



MEDI  HERB®

# Kerry Bone's Essentials

20 essential products  
for your dispensary

# Kerry Bone's Essentials

"MediHerb was born out of my desire for efficacious herbal products that continue to be the driving force behind everything the company undertakes. In the same spirit of uncompromising quality, I am proud to present Kerry Bone's Essentials.

Kerry Bone's Essentials feature 20 products which are the core of my dispensing. In creating this collection, I believe we are providing a clear indication of how simple effective herbal prescribing can be.

Many of these Kerry Bone's Essentials are certain to be favorites of yours already. It is my hope that the others may soon become part of your own essential dispensary."



**Professor Kerry Bone**

MediHerb Co-Founder and Director  
of Research and Development

Professor Kerry Bone is the co-founder of MediHerb, practicing Medical Herbalist (34 years), Director of Research and Development at MediHerb, Principal of the Australian College of Phytotherapy and Adjunct Professor at New York Chiropractic College. Kerry is a respected author of over 30 scientific papers on herbal research; he has also written and co-written 6 popular books on herbalism, including the award-winning 2nd Edition of *Principles and Practice of Phytotherapy*.



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# The Birth of MediHerb®

MediHerb was co-founded in 1986 by Professor Kerry Bone and born out of his desire for efficacious herbal products.

Inventing a unique extraction method for herbal liquids which guarantees validation of species and plant parts while preserving the full phytochemical spectrum of the herb, it was the beginning of high-quality herbal products. And for over 30 years now, MediHerb has pioneered herbal supplement research and development.





# Our Commitment

At MediHerb, exceptional quality is of the highest importance. For us, good doesn't mean great. A pass doesn't mean perfection. Acceptable doesn't mean excellent.

We are dedicated to creating and providing products of exceptional quality. Our commitment to high-quality products underpins every aspect of MediHerb to ensure you achieve promising results with your patients time and time again.

- ✓ Raw material sourcing
- ✓ Manufacturing
- ✓ Quality assurance
- ✓ Research
- ✓ Commitment to practitioners

# What MediHerb® DOES:



## Ensure our formulas are produced at clinically relevant doses

Standardized ingredients and quantified activity levels are tested where relevant and allow us to ensure MediHerb formulas retain potency and deliver clinically effective doses throughout their shelf life.



## Only source and purchase quality raw materials

We source sustainably from around the world and select materials with precision, as we know climate and conditions matter in the end product. Our strong relationships with growers from more than 100 herb farms and/or wild harvesting regions go back over 30 years. We proudly test every raw material to ensure quality and purity meet our strict release criteria before the material is considered suitable for use.



## Extract many herbs ourselves using our proprietary 1:2 cold percolation extraction

This method was developed and is used only by MediHerb to maintain the delicate herbal integrity and efficacy of the end MediHerb product.



## Test every batch of every product

We've invested in our own state-of-the-art laboratories featuring the latest technological equipment for precision, accuracy and quality control. Our testing occurs at various stages of production and follows strict criteria, so you can be sure every MediHerb product is of the highest quality and consistent potency.



## Innovate

Our own primary research, clinical experience and respect for traditional evidence defines our approach to innovation – tried, tested, trusted, and true.



## Invest heavily in independent herbal research

We support and strengthen the industry through investments in a growing number of clinical trials and research projects. We do this to unlock new information, pioneer quality standards and help build a more credible industry for all practitioners in the future.



## Recruit and nurture a qualified practitioner team

Our team is made up of industry-leading professors, naturopaths, herbalists, scientists and researchers, all with extensive years of research and significant, practical real-world clinical experience.



### Proud to be a world class manufacturer

Our manufacturing and packaging facilities in Australia are world class and are certified as following good manufacturing practices (GMPs). We continue to invest in the latest equipment. We also source the best free-thinking, local talent; some of our employees have been with MediHerb since the beginning.



### Empower you, the practitioner

We want to invest in you and help you in your practice with quality technical support, valuable clinic tools, and first-class educational events that bring you relevant and current research – all with the end goal of meeting the current health needs in your clinic.

## What MediHerb® DOES NOT do:

- ❌ **No** subclinical formulas
- ❌ **No** substituted, adulterated or contaminated raw materials: rigorous testing protocols are in place to ensure the identity, quality and purity of all raw materials before being approved for use in our formulas.
- ❌ **No** standardization claim that is not confirmed. All our raw materials must meet our minimum potency standard that will achieve our desired claim before being considered for use and where possible standardization in our formulas are confirmed.
- ❌ **No** release of formulas that fail our strict quality testing. We won't bottle it if it doesn't meet our standards.
- ❌ **No** harmful manufacturing processes that can damage delicate active constituents.
- ❌ **No** rush to market with new formulations that don't meet MediHerb's strict, evidence-based benchmark.
- ❌ We **don't just** comply with industry standards; we proudly meet GMPs for both the U.S. Food and Drug Administration and Australian Therapeutic Goods Administration.

# How to determine the MediHerb® quality difference

A product label is very often your only guide to the quality, strength and efficacy of a product; therefore it is of crucial importance that you understand how to interpret label supplement fact information correctly so you, the health care professional, can make an informed choice.

A MediHerb product label provides full disclosure of all ingredients in a consistent, clear and concise manner to pharmaceutical GMP standards. The detailed explanation on the MediHerb product label allows you as the health care professional to interpret the key quality differentiators more easily and understand what makes MediHerb truly unique.

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40
Amount per Serving	%DV
Calcium.....	5% 4%
Echinacea root 4:1 extract.....	125 mg †
from Echinacea angustifolia root 500 mg	
Holy Basil herb 5:1 extract.....	100 mg †
from Ocimum tenuiflorum herb 500 mg	
Andrographis herb 10:1 extract.....	100 mg †
from Andrographis paniculata herb 100 mg	
Containing andrographolide 10 mg	
Holy Basil (Ocimum tenuiflorum) herb essential oil .....	10 mg..... †
†Daily Value (DV) not established.	

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, hypromellose, silicon dioxide, magnesium stearate and maltodextrin.

1. Extract Ratio

This indicates the strength of the extract. The number on the left represents the amount of herb and the number on the right represents the amount of extract, e.g. a 4:1 ratio means 4 kilograms of herb are extracted to make 1 kilogram of extract.

2. Quantity of Starting Material

This states the quantity of dried herb equivalent used in each tablet.

3. Quantity of Extract

This states the quantity of extract used in the tablet.

4. Quantified Activity (QA) and/or Standardization

Represents the quality of an extract as a specific active or marker compound. Our QA program is unique to MediHerb and uses the latest research and clinical experience underpinned by batch consistency to define stringent guidelines to produce consistent quality extracts with guaranteed minimum levels of active constituents. To date we have quantified the activity of over 70 herbs through this program – a world first!



# Commitment to Practitioners

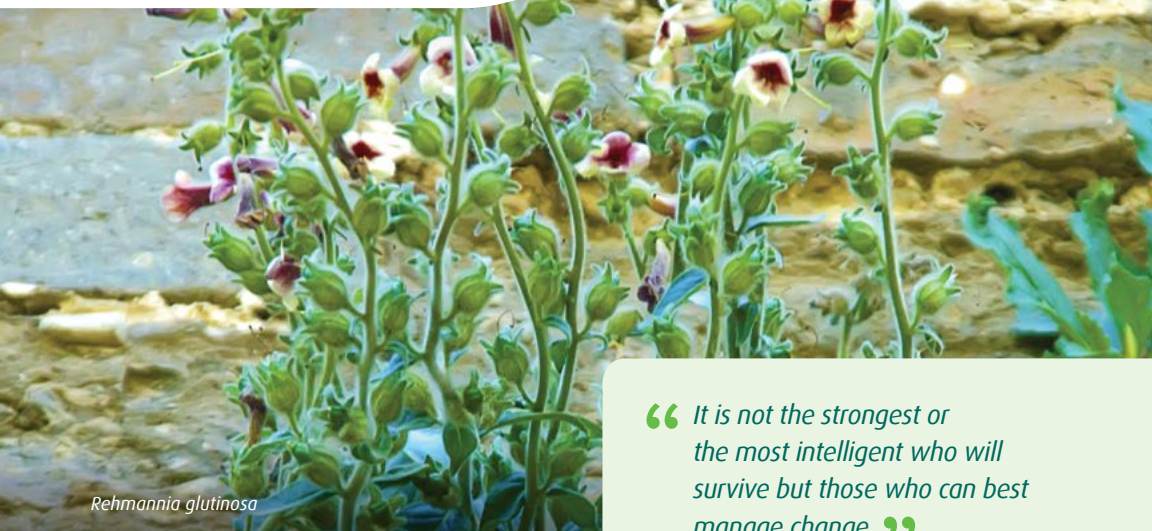
MediHerb was established by practitioners for practitioners and for the last 30 years we have been passionate about investing in the future of natural medicine and delivering innovative health care solutions that provide the healing wisdom that patients are seeking.

