprietary Blend:

- Undenatured PMG® extract
- D-biotin
- Boron
- Niacin
- Zinc
- Calcium (Citrate, Gluconate)
- Magnesium (Citrate, Oxide)
- Phosphorus

*Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

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### Thymus PMG®

**Supplement Facts**

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount per Serving</th>
<th>%Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calcium</td>
<td>1 mg</td>
<td>1%</td>
</tr>
</tbody>
</table>

*Proprietary Blend:

- Undenatured PMG® extract and magnesium citrate

*Daily Value not established.

*Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

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Please consult standardprocess.com for the most current product information.
<table>
<thead>
<tr>
<th>Supplement Facts</th>
<th>Serving Size: 1 Tablet</th>
<th>Servings per Container: 40</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per Serving</strong></td>
<td><strong>% Daily Value</strong></td>
<td></td>
</tr>
<tr>
<td>Calcium</td>
<td>43 mg</td>
<td>4%</td>
</tr>
<tr>
<td>Epimedium herb top 12:1 extract 200 mg † from Epimedium sagittatum herb top 2.4 g Containing icariin 20 mg †</td>
<td>0 mg</td>
<td>0%</td>
</tr>
<tr>
<td>Red Clover herb top 5:1 extract Containing isoflavones 8 mg</td>
<td>100 mg</td>
<td>100%</td>
</tr>
<tr>
<td>Kudzu root 10:1 extract 70 mg † from Pueraria lobata root 80 mg Containing pueraria isoflavones calculated as daidzin, puerarin, daidzein 28 mg</td>
<td>100 mg</td>
<td>100%</td>
</tr>
<tr>
<td>Black Cohosh root 5:1 extract from Actaea racemosa root 80 mg</td>
<td>10 mg</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Daily Value (DV) not established.</strong></td>
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</tbody>
</table>

Other Ingredients: Calcium, magnesium, zinc, and alpha-lipoic acid (thiamine, riboflavin, and niacinamide).
CHANGING LIVES

with wholistic nutrition from practitioner to patient