Concerns of the liver have been increasing steadily over the years. Dietary support of the liver with plant-based ingredients is an important constituent of nutritional support. Any imbalance of the cellular redox system leads to oxidative stress, and that is one of the factors that affects liver health. Cruciferous vegetables are rich sources of sulfur-containing compounds (glucosinolate), and the biological actions of glucosinolate-derived isothiocyanates contributes to various health-promoting effects. High intakes of fruits and vegetables have been associated with a positive health status along with a healthy inflammatory and metabolic process. Antioxidants in plants may help support the healthy inflammation response and metabolic conditions beneficial to health.

FIGURE 1. How Cruciferous Complete supports health*

**Nutritional Support for Healthy Liver Function**

Supports healthy liver function, calcium absorption, blood clotting, and healthy liver function. Our research shows some compounds in kale and Brussels sprouts promote the liver’s natural phase one and two detoxification processes in cell and animal models.

Features of Cruciferous Complete:
- Supports healthy liver function
- Provides ingredients with antioxidant activity
- Vitamin K supports calcium absorption, blood clotting, and healthy liver function.
- Our research shows some compounds in kale and Brussels sprouts promote the liver’s natural phase one and two detoxification processes in cell and animal models.

**Available Size:**
- Cruciferous Complete 90 Capsules

Please consult the actual product label for the most accurate product information.

**NOTES**

 These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
We regularly grow
the organic kale and
Brussels sprouts in
Cruciferous Complete
on the Standard Process
organic farm.

Additional Liver Support

• Garlic
• Livaplex®
• Spanish Black Radish

REFERENCES

5. Guan YS and He Q. Evid Based Complement Alternat Med. 2015;824185. 10.1155/2015/824185

Standard Process is a family-owned company dedicated to making high-quality and nutrient-dense therapeutic supplements for three generations.

We apply a wholistic approach to how we farm, manufacture and protect the quality of our products. This comprehensive strategy ensures that our clinical solutions deliver complex nutrients as nature intended. It’s how we define the whole food health advantage.