We will continue to facilitate mainstream acceptance of the professional natural medicine industry as a significant contributor to health globally. We are excited about the discoveries to come, advancing knowledge and excellence through the latest scientific evidence and centuries of traditional wisdom.



# Adrenal Complex

Stress Response Support\*



*Rehmannia glutinosa*

“ It is not the strongest or the most intelligent who will survive but those who can best manage change. ”

Charles Darwin

Fatigue and stress are common complaints of many patients.

Adrenal Complex combines two adrenal tonics, Rehmannia and Licorice, traditionally used to provide comprehensive adrenal support.\*



TRADITIONAL  
ADRENAL  
SUPPORT\*

COMBINATION  
OF LICORICE &  
REHMANNIA

HPA AXIS  
SUPPORT\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Licorice component of this tablet is standardized to contain 25 mg of glycyrrhizin per tablet to ensure optimal strength and quality. Rehmannia and Licorice, and the substances within them, are used traditionally to:

- restore adrenal function\*
- support adrenal gland health\*
- help the body adapt to the challenges of everyday life\*

## Additional Support

- Consider Rhodiola & Ginseng Complex tablets to promote vitality and stamina.\*
- Consider Thyroid Complex tablets to support healthy thyroid function and normal energy production.\*
- Combine with Valerian Complex tablets to promote relaxation and encourage sleep.\*
- Consider Neva-ton® Forte tablets to support a healthy nervous system response.\*
- Combine with Eleuthero tablets to enhance the body's ability to adapt to temporary stress.\*
- Combine with Kava Forte tablets to calm the nerves.\*
- Consider Nervagesic tablets to ease temporary mild nervous system tension.\*
- Combines well with Echinacea Premium tablets or liquid, Andrographis Complex tablets or Astragalus Complex tablets for immune system support.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40, 120
Amount per Serving %DV	
Calcium	64 mg 4%
Licorice root 7:1 extract from <i>Glycyrrhiza glabra</i> root 1.75 g Containing glycyrrhizin 25 mg	250 mg †
Rehmannia rhizome 5:1 extract from <i>Rehmannia glutinosa</i> rhizome 750 mg	150 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, maltodextrin, sodium starch glycolate, magnesium stearate and hypromellose.

**Caution:** Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation. ♦

## Suggested Use

1 tablet 2 – 3 times daily, or as directed.

M1050	40 Tablets
M1055	120 Tablets



*Glycyrrhiza glabra*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Andrographis Complex

Short-Term Immune System Support\*



*Ocimum tenuiflorum*

“ In the sky, there is no distinction of East and West... ”

Hindu Prince Gautama Siddharta, the founder of Buddhism, 563-483 B.C.

Andrographis Complex is the specific fusion of Ayurvedic and Western traditions to create adaptive support for the immune system.\*

Andrographis or “kalmegh” (king of bitters) combines beautifully with Holy Basil, a sacred plant in the Hindu tradition and my favorite herb, Echinacea – revered by Native Americans and the Eclectics. This is always the first line of defense for myself and my patients, given at the first sign of a challenge.\*



ANDROGRAPHIS,  
ECHINACEA &  
HOLY BASIL

STANDARDIZED  
ANDROGRA-  
PHOLIDE LEVELS

SHORT-TERM  
IMMUNE SYSTEM  
SUPPORT\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Andrographis component of this tablet is standardized to contain 10 mg of andrographolide per tablet to ensure optimal strength and quality. Andrographis Complex contains herbs used traditionally to:

- help maintain healthy immune system function\*
- support healthy respiratory system function\*
- support and maintain normal body temperature already in a normal range\*
- support healthy immune system response during seasonal stressors\*
- encourage adaptive response to everyday stress\*
- promote healthy liver function\*

## Additional Support

- For immune system support, combine with Echinacea Premium tablets or liquid.\*
- Combine with Herbal Throat Spray Phytosynergist® to soothe the throat.\*
- Combine with Gut Flora Complex capsules for additional immune system support and to help maintain a healthy intestinal environment.\*
- Combine with Artemisinin Complex tablets to support normal flushing of naturally occurring toxins from the body.\*
- Combine with Viranon tablets to promote the body's normal resistance function.\*
- Combine with Myrrh Forte tablets for temporary relief of mild digestive disturbances and support of respiratory health.\*

## Supplement Facts

Serving size:	1 tablet	
Servings per container:	40, 120	
	Amount per Serving	%DV
Calcium	51 mg	4%
Echinacea root 4:1 extract from <i>Echinacea angustifolia</i> root 500 mg	125 mg	†
Holy Basil herb 5:1 extract from <i>Ocimum tenuiflorum</i> herb 500 mg	100 mg	†
Andrographis herb 10:1 extract from <i>Andrographis paniculata</i> herb 1.0 g Containing andrographolide 10 mg	100 mg	†
Holy Basil ( <i>Ocimum tenuiflorum</i> ) herb essential oil	10 mg	†
† Daily Value (DV) not established.		

**Other ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, hypromellose, silicon dioxide, magnesium stearate and maltodextrin.

**Caution:** Contraindicated in pregnancy and lactation. Contraindicated in known allergy to plants of the daisy family. ♦

## Suggested Use

1 tablet 2 – 4 times daily, or as directed.

M1110	40 Tablets
M1115	120 Tablets

*Andrographis paniculata*



♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Boswellia Complex

Healthy Joint Support\*



*Boswellia serrata*

“ And going into the house, they saw the child with Mary his mother, and they fell down and worshiped him. Then, opening their treasures, they offered him gifts, gold and frankincense and myrrh. ”

Matthew 2:11

Frankincense (Boswellia) is an ancient treasure prized for centuries and is now proving to be a modern treasure.

I developed Boswellia Complex over 15 years ago as comprehensive natural support for mild discomfort experienced after exercise.\* Since then it has become one of our most popular products with health care professionals around the world. During this time, it has been gratifying to see the body of research evidence grow for these herbs. These ancient treasures are now being validated by modern science. Supporting joint health has always been a primary application, but I also find it helpful in other conditions.\*



BOSWELLIA,  
TURMERIC, CELERY  
& GINGER

FOR AN ACTIVE,  
INDEPENDENT  
LIFESTYLE\*

MAINTENANCE FOR  
HEALTHY JOINTS\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Boswellia component is standardized to contain 180 mg of boswellic acids per tablet, and the Turmeric component contains 70.4 mg of curcuminoids per tablet. These and other compounds within Boswellia Complex are used traditionally to:

- support the normal function of the kidneys\*
- maintain and support healthy joints\*
- support healthy circulation\*
- provide antioxidant activity\*

## Additional Support

- Consider Turmeric Forte tablets for additional joint support.\*
- Consider Rehmannia Complex tablets to promote the body's normal toxin removal.\*
- Combine with Gotu Kola Complex tablets to promote healthy skin and provide antioxidant activity.\*
- Consider Vitanox® tablets for antioxidant activity.\*
- Combines well with Saligesic tablets to support musculoskeletal system health.\*
- Combine with Nervagesic tablets to ease temporary mild muscular discomfort following exercise or over-exertion.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40, 120
Amount per Serving %DV	
Calories	5
Boswellia gum oleoresin 7:1 extract from <i>Boswellia serrata</i> gum oleoresin 1.9 g Containing boswellic acids 180 mg	277 mg †
Celery Seed fruit 6:1 extract from <i>Apium graveolens</i> fruit 1.0 g	166.7 mg †
Ginger rhizome 10:1 extract from <i>Zingiber officinale</i> rhizome 300 mg	30 mg †
Turmeric rhizome 25:1 extract from <i>Curcuma longa</i> rhizome 2.0 g Containing curcuminoids 70.4 mg	80 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, sodium starch glycolate, silicon dioxide, hypromellose, magnesium stearate and dibasic calcium phosphate dihydrate.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 tablet 2 – 4 times daily, or as directed.

