Berberine Active contains berberine derived from Phellodendron bark, traditionally used in Chinese herbal preparations to:

- Promote regularity of bowel function
- Support a healthy bowel environment
- Support healthy liver function
- Provide antioxidant activity
- Help overcome the negative effects of a modern lifestyle

Berberine Active derived from Phellodendron bark contains 200 mg of berberine, standardized in each tablet, extracted without the use of harsh solvents and manufactured to pharmaceutical good manufacturing practice (GMP) standards.

**Traditional Use**

Phellodendron (*Phellodendron amurense*) bark is a species of tree of the Rutaceae family used traditionally in China, Vietnam and Korea to support healthy gastrointestinal function.1-4 Traditional texts also advocate for the use of Phellodendron to support healthy liver function and as a tonic to improve the tone, vigor and function of the whole body.3,5-7

In traditional Chinese herbal preparations, Phellodendron is thought to have cold and bitter properties and is commonly used to drain damp heat to support a healthy gastrointestinal tract.1 In addition to clearing heat and drying dampness, Phellodendron is used to support healthy liver function.8

**Berberine – active constituent of Phellodendron**

Berberine, the main active constituent of Phellodendron, is an alkaloid of the isoquinoline group and is a non-prescription herbal product in China where it has been used since the 1950s for gastrointestinal health.9 It is listed in the Chinese Pharmacopoeia with a recommended dosage of 300-900 mg/day.10 Berberine has poor bioavailability when administered orally.11 The accumulated berberine in the intestine may therefore support gut function due to its direct effect on the intestinal environment.9

**Suggested Use:**

1 tablet 2-4 times daily, or as directed.

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving size:</td>
</tr>
<tr>
<td>Servings per container:</td>
</tr>
<tr>
<td>Amount per Serving</td>
</tr>
<tr>
<td>%DV</td>
</tr>
</tbody>
</table>

† Daily Value (DV) not established.

**Other Ingredients:** Microcrystalline cellulose, sodium starch glycolate, croscarmellose sodium, hypromellose, magnesium stearate, dibasic calcium phosphate dihydrate and silicon dioxide.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

---

---
How Berberine Active Supports Your Health:

Supports a healthy bowel environment:
• For those individuals requiring herbal support to promote healthy bowel function.¹
• Phellodendron bark has been traditionally used to cleanse and promote health in the lower gastrointestinal tract and encourage a healthy gastrointestinal environment.¹

Supports healthy liver function:
• For those seeking to support liver function*¹
• Phellodendron has been used traditionally to support healthy liver function.*¹

Supports a modern lifestyle:
• For those overcoming modern lifestyle challenges and who may be concerned about their diet and digestive function.*¹

References

mediherb.com | standardprocess.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.