Wormwood Complex

Wormwood Complex is a unique combination of Wormwood herb, Black Walnut green hulls, Stemona root and Clove Bud essential oil.

How Wormwood Complex Keeps You Healthy

Not all bacteria are bad, in fact some bacteria are necessary for our survival and live in our intestine. The human gastrointestinal tract (mainly the lower end known as the colon or large bowel) is the natural habitat for a large and diverse population of microorganisms (called ‘flora’), mainly bacteria. The intestine of an adult contains up to 500 different species of bacteria. Scientists even think there may also be some species that have not yet been identified. In normal healthy circumstances the relationship is mutually beneficial for both partners: bacteria and host (you!).

Major functions of the intestinal flora include:

- metabolic activities that result in the release of absorbable nutrients and substances that can be used for energy
- protection of the host against invasion by alien flora

A healthy lower gastrointestinal tract contributes to a healthy intestinal environment and helps maintain proper gastrointestinal flora.

Cleanses the lower gastrointestinal tract

In Western civilization, Wormwood has been known since ancient times to cleanse the lower gastrointestinal tract (especially the large intestine). References to this plant appear in the writings of the ancient Egyptians, in early Syrian texts and in the Bible. Early European texts refer to it for this purpose and as a tonic. (It is said to have been brought to central Europe from the south by the early Christian monks.) Wormwood was published in an official list of therapeutic plants in Canada in 1868, and in the United States in 1830. Wormwood is now used traditionally around the world.

Stemona root and the green hull of Black Walnut fruit are used traditionally to help cleanse the lower gastrointestinal tract.

Supports healthy bowel function

Clove Bud essential oil has been used traditionally to support healthy bowel function. It may do this by helping produce regular peristaltic action. (Peristalsis is the process by which the contents of the gastrointestinal tract are pushed along (propelled). The muscular layers of the gastrointestinal tract do this by producing alternating contractions.) By making peristalsis more regular Clove Bud essential oil helps cleanse the bowel. The normal propulsive action also helps to maintain proper intestinal flora.

Supplement Facts

<table>
<thead>
<tr>
<th>Serving size: 1 tablet</th>
<th>Servings per container: 120</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount per Serving</td>
<td>%DV</td>
</tr>
<tr>
<td>Calories</td>
<td>2</td>
</tr>
<tr>
<td>Calcium</td>
<td>18 mg</td>
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<tr>
<td>2%</td>
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<tr>
<td>Stemona root 5:1 extract from Stemona sessilfolia root 1000 mg</td>
<td>200 mg</td>
</tr>
<tr>
<td>Black Walnut green hulls 4:1 extract from Juglans nigra green hulls 100 mg</td>
<td>25 mg</td>
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<tr>
<td>Wormwood herb 4:1 extract from Artemisia absinthium herb 100 mg</td>
<td>25 mg</td>
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<tr>
<td>Clove bud (Syzygium aromaticum) essential oil</td>
<td>20 mg</td>
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* Daily Value (DV) not established.

Other ingredients: Cellulose, silica, calcium acid phosphate, sodium starch glycolate, hypromellose and magnesium stearate.

Caution: Contraindicated in pregnancy and lactation.

Product No: M1490
Content: 120 Tablets

A Phytotherapist’s Passion

“Philosopher and teacher Rudolf Steiner once said that, for every human illness, somewhere in the world there exists a plant which is the cure. I believe that there is a healing potential locked inside plants which is integral with their evolution, just as it is part of human evolution to learn to tap this wonderful gift of Nature.”

Associate Professor Kerry Bone
MediHerb Co-Founder and Director of Research and Development

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
The intestinal flora also break down undigested matter in the feces, which produces gases. This can contribute to flatulence (or “wind”). Clove Bud essential oil has been used traditionally in this way to support healthy bowel function.10,12

Wormwood has been used to support healthy bowel function by promoting efficient gastrointestinal elimination.6

**Stimulates digestion**

Wormwood is traditionally used to stimulate digestion and promote the healthy flow of digestive enzymes. The ability of Wormwood to do this also supports healthy bowel function and a healthy intestinal environment.4,5,13

**What Makes Wormwood Complex Unique**

Wormwood Complex is unique in the professional herbal products industry because:

- Top quality organically grown Wormwood and wildcrafted Black Walnut Hulls are used in the manufacture of this tablet
- The formula was prepared after research in 2002 in conjunction with Australian university and government scientists, who investigated how the individual ingredients and formula might benefit intestinal health and help maintain proper intestinal flora in sheep
- Quality and safety ensured
  - Manufactured in Australia to the high standards of international pharmaceutical Good Manufacturing Practice
  - Raw materials and finished product are subjected to tough quality standards
  - Unique extraction method using cold percolation for the Wormwood and Black Walnut Hulls components of this tablet (this protects the delicate plant constituents, ensuring a full range of constituents)

**References**

2 Guarner F. Digestion 2006; 73(Suppl 1): 5-12
3 Quirkin MB, Quirkin RJ, Nolan JM, J Ethnopharmacol 2002, 80(1): 75-83
5 British Herbal Medicine Association’s Scientific Committee: British Herbal Pharmacopoeia (BHMA), Bournemouth, 1983.
9 Pei SJ. J Ethnopharmacol 1985; 13(2): 121-127