M1152	40 Tablets
M1157	120 Tablets



*Curcuma longa*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# DiGest Forte

Core Digestive Support\*

*Gentiana lutea*

“ Take all that is given whether wealth, love or language, nothing comes by mistake and with good digestion all can be turned to health. ”

George Herbert

Combination of Gentian, Ginger, Wormwood, Feverfew and Tangerine, DiGest Forte stimulates appetite and supports healthy digestion.\*

Bitters have a long history of use to support healthy digestion, as demonstrated by the traditional aperitif before dinner. It was believed that bitters needed to be tasted in order to support digestion, but new research shows that this is not the case. Bitter receptors have been identified throughout the digestive tract and are involved in more metabolic processes than originally thought. DiGest Forte provides a broader range of bitter principles to interact with more bitter receptors to provide patients with the digestive health support needed for optimal results.\*



GENTIAN,  
GINGER, FEVERFEW,  
WORMWOOD &  
TANGERINE

HERBAL  
DIGESTIVE TONIC\*

STIMULATES  
DIGESTIVE  
FUNCTION\*

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This tablet contains many compounds including secoiridoid bitter glycosides (including gentiopicroin and amarogentin), pungent principles (including gingerols), sesquiterpene lactones (including absinthin and parthenolide), flavonoids and monoterpenes. This formulation and the compounds within it are used traditionally to:

- stimulate gastric juice output and appetite\*
- support healthy digestion and intestinal function\*
- promote healthy gastrointestinal tone\*
- support the body's natural toxin-elimination function\*
- increase bile flow as a cholagogue\*
- promote normal response to environmental stressors\*

## Additional Support

- Combine with Turmeric Forte tablets to further support healthy digestion.\*
- May be combined with Gut Flora Complex capsules to encourage a healthy intestinal environment.\*
- Combine with Metabol Complex tablets to support pancreatic and liver function.\*
- Combines well with Livton Complex or Milk Thistle Forte tablets for healthy liver function.\*
- Consider Gymnema tablets to help suppress normal cravings for sugar in the diet.\*
- Combine with Astragalus Complex or Ashwagandha Complex tablets to support vitality.\*
- Use with Colax tablets to support healthy bowel function.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40
Amount per Serving %DV	
Gentian root 2:1 extract from <i>Gentiana lutea</i> root 200 mg	100 mg †
Tangerine fruit peel 5:1 extract from <i>Citrus reticulata</i> fruit peel 500 mg	100 mg †
Feverfew leaf 3:1 extract from <i>Tanacetum parthenium</i> leaf 200 mg	66.7 mg †
Ginger rhizome 10:1 extract from <i>Zingiber officinale</i> rhizome 250 mg	25 mg †
Wormwood herb 4:1 extract from <i>Artemisia absinthium</i> herb 100 mg	25 mg †
Tangerine ( <i>Citrus reticulata</i> ) fruit peel essential oil, cold pressed	12.5 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, sodium starch glycolate, croscarmellose sodium, silicon dioxide, hypromellose, magnesium stearate and dibasic calcium phosphate dihydrate.

**Caution:** Contraindicated in known allergy to plants of the daisy family. Contraindicated in gastric or duodenal ulcers unless otherwise directed by a qualified health care professional. Use only with professional supervision in the presence of gallstones. Contraindicated in pregnancy and lactation. ♦

## Suggested Use

1 tablet 3 times daily, or as directed.

**M1226** 40 Tablets



*Zingiber officinale*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Echinacea Premium<sup>®</sup>

Healthy Immune System Function\*

*Echinacea angustifolia*

“Self-defence is a virtue, sole bulwark of all right.”

Lord Byron

**My favorite herb, much misunderstood and vastly underestimated.**

I have often said you can build a successful practice on Echinacea alone, provided of course you are using real Echinacea – the right species, the right plant part, the right actives. Over the years, we have built on the global understanding of Echinacea and its active power as an “immune system adaptogen” through this patented formulation which is the cornerstone of my clinical practice.\*



GUARANTEED  
LEVELS OF  
ALKYLAMIDES

QUALITY TESTED  
FORMULA

DAILY IMMUNE  
SYSTEM SUPPORT\*

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Echinacea Premium contains a total of 4.1 mg of alkylamides per tablet to ensure optimal strength and quality. The alkylamides and other phytochemicals are used traditionally to:

- help enhance healthy immune system function\*
- support general health and well-being\*
- support healthy immune system response following temporary seasonal stressors\*
- support upper respiratory tract health\*
- help relieve temporary mild throat discomfort associated with hoarseness, dry throat and irritants\*

## Additional Support

- Combine with Andrographis Complex tablets or Viranon tablets for additional immune system support.\*
- Consider combining with Gut Flora Complex capsules to further support immune system health.\*
- Combine with Albizia Complex tablets to assist in maintaining healthy breathing passages and respiratory tract function.\*
- Combine with Herbal Throat Spray Phytosynergist® to soothe mild irritations of the throat, freshen breath and maintain healthy mucosal tissue in the throat.\*
- Combine with Artemisinin Complex tablets to support normal flushing of naturally occurring toxins from the body.\*
- Combine with Myrrh Forte tablets for temporary relief of mild digestive disturbances and support of respiratory health.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40, 120
Amount per Serving %DV	
Echinacea root 4:1 extract	150 mg †
from <i>Echinacea angustifolia</i> root	600 mg
Containing alkylamides	2.3 mg
Echinacea root 5:1 extract	135 mg †
from <i>Echinacea purpurea</i> root	675 mg
Containing alkylamides	1.8 mg
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, hypromellose, silicon dioxide and magnesium stearate.

**Caution:** Contraindicated in known allergy to plants of the daisy family. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 tablet 2 – 3 times daily, or as directed.

M1240	40 Tablets
M1245	120 Tablets



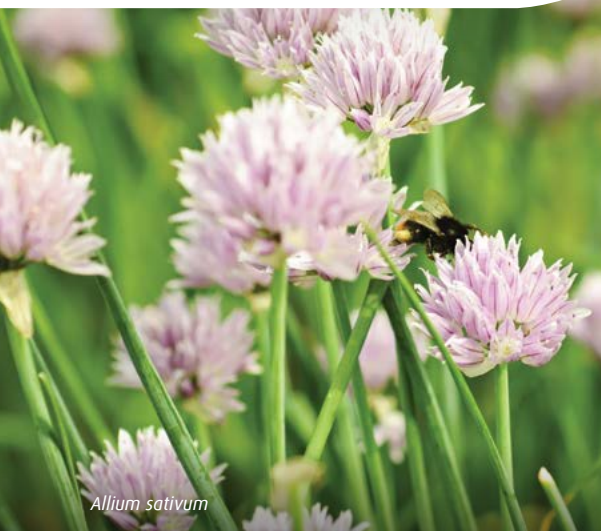
*Echinacea angustifolia*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Garlic Forte

Healthy Cardiovascular Function Support\*



*Allium sativum*

“ The air of Provence was particularly perfumed by the refined essence of this mystically attractive bulb. ”

Alexandre Dumas

Garlic is a complex herb containing hundreds of constituents.

Many of these constituents give Garlic its characteristic smell; they are sulfur-containing organic compounds. Many years ago we went to great lengths to develop a Garlic product that would reproduce the many active benefits of fresh Garlic. Our tablets are enterically coated to ensure the active compounds are protected and utilized to its full potential.\*



ENTERIC-COATED  
TABLET FOR EASE  
OF DIGESTION

SUPPORTS  
CARDIOVASCULAR  
SYSTEM HEALTH\*

IMMUNE SYSTEM  
SUPPORT\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The compounds in Garlic Forte are used traditionally to:

- help maintain normal cholesterol levels already within a normal range\*
- support cardiovascular system health\*
- support a healthy circulatory system\*
- support immune system health\*

## Additional Support

- Consider Echinacea Premium tablets or liquid, or Andrographis Complex tablets for healthy immune system function.\*
- Combine with Livton® Complex tablets to support healthy liver and gallbladder function.\*
- Combine with Metabol Complex tablets to support normal pancreatic and liver function.\*
- Consider Wormwood Complex tablets to support healthy intestinal function.\*
- Combine with Gut Flora Complex capsules to cleanse and support a healthy bowel environment.\*
- Consider Hawthorn tablets and/or Coleus Forte tablets to further promote cardiovascular system health.\*

## Supplement Facts

Serving size:	1 tablet	
Servings per container:	40	
	Amount per Serving	%DV
Calcium	70 mg	6%
Fresh Garlic bulb 12:1 extract from <i>Allium sativum</i> fresh bulb 3.6 g	300 mg	†
Garlic ( <i>Allium sativum</i> ) bulb powder	45 mg	†
† Daily Value (DV) not established.		

**Other ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, ethyl cellulose, ammonium hydroxide, fatty acids, oleic acid, sodium carboxymethylcellulose, talc (magnesium silicate), polydextrose, magnesium stearate, silicon dioxide and dl-alpha-tocopherol.

**Caution:** Contraindicated in known allergy to Garlic. Contraindicated in lactation. Not to be used during pregnancy unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 tablet 1 – 2 times daily, or as directed.  
Enteric coated tablets. Do not break or crush.

**M1285** 40 Tablets



*Allium sativum*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Ginkgo Forte

Support Memory & Cognition\*

*Ginkgo biloba*

“Memory is the mother  
of all wisdom.”

Aeschylus

It is quite ironic that the *Ginkgo biloba* tree has survived virtually unchanged for about 150 million years, and yet the clinical use of the leaves only began in the 1960s.

