## MEDI HERB

# ChelaCo

## General Detoxification Support\*

MediHerb ChelaCo contains herbal extracts of Hawthorn flowers and leaves, Milk Thistle seed and Garlic. Both Hawthorn and Milk Thistle extracts are standardized to provide active components responsible for their beneficial actions, e.g. Hawthorn provides up to 6 mg vitexin-2-rhamnoside per day, while Milk Thistle provides a daily dose of up to 240 mg of silybin.

### The herbs and compounds in **ChelaCo**, are traditionally used to:

- ✓ Support general liver health as a **liver tonic**
- ✓ Support healthy general detoxification function
- ✓ Support healthy liver and gallbladder function
- ✓ Support a healthy circulatory system and help maintain healthy capillaries
- ✓ Help support healthy liver cell functioning
- ✓ Help support healthy cardiovascular function\*

#### Traditional Use

Traditional use of Hawthorn dates to the first Century A.D. when Dioscorides and Galen both referred to the herb. In the late 19th century in Europe, it became popular as a heart tonic, where to this day – it is valued as one of the most significant herbal medicines for cardiovascular and circulatory function support, 1,4,5,6,7,8 especially in Germany, Switzerland, and other Western countries such as the United States.\*

Likewise, Milk Thistle has been used traditionally for over 2000 years, principally as a liver tonic to promote overall healthy liver and gallbladder function,<sup>7,12,13</sup> such as the production of bile, which is required to breakdown and digest dietary fats, 7,9,10,11 and the normal excretion of metabolic waste products from the body via the liver.7,12,14\*



Suggested Use:

1 tablet 2-3 times daily with meals, or as directed. Enteric coated tablets. Do not break or crush.

Supplement Facts		
Serving size:	1 Tablet	
Servings per container:	60	
	Amount per Serving	%DV
Calcium	68 mg	6%
Hawthorn leaf & flower 4.8:1 extract from <i>Crataegus monogyna</i> leaf & flower 318 m Containing vitexin-2-rhamnoside 2.0 mg	67 mg g	†
Milk Thistle seed 70:1 extract from <i>Silybum marianum</i> seed 8.0 g Containing flavanolignans calc. as silybin 80 mg	114.3 mg	†
Fresh Garlic bulb 12:1 extract from <i>Allium sativum</i> fresh bulb 600 mg	50 mg	†
Garlic (Allium sativum) bulb powder	7.5 mg	†
† Daily Value (DV) not established.		

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, hypromellose, maltodextrin, sodium starch glycolate, ethyl cellulose, ammonium hydroxide, fatty acids, oleic acid, sodium carboxymethylcellulose, talc (magnesium silicate), polydextrose, magnesium stearate, silicon dioxide and dl-alpha tocopherol.

Caution: Contraindicated in known allergy to Garlic. Contraindicated in lactation. Not to be used during pregnancy unless otherwise directed by a qualified health care professional. In anemia and cases where iron supplementation is required, do not take simultaneously with meals or iron supplements.

## Cellular Antioxidant Activity

The herbs in ChelaCo (Hawthorn, Milk Thistle, Garlic) provide important cellular antioxidant activity, thereby protecting us against oxidative stress we are exposed to via the environment (exogenous sources) or as a result of natural body processes (endogenous sources), with some of the most commonly known sources being due to immune cell activation, everyday stress, poor diet (e.g. fried, smoked and barbequed foods), alcohol, cigarette smoking, excessive exercise, ultraviolet (UV) light, cellular energy production, and the normal aging process.1,2\*

### How ChelaCo Supports Your Health:



#### Liver and Gallbladder Support:

- Supports liver cell function
- Bile production
- Normal detoxification process\*



#### Cardiovascular and Heart Function:

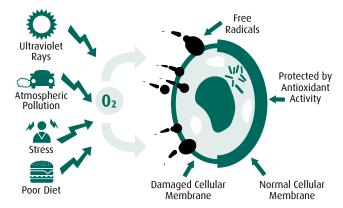
- Helps to maintain the healthy workings of the body's capillaries
- Normal circulation support
- · Healthy heart function\*



#### **Antioxidant Activity Support:**

 Provides antioxidant protection from common harmful free radicals encountered in the environment or consumed via unhealthy foods.\*

Figure 1: Sources of free radicals and their detrimental effects on cell membranes<sup>3</sup>



#### References

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- $^{12}$  Willard T. *The Wild Rose Scientific Herbal*. Wild College of Natural Healing Ltd. Canada, 1991.
- <sup>13</sup> Hoffmann D. The Complete Illustrated Guide to The Holistic Herbal. Element / Harper Collins Publishers, Shaftesbury, 2002.
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## MediHerb Quality Choice

#### Results-driven formulations

MediHerb develops formulas focused on perfecting the balance of the highest quality ingredients to produce the highest quality herbal supplements. Our commitment to quality governs all aspects from sourcing to bottle to ensure the high standard of our herbal extracts.

#### Strict product testing

MediHerb has developed a strict quality assurance program that goes beyond industry standards. This is upheld with precision and dedication so you can be confident MediHerb products are free from adulterants and contamination, while containing the right levels of active phytochemicals that result in a quality end product.



Please consult the product packaging label for the most accurate product information.

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