An Easier Path to Optimal Health

Overcome nutritional shortfalls with whole food-based supplementation

**STRONG STRUCTURAL SUPPORT**

**Bone Health Daily Fundamentals**
Nutrients like calcium, along with physical activity and a healthy diet, are vital to bone health. Bone Health Daily Fundamentals packs provide convenient maintenance support to keep your bones strong and healthy — even later in life.*

*Each pack contains:

- Calcifood®: provides calcium*
- Cataplex® D: supports and maintains healthy bone density*
- Cruciferous Complete™: helps move calcium into bones*
- Ostrophin PMG®: supports healthy bone function*

**FOR LIFE ON THE GO**

**Adrenal Health Daily Fundamentals**
The pressure of a hectic lifestyle can tax your adrenals. Adrenal Health Daily Fundamentals packs support healthy adrenal function and emotional balance.*

*Each pack contains:

- Cataplex® A-C-P: supports cardiovascular health, immune system response function, and cell maintenance*
- Drenamin®: supports adrenal function, emotional balance, and energy production*
- Paraplex®: supports cellular health and healthy pancreas, pituitary, thyroid, and adrenal gland function*

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The STANDARD PROCESS DIFFERENCE

Changing Lives With Nutrition

**Standard Process:**
- Is committed to changing lives with a whole food philosophy
- Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- Partners with health care professionals
- Has been trusted for generations, with products that have been transforming lives since 1929

At our practice, we believe that given the proper nutrition, the body has the amazing ability to keep itself healthy. We also believe that nutrition should be individualized to meet each patient’s needs. We recommend and trust Standard Process nutritional supplements made with whole food and other ingredients.

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Ask your health care professional which Fundamentals pack is right for you

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Whole Food Ingredients and Nutrition

Busier lives mean more meals on the go, and less focus on nutrition. Standard Process has been trusted for 90 years to help patients bridge the nutrient gap.

Standard Process knows the best sources of vitamins and minerals are found in whole foods — as close as possible to the way they’re found in nature. We understand that nature’s healing power doesn’t happen in a lab. It happens in the earth. It happens through farming. It happens through food.

We deliver powerful, high-quality nutrition. It’s how we empower vitality with every bottle. It’s how we care for people. It’s how we change lives.

Talk to your health care professional about the benefits of nutritional supplementation. Along with a healthy diet and exercise, our whole food-based supplements may be just what you need to meet your nutritional goals.

START HERE
General Health Daily Fundamentals
General Health Daily Fundamentals packs provide total body wellness support.

It’s convenient, foundational maintenance for optimal health.*

Each pack contains:
- Catalyn®: contains vital nutrients, encourages healthy cell functioning, and supports overall well-being*
- Trace Minerals-B12™: contains a spectrum of minerals that support a healthy body*
- Tuna Omega-3 Oil: provides 300 mg DHA and 60 mg EPA omega-3 fatty acids to support heart, brain, eye, hair, skin, and joint health*

A DELICATE BALANCE
General Female Endocrine Daily Fundamentals
Stress, environmental factors, diet, and lifestyle can affect a woman’s hormonal balance. General Female Endocrine Daily Fundamentals packs support a healthy endocrine system and overall well-being.*

Each pack contains:
- Black Currant Seed Oil: supports proper eicosanoid synthesis and the body’s normal tissue repair process*
- Catalyn®: contains vital nutrients, encourages healthy cell functioning, and supports overall well-being*
- Hypothalamus PMG®: supports healthy hypothalamus tissue and function*
- Symplex® F: supports the healthy function of the ovaries and the adrenal, pituitary, and thyroid glands*
- Tuna Omega-3 Oil: provides 300 mg DHA and 60 mg EPA omega-3 fatty acids to support heart, brain, eye, hair, skin, and joint health*

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