Ginkgo trees not only survived the harsh environment of the Triassic Period but also the atomic blast at Hiroshima. This speaks to the plant's remarkable ability to withstand radiation damage. The main information on herbal use of Ginkgo leaves comes from clinical trials on the standardized extract. Unfortunately adulteration is still an issue for Ginkgo, and it's important that the correct testing methods are used to ensure your patients get genuine *Ginkgo biloba*.\*



STANDARDIZED  
LEVELS OF GINKGO  
FLAVONGLYCOSIDES

COGNITIVE  
FUNCTION  
SUPPORT\*

HEALTHY AGING  
SUPPORT\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ginkgo Forte is standardized to contain 14.4 mg of ginkgo flavonglycosides (ginkgo flavone glycosides) and 3.6 mg of ginkgolides and bilobalide per tablet to ensure optimal strength and quality. The compounds in Ginkgo Forte work together to:

- support memory and cognition\*
- promote alertness and mental clarity\*
- help support healthy mental function\*
- support good health in older adults\*
- support and encourage healthy blood circulation\*
- provide antioxidant activity to support healthy cell function\*

## Additional Support

- Combine with Bacopa Complex tablets for enhanced mental clarity and to support cognitive function.\*
- Consider PulmaCo tablets to support healthy breathing passages.\*
- Combine with Vitanox® tablets for antioxidant activity.\*
- Consider Vascular Care Complex tablets to promote venous integrity.\*
- Combine with Gotu Kola Complex tablets to provide additional antioxidant activity and to promote healthy blood vessels.\*

## Supplement Facts

Serving size:	1 tablet	
Servings per container:	60	
	Amount per Serving	%DV
Calcium	72 mg	6%
Ginkgo leaf 50:1 extract from <i>Ginkgo biloba</i> leaf 3.0 g	60 mg	†
Containing ginkgo flavonglycosides 14.4 mg		
Containing ginkgolides & bilobalide 3.6 mg		
† Daily Value (DV) not established.		

**Other ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, magnesium stearate and hypromellose.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 tablet 1 – 4 times daily, or as directed.

**M1300** 60 Tablets



*Ginkgo biloba*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Gotu Kola Complex

Tissue & Capillary Integrity\*

*Centella asiatica*

“ It is no coincidence that four of the six letters in health are ‘Heal’. ”

Ed Northstrum

Gotu Kola has been valued in Ayurvedic practice since time immemorial.

It has an incredible ability to assist the natural repair and regeneration process for healthy skin.\* It also supports the microcirculation. These key properties confer a broad range of applications, and for that reason it is a product I use extensively in my practice with great success.\*



STANDARDIZED  
GRAPE SEED, GOTU  
KOLA & GINKGO

PROMOTES  
HEALTHY  
CIRCULATION\*

ANTIOXIDANT  
ACTIVITY\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Gotu Kola component is standardized to contain 50 mg of triterpenes per tablet. The Grape Seed contains 25.5 mg of procyanidins per tablet and the Ginkgo component contains 4.8 mg of ginkgo flavonglycosides (ginkgo flavone glycosides) and 1.2 mg of ginkgolides and bilobalide per tablet. Together the herbs and the compounds within them are used traditionally to:

- promote healthy skin\*
- promote healthy blood circulation\*
- provide antioxidant activity\*
- support healthy capillaries\*
- support the body's natural ability to adapt to temporary stress\*

## Additional Support

- Combine with Boswellia Complex tablets for joint support.\*
- Consider Vascular Care Complex tablets to further support healthy blood vessels and circulation.\*
- Combine with HiPep tablets to support the healthy tone and function of the gastrointestinal tract.\*
- Consider Vitanox® tablets for additional antioxidant activity.\*
- Combine with topical Calendula 1:2 liquid extract to further aid normal skin tissue repair process.\*

## Supplement Facts

Serving size:	1 tablet	
Servings per container:	40, 120	
Amount per Serving		%DV
Calcium	63 mg	4%
Gotu Kola leaf 10:1 extract from <i>Centella asiatica</i> leaf 2.5 g Containing triterpenes 50 mg	250 mg	†
Grape Seed 120:1 extract from <i>Vitis vinifera</i> seed 3.6 g Containing procyanidins 25.5 mg	30 mg	†
Ginkgo leaf 50:1 extract from <i>Ginkgo biloba</i> leaf 1.0 g Containing ginkgo flavonglycosides 4.8 mg Containing ginkgolides & bilobalide 1.2 mg	20 mg	†
† Daily Value (DV) not established.		

**Other ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, hypromellose and magnesium stearate.

**Caution:** Contraindicated in known allergy to Gotu Kola. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 tablet 3 – 4 times daily, or as directed.

M1313	40 Tablets
M1315	120 Tablets



*Ginkgo biloba*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Gut Flora Complex

Healthy Intestinal Environment\*



*Phellodendron amurense*

“ The road to good health  
is paved with intestinal  
well-being! ”

A healthy gut has always been a core principle of holistic health and rightly so.

Gut Flora Complex was developed specifically to be the cornerstone of my GI Flora Balance Program, a protocol I adapted from my teacher Hein Zeylstra. When used in combination in the protocol, it is a very supportive tool to restore gut health. I use Gut Flora Complex and the Bowel Flora Protocol for many patients with a variety of conditions.\*

*The GI Flora Balance Program, tailored from Kerry Bone's experience managing GI challenges, is available from Standard Process.*



STANDARDIZED  
LEVELS OF  
BERBERINE

ENTERIC-COATED  
CAPSULE FOR EASE  
OF DIGESTION

SUPPORTS  
INTESTINAL  
ENVIRONMENT\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Each enteric-coated capsule is standardized to contain 10 mg of andrographolide and 36 mg of berberine to ensure optimal strength and quality. Together the herbs, essential oils and the substances within them are used traditionally to:

- encourage a healthy intestinal environment\*
- support healthy immune system response\*
- promote regularity of bowel function\*
- relieve occasional mild gastrointestinal discomfort, including bloating and flatulence\*

## Additional Support

- Consider Garlic Forte tablets to support immune system health.\*
- Combine with Golden Seal 500mg tablets to help maintain healthy mucous membranes.\*
- Consider Wormwood Complex tablets to further support gastrointestinal health.\*
- For additional immune system support, consider Astragalus Complex tablets or Echinacea Premium tablets or liquid.\*
- Combine with Artemisinin Complex tablets to support normal flushing of naturally occurring toxins from the body.\*
- Combine with Myrrh Forte tablets for temporary relief of mild digestive disturbances and support of respiratory health.\*

## Supplement Facts

Serving size:	1 capsule
Servings per container:	40
Amount per Serving %DV	
Calories	5 †
Anise ( <i>Pimpinella anisum</i> ) fruit essential oil	125 mg †
Andrographis aerial parts 10:1 extract from <i>Andrographis paniculata</i> aerial parts 1.0 g	100 mg †
Containing andrographolide 10 mg	
Phellodendron stem bark 20:1 extract from <i>Phellodendron amurense</i> stem bark 1.6 g	80 mg †
Containing berberine 36 mg	
Oregano ( <i>Origanum vulgare</i> ) leaf essential oil	75 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Gelatin, rice bran oil, glycerol, ethyl cellulose, ammonium hydroxide, oleic acid, fatty acids, purified water, lecithin (soy), beeswax, sodium alginate, stearic acid and color.

**Caution:** Contraindicated in pregnancy and lactation unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 capsule 3 – 6 times daily, or as directed.  
Enteric coated capsules. Do not break or crush.

**M1318** 40 Capsules

*Andrographis paniculata*



♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Gymnema

Gurmar, Sugar Destroyer\*

*Gymnema sylvestre*

*Gymnema sylvestre* image is reprinted with permission from Vinayraj

“How many ills, how many infirmities, does man owe to his excesses, his ambition – in a word, to the indulgence of his various passions!”

Allan Kardec

It's no secret that poor diet and lifestyle account for a large portion of the health issues facing our society.

Gymnema is known in Ayurveda as “Gurmar – sugar destroyer.”\* This ancient reputation is being supported by modern research, and is my first choice to use alongside diet and lifestyle changes due to Gymnema's unique ability to curb sugar cravings by binding to specific receptor locations on the taste buds, preventing their activation by sugar molecules.\*



TO REDUCE  
SWEET  
CRAVINGS\*

CONTAINS  
GYMNEMIC ACIDS

“GURMAR”  
MEANING SUGAR  
DESTROYER\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



This product is standardized to contain 100 mg per tablet of gymnemic acids to ensure optimal strength and quality. The substances in *Gymnema* work together and have been traditionally used in Ayurvedic herbal preparations to:

- help reduce sweet cravings\*
- help suppress/inhibit sweet taste sensation\*

## Additional Support

- Combine with Metabol Complex tablets to help support the metabolism of fats and sugars.\*
- Combine with Coleus Forte tablets to support healthy digestion.\*
- Consider Livton® Complex tablets for support of healthy liver function.\*
- Consider DiGest Forte tablets or DiGest Phytosynergist® liquid for healthy digestion.\*
- Consider Vitanox® tablets for antioxidant activity.\*
- Diet and lifestyle are of paramount importance.

