

## Research-supported Ingredients in Epimune Complex

### EpiCor®

EpiCor® is a whole food fermentate comprised of proteins, fibers, polyphenols, vitamins, amino acids and beta glucans that have been clinically shown to provide significant immune health benefits.<sup>1-6</sup> In a randomized, double-blind, placebo-controlled clinical trial consisting of individuals with no recent history of seasonal influenza vaccination, participants received 500 mg of EpiCor® once per day or placebo for 12 weeks. Those participants receiving EpiCor® experienced a significant reduction in their incidence of cold or flu-like symptoms (p=0.01) compared to the placebo group.<sup>7</sup>

### MaitakeGold 404® extract

MaitakeGold 404® (15%) is a proprietary combination of a certified organic maitake mushroom powder from mycelial biomass (85% by weight) and maitake mushroom fruit body extract (15% by weight) derived under a patented method from the fruit body of Maitake.



In an animal study, MaitakeGold 404® has been reported to stimulate phagocytosis (part of the innate immune response) and increase the numbers of some specific immune cells (i.e. phagocytosis monocytes and macrophages).<sup>7</sup> In another animal study, short-term oral administration of MaitakeGold 404® strongly stimulated a healthy immune reaction.<sup>8</sup> These results indicate a broad-based immune system support that is part of the body's first line of immune activity.<sup>9</sup>

# THE STANDARD PROCESS DIFFERENCE

## Changing Lives With Nutrition

### Standard Process:

- Is committed to changing lives with a whole food philosophy
- Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- Partners with health care professionals
- Has been trusted for generations, with products that have been changing lives since 1929

*At our practice, we believe that given the proper nutrition, the body has the amazing ability to keep itself healthy. We also believe that nutrition should be individualized to meet each patient's needs. We recommend and trust Standard Process nutritional supplements made with whole food and other ingredients.*

**Ask your health care professional if Epimune Complex is right for you.**

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**Standard Process**



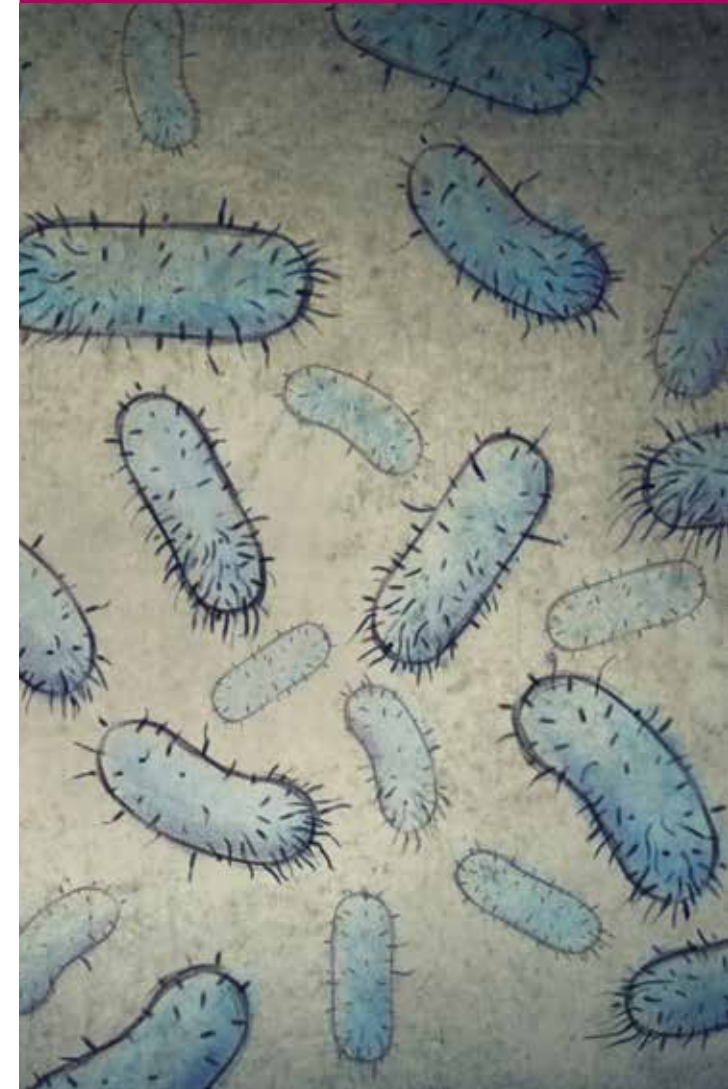
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# Support Your Immune System

with Epimune Complex



**Standard Process**

WHOLE FOOD NUTRIENT SOLUTIONS



Help your immune system stand up to challenges. Epimune Complex is a fermented, vegan, whole food-based supplement.

#### Why take Epimune Complex?

- Contains research-supported ingredients such as 516mg of EpiCor® and MaitakeGold 404®
- Helps support respiratory health year-round, especially during seasonal challenges
- Helps activate and balance a healthy immune system response function\*
- Supports healthy white blood cells
- Delivers an excellent source of vitamin C and zinc, both of which provide antioxidant and immune support

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

## Additional Key Ingredients in Epimune Complex

### Organic Acerola

- Known as an antioxidant superfruit, Acerola (*Malpighia emarginata* DC.) is one of the richest plant-based sources of phytonutrients including antioxidant vitamin C<sup>9,10</sup> — a key player in a healthy immune system and immune response to seasonal challenges.<sup>11,12</sup>
- Supports mucosa, cell function, skin, blood vessels, and other tissue via its role in collagen synthesis and antioxidant activity



### Calcium lactate

- Highly bioavailable calcium that supports numerous actions in the body (involved in cell signaling)
- Source of dietary calcium: a mineral that supports a healthy immune response including cell signaling in lymphocytes — a type of white blood cell.<sup>13,14</sup>



### Zinc rice chelate

- Plays a structural role in proteins and helps protect cell membranes while influencing cell communication, hormone release, and cell death
- Source of dietary zinc: an antioxidant mineral that plays a key role in a healthy immune response<sup>12</sup> and cell membrane support.<sup>12,15,16</sup>



### Turkey Tail and Maitake Mushrooms

- Whole food powders of the mycelium of *Grifola frondosa* (Maitake) and *Coriolus versicolor* (Turkey-tail) mushrooms
- A growing body of research suggests that both Maitake and Turkey Tail mushrooms and extracts provide a variety of health-promoting properties including a healthy immune system support.<sup>17-23</sup>

