

Is Your Daily Supplement This Complete?

One of the Many Ingredients in Catalyn,
Carrot Root, Contains Over 200
Concentrated Nutrients.

Some of the Nutrients Known in Carrot Root

Nutrients in bold are what are found on a typical supermarket daily supplement panel.

2-METHOXY-3-SEC-BUTYL-PYRAZINE	CAROTOL	ISOPRENE	PHOSPHORUS
3,4-DIMETHOXY-ALLYL-BENZENE	CARYOPHYLLENE	KAEMPFEROL-3-O-BETA-D-GLUCOSIDE	PHYTIN
3-METHOXY-4,5-METHYLENEDIOXY-PROPYL-BENZENE	CARYOPHYLLENE-OXIDE	KILOCALORIES	PHYTOFLUENE
5,7-DIHYDROXY-2-METHYL-CHROMONE	CHLOROGENIC-ACID	LAURIC-ACID	PHYTOSTEROLS
6-HYDROXY-MELLEIN	CHOLINE	LECITHIN	POTASSIUM
6-METHOXY-MELLEIN	CHROMIUM	LEUCINE	PROLINE
ACETALDEHYDE	CIS-BETA-BERGAMOTENE	LIMONENE	PROTEIN
ACETONE	CIS-GAMMA-BISABOLENE	LINALOOL	PSORALEN
ACETYLCOLINE	CITRIC-ACID	LINOLEIC-ACID	PUFA
ALANINE	COBALT	LINOLENIC-ACID	QUINIC-ACID
ALPHA-AMYRIN	COPPER	LITHIUM	RHAMNOSE
ALPHA-BERGAMOTENE	COUMARIN	LUPEOL	RIBOFLAVIN
ALPHA-CAROTENE	CYANIDIN-DIGLYCOSIDE	LUTEIN	RUBIDIUM
ALPHA-CARYOPHYLLENE	CYSTINE	LUTEOLIN-7-O-BETA-GLUCOSIDE	SABINENE
ALPHA-HUMULENE	D-GLUCOSE	LYCOPENE	SCOPELETIN
ALPHA-IONONE	DAUCIC-ACID	LYSINE	SELENIUM
ALPHA-KETOGLUTARIC-ACID	DAUCOSTEROL	MAGNESIUM	SERINE
ALPHA-PHELLANDRENE	DEC-2-EN-1-AL	MALIC-ACID	SFA
ALPHA-PINENE	DECA-TRANS-2,TRANS-4-DIEN-1-AL	MALTOSE	SHIKIMIC-ACID
ALPHA-TERPINENE	DEHYDROASCORBIC-ACID	MALVIDIN-3,5-DIGLUCOSIDE	SILICON
ALPHA-TERPINEOL	DIOGENIN	MANGANESE	SODIUM
ALPHA-TOCOPHEROL	DIPENTENE	MANNANOSE	STARCH
ANILINE	DODECAN-1-AL	METHIONINE	STEARIC-ACID
ARABINOSIDE	EO	METHYLAMINE	STIGMASTEROL
ARGININE	EPSILON-CAROTENE	MEVALONIC-ACID	STRONTIUM
ASCORBIC-ACID	ETHANOL	MOLYBDENUM	SUBERIN
ASH	ETHYLAMINE	MUFA	SUCCINIC-ACID
ASPARTIC-ACID	ETHYL-METHYL-AMINE	MYRISTIC-ACID	SUCROSE
BARIUM	FALCARINDIOL	MYRISTICIN	SULFUR
BENZOIC-ACID-4-O-BETA-D-GLUCOSIDE	FALCARINOL	N-METHYL-ANILINE	SYRINGIC-ACID
BENZYLAMINE	FAT	N-METHYL-BENZYLAMINE	TARTARIC-ACID
BERGAPTEN	FERULIC-ACID	N-METHYL-PHENETHYLAMINE	TERPINEN-4-OL
BETA-AMYRIN	FIBER	NEUROSPORENE	TERPINOLENE
BETA-BISABOLENE	FOLACIN	NIACIN	TETRADECENOIC-ACID
BETA-CAROTENE	FOLATE	NICKEL	THIAMIN
BETA-CRYPTOXANTHIN	FRUCTOSE	NITROGEN	THREONINE
BETA-FARNESENE	FUMARIC-ACID	NON-2-EN-1-AL	TIN
BETA-PINENE	GALACTOSE	NONAN-1-AL	TITANIUM
BETA-SITOSTEROL	GAMMA-BISABOLENE	NOPOL	TOLUIDENE
BETAINE	GAMMA-CAROTENE	OCTAN-1-AL	TRANS-GAMMA-BISABOLENE
BIPHENYL	GAMMA-DECANOLACTONE	OLEIC-ACID	TRYPTOPHAN
BORNEOL	GAMMA-MUJOLENE	OSTHOLE	TYROSINE
BORNYL-ACETATE	GAMMA-TERPINENE	OXALIC-ACID	URONIC-ACID
BORON	GERANIOL	OXYPEUCEDANIN	VALINE
BROMINE	GLUTAMIC-ACID	P-COUMARIC-ACID	VITAMIN A
BUTYRIC-ACID	GLUTAMINE	P-CYMENE	VITAMIN C
CADMIUM	GLYCINE	P-HYDROXYBENZOIC-ACID	VITAMIN B6
CAFFEIC-ACID	HCN	PALMITIC-ACID	VITAMIN E
CAFFEOLQUINIC-ACID	HEPTAN-1-AL	PALMITOLEIC-ACID	VITAMIN K
CALCIUM	HERACLLENIN	PANTOTHENIC-ACID	WATER
CAMPESTEROL	HISTIDINE	PECTIN	XANTHOPHYLLS
CARBOHYDRATES	IONENE	PECTINESTERASE	XANTHOTOXIN
CAROTATOXIN	IRON	PEROXIDASE	XYLITOL
	ISOCITRIC-ACID	PHENYLALANINE	XYLOSE
	ISOLEUCINE	PHOSPHOFRUCTOKINASE	ZINC
	ISOPIMPINELLIN		ZIRCONIUM

Duke, James A. *Handbook of Phytochemical Constituents of GRAS Herbs and Other Economic Plants*. Boca Raton: CRC Press LLC. 1992.
www.ars.usda.gov/Services/docs.htm?docid=7783

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