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40, 120
Amount per Serving %DV	
Calcium	36 mg 2%
Gymnema leaf 16:1 extract from <i>Gymnema sylvestre</i> leaf 6.4 g Containing gymnemic acids 100 mg	400 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, hypromellose, magnesium stearate and silicon dioxide.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 tablet 1 – 2 times daily, or as directed.

M1320	40 Tablets
M1325	120 Tablets



*Gymnema sylvestre*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# HerbaVital

Healthy Aging Support\*

*Polygonum cuspidatum*

“ Aging is not lost youth but  
a new stage of opportunity  
and strength. ”

Betty Friedan

A formula designed specifically  
to help support and maintain the body  
as it ages.\*

As we age, our body experiences great change. Many of these changes can affect our quality of life and impact various aspects of our health, including cognitive health, memory function, energy, mobility and general well-being. While the aging process is inevitable, the formulation within HerbaVital is ideal support for your patients wanting to remain active and vital well into their senior years.\*



ADAPTOGENIC  
& ANTIOXIDANT  
ACTIVITIES\*

HEALTHY AGING  
SUPPORT\*

PROMOTES  
VITALITY\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

All the herbs within this tablet have standardized levels of key phytochemicals to ensure optimal strength and quality. The herbs and substances within HerbaVital are used traditionally to:

- support and maintain the body as it ages\*
- help the body adapt to the changes of everyday life\*
- promote vitality and stamina in older adults\*
- maintain feelings of general well-being when experiencing temporary stress\*
- support cognitive function and normal memory function\*
- work as a tonic to benefit the entire body\*
- support healthy circulation in mature men and women\*
- support healthy liver function\*
- provide antioxidant activity\*

## Additional Support

- Consider Bacopa Complex tablets to enhance mental clarity and to further support cognitive function.\*
- Combine with Boswellia Complex tablets to further support healthy joints.\*
- Consider Garlic Forte tablets for maintaining normal cholesterol levels already within a normal range.\*
- Combine with Gymnema tablets for support in reducing sweet cravings.\*
- Combine with Metabol Complex tablets to further promote general well-being and vitality.\*
- Consider Bone Complex tablets to support normal bone tissue, particularly in mature women.\*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40
Amount per Serving %DV	
Calcium	73 mg †
Japanese Knotweed root 100:1 extract from <i>Polygonum cuspidatum</i> root 8.0 g Containing resveratrol 36 mg	80 mg †
Milk Thistle seed 70:1 extract from <i>Silybum marianum</i> seed 4.8 g Containing flavanolignans calc. as silybin 48 mg	68.6 mg †
Korean Ginseng root 5:1 extract from <i>Panax ginseng</i> root 250 mg Containing ginsenosides* 4.2 mg	50 mg †
Grape Seed 120:1 extract from <i>Vitis vinifera</i> seed 4.8 g Containing procyanidins 38 mg	40 mg †
Ginkgo leaf 50:1 extract from <i>Ginkgo biloba</i> leaf 1.5 g Containing ginkgo flavonglycosides 7.2 mg Containing ginkgolides and bilobalide 1.8 mg	30 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, magnesium stearate, hypromellose, dextrose and silicon dioxide.

\*Rb<sub>2</sub> to Rb<sub>1</sub> is NLT 0.4 by HPLC

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. In anemia and cases where iron supplementation is required, do not take simultaneously with meals or iron supplements. Discontinue during an acute infection or fever. ♦

## Suggested Use

1 tablet 2 – 4 times daily, or as directed.

M1332 40 Tablets

# Kava Forte

Naturally Relaxing\*

*Piper methysticum*

“Worry does not empty tomorrow of its sorrow, it empties today of its strength.”

Corrie ten Boom

It's important to have a good range of management options to support a healthy nervous system.

Kava is such an important herb in this area. Clinical studies have demonstrated the value of Kava as a herb that promotes relaxation and relieves temporary nervous tension.\* MediHerb Kava Forte contains Kava root extracted with 100% water to provide a full spectrum of the important kavalactone compounds. To ensure optimal strength and quality, each tablet is standardized to contain 50 mg of kavalactones.\*



CLINICALLY-  
TRIALED  
FORMULA

WATER-EXTRACTED TO  
ENSURE QUALITY

CALMS THE  
NERVES\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The compounds in Kava Forte, particularly the kavalactones, work together to traditionally help:

- calm the nerves\*
- ease the effects of temporary nervous tension and stress\*
- promote relaxation and sleep\*
- support muscle relaxation\*

## Additional Support

- Combines well with Valerian Complex tablets to promote relaxation and encourage sleep.\*
- Consider Nevaton® Forte or St John's Wort 1.8g tablets to provide a tonic for the nervous system and ease the effects of occasional stress.\*
- Combine with FemCo tablets to ease the effects of everyday tension and stress.\*
- Consider Wild Yam Complex tablets to maintain feelings of general well-being and to calm the nerves.\*
- Consider Adrenal Complex tablets for adrenal support.\*
- Consider HiPep tablets to support normal function of stomach acid secretions.\*
- Consider Nervagesic tablets to support relaxation in the nervous system and muscles.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40
Amount per Serving %DV	
Kava root 7:1 water extract from <i>Piper methysticum</i> root 3.2 g Containing kavalactones 50 mg	455 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, maltodextrin, magnesium stearate, silicon dioxide, hypromellose, sodium starch glycolate and dibasic calcium phosphate dihydrate.

**Caution:** U.S. FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. Ask a health care professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems (e.g. unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use, or use with products that cause drowsiness, may impair your ability to operate a vehicle or dangerous equipment. Not for prolonged use. Do not exceed recommended dose. ♦

## Suggested Use

1 tablet 2 – 3 times daily, or as directed.

**M1345** 40 Tablets



*Piper methysticum*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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*Silybum marianum*

“ The system of nature, of which man is a part, tends to be self-balancing, self-adjusting, self-cleansing. Not so with technology. ”

E. F. Schumacher

The liver is our largest internal organ and is thought to be responsible for up to 500 separate functions.

It has an incredible capacity for regeneration; as little as 25% can regenerate into a full size liver. Due to modern life, many patients need extra support for healthy detoxification to support everyday, general well-being. LivCo® combines the high quality extract from Milk Thistle seeds with other herbs that have been traditionally used to support healthy liver function and general detoxification.\*



STANDARDIZED TO  
FLAVANOLIGNANS

LIVER CLEANSING  
SUPPORT\*

GENERAL  
DETOXIFICATION  
SUPPORT\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Milk Thistle component of this tablet is standardized to contain 24 mg of flavanolignans per tablet to ensure optimal strength and quality. The herbs and compounds in LivCo® have been used traditionally to:

- aid in the elimination of naturally occurring toxins and support healthy general detoxification\*
- support healthy liver function\*
- provide antioxidant activity\*
- support and maintain cellular health\*
- support digestive health\*

## Additional Support

- Combines well with DermaCo tablets for skin health.\*
- Consider Vitanox® tablets for antioxidant activity.\*
- Consider Turmeric Forte tablets for additional liver support.\*
- Eliminate coffee, cola drinks, alcohol and cigarette smoking.

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40,120
Amount per Serving %DV	
Calcium	30 mg 2%
Schisandra fruit 6:1 extract from <i>Schisandra chinensis</i> fruit 1.0 g	167 mg †
Rosemary leaf 5:1 extract from <i>Rosmarinus officinalis</i> leaf 500 mg	100 mg †
Milk Thistle seed 70:1 extract from <i>Silybum marianum</i> seed 2.38 g Containing flavanolignans calc. as silybin 24 mg	34 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, hypromellose, maltodextrin, sodium starch glycolate, croscarmellose sodium, silicon dioxide, magnesium stearate and sorbitol.

**Caution:** Contraindicated in pregnancy. Contraindicated during lactation unless otherwise directed by a qualified health care professional. In anemia and cases where iron supplementation is required, do not take simultaneously with meals or iron supplements. ♦

## Suggested Use

1 tablet 3 – 4 times daily, or as directed.

M1360	40 Tablets
M1365	120 Tablets



*Rosmarinus officinalis*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Nevaton<sup>®</sup> Forte

Core Nervous System Support\*



*Hypericum perforatum*

“The world leans on us.  
When we sag, the whole  
world seems to droop.”

Eric Hoffer

The dried aerial parts of *Hypericum perforatum* collected during the flowering period or shortly before are used in this herbal supplement.

