

GI Stability™

Short- and Long-Term GI Support
Contains whole food ingredients and prebiotic 2'-FL



WHOLE FOOD NUTRIENT SOLUTIONS

GI Stability™ Provides Targeted Support for Protecting the Complex Gastrointestinal Environment

Digestive health issues affect daily life for millions of Americans. Many of these conditions are associated with a disrupted microbiome¹ that throws the GI system out of balance and may cause gut distress. Building resilience to disruption is important – it helps give the human microbiome the ability to return to equilibrium.²

GI Stability contains a prebiotic that feeds beneficial bacteria while helping support a healthy gut microbiome.*

How it Works: GI Stability contains 2'-FL – a unique prebiotic HMO (Human Milk Oligosaccharide) that resists digestion and moves directly to the lower GI tract where it becomes effective in feeding selective bacteria.³ Studies show that HMOs have a unique structure that is preferred by beneficial microbes who use them to grow.^{4,5}

Why HMOs are Important: HMOs are naturally found in human milk and contribute to the benefits of breast-feeding that are linked to long-term development, immune protection, and microbial population cultivation in infants.^{5,6} For adults, the 2'-FL is a great source for targeted prebiotic action that contributes to a healthy microbiome and may provide immune system support.*^{7,8}

GI Stability Supports Normal GI Function

GI Stability includes beet root and okra powder – ingredients with whole food-based fiber that help support proper elimination.* It also contains Collinsonia Root; for centuries, historical medical journals have utilized this botanical ingredient to support various digestive health conditions.⁹⁻¹³

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Helping good microbes balance the bad microbes is critical to our overall well-being.¹⁴

The human GI tract is a remarkable, complex part of the body that is home to trillions of microbes – a population known as the “microbiome.”¹⁵ Some of these microbes are “good guys,” and some of them are “bad guys.”

The “bad guys” can create a number of potentially negative effects, while the “good guys” help the body fight against external invaders by creating a layer of protection. They compete with microbes for available nutrients, and send signals to other bacteria that they are not welcome.¹⁶

Sustaining these microbes, and supporting the cells that make up the GI lining with selective prebiotics, is essential for GI support in the face of acute and chronic GI stress.^{8,17} The 2'-FL in GI Stability feeds the growth of beneficial bacteria and helps support a healthy microbiome* in an effort to maintain a normal gut environment – otherwise known as homeostasis.

Healthy microbiome helps with:¹⁸

- Immune defense
- Supporting elimination
- Metabolism
- Vitamin biosynthesis
- Modification of phytochemicals
- Influencing whole-body health

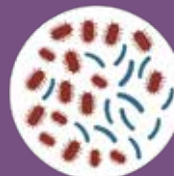


HOMEOSTASIS¹⁴

- High diversity in species and function
- Ability to resist change under physiological stress

External factors capable of adversely modifying the microbiome and interfering with ideal function include:¹⁹⁻²⁶

- Antibiotic use
- Gastrointestinal stress
- Prolonged prescription drug use
- Moving to a new country
- Dietary changes
- Short-term travel
- Environmental toxins



DYSBIOSIS¹⁴

- Lower species diversity – not consistent with homeostasis
- Fewer beneficial microbes

Taking a Systems-Based Approach to Balancing the Microbiome

Standard Process supplements provide a holistic approach to nurturing the digestive system. Healthful living begins with a healthy body, and managing the digestive system properly is vital to whole body health.



GI Stability™

Supports the GI tract by delivering targeted prebiotic action, supporting a healthy gut microbiome, and feeding the growth of beneficial bacteria.*^

- Helps support a healthy gut microbiome
- With prebiotic 2'-FL: studies show that 2'-FL helps support the growth of beneficial bacteria*^
- May help support the immune system
- Contains Collinsonia Root, which has been historically used to support normal elimination and digestive health*

^ To date, shown in multiple animal studies, infants, and one adult human study.

ACUTE USE: Three servings per day. For short-term use to modify the microbiome.

LONG-TERM USE: Single serving per day as a daily prebiotic.

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Synergistic Products for Whole-System Support



ChelaCo

Elimination Support
ChelaCo contains Hawthorn, Milk Thistle Seed and Garlic, herbs traditionally used to provide general detoxification support.*



Whole Food Fiber

Diverse Microbiome Support
Whole Food Fiber is a good source of fiber from nutrient-rich whole foods such as carrots, sweet potatoes, and beets.*



Epimune Complex

Immune System Support
Epimune Complex is a vegan immune system support supplement designed to help the immune system stand up to challenges.*



ProSynbiotic

Probiotic Support
ProSynbiotic is a synergistic blend of four research-supported probiotic strains and two prebiotic fibers to support gut flora and overall intestinal health.*



THE STANDARD PROCESS DIFFERENCE

Changing Lives With Nutrition

Standard Process:

- Is committed to changing lives with a whole food philosophy
- Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- Partners with health care professionals
- Has been trusted for generations products that have been transforming lives since 1929

At our practice, we believe that given the proper nutrition, the body has the amazing ability to keep itself healthy. We also believe that nutrition should be individualized to meet each patient's needs. We recommend and trust Standard Process nutritional supplements made with whole food and other ingredients.

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