This herb, with the generic name derived from the Greek meaning to “overcome apparition,” has long been used to support the nervous system.\* This powerful herb has been extensively studied, and it is important that the correct phytochemistry is measured appropriately for the best clinical results. Here it is combined with Schisandra, Saffron and Skullcap to provide comprehensive nervous system support.\*



HEALTHY MOOD  
BALANCE\*

NERVOUS SYSTEM  
SUPPORT\*

RESTORATIVE &  
RELAXING TONIC\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The St John's Wort component of this tablet is standardized to contain 375 mcg per tablet of hypericins to ensure optimal strength and quality. Nevaton® Forte contains herbs used traditionally to:

- calm the nerves and restore balance in temporary mood swings\*
- support healthy nervous system response\*
- encourage balance between the body and mind\*
- ease the effects of occasional mild stress\*
- help promote healthy mood balance\*
- provide relief from occasional sleeplessness\*

## Additional Support

- Consider Rhodiola & Ginseng Complex or Rhodiola & Schisandra tablets to further ease the effects of occasional mild stress.\*
- Combines well with Valerian Complex tablets to promote relaxation and encourage sleep.\*
- Combine with Kava Forte tablets to calm the nerves.\*
- Eliminate tea, coffee, alcohol and cola drinks.

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40
Amount per Serving %DV	
Skullcap herb 4:1 extract from <i>Scutellaria lateriflora</i> herb 500 mg	125 mg †
St John's Wort herb flowering top 6:1 extract from <i>Hypericum perforatum</i> herb flowering top 750 mg Containing hypericins 375 mcg Containing flavonoid glycosides 7.5 mg	125 mg †
Schisandra fruit 6:1 extract from <i>Schisandra chinensis</i> fruit 675 mg	112.5 mg †
Saffron stigma 3:1 extract from <i>Crocus sativus</i> stigma 22.5 mg	7.5 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, sodium starch glycolate, croscarmellose sodium, magnesium stearate, hypromellose, maltodextrin, silicon dioxide, dibasic calcium phosphate dihydrate and dextrin.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Do not use this product while taking any prescription drug(s) without the advice of your prescribing physician. Avoid excessive exposure to UV irradiation (e.g. sunlight, tanning) when using this product. Not recommended in cases of known photosensitivity. ♦

## Suggested Use

1 tablet 3 – 4 times daily, or as directed.

**M1381** 40 Tablets



*Crocus sativus*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Rhodiola & Ginseng Complex

Vitality & Stamina\*



*Rhodiola rosea*

“ Energy and persistence  
conquer all things. ”

Benjamin Franklin

Fatigue seems to plague so many patients that seek out a health care professional.

Fortunately we are well-equipped with a range of natural solutions. Rhodiola and Korean Ginseng are both adaptogenic herbs long revered in tradition and are now being investigated by science.\* Of course there are many critical quality issues that pertain to these herbs, and it's important you use a good quality herbs, to achieve the best results.\*



ADAPTOGENIC  
ENERGY TONIC\*

PROMOTES VITALITY  
& STAMINA\*

SUPPORTS  
PHYSICAL  
ENDURANCE\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



This product is standardized to contain 4.5 mg of rosavins, 1.5 mg of salidroside and 8.4 mg of ginsenosides (calculated as Rb<sub>2</sub> to Rb<sub>1</sub> is NLT 0.4 by HPLC) per tablet to ensure optimal strength and quality. Together Rhodiola and Korean Ginseng and the substances within have been traditionally used to:

- support mental clarity and cognitive function\*
- promote vitality and stamina\*
- help maintain proper energy\*
- support physical endurance\*
- maintain feelings of general well-being when experiencing temporary stress\*
- help the body adapt to the changes of everyday life\*
- support and maintain the body as it ages\*
- support the body's natural defenses against stress\*

## Additional Support

- Combine with Valerian Complex tablets to promote relaxation and encourage sleep.\*
- Combines well with Echinacea Premium tablets or liquid or Andrographis Complex tablets for immune system support.\*
- Combines well with St John's Wort 1.8g tablets as a tonic for the nervous system.\*
- Consider Bacopa Complex tablets to enhance mental clarity and to further support cognitive function.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	60
Amount per Serving %DV	
Rhodiola root 4:1 extract from <i>Rhodiola rosea</i> root 600 mg Containing rosavins 4.5 mg and salidroside 1.5 mg	150 mg †
Korean Ginseng root 5:1 extract from <i>Panax ginseng</i> root 500 mg Containing ginsenosides* 8.4 mg	100 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, dextrose, hypromellose and magnesium stearate.

\*Rb<sub>2</sub> to Rb<sub>1</sub> is NLT 0.4 by HPLC

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Discontinue during an acute infection or fever. ♦

## Suggested Use

1 tablet 2 – 4 times daily, or as directed.

**M1393** 60 Tablets



*Panax ginseng*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Thyroid Complex

Targeted Thyroid Support\*



*Fucus vesiculosus*

“ Thyroid: conductor of the metabolism orchestra ”

Specialized, herbal support for the thyroid gland which contains natural iodine from Bladderwrack.\*

I find this a well-balanced formula to support normal thyroid function and in turn, metabolism.\*



STANDARDIZED  
IODINE CONTENT

TARGETED THYROID  
SUPPORT\*

NORMAL BASAL  
METABOLIC  
SUPPORT\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The combination of herbs in Thyroid Complex (Bladderwrack, Bacopa and Ashwagandha) and their constituents have been used traditionally to:

- support healthy thyroid function important for normal energy production\*
- maintain normal thyroid function\*
- help assist the body in achieving normal basal metabolism through supporting healthy thyroid function\*
- maintain or improve general well-being\*

## Additional Support

- Consider Coleus Forte tablets to support cardiovascular health.\*
- Consider ChelaCo tablets to support the body's healthy general detoxification function.\*
- Combine with Eleuthero tablets or Rhodiola & Schisandra tablets to help the body adapt to the changes of everyday life.\*
- Consider Rehmannia Complex tablets to support liver health and healthy detoxification of the whole body.\*
- Combine with Vitanox® tablets for antioxidant activity.\*
- Consider Gotu Kola Complex tablets to support healthy skin and to provide antioxidant activity.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40, 120
Amount per Serving %DV	
Calcium	68 mg 6%
Iodine (from Bladderwrack whole plant)	300 mcg 200%
Bladderwrack whole plant 5:1 extract from <i>Fucus vesiculosus</i> whole plant 1.5 g	300 mg †
Withania (Ashwagandha) root 10:1 extract from <i>Withania somnifera</i> root 1.20 g	120 mg †
Bacopa herb 50:1 extract from <i>Bacopa monnieri</i> herb 2.5 g Containing bacosides as bacoside A 25 mg	50 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, maltodextrin, sodium starch glycolate, croscarmellose sodium, magnesium stearate, silicon dioxide and hypromellose.

**Caution:** Contraindicated in pregnancy and lactation. Contraindicated in hyperthyroidism and related cardiac problems. If you have a thyroid condition use strictly under physician direction. ♦

## Suggested Use

1 tablet daily, or as directed.

M1435	40 Tablets
M1437	120 Tablets



*Withania somnifera*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Tribulus

## Maintaining Healthy Hormones\*



*Tribulus terrestris*

“ We must always change, renew, rejuvenate ourselves. ”

Johann Wolfgang von Goethe

A formulation with top quality Tribulus herb extract standardized to contain active amounts of protodioscin.

MediHerb Tribulus contains a high quality herb sourced from Central European regions of Bulgaria and Slovakia with standardized levels of protodioscin, an important active constituent, to ensure results for patients. Protodioscin is important for the endocrine activity of Tribulus, including supporting normal reproductive and hormone production in both men and women.\*



STANDARDIZED TO  
PROTODIOSCIN

MAINTAINS HEALTHY  
HORMONES\*

PROMOTES  
VITALITY AND  
STAMINA\*

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product is standardized to contain 100 mg per tablet of furostanol saponins to ensure optimal strength and quality. The compounds in Tribulus have been used traditionally to:

- help support normal reproductive function in men and women\*
- help support normal hormone production in men and women\*
- promote vitality and stamina\*
- support physical endurance\*
- promote an overall feeling of well-being\*

## Additional Support

- Combine with Rhodiola & Ginseng Complex tablets or Ashwagandha Complex tablets to enhance stamina and vitality.\*
- Combine with Wild Yam Complex tablets to provide relief from mild discomfort associated with menopause.\*
- Combine with FemCo tablets, Chaste Tree tablets or liquid to help support female reproductive system health.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40
	Amount per Serving %DV
Calcium	98 mg 8%
Tribulus herb (aerial parts) 55:1 extract	245.45 mg †
from <i>Tribulus terrestris</i> herb (aerial parts) 13.5 g	
Containing furostanol saponins as protodioscin 100 mg	
† Daily Value (DV) not established.	

**Other ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, croscarmellose sodium, hypromellose, silicon dioxide and magnesium stearate.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 tablet 1 – 3 times daily, or as directed.

**M1445** 40 Tablets



*Tribulus terrestris*

♦ For other contraindications and cautions, please refer to the Herb-Drug Interaction Chart in the MediHerb® Product Catalog. Please consult the product packaging label for the most accurate product information.

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# Turmeric Forte

Healthy Inflammatory Response\*



*Curcuma longa*

“Variety’s the very spice of life,  
that gives it all its flavor.”

William Cowper

The rhizome of *Curcuma longa* (Turmeric) has been used for thousands of years as a spice and in Ayurveda tradition.

MediHerb Turmeric Forte provides a bioavailable form of curcumin by combining Turmeric rhizome with Fenugreek seed extract creating “free curcumin.” Several clinical studies have demonstrated the enhanced absorption and bioavailability of this curcumin-fenugreek extracted formulation compared to “unformulated” curcumin. MediHerb has chosen specialized plant-sourced bioavailability technology that provides “free curcumin” helping you support your patients.\* In a clinical study, the curcumin-fenugreek fiber extracted formulation had **24.8 TIMES** the bioavailability of an equivalent amount of unformulated curcuminoids.<sup>1\*\*</sup>

+Contains dietary ingredient (formulation of curcumin with Fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids over unformulated curcumin.<sup>1</sup>

<sup>1</sup> Kumar D, Jacob D, Subash PS et al. J Funct Foods 2016; 22, 578-587



CLINICALLY-TRIALED  
INGREDIENT

PLANT-SOURCED  
BIOAVAILABLE  
CURCUMIN

INFLAMMATORY  
RESPONSE  
FUNCTION  
SUPPORT\*

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This product is a formulation of Turmeric rhizome and Fenugreek seed extracts to enhance absorption and improve bioavailability\*\* of curcuminoids, the active constituents of Turmeric. Turmeric rhizome provides turmeric curcuminoids, including curcumin, demethoxycurcumin and bisdemethoxycurcumin. This product is standardized to total curcuminoids and to curcumin, to ensure optimal strength and quality. The herbs and their constituents:

- support a healthy inflammatory response function after exercise\*
- traditionally maintain and support healthy joints\*
- provide antioxidant activity\*
- support a healthy response to environmental stressors\*
- support healthy liver function\*
- traditionally support healthy digestion\*

## Additional Support

- Combine with Boswellia Complex tablets for healthy circulation and additional joint support.\*
- Combine with LivCo® tablets to support healthy liver function.\*
- Combine with Metabol Complex tablets to support metabolism of fats and sugars.\*
- Combine with Vitanox® tablets for additional antioxidant activity.\*
- Combine with DiGest Forte tablets to support healthy digestion and intestinal function.\*
- Combine with Saligesic tablets to temporarily relieve exercise-related lower back discomfort.\*
- Consider Vascular Care Complex tablets to support healthy peripheral circulation.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	60
Amount per Serving %DV	
Fenugreek seed 5.5:1 extract from <i>Trigonella foenum-graecum</i> seed 731.5 mg	133 mg †
Turmeric rhizome 55:1 extract from <i>Curcuma longa</i> rhizome 6.44 g	117 mg †
Containing curcuminoids 101.3 mg	
Containing curcumin 82.5 mg	
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, magnesium stearate, silicon dioxide, hypromellose and dibasic calcium phosphate dihydrate.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. ♦

## Suggested Use

1 tablet 1 – 2 daily, or as directed.

M1448 60 Tablets



*Trigonella foenum-graecum*

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# Vitanox®

## Antioxidant Activity Support\*



*Vitis vinifera*

“ The natural healing force within each of us is the greatest force in getting well. ”

Hippocrates

Substances with antioxidant activity have had their share of controversy.

I'm very excited about the recent discoveries that show many herbs with antioxidant activity don't passively mop up free radicals in the cells, but rather activate the body's own endogenous antioxidant pathways.\*



HERBAL  
ANTIOXIDANT  
ACTIVITY  
FORMULA\*

SUPPORTS  
CELLULAR HEALTH\*

STANDARDIZED  
GRAPE SEED,  
GREEN TEA &  
TURMERIC\*

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This product is standardized to contain 83.35 mg of catechins, 70.4 mg of curcuminoids and 42.5 mg of procyanidins in each tablet to ensure optimal strength and quality. The natural substances in Vitanox®:

- provide antioxidant activity\*
- support healthy circulation and vascular integrity\*
- support general health and well-being\*
- support and maintain cellular health\*

## Additional Support

- Combine with Ginkgo Forte tablets or Bilberry 6000mg tablets for additional antioxidant activity.\*
- Combine with Gotu Kola Complex tablets for additional antioxidant activity, to promote healthy blood circulation, to promote healthy skin and to support healthy capillaries.\*
- Combine with Metabol Complex tablets to support antioxidant activity against free radicals formed in the body during normal metabolism.\*
- Consider Turmeric Forte tablets for additional antioxidant activity.\*
- Combines well with Hawthorn tablets to help maintain healthy circulation.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	40, 120
Amount per Serving %DV	
Calcium	28 mg 2%
Rosemary leaf 5:1 extract from <i>Rosmarinus officinalis</i> leaf 1.0 g	200 mg †
Green Tea leaf 25:1 extract from <i>Camellia sinensis</i> leaf 4.2 g Containing catechins 83.35 mg	166.7 mg †
Turmeric rhizome 25:1 extract from <i>Curcuma longa</i> rhizome 2.0 g Containing curcuminoids 70.4 mg	80 mg †
Grape Seed 120:1 extract from <i>Vitis vinifera</i> seed 6.0 g Containing procyanidins 42.5 mg	50 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, maltodextrin, sodium starch glycolate, silicon dioxide, sorbitol, hypromellose and magnesium stearate.

**Caution:** Contraindicated in pregnancy. Contraindicated during lactation unless otherwise directed by a qualified health care professional. Contraindicated in blockage of the gallbladder. Use only with professional supervision in the presence of gallstones. In anemia and cases where iron supplementation is required, do not take simultaneously with meals or iron supplements. ♦

## Suggested Use

1 tablet 1 – 2 daily, or as directed.

M1462	40 Tablets
M1468	120 Tablets



*Camellia sinensis*

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# Wormwood Complex

Healthy Intestinal Environment\*

*Artemisia absinthium*

“ A healthy outside starts from the inside. ”

Robert Urich

In Western civilization, Wormwood has been known since ancient times to cleanse the lower gastrointestinal tract, especially the large intestine.\*

It's now used traditionally around the world and in the unique MediHerb formulation. It has been combined with Stemona root, Clove Bud essential oil and Black Walnut hull to help cleanse the lower gastrointestinal tract and maintain healthy gastrointestinal environment.\*



WORMWOOD,  
STEMONA &  
BLACK WALNUT  
HULLS

CARMINATIVE\*

HEALTHY  
INTESTINAL  
FLORA\*

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The combination of herbs in Wormwood Complex (Wormwood, Black Walnut, Stemona and Clove Bud essential oil) and their constituents are used traditionally to help:

- promote healthy intestinal motility\*
- stimulate digestion\*
- relieve temporary, mild digestive discomfort\*
- encourage a healthy intestinal environment\*

## Additional Support

- Consider Garlic Forte tablets to support immune system health.\*
- Combine with Gut Flora Complex capsules to help encourage a healthy intestinal environment, relieve mild gastrointestinal discomfort and support a healthy immune system.\*
- Consider Echinacea Premium tablets or liquid or Andrographis Complex tablets for enhanced immune system support.\*
- Consider DiGest Forte tablets or DiGest Phytosynergist® liquid to support healthy digestion and intestinal function.\*

## Supplement Facts

Serving size:	1 tablet
Servings per container:	120
Amount per Serving %DV	
Stemona root 5:1 extract from <i>Stemona sessilifolia</i> root 1.0 g	200 mg †
Black Walnut hull 4:1 extract from <i>Juglans nigra</i> hull 100 mg	25 mg †
Wormwood herb 4:1 extract from <i>Artemisia absinthium</i> herb 100 mg	25 mg †
Clove bud ( <i>Syzygium aromaticum</i> ) essential oil	20 mg †
† Daily Value (DV) not established.	

**Other ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, silicon dioxide, hypromellose, magnesium stearate and maltodextrin.

**Caution:** Contraindicated in pregnancy and lactation. ♦

## Suggested Use

2 tablets 2 – 3 times daily before meals for 10 days repeated after a 10-day break, or as directed.

**M1490** 120 Tablets



*Stemona sessilifolia*












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# Kerry Bone's Essentials & Body Systems Index

This index highlights Kerry Bone's 20 essential formulated products for your dispensary. The remaining products are categorized by body system for your easy reference.

## Body Systems Legend

 Cardiovascular System	 Immune System	 Respiratory
 Digestive System	 Male Health	 Skin
 Endocrine	 Musculoskeletal	 Urinary System
 Female Health	 Nervous System	

## Kerry Bone's Essentials

Adrenal Complex	Stress Response Support*	   
Andrographis Complex	Short-Term Immune System Support*	  
Boswellia Complex	Joint Support*	
DiGest Forte	Core Digestive Support*	
Echinacea Premium	Healthy Immune System Function*	  
Garlic Forte	Healthy Cardiovascular Function Support*	  
Ginkgo Forte	Support Memory & Cognition*	  
Gotu Kola Complex	Healthy Skin, Capillary & Circulation Support*	    
Gut Flora Complex	Healthy Intestinal Environment*	   
Gymnema	Anti-Sweetness Activity*	
HerbaVital	Healthy Aging Support*	  
Kava Forte	Naturally Relaxing*	 
LivCo®	Liver-Cleansing Support*	  
Nevaton® Forte	Core Nervous System Support*	 
Rhodiola & Ginseng Complex	Enhance Vitality & Stamina*	  
Thyroid Complex	Targeted Thyroid Support*	 
Tribulus	Maintaining Healthy Hormones*	 
Turmeric Forte	Healthy Inflammatory Response*	 
Vitanox®	Antioxidant Activity Support*	  
Wormwood Complex	Healthy Intestinal Environment*	

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## Cardiovascular System



### Heart Health

<b>Coleus Forte</b>	Support Cardiovascular Health*
<b>Garlic Forte</b>	Support Healthy Normal Cholesterol*
<b>Ginkgo Forte</b>	Microcirculation Support*
<b>Hawthorn</b>	Normal Heart Function Support*
<b>HerbaVital</b>	Aging Support*
<b>Vitanox®</b>	Antioxidant Activity Support*

### Circulation

<b>Bilberry 6000mg</b>	Healthy Eye Support*
<b>Garlic Forte</b>	Support Healthy Normal Cholesterol*
<b>Ginkgo Forte</b>	Microcirculation Support*
<b>Gotu Kola Complex</b>	Tissue & Capillary Integrity*
<b>HerbaVital</b>	Aging Support*
<b>Vascular Care Complex</b>	Venous Support*
<b>Vitanox®</b>	Antioxidant Activity Support*

## Immune System



### Short-Term

<b>Andrographis Complex</b>	Short-term Immune System Support*
<b>Berberine Active</b>	Healthy Immunological Response*
<b>Garlic Forte</b>	Immune System Support*
<b>Golden Seal 500mg</b>	GIT Immune System Support*

### Long-Term

<b>Astragalus Complex</b>	Adaptogenic Immune System Support*
<b>Echinacea Premium</b>	Everyday Immune System Support*
<b>Eleuthero</b>	Adrenal Support*
<b>Ganoderma &amp; Shiitake</b>	Mushroom Immune System Support*
<b>Garlic Forte</b>	Immune System Support*
<b>Gut Flora Complex</b>	Healthy Intestinal Environment*
<b>Viranon</b>	Healthy Immune System Function*

## Digestive System



### Upper GIT

<b>Black Cumin Seed Forte</b>	Multi-Action Liver & Fat Metabolism Support*
<b>ChelaCo</b>	Antioxidant Liver Support*
<b>Coleus Forte</b>	Promotes Healthy Digestion*
<b>DiGest Forte</b>	Core Digestive Support*
<b>Gymnema</b>	Anti-Sweetness Activity*
<b>HiPep</b>	Healthy Stomach Acid*
<b>LivCo®</b>	Liver-Cleansing Support*
<b>Livton® Complex</b>	Digestive System & Liver Support*
<b>Metabol Complex</b>	Metabolic Support*
<b>Milk Thistle Forte</b>	Core Liver Support*
<b>Rhodiola &amp; Schisandra</b>	Nervous System Support During Stress*

### Lower GIT

<b>Artemisinin Complex</b>	Depurative Support*
<b>Berberine Active</b>	Bowel Regularity Support*
<b>Burdock Complex</b>	Healthy Elimination Support*
<b>Colax</b>	Intestinal Motility Support*
<b>Garlic Forte</b>	Immune System Support*
<b>Golden Seal 500mg</b>	GIT Immune System Support*
<b>Gotu Kola Complex</b>	Tissue & Capillary Integrity*
<b>Gut Flora Complex</b>	Healthy GIT Function Support*
<b>Myrrh Forte</b>	Healthy Intestinal Environment*
<b>Turmeric Forte</b>	Healthy Digestion Support*
<b>Vitanox®</b>	Antioxidant Activity Support*
<b>Wormwood Complex</b>	Healthy Intestinal Environment*

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## Endocrine



### Adrenal

Adrenal Complex	Stress Response Support*
Ashwagandha Complex	Calming Stress Support*
Bacopa Complex	Brain Tonic*
Eleuthero	Adaptive Adrenal Support*
Rhodiola & Ginseng Complex	Enhance Vitality & Stamina*
Rhodiola & Schisandra	Nervous System Support During Stress*

### Pancreas

Bilberry 6000mg	Healthy Eye Support*
Black Cumin Seed Forte	Multi-Action Liver & Fat Metabolism Support*
Ginkgo Forte	Microcirculation Support*
Gotu Kola Complex	Healthy Skin, Capillary & Circulation Support*
Metabol Complex	Normal Pancreatic Function Support*
Milk Thistle Forte	Core Liver Support*

### Thyroid

Adrenal Complex	Endocrine Balance Support*
Thyroid Complex	Thyroid Support*

## Female Health



### Menstruation/PMS

Chaste Tree	Natural Hormone Balance*
Cramplex	Antispasmodic Support*
Evening Primrose Oil	Healthy Prostaglandins*
FemCo	Female Vitality*
LivCo®	Liver-Cleansing Support*
Nevaton® Forte	Core Nervous System Support*

### Child Bearing Years

Adrenal Complex	Stress Response Support*
Chaste Tree	Natural Hormone Balance*
Evening Primrose Oil	Healthy Prostaglandins*
FemCo	Female Vitality*
LivCo®	Liver-Cleansing Support*
Thyroid Complex	Thyroid Support*
Tribulus	Support Healthy Sex Hormones*

### Menopause

Adrenal Complex	Stress Response Support*
Bone Complex	Bone Tissue Support*
Eleuthero	Adaptive Adrenal Support*
HerbaVital	Aging Support*
Thyroid Complex	Thyroid Support*
Tribulus	Support Healthy Sex Hormones*
Valerian Complex	Sleep Support*
Wild Yam Complex	Core Menopause Support*

## Male Health



### <50

Adrenal Complex	Stress Response Support*
LivCo®	Liver-Cleansing Support*
Rhodiola & Schisandra	Nervous System Support During Stress*

### 50+

Adrenal Complex	Stress Response Support*
HerbaVital	Aging Support*
ProstaCo	Prostate Support*
Rhodiola & Ginseng Complex	Enhance Vitality & Stamina*
Tribulus	Support Healthy Sex Hormones*

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## Nervous System



Adrenal Complex	Stress Response Support*
Ashwagandha Complex	Calming Stress Support*
Bacopa Complex	Cognitive Function*
Ginkgo Forte	Mental Clarity*
Kava Forte	Naturally Relaxing*
Nervagesic	Nervous System Discomfort*
Nevaton® Forte	Core Nervous System Support*
Rhodiola & Ginseng Complex	Enhance Vitality & Stamina*
Rhodiola & Schisandra	Nervous System Support During Stress*
St John's Wort 1.8g	Nervous System Support*
Valerian Complex	Sleep Support*

## Skin



Albizia Complex	Seasonal Stress Support*
Andrographis Complex	Short-Term Immune System Support*
Chaste Tree	Natural Hormone Balance*
Coleus Forte	Healthy Skin Support*
DermaCo	Skin Cleansing Support*
Echinacea Premium	Everyday Immune System Support*
Gotu Kola Complex	Healthy Skin, Capillary & Circulation Support*
Gut Flora Complex	Healthy Intestinal Environment*
Rehmannia Complex	General Detoxification Support*
Vitanox®	Antioxidant Activity Support*

## Urinary System



Andrographis Complex	Short-Term Immune System Support*
Burdock Complex	Healthy Elimination Support*
Cramplex	Antispasmodic Support*
Cranberry Complex	Core Urinary Tract Support*
Echinacea Premium	Everyday Immune System Support*
Gut Flora Complex	Healthy Intestinal Environment*
ProstaCo	Prostate Support*

## Respiratory



### Short-Term

Broncafect®	Cough Reflex Support*
Sinus Forte	Upper Respiratory Support*

### Long-Term

PulmaCo	Lower Respiratory Support*
ResCo®	Lower Respiratory Support*
Sinus Forte	Upper Respiratory Support*

## Musculoskeletal



Bone Complex	Bone Tissue Support*
Boswellia Complex	Joint Support*
Cramplex	Antispasmodic Support*
Gotu Kola Complex	Healthy Skin, Capillary & Circulation Support*
Kava Forte	Naturally Relaxing*
Nervagesic	Nervous System Support*

Rehmannia Complex	Mild Exercise-Related Joint Pain Relief*
Saligesic	Musculoskeletal Support*
St John's Wort 1.8g	Nervous System Support*
Turmeric Forte	Healthy Inflammatory Response*
Vascular Care Complex	Venous Support*

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## Notes

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